

1 **Transient internal wave excitation of resonant modes in a density**  
2 **staircase**

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## Abstract

The density of the ocean generally increases continuously with depth as a consequence of variations in salinity and temperature. In some regions, however, the density profile of the ocean adopts a (double diffusive) staircase structure in which successive layers of uniform density fluid are separated by rapid density jumps. Previous work has theoretically examined the transmission and reflection of periodic internal (gravity) waves incident upon a density staircase. This predicted the existence of transmission spikes (global modes) for certain combinations of frequency and horizontal wavenumber in which the incident waves transmit perfectly across a density staircase. It was hypothesized that the transmission spikes occur when the incident waves resonate with natural modes of disturbances in the staircase. Here we derive theory to investigate the interactions between incident internal waves and modes. We demonstrate a close correspondence between the frequency for incident waves at a transmission spike and the real-part of the frequency of modes at the same horizontal wavenumber. However the frequency of the corresponding modes have negative imaginary part corresponding to exponential decay of the modes in time. We perform numerical simulations to examine the impact of this near-resonant coupling when a vertically localized, quasi-monochromatic internal wave packet interacts with a density staircase. In a range of simulations with fixed incident wave frequency and varying horizontal wavenumber, the measured transmission coefficient does not exhibit transmission spikes, but decreases monotonically with increasing horizontal wavenumber about the critical wavenumber separating strong and weak transmission. We show this occurs because the incident wave excites modes that then slowly transmit energy above and below the staircase at a rate consistent with the predicted decay rate of the modes. This rate is slower for staircases with more steps with the decay time increasing as the cube of the number of steps.

Keywords: interfacial waves; density staircase; transmission; wave tunneling

## I. INTRODUCTION

Internal (gravity) waves propagate in density-stratified fluids, transporting energy both horizontally and vertically. Particularly in the ocean they play an essential role in the vertical

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36 transport of heat and salinity caused by the mixing that occurs when the waves break  
37 [1]. The frequency of propagating internal waves is limited by the background buoyancy  
38 frequency, which is a measure of rate at which the background density increases with depth.  
39 In particular, vertically propagating internal waves reflect from weak stratification where the  
40 buoyancy frequency is less than the incident wave frequency, though the waves give rise to an  
41 evanescent disturbance in the weakly stratified region (e.g. see Sutherland [2]). Of particular  
42 interest is the interaction between downward propagating internal waves incident upon a  
43 thermohaline density staircase. The vertical profile of density in a staircase is characterized  
44 by steps of uniform density separated by sharp density jumps, which have been observed  
45 in different regions of the ocean from the tropics to the Arctic Ocean, occurring as a result  
46 of double diffusive processes [3–8]. Within the steps of the staircase, an incident internal  
47 wave is evanescent. However, if the steps are sufficiently small compared to the scale of the  
48 incident wave, the wave can partially transmit across the staircase [9, 10]. This tunnelling  
49 phenomena has also been explored in the context of wave propagation across staircases  
50 occurring in giant planets [11].

51 Of particular interest is the interaction between internal waves and the thermohaline stair-  
52 case in the Arctic Ocean. As Arctic sea ice cover decreases due to global warming, winds  
53 blowing over the exposed ocean surface or driving mobile ice floes can more frequently gener-  
54 ate internal waves that then propagate downward and interact with a thermohaline staircase  
55 [12]. Observations have revealed the robust presence of a staircase spanning horizontally over  
56 a thousand square kilometers in the Canadian Basin, being situated a few hundred meters  
57 below the surface and extending over 100 m depth [13, 14]. The steps of the staircase have  
58 depths on the order of 1 m with sharp density jumps having thickness on the order of 1 cm.  
59 Should incident downward propagating internal waves partially transmit through the stair-  
60 case they can act as a source of mixing that may bring warm and salty Atlantic water at  
61 depth closer to the surface, which may then enhance sea ice melting.

62 Theoretical predictions have been made for the transmission and reflection of monochro-  
63 matic (in frequency) horizontally periodic internal waves incident upon a single uniform-  
64 density slab of fluid [15] and two mixed layers [16]. This work was extended to examine  
65 the influence of shear across a single step [17, 18] and allowing for the incident wave to be  
66 manifest as a horizontally localized beam [19, 20]. More recently, an analytic prediction  
67 was developed for transmission of an incident plane wave across a density staircase with an

68 arbitrary number of equal-sized steps [9]. The work included consideration of background  
69 rotation and presented numerical solutions for transmission across unequal steps. In all cases  
70 the work predicted a sharp transition between weak and strong transmission at a critical  
71 incident wave frequency, which is proportional to the horizontal wavenumber for hydrostatic  
72 waves. Waves with moderately larger frequency than this critical value exhibited a sequence  
73 of transmission spikes for which the incident waves entirely transmitted without reflecting.  
74 The number of transmission spikes corresponded to the number of steps in the staircase.  
75 It was suggested that these transmission spikes occurred as a consequence of the incident  
76 waves resonating with natural oscillating modes of the staircase, a phenomena examined in  
77 theoretical detail here.

78 In all the above theoretical studies the incident waves were assumed to have a single  
79 frequency, steadily impinging upon single or multiple density steps. In reality, internal waves  
80 are transiently generated and so are manifest as a wavepacket. The interaction between a  
81 wavepacket and density steps has not been well studied, except for a numerical examination  
82 of finite-amplitude effects associated with a wavepacket propagating across a density step  
83 with no density jump above and below the step [21]. In the theoretical-numerical work  
84 presented here, we examine the transmission resulting from the transient interaction between  
85 a incident vertically localized internal wave packet and a density staircase. We demonstrate  
86 that transmission spikes do not occur in this case because the incident wave packet puts  
87 energy into modes that then slowly re-radiate this energy both above and below the staircase.  
88 This effect is stronger for a staircase with more steps.

89 In Section II, we review the theory of plane wave transmission across a density staircase [9]  
90 for the specific case of no background rotation. We also derive an expression that gives  
91 the dispersion relation of natural modes of the staircase, and we consider the near-resonant  
92 excitation of these modes forced transiently by an incident wave packet. Section III describes  
93 the numerical model and diagnostics applied to characterize the time evolution of energy  
94 above, below and within the staircase. The simulation results and their comparison with  
95 theory are presented in Section IV. Concluding remarks and application to the thermohaline  
96 staircase in the Arctic Ocean are considered in Section V.

97 **II. THEORY**

98 Here we consider the vertical structure of horizontally periodic disturbances associated  
 99 with a density case having  $J$  equal steps bounded above and below by uniformly stratified  
 100 fluid. The fluid is assumed to be inviscid and Boussinesq, and the disturbances are assumed  
 101 to be small-amplitude and two-dimensional with structure in the  $x$ - $z$  plane, with  $x$  horizontal  
 102 and  $z$  vertical. For simplicity, the influence of background rotation is ignored.

103 First we describe the layout of the problem, describing the background density profile of  
 104 the staircase, and giving general solutions for the vertical structure of disturbances in the  
 105 staircase. We then specifically review the theory of internal wave tunneling across a staircase  
 106 that predicts the transmission coefficient as it depends upon the horizontal wavenumber  
 107 and frequency of the incident wave. From this prediction we derive the methodology to  
 108 determine numerically the dispersion relation for “global modes” for which there is pure  
 109 transmission at non-zero horizontal wavenumber. We then consider the natural modes of  
 110 the density staircase, giving an expression from which the dispersion relation of vertical  
 111 modes can be derived. Showing that the global modes and natural modes are near-resonant,  
 112 we examine the excitation of the natural modes that are transiently forced by incident waves  
 113 with wavenumber and frequency near that of the global modes.

114 **A. Problem setup**

115 In setting up the density profile for the staircase, we imagine the fluid in the absence of a  
 116 staircase is uniformly stratified with constant buoyancy frequency  $N_0$ . We now suppose that  
 117 this profile is uniformly mixed across  $J$  steps, each of depth  $L$ , with the staircase extending  
 118 between  $z = 0$  and  $z = -JL$ . The corresponding background density profile is thus given  
 119 by

$$\bar{\rho}(z) = \begin{cases} \rho_0 \left(1 - \frac{\Delta\rho}{\rho_0} \frac{z}{L}\right), & z > 0 \\ \rho_0 \left(1 + (j - \frac{1}{2}) \frac{\Delta\rho}{\rho_0}\right), & -jL < z < -(j - 1)L, \quad j = 1, 2, \dots, J \\ \rho_0 \left(1 - \frac{\Delta\rho}{\rho_0} \frac{z}{L}\right), & z < -JL \end{cases} \quad (1)$$

120 Here,  $\rho_0 = \rho(0^+)$  represents the characteristic density, located just above the top step. Above  
 121 and below the staircase, the (constant) squared buoyancy frequency is  $N_0^2 \equiv -(g/\rho_0)d\bar{\rho}/dz =$   
 122  $g'L$ , in which  $g' = g\Delta\rho/\rho_0$  is the reduced gravity. This sets the size of the density jumps

123  $\Delta\rho$  within the staircase for given step depth,  $L$ . The density jump at the top and bottom  
 124 step is  $\Delta\rho/2$ .

125 The spatio-temporal structure of disturbances outside and within the staircase are as-  
 126 sumed to be horizontally periodic with wavenumber  $k$  and (possibly complex) frequency  $\omega$ .  
 127 In terms of the streamfunction, the structure is given by  $\psi(x, z, t) = \hat{\psi}(z) \exp[i(kx - \omega t)]$ ,  
 128 in which it is understood that the actual streamfunction is the real part of this expression.  
 129 The vertical structure of the streamfunction,  $\hat{\psi}$ , satisfies the following equation (e.g. see  
 130 Sutherland [2]):

$$\frac{d^2 \hat{\psi}}{dz^2} + k^2 \left( \frac{N^2}{\omega^2} - 1 \right) \hat{\psi} = 0. \quad (2)$$

131 Because  $N = N_0$  is constant above and below the staircase and  $N = 0$  within each step  
 132 of the staircase, piecewise-analytic general solutions can be found for  $\hat{\psi}(z)$  of the form

$$\hat{\psi}(z) = \begin{cases} A_0 e^{imz} + B_0 e^{-imz}, & \text{for } z > 0 \\ A_j e^{k[z+L(j-1/2)]} + B_j e^{-k[z+L(j-1/2)]}, & -jL < z < -(j-1)L, \quad j = 1 \dots J \\ A_{J+1} e^{im[z+LJ]} + B_{J+1} e^{-im[z+LJ]}, & \text{for } z < -JL. \end{cases} \quad (3)$$

133 Here,  $m \equiv k\sqrt{N_0^2/\omega^2 - 1}$ , represents the (positive) vertical wavenumber of waves above and  
 134 below the staircase if  $\omega$  is real and less than  $N_0$ . We will see that for natural modes of the  
 135 staircase,  $m$  is complex-valued. In this case, we define  $m$  so that its real part is positive.

136 The constants  $A_j$  and  $B_j$  for  $j = 0, \dots, J+1$  can be found by imposing continuity of  
 137 vertical velocity and pressure. This amounts to requiring that  $\hat{\psi}$  and  $d\psi/dz = g\frac{\bar{\rho}}{\rho_0}\frac{k^2}{\omega^2}\hat{\psi}$  are  
 138 continuous (e.g. see Sec 2.6.1 of Sutherland [2]). This gives a pair of interface conditions at  
 139  $z = jL$ , for  $j = 0, \dots, J$ , for a total of  $2(J+1)$  equations. These are given in Appendix A.

140 Full solutions depend upon conditions imposed above and below the staircase. Because  
 141 the sign of the vertical group velocity,  $c_g$ , is opposite to the sign of (the real part of)  $m$ ,  
 142 the coefficients  $A_0$  and  $A_{J+1}$  correspond to the amplitudes of downward propagating waves,  
 143 whereas  $B_0$  and  $B_{J+1}$  correspond to the amplitudes of upward propagating waves. For the  
 144 tunneling problem with incident waves propagating downward from above, we take  $B_{J+1} = 0$ .  
 145 For the problem of modes, we require waves to propagate away from the staircase so that  
 146  $A_0 = B_{J+1} = 0$ .

147 **B. Tunneling of plane waves**

148 The theory for the transmission of incident plane waves across a density staircase was  
 149 developed by Sutherland [9]. That study included the effects of rotation and allowed for  
 150 steps having small random variations in the step size. Here we focus on the analytic solutions  
 151 where the step size,  $L$ , is same for all steps, and we ignore background rotation.

152 Setting  $B_{J+1} = 0$  in (3), and applying the interface conditions gives  $2J + 2$  equations in  
 153  $2J + 3$  unknowns. These can be combined to get an explicit expression for  $A_0$  in terms of  
 154  $A_{J+1}$ :

$$A_0 = \frac{i}{4M} (a_+, a_-) \mathcal{C}^{J-1} \begin{pmatrix} a_+ \\ a_- \end{pmatrix} A_{J+1}, \quad (4)$$

155 in which the left and right vectors have components

$$a_{\pm} \equiv \Delta^{\pm 1/2} [1 \mp \Gamma \pm iM], \quad (5)$$

156 the matrix  $\mathcal{C}$  is

$$\mathcal{C} = \begin{pmatrix} \Delta(1 - \Gamma) & -\Gamma \\ \Gamma & \Delta^{-1}(1 + \Gamma) \end{pmatrix}, \quad (6)$$

157 and we have defined the following nondimensional quantities:

$$\Delta \equiv \exp(kL), \quad M \equiv m/k = \sqrt{\frac{N_0^2}{\omega^2} - 1}, \quad \Gamma \equiv \frac{g'k^2}{2k\omega^2} = \frac{1}{2}kL(M^2 + 1). \quad (7)$$

158 In the expressions for  $M$  and  $\Gamma$  we have used the dispersion relation where  $N^2 = N_0^2$  is  
 159 constant:  $\omega^2 = N_0^2 k^2 / (k^2 + m^2)$ .

160 An analytic solution to (4) is found by diagonalizing  $\mathcal{C}$  in terms of its eigenvalues,  $\lambda_{\pm}$ .  
 161 From this solution an expression for the transmission coefficient is found:  $T = |A_{J+1}/A_0|^2$ ,  
 162 which represents the fraction of the energy (or, equivalently, energy flux) associated with  
 163 the incident waves that is transmitted below the staircase. Explicitly this is given by [9]

$$T = \frac{1}{1 + X^2}, \quad \text{with } X \equiv \frac{\delta_+ \Gamma_+ + \delta_- \Gamma_- + 2\delta_0 \Gamma |\Lambda_-|}{4M |b_0|}, \quad (8)$$

164 in which

$$\delta_{\pm} \equiv \Delta^{\pm} [(1 \mp \Gamma)^2 + M^2], \quad \delta_0 \equiv \Gamma^2 - 1 + M^2, \quad (9)$$

165

$$\Gamma_{\pm} = b_- |\Lambda_-| \pm |b_0| \Lambda_+, \quad \Lambda_{\pm} = \frac{1}{2} [\lambda_+^{J-1} \pm \lambda_-^{J-1}], \quad (10)$$

166

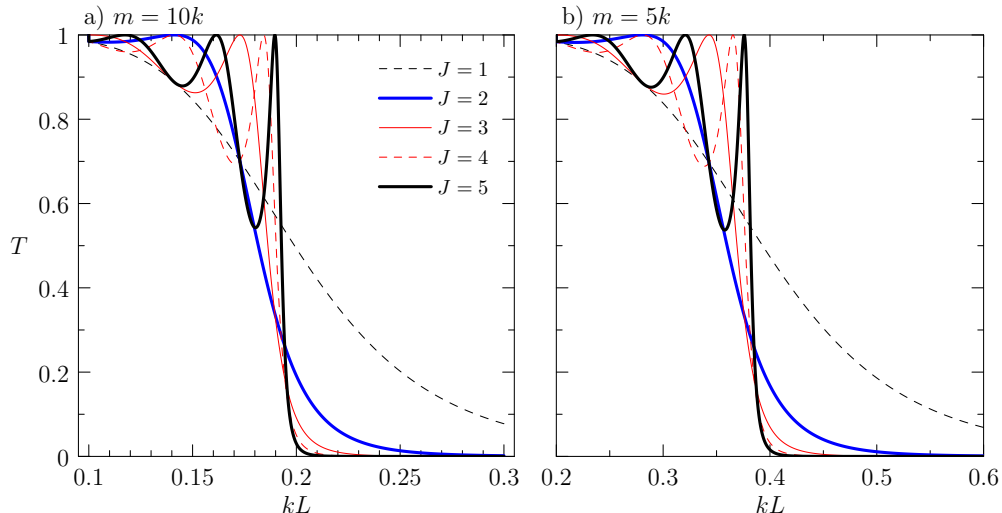


FIG. 1. Predicted transmission coefficient as it depends on the relative step size,  $kL$ , and the number of steps,  $J$ , for incident plane waves with a)  $m = 10k$  ( $\omega/N_0 \simeq 0.0995$ ) and b)  $m = 5k$  ( $\omega/N_0 \simeq 0.1961$ ). The different line styles in both plots represent the number of steps, as indicated in a).

$$\lambda_{\pm} = b_{\pm} \pm b_0, \quad b_{\pm} \equiv \frac{1}{2} [\Delta (1 - \Gamma) \pm \Delta^{-1} (1 + \Gamma)], \quad b_0 \equiv \sqrt{b_{+}^2 - 1}. \quad (11)$$

167 Examination of  $T$  shows that the transition between strong and weak transmission occurs  
 168 for [9]

$$\omega_c/N_0 = [(kL/2)\tanh(kL/2)]^{1/2} \simeq kL/2, \quad (12)$$

169 in which the last expression gives the approximation for  $kL \ll 1$ . Alternately, given a forcing  
 170 frequency  $\omega_0 \ll N_0$ , the critical transition occurs for relative horizontal wavenumber

$$k_c L = 2\omega_0/N_0. \quad (13)$$

171 Mathematically, the transition corresponds to the condition,  $b_0 = 0$ , delineating the bound-  
 172 ary between real and complex values of  $\lambda_{\pm}$ . For frequencies lower than  $\omega_c$  ( $\lambda_{\pm}$  complex), a  
 173 series of transmission spikes occurs where  $T = 1$ . If the staircase has  $J$  steps, there are  $J$   
 174 transmission spikes. This is shown, for example in Figure 1.

175 In astrophysics, the transmission spikes are said to correspond to “global (g-)modes”  
 176 [11, 22]. The dispersion relation of these modes can be found by setting  $X = 0$  in (8), which  
 177 is equivalent to setting  $B_0 = 0$  (and hence  $|A_{J+1}| = A_0$ ) in (3) and applying the interface  
 178 conditions to get an eigenvalue problem. In the expression for  $X$ , it is readily shown that



179  $|\Lambda_-|/|b_0|$  and  $\Lambda_+$  are polynomials in  $b_0^2$ . Hence  $4MX$  can be written as a polynomial in  
 180  $M^2$ , whose roots can be found numerically for given  $kL$  (e.g. with MATLAB's "vpasolve"  
 181 function). The corresponding frequency is then found from  $\omega/N_0 = (1 + M^2)^{-1/2}$ .

182 The resulting dispersion relations for the global modes are plotted in Figures 2a,c) for  
 183 cases with  $J = 2$  and 5 steps. The lowest mode has  $\omega/N_0$  nearly constant with  $kL$  for small  
 184  $kL$ . This mode arises from the interfaces at  $z = 0$  and  $-JL$ . For  $J > 1$ , higher modes exhibit  
 185 a near-linear dependence upon  $kL$  for small  $kL$ , with the highest mode having frequency  
 186 moderately larger than the critical frequency  $\omega_c$ , given by (12).

### 187 C. Interfacial waves resonant modes trapped in a $J$ -steps staircase

188 Next we find the dispersion relation corresponding to the natural modes of a density  
 189 staircase. This is found by setting  $A_0 = B_{J+1} = 0$  in (3) and applying the interface conditions  
 190 to get an eigenvalue problem. The resulting eigenvalue problem can be written as a pair of  
 191 equations for  $B_0$  and  $A_{J+1}$ :

$$\begin{pmatrix} a_- \\ a_+ \end{pmatrix} B_0 = \mathcal{C}^{J-1} \begin{pmatrix} a_+ \\ a_- \end{pmatrix} A_{J+1}, \quad (14)$$

192 in which  $a_{\pm}$  is given by (5) and the matrix  $\mathcal{C}$  is given by (6). Casting this as a matrix  
 193 eigenvalue problem for the eigenvector  $(B_0, A_{J+1})^T$ , and setting the matrix determinant to  
 194 zero gives

$$[-2\Gamma a_+ a_- + b_-(a_+^2 + a_-^2)](\Lambda_0/b_0) + (a_+^2 - a_-^2)\Lambda_+ = 0. \quad (15)$$

195 with  $\Gamma$ ,  $\Lambda_{\pm}$ ,  $b_-$  and  $b_0$  defined by (7), (10) and (11).

196 As with the problem of finding global modes,  $\Lambda_+$  and  $\Lambda_-/b_0$  are expressions involving  $b_0^2$ .  
 197 Hence (15) reduces to the problem of finding the roots of a polynomial in  $M^2$ . Unlike the  
 198 global modes, the eigenvalues,  $m = Mk$ , are complex, as are the corresponding frequencies  
 199  $\omega = N_0/(1 + M^2)^{1/2}$ . This result can be contrasted with the study of Belyaev et al [22] who  
 200 found only real-valued frequencies in their dispersion relation for modes in an effectively infi-  
 201 nite staircase (with periodic upper and lower boundary conditions). Taking eigenvalues with  
 202 the real part of  $M$  to be positive, we find the complex frequencies have positive real parts,  
 203  $\omega_r$ , and negative imaginary parts,  $\omega_i$ . Hence the modes decay exponentially in time with an

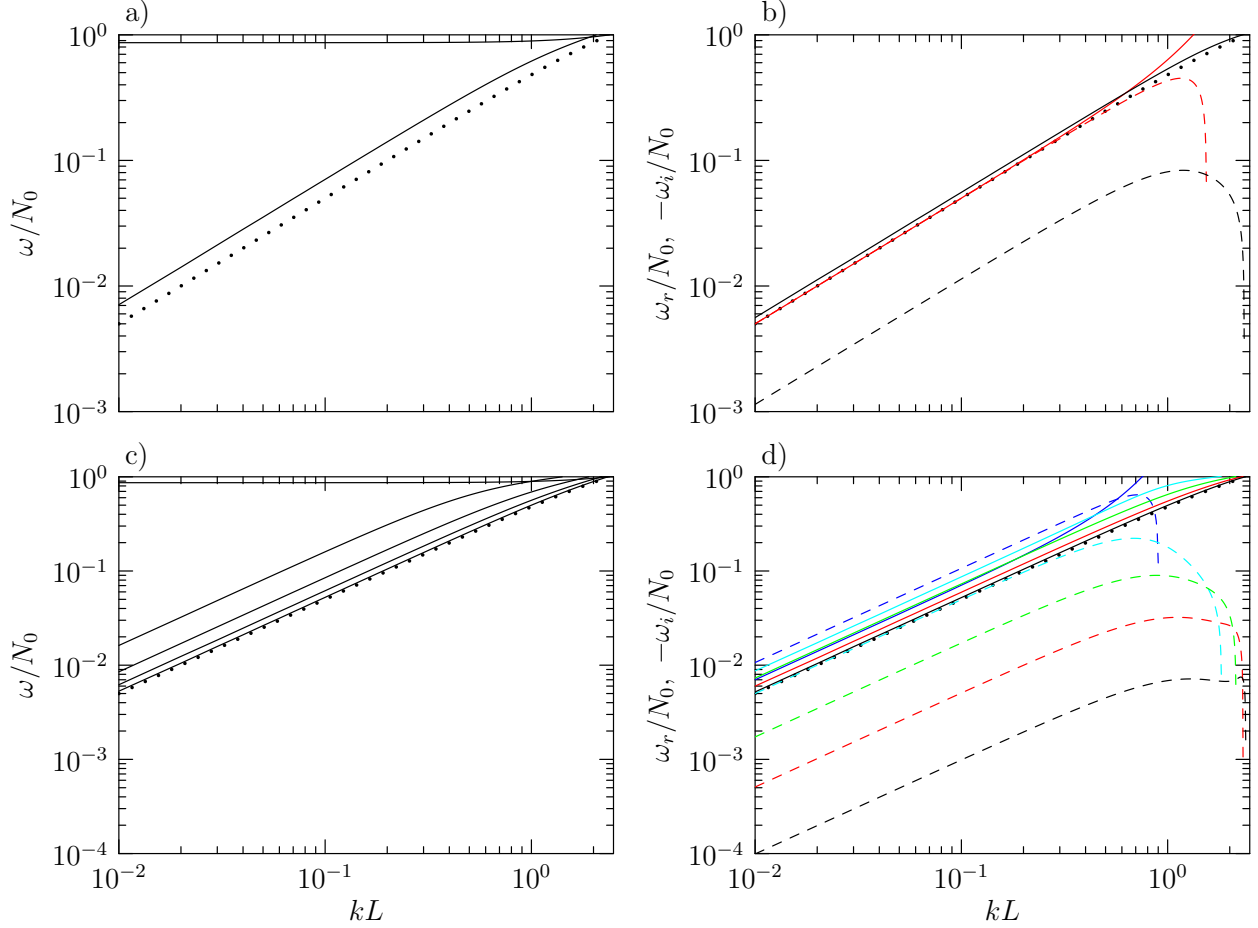


FIG. 2. Log-log plots of the dispersion relation for a,c) global modes and b,d) natural modes of a density staircase having a,b)  $J = 2$  steps and c,d)  $J = 5$  steps. In all four plots, the dotted black line is the critical frequency  $\omega_c$ , given by (12). In b,d) the solid and dashed lines correspond, respectively, to the real and (negative) imaginary part of the frequency. The colours indicate the mode number with the highest vertical mode (lowest frequency at fixed  $kL$ ) drawn as solid and dashed black lines.

204 e-folding time  $1/|\omega_i|$ , as is expected for modes that continuously lose energy to upward and  
 205 downward propagating internal waves, respectively above and below the staircase.

206 The dispersion relations of modes in staircases with  $J = 2$  and  $J = 5$  are plotted in  
 207 Fig. 2b,d). Like the global modes, the largest vertical mode (with lowest frequency at fixed  
 208  $kL$ ) has frequency moderately larger than the critical frequency,  $\omega_c$ , and also has the lowest  
 209 magnitude of the decay rate,  $|\omega_i|$ .

210 The overlap between the dispersion relation of global modes and the real part of the  
 211 dispersion relation of the natural modes with large vertical mode number was anticipated,  
 212 with higher transmission expected when incident plane waves are near-resonant with natural  
 213 modes of the system. However, the resonance is never exact because the natural modes  
 214 are not steady, but decay in time. Furthermore, the imaginary part of the eigenvalues of  
 215  $M = (m_r + im_i)/k$  for the modes are negative. Thus, while the vertical structure of the  
 216 modes oscillate above and below the staircase with vertical wavenumber  $m_r$ , they also grow  
 217 exponentially with e-folding scale  $1/|m_i|$ . This is a result of the normal mode solutions  
 218 representing an effectively infinitely large disturbance in the staircase as  $t \rightarrow -\infty$  that  
 219 propagates vertically away from the staircase at the group velocity as the disturbance in the  
 220 staircase decays exponentially in time.

221 We are particularly interested in the dependence upon the number of steps,  $J$ , of the  
 222 decay rate of the highest vertical mode. An approximate analytic expression can be found  
 223 in the limit  $kL \ll 1$  and  $J \gg 1$ . Because the highest vertical mode is near the critical  
 224 transition,  $\omega_c/N_0 \simeq kL/2$ , we require  $\omega/N_0 \ll 1$ . Hence, using  $\omega/N_0 = (M^2 + 1)^{-1/2}$ ,  
 225 we must have  $|M| \gg 1$  and  $\omega/N_0 \simeq 1/M = k/m$ . Explicitly, we suppose the relative  
 226 vertical wavenumber of the highest mode can be written as  $\tilde{m} \equiv mL = 2 - \epsilon$ , in which  $\epsilon$  is  
 227 complex-valued and  $|\epsilon| \ll 1$ . The perturbation calculation, described in Appendix B, gives  
 228  $\epsilon \simeq (3/2)J^{-2} - 3iJ^{-3}$ . From this it follows that the approximate dispersion relation of the  
 229 highest vertical mode is

$$\frac{\omega}{N_0} \simeq \frac{kL}{2} \left( 1 + \frac{3}{4}J^{-2} - \frac{3}{2}iJ^{-3} \right). \quad (16)$$

230 In particular, this shows that the decay rate of the mode decreases with the number of steps  
 231 as  $J^{-3}$ . The predicted e-folding time scale,  $\tau_e$ , associated with the decay of energy is given  
 232 by

$$N_0\tau_e = \frac{2}{3} \frac{1}{kL} J^3 \quad (17)$$

#### 233 **D. Resonant mode excitation**

234 The unbounded spatial growth of modes above and below the wavepacket is an artifact of  
 235 seeking normal mode solutions. In reality, the modes are excited transiently by the incident  
 236 wavepacket, and so the vertical extent of the mode structure is limited by the time over  
 237 which the mode is excited. This provides a theoretical challenge in predicting the maximum

238 amplitude to which modes are excited by the incident wavepacket. Specifically, even though  
 239 the partial differential equation which gives the dispersion relation and vertical structure  
 240 of the modes is of Sturm-Liouville form, this is not a Sturm-Liouville problem in that the  
 241 domain is vertically unbounded and the modes themselves are unbounded as  $|z| \rightarrow \infty$ .  
 242 Hence there is no orthogonality relationship between different modes.

243 Here we proceed to develop an approximate theory for the excitation of modes by an  
 244 incident wavepacket with the intent to demonstrate that significant excitation occurs only  
 245 if the incident wave frequency is near-resonant with the (real) frequency of the mode and  
 246 if mode decays slowly in time compared with the transient time over which the mode is  
 247 forced by the incident waves. These two conditions are met only if the incident wave is  
 248 near-resonant with the highest frequency mode near the critical transition between high and  
 249 low transmission.

250 For small amplitude incident waves and modes, the equation for the excitation of modes  
 251 can be written in terms of the streamfunction:

$$\sum_j [\partial_{tt} \nabla^2 + N^2 \partial_{xx}] \psi_j = -[\partial_{tt} \nabla^2 + N^2 \partial_{xx}] \psi_I, \quad (18)$$

252 in which (the real part of)  $\psi_j = a_j(t) \hat{\psi}_j(z) \exp[i(kx - \omega_j t)]$  describes the streamfunction  
 253 of mode- $j$  whose amplitude  $a_j(t)$  denotes the evolution of its magnitude in response to the  
 254 forcing. We model the interaction of the wavepacket with the staircase as a forcing within  
 255 the staircase whose amplitude grows and decays in time as  $a_0(t)$ , so that the corresponding  
 256 streamfunction is (the real part of)  $\psi_I = a_0(t) \hat{\psi}_I(z) \exp[i(kx - \omega_0 t)]$ . For the incident  
 257 Gaussian wavepacket of our numerical study (see Sec. III), the forcing amplitude is given  
 258 explicitly by

$$a_0(t) = A_0 \exp[-t^2/(2\tau_0^2)]. \quad (19)$$

259 Here,  $\tau_0 = \sigma_0/c_g$ , in which  $\sigma_0$  is the spatial extent of the incident wavepacket and  $c_g$  is the  
 260 magnitude of its vertical group velocity. As such,  $\tau_0$  is the time scale for growth and decay  
 261 of the forcing. Here we have defined time so that  $a_0$  is largest at  $t = 0$ .

262 We assume the time-scales for the evolution of  $a_0$  and  $a_j$  are long compared to the time-  
 263 scales,  $1/\omega_0$  and  $1/|\omega_j|$ , of the incident waves and modes, respectively, in which  $|\omega_j|$  is the  
 264 magnitude of the complex-valued frequency  $\omega_j$ . Hence, from (18), the leading-order time-  
 265 evolution equation for  $a_j$  and  $a_0$  is

$$\sum_j \dot{a}_j (N^2/\omega_j) \hat{\psi}_j \exp[i(kx - \omega_j t)] = -\dot{a}_0 (N^2/\omega_0) \hat{\psi}_0 \exp[i(kx - \omega_0 t)], \quad (20)$$

266 in which the dots on  $a_j$  and  $a_0$  denote time derivatives. In deriving (20) we have we have  
 267 used the dispersion relation for the modes and the incident wave (assuming  $\omega_0$  is constant)  
 268 as well as the vertical structure equation (2).

269 In previous studies examining forcing of mean flows by vertically bounded internal modes,  
 270 equations for the evolution of each vertical mode could be found using orthogonality of the  
 271 vertical modes with respect to the weight  $N^2$  [23]. This methodology cannot be applied to  
 272 extract explicit equations for  $a_j$  from the sum in (20) because the modes are not orthogonal.  
 273 We expect modes will be excited to non-negligible amplitudes only if the real part of  $\omega_j$  is  
 274 comparable to  $\omega_0$ , thus resulting in near-resonant excitation. This leads us to estimate an  
 275 approximate evolution for the amplitude of a near-resonant mode with mode-number  $j$ :

$$\dot{a}_j \simeq -C_j \frac{\omega_j}{\omega_0} \dot{a}_0 \exp[-i(\omega_I - \omega_j)t]. \quad (21)$$

276 Here we have defined the interaction coefficient,  $C_j$ , assuming that the vertical forcing of  
 277 the mode is driven primarily by motion within the staircase:

$$C_j = \left[ \int_{-JL}^{0^+} \Re\{\hat{\psi}_j^* \hat{\psi}_0\} N^2 dz \right] / \left[ \int_{-JL}^{0^+} |\hat{\psi}_j|^2 N^2 dz \right], \quad (22)$$

278 in which  $\Re$  denotes taking the real part. The bounds on the integrals are set to include  
 279 the density jumps at the top and bottom of the staircase. In evaluating the integrals,  $N^2$   
 280 can be treated as proportional to a Dirac delta function,  $\delta(z)$ , with proportionality constant  
 281 given by the density jump. Explicitly,  $N^2(0) = (g'/2) \delta(0) = (N_0^2 L/2) \delta(0)$ ,  $N^2(-JL) =$   
 282  $(N_0^2 L/2) \delta(z + JL)$ , and  $N^2(-jL) = N_0^2 L \delta(z + jL)$  for  $j = 1, \dots, J-1$ . Thus  $C_j$  can be  
 283 expressed explicitly in terms of the known coefficients,  $A_j$  and  $B_j$  of the vertical structure  
 284 functions of the mode and tunnelling waves (see Appendix A).

285 To solve (21), we specify an initial condition on the amplitude of the mode at a finite,  
 286 but large (negative) time:  $a_j(-t_0) = 0$  for some  $t_0 \gg \tau_0$ . Using (19) in (21), and integrating  
 287 both sides in time from  $-t_0$  to some time  $t$  gives

$$a_j(t) = -C_j \frac{\omega_j}{\omega_0} a_0 \left[ e^{-t^2/(2\tau_0^2)} e^{\Sigma t} - e^{-t_0^2/(2\tau_0^2)} e^{-\Sigma t_0} \right. \\ \left. - \sqrt{\frac{\pi}{2}} \Sigma \tau_0 e^{(\Sigma \tau_0)^2/2} \left( \operatorname{erf}\left[\frac{1}{\sqrt{2}}\left(\frac{t}{\tau_0} - \Sigma \tau_0\right)\right] - \operatorname{erf}\left[\frac{1}{\sqrt{2}}\left(\frac{t_0}{\tau_0} - \Sigma \tau_0\right)\right] \right) \right]. \quad (23)$$

288 Here we have defined  $\Sigma = 1/\tau_j - i\Delta\omega$ , in which  $\tau_j = -1/\omega_{ji}$  is the (positive) e-folding decay  
 289 time associated with the imaginary part of the frequency of mode- $j$ ,  $\omega_{ji}$ , and  $\Delta\omega \equiv \omega_0 - \omega_{jr}$   
 290 is the difference of the forcing frequency and the real part of the frequency of mode- $j$ ,  $\omega_{jr}$ .

291 The error function in (23) has a complex argument, which can be written explicitly in  
 292 terms of its real and imaginary parts using

$$\operatorname{erf}(a + ib) = \operatorname{erf}(a) + i \frac{2}{\sqrt{\pi}} e^{-a^2} \int_0^b e^{2ias} e^{s^2} ds. \quad (24)$$

293 In particular, the second term can be neglected if  $|a| \gg |b|$ .

294 We seek the amplitude of the mode when the forcing reaches its peak at  $t = 0$ . Assuming  
 295  $t_0 \gg \tau_0$ , we find

$$a_j(0) = -C_j \frac{\omega_j}{\omega_0} a_0 \left[ 1 - \sqrt{\frac{\pi}{2}} \Sigma \tau_0 e^{(\Sigma \tau_0)^2/2} \operatorname{erfc}\left(\frac{\tau_0}{\sqrt{2}\tau_j}\right) \right. \\ \left. + i \sqrt{2} \Sigma \tau_0 e^{-i\Delta\omega\tau_0^2/\tau_j} e^{-(\Delta\omega\tau_0)^2/2} \int_0^{\Delta\omega\tau_0/\sqrt{2}} e^{i\sqrt{2}\tau_0 s/\tau_j} e^{s^2} ds \right]. \quad (25)$$

296 Although this can be evaluated numerically, it is useful to consider two limits.

297 If  $\tau_j \ll \tau_0$ , the asymptotic approximation to  $\operatorname{erfc}$  and the integral in (25) give the leading  
 298 order expression

$$a_j(0) \simeq a_0 C_j \frac{\omega_j}{\omega_0} \left[ \left(\frac{\tau_j}{\tau_0}\right)^2 - 2(1 - i\Delta\omega\tau_j) \left(1 - e^{-(\Delta\omega\tau_0)^2/2} e^{-i\Delta\omega\tau_0^2/\tau_j}\right) \right], \quad \tau_j \ll \tau_0. \quad (26)$$

299 Thus, even if the frequency of the incident wave is nearly resonant with the (real) frequency  
 300 of the mode, the mode is not excited to large amplitude.

301 If  $\tau_j \gg \tau_0$ , (25) is given approximately by

$$a_j(0) \simeq a_0 C_j \frac{\omega_j}{\omega_0} \begin{cases} -i\sqrt{\frac{\pi}{2}} \Delta\omega\tau_0 e^{-(\Delta\omega\tau_0)^2/2}, & |\Delta\omega\tau_0/\sqrt{2}| \gg 1, \\ 1 - \sqrt{\frac{\pi}{2}} \left(\frac{\tau_0}{\tau_j} - i\Delta\omega\tau_0\right), & |\Delta\omega\tau_0/\sqrt{2}| \ll 1. \end{cases} \quad (27)$$

302 Thus, even if the mode decays slowly, it is not excited to large amplitude if the incident  
 303 wave is not resonant with the mode. Only if the incident wave is nearly resonant with a  
 304 slowly decaying mode is it excited to significant amplitude. This would be the case if the  
 305 incident wave frequency is close to the highest frequency mode near a transmission spike.

306 Given the amplitudes,  $a_j(0)$ , we go on to estimate the “initial” energy of the excited  
 307 mode:

$$E_j(0) = \frac{1}{2} |a_j(0)|^2 \frac{k^2}{|\omega_j|^2} \int_{-JL^-}^{0^+} N^2 |\hat{\psi}_j|^2 dz. \quad (28)$$

308 As the forcing from the incident wave decreases for  $t \gg \tau_0$ , the energy of the mode is  
 309 expected to decay as  $E_j(t) \sim E_j(0) \exp(-2t/\tau_j)$ .

### 310 III. NUMERICAL SIMULATIONS

311 We use a numerical code that solves the fully nonlinear two-dimensional, Boussinesq  
 312 equations cast in terms of the spanwise vorticity,  $\zeta \equiv \partial_z u - \partial_x w$ , and buoyancy,  $b$ :

$$\frac{D\zeta}{Dt} = -\frac{\partial b}{\partial x} + \nu \mathcal{D}\zeta, \quad \frac{Db}{Dt} = -N^2 w + \kappa \mathcal{D}b, \quad (29)$$

313 in which  $D/D_t = \partial_t + \vec{u} \cdot \nabla$  is the material derivative,  $\vec{u} = (u, w)$  is the velocity with  
 314 horizontal ( $x$ ) and vertical ( $z$ ) components  $u$  and  $w$ , respectively, and  $\nabla = (\partial_x, \partial_z)$ . The  
 315 fields are discretized vertically on an evenly spaced grid and are represented horizontally in  
 316 Fourier space. The effect of viscosity and diffusion is represented by the operator  $\mathcal{D}$ . This is  
 317 the Laplacian operator in horizontal Fourier space,  $-k_n^2 + \partial_{zz}$ , except that it operates only  
 318 upon horizontal wavenumbers,  $k_n$ , above a specified cut-off taken to be  $k_* = 32k$ . In this  
 319 way diffusion acts to damp small-scale numerical noise, but does not act upon the waves  
 320 associated with the wavepacket, having horizontal wavenumber  $k$ , and the modes it excites.  
 321 The viscous and diffusion coefficients are taken to be  $\nu = \kappa = 100000N_0k^{-2}$ . At each time  
 322 step, the streamfunction is found through inversion of the Laplacian equation  $\nabla^2\psi = -\zeta$ .  
 323 From this the velocity components are found by  $u = -\partial_z\psi$  and  $w = \partial_x\psi$ .

324 In the idealized staircase used by our theory, the density jumps discontinuously at each  
 325 step. So that  $N^2$  is finite, but still representative of rapid density jumps, we define a  
 326 background density profile,  $\bar{\rho}(z)$ , similar to (1) but with continuously varying density that  
 327 increases with depth across each step over a thickness scale, typically taken to be  $\sigma_N = 0.01L$ .  
 328 For a staircase with  $J$  steps, the density profile is given explicitly by

$$\begin{aligned} \bar{\rho}(z) = & \rho_0 - \frac{1}{2}\rho_0 \frac{N_0^2}{g} [z + \sigma_N \ln \cosh(z/\sigma_N)] + \frac{1}{2}\Delta\rho [1 - \tanh(z/\sigma_N)] \\ & + \sum_{j=1}^{J-1} \Delta\rho [1 - \tanh((z + jL)/\sigma_N)] \\ & + \frac{1}{2}\rho_0 \frac{N_0^2}{g} \left[ -z + \sigma_N \ln \left( \frac{\cosh((z + JL)/\sigma_N)}{\cosh(JL/\sigma_N)} \right) \right] \\ & + \frac{1}{2}\Delta\rho \left[ 1 - \tanh \left( \frac{z + JL}{\sigma_N} \right) \right]. \end{aligned} \quad (30)$$

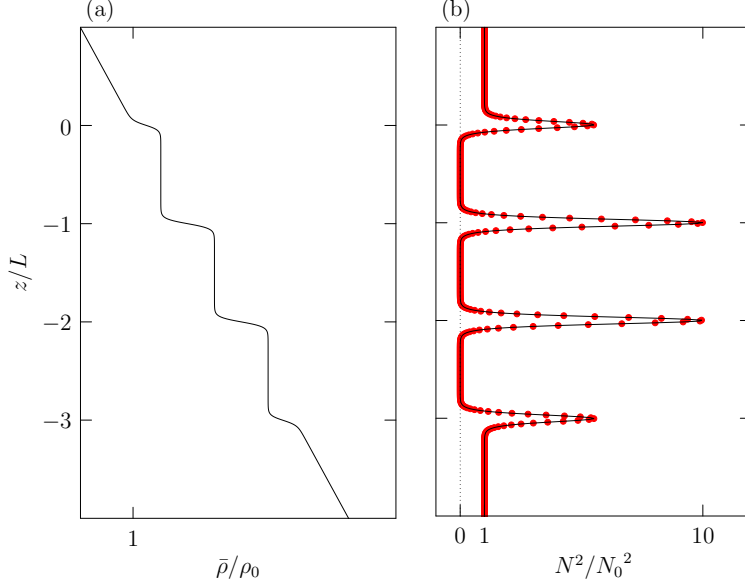


FIG. 3. Profiles used in numerical simulations of a) background density  $\bar{\rho}(z)$  and b) background stratification  $N^2(z)$ , for  $J = 3$ . The red dots in b) indicate the vertical resolution of the numerical model.

329 Using  $g' = g\Delta\rho/\rho_0 = N_0^2 L$ , the corresponding  $N^2$  profile is given by

$$\begin{aligned}
 N^2(z)/N_0^2 &= \frac{1}{2} \left[ 1 + \tanh(z/\sigma_N) + \frac{1}{2} \frac{L}{\sigma_N} \operatorname{sech}^2(z/\sigma_N) \right] \\
 &+ \sum_{j=1}^{J-1} \frac{1}{2} \frac{L}{\sigma_N} \operatorname{sech}^2((z + jL)/\sigma_N) \\
 &+ \frac{1}{2} \left[ 1 - \tanh((z + JL)/\sigma_N) + \frac{1}{2} \frac{L}{\sigma_N} \operatorname{sech}^2((z + jL)/\sigma_N) \right] \quad (31)
 \end{aligned}$$

330 These profiles are plotted for the case  $J = 3$  in Fig 3.

331 Superimposed on the background stratification, the simulations were initialized with a  
 332 horizontally periodic, vertically compact quasi-monochromatic wavepacket having a Gaus-  
 333 sian amplitude envelope centered at  $z = z_0$ . In terms of the streamfunction the wavepacket  
 334 is defined by,

$$\psi(x, z, t = 0) = \mathcal{A}_{\psi_0} \exp \left[ -\frac{1}{2} \left( \frac{z - z_0}{\sigma_0} \right)^2 \right] \cos(kx + m_0 z) \quad (32)$$

335 in which  $k$  and  $m_0$  respectively, are the horizontal and peak vertical wavenumbers,  $\mathcal{A}_{\psi_0}$  is  
 336 the maximum streamfunction amplitude, and  $\sigma_0$  is the vertical extent of the wavepacket. In  
 337 all simulations we set  $\sigma_0 m_0 = 10$ , so that the wavepacket is quasi-monochromatic with peak



338 frequency  $\omega_0 = N_0 k / (k^2 + m_0^2)^{1/2}$ . The initial wavepacket is centered at  $z_0 = 10k^{-1} \gg \sigma_0$   
 339 so that the wavepacket has negligible amplitude within the staircase at the start of the  
 340 simulation. From the polarization relations for monochromatic waves, the initial spanwise  
 341 vorticity and buoyancy are specified in terms of the streamfunction by  $\zeta|_{t=0} = (k^2 + m_0^2) \psi|_{t=0}$   
 342 and  $b|_{t=0} = N_0^2 (k/\omega_0) \psi|_{t=0}$ ,

343 In our simulations there was no mean background flow. Nevertheless, we computed the  
 344 Eulerian-induced mean flow,  $u_E$ , generated by the wavepacket and superimposed this on  
 345 the background. Explicitly, the wave-induced mean flow is defined in terms of  $\zeta$  and  $b$  by  
 346  $u_E(z, t = 0) = \langle \zeta b \rangle / N_0^2$  (e.g. see Sutherland [2]). The presence of the induced flow is  
 347 included by adding  $-du_E/dz$  to the background vorticity field.

348 The simulations were performed in a horizontally periodic domain with one horizontal  
 349 wavelength of the incident wavepacket spanning the horizontal extent. The vertical extent  
 350 needed to be sufficiently tall for the disturbance in the staircase to reach negligibly small  
 351 amplitude before the transmitted and reflected waves reached the top and bottom of the  
 352 domain, respectively. Thus we set  $-H \leq z \leq H$ , with  $H = 60L$ . In order to resolve the  
 353 spikes in  $N^2$ , high vertical resolution was required with typical simulations having  $2^{16}$  points  
 354 in the vertical, giving a vertical resolution of  $\Delta z \simeq 0.0018L$ . This resolution is indicated by  
 355 the red dots in Fig. 3b. The horizontal field was represented by a superposition of 64 Fourier  
 356 modes. Simulations were advanced in time using a leapfrog scheme for advective terms, with  
 357 an Euler backstep taken every 20 steps. Each time step had a resolution of  $\Delta t = 0.05N_0^{-1}$ .

358 In all simulations the time scale was set so that  $N_0 = 1$  and the length scale was set  
 359 so that  $k = 1$ . Nonetheless, the results are presented with these scales being explicitly  
 360 represented. We conducted a range of simulations with the number of steps in the staircase  
 361 ranging from  $J = 1$  to 10. The relative vertical wavenumber of the incident wavepacket,  
 362  $m_0/k$ , was 5 or 10, corresponding to  $\omega_0/N_0 \simeq 0.2$  or 0.1, respectively. According to (12),  
 363 the predicted transition between weak and strong transmission with  $kL \ll 1$  occurs for  
 364  $\omega_c \simeq kL/2$ . To explore this transition, in simulations with  $m_0/k = 5$ ,  $kL$  ranged from 0.2  
 365 to 0.55; in simulations with  $m_0/k = 10$ ,  $kL$  ranged from 0.1 to 0.3.

366 We also conducted a range of simulations varying the initial wavepacket amplitude. In  
 367 terms of the initial vertical displacement amplitude,  $\mathcal{A}_0 = (k/\omega) \mathcal{A}_{\psi 0}$ , our simulations had  
 368 amplitudes with  $\mathcal{A}_0 k$  ranging from 0.001 to 0.01. In this range there was no significant  
 369 quantitative difference between simulation results in terms of transmission and reflection

370 diagnostics. Hence, we report here only upon simulations with  $\mathcal{A}_0 k = 0.001$ . The sensitivity  
 371 of results to the interface thickness was examined by performing some simulations with half  
 372 the interface thickness ( $\sigma_N = 0.005L$ ) and double the vertical resolution. No significant  
 373 quantitative differences to our results were found.

374 The analysis of our simulations focused upon the evolution of energy over time above,  
 375 within, and below the staircase. At each time, we calculated the total horizontally averaged,  
 376 vertically integrated energy,  $E_{\text{total}}$ . This was partitioned into the energy above, within and  
 377 below the staircase respectively by the integrals

$$E_r = \int_{z=3\sigma_N}^H (\text{KE} + \text{PE}) dz \quad (33)$$

$$E_s = \int_{z=-JL-3\sigma_N}^{3\sigma_N} (\text{KE} + \text{PE}) dz, \quad (34)$$

$$E_t = \int_{z=-H}^{-JL-3\sigma_N} (\text{KE} + \text{PE}) dz \quad (35)$$

378 in which  $\text{KE}(z, t) = (1/2) \langle u^2 + w^2 \rangle$  is the horizontally averaged kinetic energy per mass and  
 379  $\text{PE}(z, t) = (1/2) \langle b^2 \rangle / N^2$  is the horizontally averaged available potential energy. Within the  
 380 staircase  $\|b\| \rightarrow 0$  as  $N \rightarrow 0$  such that  $\text{PE} \rightarrow 0$ . Hence, in calculating the integral of PE in  
 381 (34), we do so only where  $N^2$  exceeds a threshold of 0.001.

382 From the energy integrals, we compute the time-evolving transmission coefficient ( $T(t)$ )  
 383 and reflection coefficient ( $R(t)$ ) as well as the relative energy in the staircase ( $S(t)$ ):

$$T(t) = \frac{E_t}{E_{\text{total}}}, \quad R(t) = \frac{E_r}{E_{\text{total}}}, \quad S(t) = \frac{E_s}{E_{\text{total}}}. \quad (36)$$

384 The duration of the simulations varied primarily based on the vertical group velocity of  
 385 the incident wavepacket and the number of steps,  $J$ , in the staircase. As we show, for larger  
 386  $J$ , energy remains trapped in the staircase for longer times, requiring longer simulations. In  
 387 most simulations, the final time was set so that the relative energy within the staircase,  $S(t)$ ,  
 388 fell below 0.001 after reaching its peak. In the simulation with  $J = 10$ , the waves reached  
 389 the top and bottom of the domain before this threshold was reached. These simulations  
 390 were terminated at time  $6590N_0^{-1}$  when  $S(t) \simeq 0.0065$ .

391 We will show that energy persists for longer times in a staircase with a larger number  
 392 of steps due to the excitation of modes with long e-folding decay times. To quantify this,  
 393 we constructed a log-plot of the energy within staircase,  $\ln(S(t))$  versus  $t$ , and found the

394 slope of the best-fit line through over late times for which  $S \leq 0.01$ . The slope determined  
 395 the e-folding energy decay time,  $\tau_e$ , within the staircase, which could be compared with the  
 396 predicted decay time,  $2/\tau_j$ , of each mode.

#### 397 IV. RESULTS

398 We begin with a qualitative examination of wavepacket tunnelling in a simulation of an  
 399 initial wavepacket having  $m_0 = 10k$  being incident upon a staircase with  $J = 5$  steps. The  
 400 peak frequency of the incident wave is  $\omega_0 \simeq 0.0995$ . We examine the case with  $kL = 0.2$ ,  
 401 which corresponds to waves near the transition between weak and strong transmission,  
 402 given by (13). This wavenumber is moderately larger than the predicted largest relative  
 403 wavenumber of the transmission spikes, which occurs at  $kL \simeq 0.19$  (see Fig. 1a). We note  
 404 that, for  $kL = 0.2$ , the predicted transmission coefficient is  $\simeq 0.5$  for  $J = 1$ , but is predicted  
 405 to be small for  $J = 5$ .

406 Snapshots of the wavepacket evolution at three times are shown in Fig. 4. The structure  
 407 of the waves is represented here in terms of the horizontal velocity field normalized by the  
 408 initial amplitude,  $\mathcal{A}_{u0} = m_0 \mathcal{A}_{\psi 0}$ . Initially the wavepacket is centered at  $z_0 = 10k^{-1}$ . The  
 409 width of the envelope,  $10/m_0 = k^{-1}$ , is much smaller than  $z_0$  so that the signal of the initial  
 410 wavepacket within that staircase is negligible.

411 The vertical group velocity of the wavepacket is  $\simeq -N_0 k/m_0^2$ . And so the estimated time  
 412 for the center of the wavepacket to reach the top of the staircase (at  $z = 0$ ) is  $z_0 m_0^2/(kN_0) =$   
 413  $1000/N_0$ . This is the time shown in Fig. 4b. At this time, the leading flank of the incident  
 414 wavepacket has partially transmitted through the staircase, as evident from the pattern of  
 415 downward propagating waves below  $z = -JL = -k^{-1}$ . Above the top of the staircase  
 416 the disturbance field is a superposition of the incident trailing flank of the wavepacket and  
 417 partially reflected upward propagating waves.

418 At  $N_0 t = 2000$  (Fig. 4c), the transmitted waves below the staircase and the reflected  
 419 waves above the staircase are broadly distributed in the vertical, but disturbances within  
 420 the staircase are non-negligible. This simulation thus gives qualitative evidence for the  
 421 excitation of natural modes of the staircase by the traversing incident wavepacket.

422 To illustrate the impact of the incident wave upon disturbances within the staircase,  
 423 Fig. 5a shows a close-up view of the staircase region at time  $N_0 t = 2000$ , corresponding

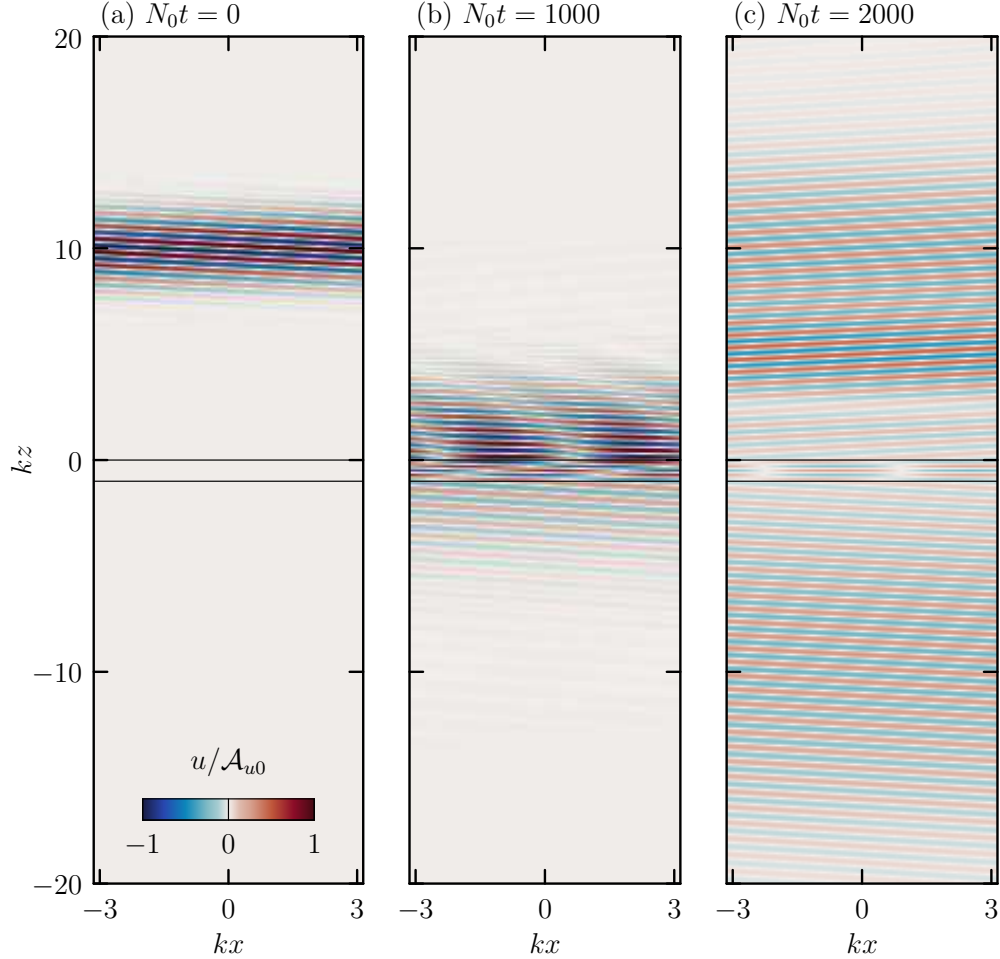


FIG. 4. From a simulation with  $m_0 = 10k$ ,  $kL = 0.2$  and  $J = 5$ , snapshots of horizontal velocity at times a)  $t = 0$ , b)  $1000N_0^{-1}$  and c)  $2000N_0^{-1}$ . The colours in all three plots show the horizontal velocity normalized by the initial horizontal velocity amplitude  $\mathcal{A}_{u0}$ , with values indicated by the scale in a). The horizontal lines at  $z = 0$  and  $z = -1$  indicate the levels at the top and bottom of the staircase, respectively.

424 to Fig. 4c. Near-monochromatic waves are evident above and below the staircase by phase  
 425 lines having approximately constant slope. In contrast, disturbances within the staircase  
 426 have a standing wave pattern, evident both in the horizontal velocity field and isopycnal  
 427 displacements. The latter are found in terms of the buoyancy field at the center of each  
 428 interface by computing  $\xi = -b/N^2$ . The isopycnal displacements exhibit an alternating  
 429 varicose pattern associated with bulging and pinching contours. As our energy analysis below  
 430 demonstrates, the disturbances within and near the staircase correspond to a trapped mode  
 431 that emits internal waves above and below the staircase as the amplitude of disturbances

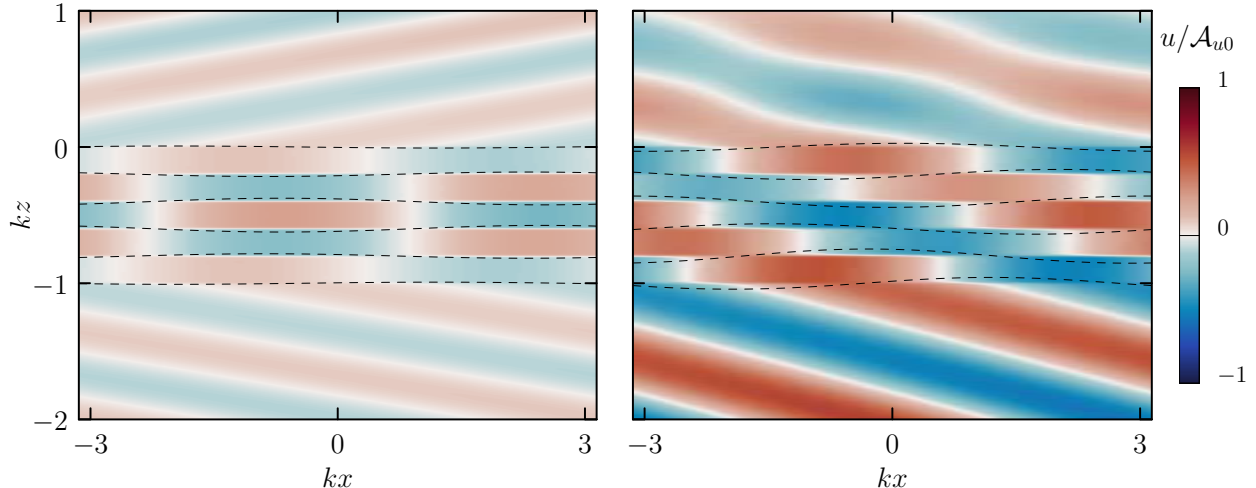


FIG. 5. Horizontal velocity field and isopycnal displacements at each density interface in simulations with  $J = 5$ ,  $kL = 0.2$  and a)  $m_0 = 10k$  at time  $t = 2000 N_0^{-1}$  and b)  $m_0 = 5k$  at time  $t = 500 N_0^{-1}$ . The plot in a) corresponds to the snapshot shown in in Fig. 4c, but focused on the vertical region about the staircase.situated between  $-1 \leq kz \leq 0$ . The dashed lines show the vertical displacement of isopycnals at the center of each interface (at  $z = -jL = -0.2j k^{-1}$ ,  $j = 0 \dots 5$ ). For clarity, the displacements have been magnified by a factor of 100 in a) and by a factor 20 in b).

432 with the staircase decay exponentially in time.

433 By contrast, in Fig. 5b we show a snapshot of the horizontal velocity field and isopycnal  
434 displacements from a simulation with  $J = 5$  and  $kL = 0.2$  but with  $m_0 = 5k$ . Because the  
435 vertical group velocity of the incident wavepacket is approximately 4 times larger than the  
436 wavepacket with  $m_0 = 10k$ , we show the snapshot at time  $500 N_0^{-1}$ , which is one quarter  
437 of the time of the snapshot shown in Fig. 5a. For this simulation, tunnelling theory for  
438 plane waves predicts near-perfect transmission of the wavepacket across the staircase. This  
439 is evident in the simulation which shows downward-sloping phase lines above and below  
440 the staircase, corresponding to downward propagating waves. Although the phase lines are  
441 vertical within each step, the phase shift across each interface corresponds to the expected  
442 change for waves unimpeded by the staircase. In a simulation with  $m_0 = 5k$  but  $kL = 0.4$ ,  
443 which is close to the transition wavenumber, we once again observe the standing wave pattern  
444 of horizontal velocity and isopycnal displacements as in Fig. 5a (not shown).

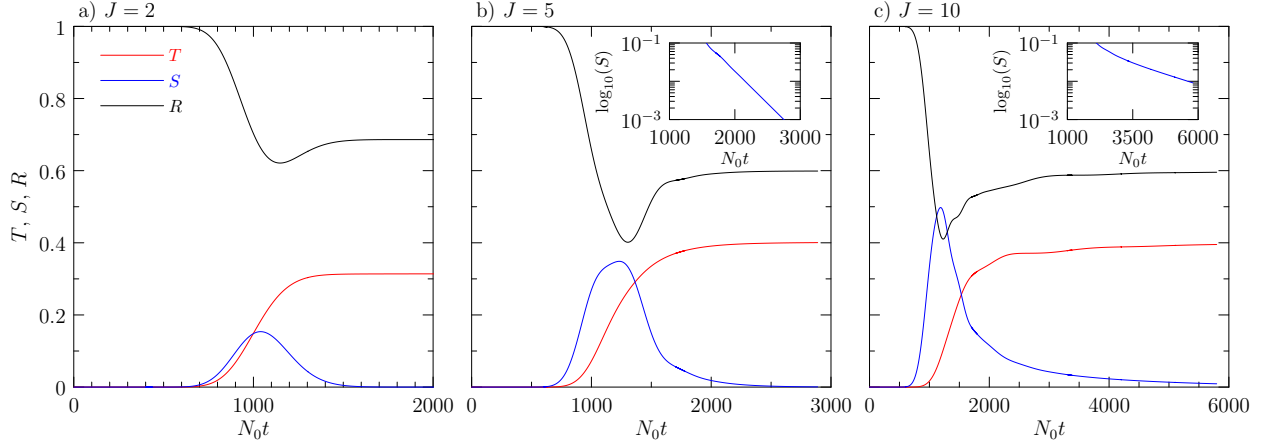


FIG. 6. Time series of the evolution of transmitted energy,  $T$  (red line), reflected energy,  $R$  (black line), and energy within the staircase,  $S(t)$  (blue line) in simulations with a)  $J = 2$ , b)  $J = 5$  and c)  $J = 10$  steps. The insets in b) and c) shows a log-linear plot of  $S$  for times  $t \geq 1000/N_0$ . In all simulations  $m_0 = 10k_0$  and  $Lk_0 = 0.2$ .

445 During each simulation, we computed the energy above, below and within the staircase,  
 446 as given by (36). Here we show the results for three simulations, all with  $m_0/k = 10$  and  
 447  $kL = 0.2$  but with different numbers of steps:  $J = 2, 5$  and  $10$ . The results are shown in Fig.  
 448 6. In all three cases, initially  $R = 1$  and  $T = S = 0$ , corresponding to all the energy lying  
 449 well above the staircase. As the center of the wavepacket reaches the staircase (in all cases  
 450 around time  $\simeq 1000N_0^{-1}$ ), the relative energy grows below and within the staircase while  
 451 decreasing above. At late times the relative energy above and below the staircase plateau  
 452 to near-constant values as the energy within the staircase decays to zero.

453 The late-time values of the relative energy below the staircase give the simulated trans-  
 454 mission coefficient, which may be compared with the predicted transmission of incident  
 455 plane waves. This comparison is shown in Fig. 7 for a wide range of simulations, all hav-  
 456 ing  $m_0/k = 10$  and with  $kL$  spanning a range about the critical transmission wavenumber  
 457 at  $k_c L \simeq 0.2$ . The results of simulations for staircases having  $J = 1$  and  $2$  steps are  
 458 shown in Fig. 7a. Particularly in the case with  $1$  step, the predicted transmission coefficient  
 459 corresponds well with the values measured in simulations. In the case of  $2$  steps, theory  
 460 moderately under-predicts the measured values for  $0.18 \lesssim kL \lesssim 0.25$ . In simulations with  
 461 more steps, the measured transmission versus  $kL$  is qualitatively different for the predicted

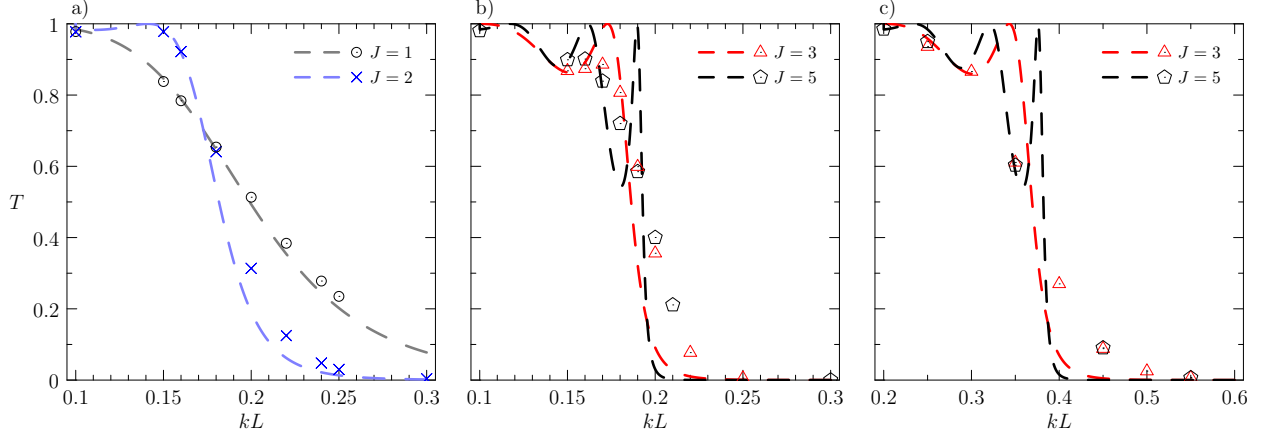


FIG. 7. Measured and predicted transmission as a function of  $kL$  in simulations with  $m_0 = 10k$  and a)  $J = 1$  and 2 steps and b)  $J = 3$  and 5 steps, and c) with  $m_0 = 5k$  and  $J = 3$  and 5 steps. Dashed lines indicate the theoretical prediction for incident plane waves and symbols denote measurements from simulations, as indicated in the legends.

462 values about  $k_c L = 0.2$  (Fig. 7b). The presence of more steps leads to a prediction of more  
 463 transmission spikes with the highest wavenumber spike having  $kL$  close to, but below,  $k_c L$ .  
 464 However, the measurements from simulations show a near monotonic decrease in  $T$  with  
 465 increasing  $kL$ . In particular, with  $J = 5$  and  $kL = 0.19$ , theory predicts near-perfect trans-  
 466 mission, whereas the measured transmission coefficient was 0.59. For the same number of  
 467 steps but with  $kL = 0.20$ , theory predicts near-zero transmission, whereas the simulation  
 468 measured a coefficient of 0.40. Similar behaviour is found in simulations with  $m_0 = 5k$   
 469 (Fig. 7c) about the critical transmission wavenumber at  $k_c L \simeq 0.4$ .

470 A qualitative explanation for the lack of transmission spikes occurring in simulations can  
 471 be found through closer examination of the time-evolution of relative energy within the  
 472 staircase,  $S(t)$ , shown in Fig. 6. In the case with two steps (Fig. 6a), the growth and decay  
 473 of energy within the staircase is almost symmetric about the peak, which occurs at time  
 474  $\simeq 1040N_0^{-1}$ . However, in the cases with  $J = 5$  and 10 (Figs. 6b,c), the decay of  $S$  occurs  
 475 over a longer time than its initial growth. The insets in Figs. 6b,c) plot  $\log_{10}(S)$  versus  
 476 time, revealing that the late time decay is nearly exponential and the decay is slower with  
 477 larger  $J$ .

478 By finding a best-fit line through the log plots over times when  $S$  falls below a threshold

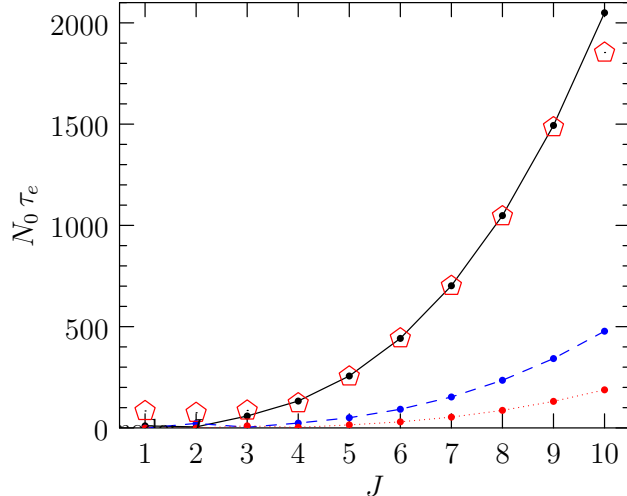


FIG. 8. Effect of the number of steps  $J$  on e-folding decay time of energy within the staircase at late times. Open pentagons represent measurements from simulations. The lines denote theoretical predictions based on the energy decay rate of natural modes of the staircase for the highest mode (solid black line), second-highest mode (blue dashed line) and the third-highest mode (red dotted line). In all simulations  $A_0 = 0.001 k_0^{-1}$  and  $m_0 = 10 k_0$ , with corresponding frequency  $\omega_0 = 0.0995 N_0$ .

479 of 0.01, we measure the exponential decay rate and, from this, get the e-folding energy decay  
 480 time-scale,  $\tau_e$ . This is plotted in Fig. 8 for a range of simulations with  $J$  ranging from 1 to 10,  
 481 keeping  $m_0 = 10k$  and  $kL = 0.2$  fixed. In simulations with  $J \geq 4$ ,  $\tau_e$  increases rapidly with  
 482 increasing  $J$ . These measured values are compared with the predicted e-folding energy decay  
 483 time associated with natural modes of the staircase, given by  $\tau_j/2$ , in which  $\tau_j = -1/\omega_j$   
 484 where  $\omega_j$  is the imaginary part of the frequency of mode- $j$  determined from the solution  
 485 of the eigenvalue problem given by (15). The highest vertical mode has the lowest real  
 486 and (magnitude of) imaginary frequency and so has the largest predicted e-folding decay  
 487 time (see Fig. 2b,d). The predicted energy decay times of the highest modes correspond  
 488 excellently with the measured values, clearly indicating that the incident wavepacket with  
 489  $kL$  near the critical transition excited the highest vertical mode.

490 Even after the incident wavepacket partially transmitted and reflected, energy remains  
 491 in this mode which then continuously transmits waves above and below the staircase as its  
 492 energy decays. Thus a transmission spike in a 5-step staircase does not occur near  $kL = 0.19$   
 493 because the incident wavepacket resonated near perfectly with the highest vertical mode of



494 the staircase, which then retransmitted half the absorbed energy as upward propagating  
 495 waves above the staircase. Likewise, though theory predicts weak transmission for  $kL =$   
 496  $0.2$ , the measured transmission in simulations is large because half of the incident energy,  
 497 absorbed in near-resonance with the highest vertical mode, is retransmitted as downward  
 498 propagating waves below the staircase.

499 By plotting the results in Fig. 8 on log-log axes and finding a best-fit line to data with  
 500  $J \geq 4$ , we find that the relative energy decay time-scale increases with the number of steps  
 501 as

$$N_0\tau_e = (2.09 \pm 0.02)J^3, \quad (37)$$

502 in which the measured power law exponent, accurate to 0.1%, is consistent with the predic-  
 503 tion (17).

## 504 V. CONCLUSIONS

505 We have performed simulations of a quasi-monochromatic wavepacket incident upon a  
 506 density staircase having a different number of steps,  $J$ , and relative step size,  $kL$ . In simu-  
 507 lations with 1 step, the transmission coefficient from the theory for incident monochromatic  
 508 waves well-predicted the transmission measured in simulations. However, in simulations with  
 509 a larger number of steps, the predicted occurrence of transmission spikes near the critical  
 510 transition wavenumber,  $k_c = 2\omega_0/(N_0L)$ , was not evident. Instead the simulations showed  
 511 a near-monotonic decrease in transmission with increasing  $kL$  about  $k_cL$ . The discrepancy  
 512 between the theory for monochromatic incident waves and simulations is explained by the  
 513 near-resonant excitation of the highest vertical mode of the staircase which partially ex-  
 514 tracts energy from the incident wavepacket and retransmits this energy above and below the  
 515 staircase as it exponentially decays in time. The measured e-folding decay time of energy  
 516 corresponded well with the predicted energy decay time for the highest vertical mode.

517 Due to computational cost, the simulations were necessarily restricted to the study of  
 518 hydrostatic internal waves uninfluenced by rotation. For example, with  $m_0 = 10k$ ,  $\omega_0/N_0 \simeq$   
 519  $0.1$  which is much larger than  $f/N_0$ , assuming a typical value of the Coriolis parameter  
 520  $f \simeq 0.01 N_0$ . In simulations with higher  $m_0/k$  and lower  $\omega_0/N_0$ , the vertical group velocity of  
 521 the incident wavepacket would have been lower, requiring prohibitively long computational  
 522 times to simulate the interaction of the wavepacket with the staircase. Nonetheless, the

523 generic nature of our results suggests they can be extended to the inertia gravity wave  
524 regime.

525 Our results indicate that transient effects associated with a wavepacket interacting with a  
526 density staircase should be considered if the incident wavenumber is near the critical transi-  
527 tion value,  $k_c$ . Past theory has shown that  $k_c$  well approximates the transition wavenumber  
528 even for finite Coriolis parameter  $f_0$  provided  $\omega_0 > f_0$  and  $kL \ll 1$  [9]. The same study  
529 showed that the critical transition wavenumber is relatively insensitive to having steps that  
530 vary in size within the staircase about a mean value  $\bar{L}$ . With these considerations, we tenta-  
531 tively use observations of a density staircase in the Arctic ocean [13] to estimate conditions  
532 under which incident waves are near the critical transition. In that study, 20 steps of a stair-  
533 case were observed between 240 and 290 meters depth, giving a mean step size of  $\bar{L} \simeq 2.5$  m.  
534 The mean buoyancy frequency was observed to be  $0.007 \text{ s}^{-1}$  and  $f \simeq 1.4 \times 10^4 \text{ s}^{-1}$  at the  
535 observed latitude around  $78^\circ\text{N}$ . For near-inertial incident waves ( $\omega_0 \gtrsim f_0$ ), the critical tran-  
536 sition occurs for  $k_c \simeq 0.016 \text{ m}^{-1}$ , corresponding to a horizontal wavelength of  $\simeq 400$  m. It is  
537 unlikely that natural processes would create inertia gravity waves with such small horizontal  
538 scale. And so our study is more relevant to higher frequency waves that are not significantly  
539 influenced by rotation. In particular, for incident waves with relative frequency  $\omega_0/N_0 = 0.1$ ,  
540 the critical horizontal wavelength would be  $\simeq 80$  m. Hence the possible near-resonant excita-  
541 tion of modes in the staircase would occur for internal waves that are excited by a relatively  
542 horizontally localized disturbance near the surface, for example by the motion of wind-driven  
543 ice floes in the marginal ice zone. Although this may seem restrictive, because the decay  
544 time is longer for modes in staircases with more steps the impact of incident waves upon  
545 the staircase would persist. For example, in a staircase with  $J = 20$  steps, (17) predicts an  
546 e-folding energy decay time of  $\sim 44$  days.

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## 557 **Appendix A: Application of interface conditions**

558 From the general formulae for the vertical structure of disturbances in a density staircase  
 559 with  $J$  steps, given by (3), the condition for continuity of the streamfunction across each  
 560 interface gives the  $J + 1$  equations

$$\begin{aligned} A_0 + B_0 &= A_1 e^{kL/2} + B_1 e^{-kL/2}, \\ A_j e^{-kL/2} + B_j e^{kL/2} &= A_{j+1} e^{kL/2} + B_{j+1} e^{-kL/2}, \quad j = 1 \dots J - 1, \\ A_{J+1} + B_{J+1} &= A_J e^{-kL/2} + B_J e^{kL/2}. \end{aligned} \quad (\text{A1})$$

561 The condition for continuous pressure requires continuity of  $\hat{\psi}' - (g\bar{\rho}/\rho_0)(k^2/\omega^2)\hat{\psi}$ . Ap-  
 562 plying this at each interface, and using (1) and (A1) gives the  $J + 1$  equations

$$\begin{aligned} im[A_0 - B_0] &= k[A_1 e^{kL/2} - B_1 e^{-kL/2}] - \frac{1}{2}g' \frac{k^2}{\omega^2} [A_1 e^{kL/2} + B_1 e^{-kL/2}] \\ k[A_j e^{-kL/2} - B_j e^{kL/2}] &= k[A_{j+1} e^{kL/2} - B_{j+1} e^{-kL/2}] \\ &\quad - g' \frac{k^2}{\omega^2} [A_{j+1} e^{kL/2} + B_{j+1} e^{-kL/2}], \quad j = 1 \dots J - 1, \\ im[A_{J+1} - B_{J+1}] &= k[A_J e^{kL/2} - B_J e^{-kL/2}] - \frac{1}{2}g' \frac{k^2}{\omega^2} [A_J e^{kL/2} + B_J e^{-kL/2}] \end{aligned} \quad (\text{A2})$$

563 in which  $g' = g\Delta\rho/\rho_0 = N_0^2 L$ .

564 These equations can be written in a simpler form by defining the nondimensional variables  
 565  $\Delta \equiv e^{kL}$ ,  $M \equiv m/k$  and  $\Gamma = (1/2)g'k/\omega^2 = kL(M^2 + 1)/2$ . Furthermore, the middle  
 566 equations (with  $j = 1 \dots J - 1$ ) of (A1) and (A2) are simplified for each  $j$  first by eliminating  
 567  $B_j$  on the right-hand side to give an equation for  $A_j$ , and then by eliminating  $A_j$  on the  
 568 right-hand side to give an equation for  $B_j$ :

$$\begin{aligned} A_j &= \Delta(1 - \Gamma)A_{j+1} - \Gamma B_{j+1} \\ B_j &= \Gamma A_{j+1} - \Delta^{-1}(1 + \Gamma)B_{j+1}, \end{aligned} \quad (\text{A3})$$

## 569 **Appendix B: Approximate dispersion relation for highest mode**

570 Here we find an approximate analytic prediction for the frequency and decay rate of the  
 571 highest mode in a density staircase, whose frequency is close to the critical transition given

572 by (12), in which we assume  $kL \ll 1$ . Consequently  $|\omega|/N_0 \ll 1$  and  $|M| \simeq N_0/|\omega| \gg 1$ . At  
 573 the critical transition  $\omega_c/N_0 = kL/2$ . And so we expect  $\tilde{m} \equiv mL (= MkL) \simeq 2 - \epsilon$  with  
 574  $|\epsilon| \ll 1$ . Thus  $\Gamma = kL(M^2 + 1)/2 \simeq M\tilde{m}/2$ .

575 The implicit relation for the dispersion relation for modes in a staircase is given generally  
 576 by (15). The value of  $b_-$  in this equation is given by (11), which simplifies in the  $kL \ll 1$   
 577 limit to  $b_- \simeq -\Gamma$ . Hence (15) can be written as

$$-\Gamma(a_+ + a_-)^2 \Lambda_- / b_0 + (a_+^2 - a_-^2) \Lambda_+ \simeq 0. \quad (\text{B1})$$

578 From the definition of  $a_{\pm}$  in (5), we get the approximate expressions

$$a_+ + a_- \simeq 2 + i\tilde{m} - \tilde{m}^2/2, \quad a_+ - a_- \simeq M(2i - \tilde{m}). \quad (\text{B2})$$

579 Also using  $\tilde{m} = 2 - \epsilon$ , (B1) simplifies to

$$(1 - \epsilon/2)(2i + (2 - i)\epsilon - \epsilon^2/2) \Lambda_- / b_0 + (2 - 2i - \epsilon) \Lambda_+ \simeq 0. \quad (\text{B3})$$

580 To find approximate expressions for  $\Lambda_{\pm}$ , we use the definition of  $b_+$  in (11) with  $kL \ll 1$   
 581 to get

$$b_+ \simeq 1 - \tilde{m}^2/2 = -1 + 2\epsilon + O(|\epsilon|^2). \quad (\text{B4})$$

582 Hence, we find

$$b_0^2 \equiv b_+^2 - 1 \simeq -4\epsilon + O(|\epsilon|^2). \quad (\text{B5})$$

583 In the expressions for  $\Lambda_{\pm}$ , we perform a binomial expansion to write (assuming  $J \geq 4$ )

$$\lambda_{\pm}^{J-1} = b_+^{J-1} \pm \binom{J-1}{1} b_+^{J-2} b_0 + \binom{J-1}{2} b_+^{J-3} b_0^2 \pm \binom{J-1}{3} b_+^{J-4} b_0^3 + \dots \quad (\text{B6})$$

584 Thus we have

$$\Lambda_+ = b_+^{J-1} + (J-1)(J-2)b_+^{J-3}b_0^2/2 + \dots \simeq (-1)^{J-1}[1 - 2(J-1)^2\epsilon] + O(|\epsilon|^2), \quad (\text{B7})$$

585 and

$$\begin{aligned} \Lambda_- / b_0 &= (J-1)b_+^{J-2} + (J-1)(J-2)(J-3)b_+^{J-4}b_0^2/6 + \dots \\ &\simeq (-1)^{J-1}[-(J-1) + (2/3)J(J-1)(J-2)\epsilon] + O(|\epsilon|^2). \end{aligned} \quad (\text{B8})$$

586 Putting these expressions in (B3) and keeping terms up to  $O(|\epsilon|)$  gives

$$6(J+i) - [4J^3 + 12iJ^2 - (10 + 18i)J + (6 + 9i)]\epsilon \simeq 0. \quad (\text{B9})$$

587 From this we can solve for  $\epsilon$ , explicitly finding its real and imaginary parts in terms of the  
588 number of steps,  $J$ . For  $J \gg 1$  we find

$$\epsilon \simeq (3/2)J^{-2} [1 - (7/2)J^{-2} + O(J^{-3})] - 3iJ^{-3} [1 - (9/4)J^{-1} - (13/8)J^{-2} + O(J^{-3})]. \quad (\text{B10})$$

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