1	Transient internal wave excitation of resonant modes in a density
2	staircase
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9

Abstract

The density of the ocean generally increases continuously with depth as a consequence of vari-10 ations in salinity and temperature. In some regions, however, the density profile of the ocean 11 adopts a (double diffusive) staircase structure in which successive layers of uniform density fluid 12 are separated by rapid density jumps. Previous work has theoretically examined the transmission 13 and reflection of periodic internal (gravity) waves incident upon a density staircase. This predicted 14 the existence of transmission spikes (global modes) for certain combinations of frequency and hor-15 izontal wavenumber in which the incident waves transmit perfectly across a density staircase. It 16 was hypothesized that the transmission spikes occur when the incident waves resonate with nat-17 ural modes of disturbances in the staircase. Here we derive theory to investigate the interactions 18 between incident internal waves and modes. We demonstrate a close correspondence between the 19 frequency for incident waves at a transmission spike and the real-part of the frequency of modes at 20 the same horizontal wavenumber. However the frequency of the corresponding modes have negative 21 imaginary part corresponding to exponential decay of the modes in time. We perform numerical 22 simulations to examine the impact of this near-resonant coupling when a vertically localized, quasi-23 monochromatic internal wave packet interacts with a density staircase. In a range of simulations 24 with fixed incident wave frequency and varying horizontal wavenumber, the measured transmission 25 coefficient does not exhibit transmission spikes, but decreases monotonically with increasing hor-26 izontal wavenumber about the critical wavenumber separating strong and weak transmission. We 27 show this occurs because the incident wave excites modes that then slowly transmit energy above 28 and below the staircase at a rate consistent with the predicted decay rate of the modes. This rate 29 is slower for staircases with more steps with the decay time increasing as the cube of the number 30 of steps. 31

32 Keywords: interfacial waves; density staircase; transmission; wave tunneling

33 I. INTRODUCTION

Internal (gravity) waves propagate in density-stratified fluids, transporting energy both
 ³⁵ horizontally and vertically. Particularly in the ocean they play an essential role in the vertical

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transport of heat and salinity caused by the mixing that occurs when the waves break 36 [1]. The frequency of propagating internal waves is limited by the background buoyancy 37 frequency, which is a measure of rate at which the background density increases with depth. 38 In particular, vertically propagating internal waves reflect from weak stratification where the 39 buoyancy frequency is less than the incident wave frequency, though the waves give rise to an 40 evanescent disturbance in the weakly stratified region (e.g. see Sutherland [2]). Of particular 41 interest is the interaction between downward propagating internal waves incident upon a 42 thermohaline density staircase. The vertical profile of density in a staircase is characterized 43 by steps of uniform density separated by sharp density jumps, which have been observed 44 in different regions of the ocean from the tropics to the Arctic Ocean, occurring as a result 45 of double diffusive processes [3–8]. Within the steps of the staircase, an incident internal 46 wave is evanescent. However, if the steps are sufficiently small compared to the scale of the 47 incident wave, the wave can partially transmit across the staircase [9, 10]. This tunnelling 48 phenomena has also been explored in the context of wave propagation across staircases 49 occurring in giant planets [11]. 50

Of particular interest is the interaction between internal waves and the thermohaline stair-51 case in the Arctic Ocean. As Arctic sea ice cover decreases due to global warming, winds 52 blowing over the exposed ocean surface or driving mobile ice floes can more frequently gener-53 ate internal waves that then propagate downward and interact with a thermohaline staircase 54 [12]. Observations have revealed the robust presence of a staircase spanning horizontally over 55 a thousand square kilometers in the Canadian Basin, being situated a few hundred meters 56 below the surface and extending over 100 m depth [13, 14]. The steps of the staircase have 57 depths on the order of 1 m with sharp density jumps having thickness on the order of 1 cm. 58 If incident downward propagating internal waves partially transmit through the staircase, 59 they can act as a source of mixing that may bring warm and salty Atlantic water at depth 60 closer to the surface, which may then enhance sea ice melting. 61

Theoretical predictions have been made for the transmission and reflection of monochromatic (in frequency) horizontally periodic internal waves incident upon a single uniformdensity slab of fluid [15] and two mixed layers [16]. This work was extended to examine the influence of shear across a single step [17, 18] and allowing for the incident wave to be manifest as a horizontally localized beam [19, 20]. More recently, an analytic prediction was developed for transmission of an incident plane wave across a density staircase with an

arbitrary number of equal-sized steps [9]. The work included consideration of background 68 rotation and presented numerical solutions for transmission across unequal steps. In all cases 69 the work predicted a sharp transition between weak and strong transmission at a critical 70 incident wave frequency, which is proportional to the horizontal wavenumber for hydrostatic 71 waves. Waves with moderately larger frequency than this critical value exhibited a sequence 72 of transmission spikes for which the incident waves entirely transmitted without reflecting. 73 The number of transmission spikes corresponded to the number of steps in the staircase. 74 It was suggested that these transmission spikes occurred as a consequence of the incident 75 waves resonating with natural oscillating modes of the staircase, a phenomena examined in 76 theoretical detail here. 77

In all the above theoretical studies the incident waves were assumed to have a single 78 frequency, steadily impinging upon single or multiple density steps. In reality, internal waves 79 are transiently generated and so are manifest as a wavepacket. The interaction between a 80 wavepacket and density steps has not been well studied, except for a numerical examination 81 of finite-amplitude effects associated with a wavepacket propagating across a density step 82 with no density jump above and below the step [21]. In the theoretical-numerical work 83 presented here, we examine the transmission resulting from the transient interaction between 84 a incident vertically localized internal wave packet and a density staircase. We demonstrate 85 that transmission spikes do not occur in this case because the incident wave packet puts 86 energy into modes that then slowly re-radiate this energy both above and below the staircase. 87 This effect is stronger for a staircase with more steps. 88

In Section II, we review the theory of plane wave transmission across a density staircase [9] 89 for the specific case of no background rotation. We also derive an expression that gives 90 the dispersion relation of natural modes of the staircase, and we consider the near-resonant 91 excitation of these modes forced transiently by an incident wave packet. Section III describes 92 the numerical model and diagnostics applied to characterize the time evolution of energy 93 above, below and within the staircase. The simulation results and their comparison with 94 theory are presented in Section IV. Concluding remarks and application to the thermohaline 95 staircase in the Arctic Ocean are considered in Section V. 96

97 II. THEORY

In the following four subsections, we first describe the background density profile of the 98 staircase, and then give general solutions for the vertical structure of disturbances in the 99 staircase. We then specifically review the theory [9] of internal wave tunneling across a stair-100 case that predicts the transmission coefficient as it depends upon the horizontal wavenum-101 ber and frequency of the incident wave. From this prediction we derive the methodology 102 to determine numerically the dispersion relation for "global modes" for which there is pure 103 transmission at non-zero horizontal wavenumber. We then consider the natural modes of the 104 density staircase, giving an expression from which the dispersion relation of vertical modes 105 can be derived. Showing that the global modes and natural modes are near-resonant, we 106 examine the excitation of the natural modes that are transiently forced by incident waves 107 with wavenumber and frequency near that of the global modes. 108

109 A. Problem setup

In setting up the density profile for the staircase, we imagine the fluid in the absence of a staircase is uniformly stratified with constant buoyancy frequency N_0 . We now suppose that this profile is uniformly mixed across J steps, each of depth L, with the staircase extending between z = 0 and z = -JL. The corresponding background density profile is thus given by

$$\bar{\rho}(z) = \begin{cases} \rho_0 \left(1 - \frac{\Delta \rho}{\rho_0} \frac{z}{L} \right), & z > 0\\ \rho_0 \left(1 + \left(j - \frac{1}{2} \right) \frac{\Delta \rho}{\rho_0} \right), & -jL < z < -(j-1)L, \quad j = 1, 2, \dots, J \\ \rho_0 \left(1 - \frac{\Delta \rho}{\rho_0} \frac{z}{L} \right), & z < -JL \end{cases}$$
(1)

Here, $\rho_0 = \rho(0^+)$ represents the characteristic density, located just above the top step. Above and below the staircase, the (constant) squared buoyancy frequency is $N_0^2 \equiv -(g/\rho_0)d\bar{\rho}/dz =$ g'L, in which $g' = g\Delta\rho/\rho_0$ is the reduced gravity. This sets the size of the density jumps $\Delta\rho$ within the staircase for given step depth, L. The density jump at the top and bottom step is $\Delta\rho/2$.

The fluid is assumed to be inviscid and Boussinesq, and the disturbances are assumed to be small-amplitude and two-dimensional with structure in the x-z plane. For simplicity, the influence of background rotation is ignored. Under these approximations, then general ¹²³ evolution equation is given by

$$\left[\frac{\partial^2}{\partial t^2}\nabla^2 + N^2 \frac{\partial^2}{\partial x^2}\right]\psi = 0,$$
(2)

¹²⁴ in which $\psi(x, z, t)$ is the streamfunction, $\nabla^2 = \partial^2/\partial x^2 + \partial^2/\partial z^2$ is the Laplacian, and $N^2(z)$ ¹²⁵ is the buoyancy frequency. Because the coefficients of (2) are independent of x and t, we can ¹²⁶ seek solutions in which the spatio-temporal structure of disturbances outside and within the ¹²⁷ staircase are horizontally periodic with wavenumber k and which have (possibly complex) ¹²⁸ frequency ω . A general solution can be constructed from a superposition of these waves.

The streamfunction can thus be written as $\psi(x, z, t) = \hat{\psi}(z) \exp[i(kx - \omega t)]$, in which it is understood that the actual streamfunction is the real part of this expression. From (2), the vertical structure, $\hat{\psi}$, satisfies

$$\frac{d^2\,\hat{\psi}}{dz^2} + k^2 \left(\frac{N^2}{\omega^2} - 1\right)\hat{\psi} = 0.$$
(3)

Because $N = N_0$ is constant above and below the staircase and N = 0 within each step of the staircase, piecewise-analytic general solutions can be found for $\hat{\psi}(z)$ of the form

$$\hat{\psi}(z) = \begin{cases} A_0 e^{imz} + B_0 e^{-imz}, & \text{for } z > 0\\ A_j e^{k[z+L(j-1/2)]} + B_j e^{-k[z+L(j-1/2)]}, & -jL < z < -(j-1)L, & j = 1 \dots J \\ A_{J+1} e^{im[z+LJ]} + B_{J+1} e^{-im[z+LJ]}, & \text{for } z < -JL. \end{cases}$$
(4)

Here, $m \equiv k\sqrt{N_0^2/\omega^2 - 1}$, represents the (positive) vertical wavenumber of waves above and below the staircase if ω is real and less than N_0 . We will see that for natural modes of the staircase, m is complex-valued. In this case, we define m so that its real part is positive.

The constants A_j and B_j for $j = 0, \ldots J + 1$ can be found by imposing continuity of 137 vertical velocity and pressure. This amounts to requiring that $\hat{\psi}$ and $d\psi/dz = g \frac{\bar{\rho}}{\rho_0} \frac{k^2}{\omega^2} \hat{\psi}$ are 138 continuous (e.g. see Sec 2.6.1 of Sutherland [2]). This gives a pair of interface conditions at 139 z = jL, for $j = 0, \ldots, J$, for a total of 2(J+1) equations. These are given in Appendix A. 140 Full solutions depend upon conditions imposed above and below the staircase. Because 141 the sign of the vertical group velocity, c_q , is opposite to the sign of (the real part of) m, 142 the coefficients A_0 and A_{J+1} correspond to the amplitudes of downward propagating waves, 143 whereas B_0 and B_{J+1} correspond to the amplitudes of upward propagating waves. For the 144 tunneling problem with incident waves propagating downward from above, we take $B_{J+1} = 0$. 145 For the problem of modes, we require waves to propagate away from the staircase so that 146 $A_0 = B_{J+1} = 0.$ 147

148 B. Tunneling of plane waves

The theory for the transmission of incident plane waves across a density staircase was developed by Sutherland [9]. That study included the effects of rotation and allowed for steps having small random variations in the step size. Here we review the essential results of [9], focusing on the analytic solutions where the step size, L, is same for all steps, and we ignore background rotation.

Setting $B_{J+1} = 0$ in (4), and applying the interface conditions gives 2J + 2 equations in 2J + 3 unknowns. These can be combined to get an explicit expression for A_0 in terms of A_{J+1} :

$$A_{0} = \frac{i}{4M} (a_{+}, a_{-}) \mathcal{C}^{J-1} \begin{pmatrix} a_{+} \\ a_{-} \end{pmatrix} A_{J+1},$$
(5)

¹⁵⁷ in which the left and right vectors have components

$$a_{\pm} \equiv \Delta^{\pm 1/2} \ [1 \mp \Gamma \pm iM], \tag{6}$$

158 the matrix C is

$$C = \begin{pmatrix} \Delta(1-\Gamma) & -\Gamma \\ & \\ \Gamma & \Delta^{-1}(1+\Gamma) \end{pmatrix},$$
(7)

¹⁵⁹ and we have defined the following nondimensional quantities:

$$\Delta \equiv \exp(kL), \ M \equiv m/k = \sqrt{\frac{N_0^2}{\omega^2} - 1}, \ \Gamma \equiv \frac{g'k^2}{2k\ \omega^2} = \frac{1}{2}kL(M^2 + 1).$$
(8)

In the expressions for M and Γ we have used the dispersion relation where $N^2 = N_0^2$ is constant: $\omega^2 = N_0^2 k^2 / (k^2 + m^2)$.

An analytic solution to (5) is found by diagonalizing C in terms of its eigenvalues, λ_{\pm} . From this solution an expression for the transmission coefficient is found: $T = |A_{J+1}/A_0|^2$, which represents the fraction of the energy (or, equivalently, energy flux) associated with the incident waves that is transmitted below the staircase. Explicitly this is given by [9]

$$T = \frac{1}{1 + X^2}, \text{ with } X \equiv \frac{\delta_+ \Gamma_+ + \delta_- \Gamma_- + 2\delta_0 \Gamma |\Lambda_-|}{4M |b_0|}, \tag{9}$$

166 in which

$$\delta_{\pm} \equiv \Delta^{\pm} \left[(1 \mp \Gamma)^2 + M^2 \right], \ \delta_0 \equiv \Gamma^2 - 1 + M^2,$$
 (10)

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$$\Gamma_{\pm} = b_{-} |\Lambda_{-}| \pm |b_{0}|\Lambda_{+}, \quad \Lambda_{\pm} = \frac{1}{2} \left[\lambda_{+}^{J-1} \pm \lambda_{-}^{J-1} \right], \tag{11}$$



FIG. 1. Predicted transmission coefficient as it depends on the relative step size, kL, and the number of steps, J, for incident plane waves with a) m = 10k ($\omega/N_0 \simeq 0.0995$) and b) m = 5k ($\omega/N_0 \simeq 0.1961$). The different line styles in both plots represent the number of steps, as indicated in a).

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$$\lambda_{\pm} = b_{+} \pm b_{0}, \quad b_{\pm} \equiv \frac{1}{2} \left[\Delta \left(1 - \Gamma \right) \pm \Delta^{-1} \left(1 + \Gamma \right) \right], \quad b_{0} \equiv \sqrt{b_{+}^{2} - 1}.$$
(12)

Examination of T shows that the transition between strong and weak transmission occurs for [9]

$$\omega_c / N_0 = [(kL/2) \tanh(kL/2)]^{1/2} \simeq kL/2, \tag{13}$$

¹⁷¹ in which the last expression gives the approximation for $kL \ll 1$. Alternately, given a forcing ¹⁷² frequency $\omega_0 \ll N_0$, the critical transition occurs for relative horizontal wavenumber

$$k_c L = 2\omega_0 / N_0. \tag{14}$$

¹⁷³ Mathematically, the transition corresponds to the condition, $b_0 = 0$, delineating the bound-¹⁷⁴ ary between real and complex values of λ_{\pm} . For frequencies lower than ω_c (λ_{\pm} complex), a ¹⁷⁵ series of transmission spikes occurs where T = 1. If the staircase has J steps, there are J¹⁷⁶ transmission spikes. This is shown, for example in Figure 1.

In astrophysics, the transmission spikes are said to correspond to "global (g-)modes" [11, 22]. The dispersion relation of these modes can be found by setting X = 0 in (9), which is equivalent to setting $B_0 = 0$ (and hence $|A_{J+1}| = A_0$) in (4) and applying the interface conditions to get an eigenvalue problem. In the expression for X, it is readily shown that $|\Lambda_{-}|/|b_{0}|$ and Λ_{+} are polynomials in b_{0}^{2} . Hence 4MX can be written as a polynomial in M^{2} , whose roots can be found numerically for given kL (e.g. with MATLAB's "vpasolve" function). The corresponding frequency is then found from $\omega/N_{0} = (1 + M^{2})^{-1/2}$.

The resulting dispersion relations for the global modes are plotted in Figures 2a,c) for cases with J = 2 and 5 steps. The lowest mode has ω/N_0 nearly constant with kL for small kL. This mode arises from the interfaces at z = 0 and -JL. For J > 1, higher modes exhibit a near-linear dependence upon kL for small kL, with the highest mode having frequency moderately larger than the critical frequency ω_c , given by (13).

189 C. Natural modes of a *J*-step staircase

The dispersion relation corresponding to the natural modes of a density staircase is found by setting $A_0 = B_{J+1} = 0$ in (4) and applying the interface conditions to get an eigenvalue problem. The resulting eigenvalue problem can be written as a pair of equations for B_0 and A_{J+1} :

$$\begin{pmatrix} a_{-} \\ a_{+} \end{pmatrix} B_{0} = \mathcal{C}^{J-1} \begin{pmatrix} a_{+} \\ a_{-} \end{pmatrix} A_{J+1}, \qquad (15)$$

in which a_{\pm} is given by (6) and the matrix C is given by (7). Casting this as a matrix eigenvalue problem for the eigenvector $(B_0, A_{J+1})^T$, and setting the matrix determinant to zero gives

$$\left[-2\Gamma a_{+}a_{-}+b_{-}(a_{+}^{2}+a_{-}^{2})\right]\left(\Lambda_{0}/b_{0}\right)+\left(a_{+}^{2}-a_{-}^{2}\right)\Lambda_{+}=0.$$
(16)

¹⁹⁷ with Γ , Λ_{\pm} , b_{-} and b_{0} defined by (8), (11) and (12).

As with the problem of finding global modes, Λ_+ and Λ_-/b_0 are expressions involving b_0^2 . 198 Hence (16) reduces to the problem of finding the roots of a polynomial in M^2 . Unlike the 199 global modes, the eigenvalues, m = Mk, are complex, as are the corresponding frequencies 200 $\omega = N_0/(1+M^2)^{1/2}$. This result can be contrasted with the study of Belyaev et al [22] who 201 found only real-valued frequencies in their dispersion relation for natural modes in a staircase. 202 Although they assumed the fluid was a compressible gas, the main reason for having real 203 frequencies is likely because they examined modes in an effectively infinite staircase with 204 periodic upper and lower boundary conditions. These boundary conditions $(A_0 = A_{J+1} \text{ and }$ 205



FIG. 2. Log-log plots of the dispersion relation for a,c) global modes and b,d) natural modes of a density staircase having a,b) J = 2 steps and c,d) J = 5 steps. In all four plots, the dotted black line is the critical frequency ω_c , given by (13). The solid black lines in a,c) represent different global modes. In b,d) the solid and dashed lines correspond, respectively, to the real and (negative) imaginary part of the frequency. The colours indicate the mode number, as shown in the legends, with the highest vertical mode (lowest frequency at fixed kL) drawn as solid and dashed black lines.

 $B_0 = B_{J+1}$) neglected the physics of energy propagation escaping a finite-depth staircase (which we will show leads to exponentially growing wave amplitudes).

Taking eigenvalues with the real part of M to be positive, we find the complex frequencies have positive real parts, ω_r , and negative imaginary parts, ω_i . Hence the modes decay exponentially in time with an e-folding time $1/|\omega_i|$, as is expected for modes that continuously lose energy to upward and downward propagating internal waves, respectively above and
below the staircase.

The dispersion relations of modes in staircases with J = 2 and J = 5 are plotted in Fig. 2b,d). Like the global modes, the largest vertical mode (with lowest frequency at fixed kL) has frequency moderately larger than the critical frequency, ω_c , and also has the lowest magnitude of the decay rate, $|\omega_i|$.

The overlap between the dispersion relation of global modes and the real part of the 217 dispersion relation of the natural modes with large vertical mode number was anticipated, 218 but not explicitly derived by [9]: higher transmission is expected when incident plane waves 219 are near-resonant with natural modes of the system. However, the resonance is never exact 220 because the natural modes are not steady, but decay in time. Furthermore, the imaginary 221 part of the eigenvalues of $M = (m_r + im_i)/k$ for the modes is negative. Thus, while 222 the vertical structure of the modes oscillate above and below the staircase with vertical 223 wavenumber m_r , they also grow exponentially with e-folding scale $1/|m_i|$. This is a result 224 of the normal mode solutions representing an effectively infinitely large disturbance in the 225 staircase as $t \to -\infty$ that propagates vertically away from the staircase at the group velocity 226 as the disturbance in the staircase decays exponentially in time. 227

We are particularly interested in the dependence upon the number of steps, J, of the 228 decay rate of the highest vertical mode. An approximate analytic expression can be found 229 in the limit $kL \ll 1$ and $J \gg 1$. Because the highest vertical mode is near the critical 230 transition, $\omega_c/N_0 \simeq kL/2$, we require $\omega/N_0 \ll 1$. Hence, using $\omega/N_0 = (M^2 + 1)^{-1/2}$, 231 we must have $|M| \gg 1$ and $\omega/N_0 \simeq 1/M = k/m$. Explicitly, we suppose the relative 232 vertical wavenumber of the highest mode can be written as $\tilde{m} \equiv mL = 2 - \epsilon$, in which ϵ is 233 complex-valued and $|\epsilon| \ll 1$. The perturbation calculation, described in Appendix B, gives 234 $\epsilon \simeq (3/2)J^{-2} - 3iJ^{-3}$. From this it follows that the approximate dispersion relation of the 235 highest vertical mode is 236

$$\frac{\omega}{N_0} \simeq \frac{kL}{2} \left(1 + \frac{3}{4} J^{-2} - \frac{3}{2} i J^{-3} \right). \tag{17}$$

In particular, this shows that the decay rate of the mode decreases with the number of steps as J^{-3} . The predicted e-folding time scale, τ_e , associated with the decay of energy is given by

$$N_0 \tau_e = \frac{2}{3} \frac{1}{kL} J^3 \tag{18}$$

²⁴⁰ D. Near-resonant mode excitation by an incident wavepacket

We would like to develop a theory that predicts the transmission coefficient for a vertically localized wavepacket that is incident upon a staircase. Such a theory should determine what fraction of the energy associated with an incident wavepacket excites natural modes of the staircase, which would then retransmitted the absorbed energy above and below the staircase. As a naive starting point, one might assume the general equation for the excitation of modes by an incident wavepacket having streamfunction ψ_I can be written

$$\sum_{j=1}^{J} [\partial_{tt} \nabla^2 + N^2 \partial_{xx}] \psi_j = -[\partial_{tt} \nabla^2 + N^2 \partial_{xx}] \psi_I, \qquad (19)$$

in which (the real part of) $\psi_j = a_j(t)\hat{\psi}_j(z)\exp[i(kx-\omega_j t)]$ describes the streamfunction of mode-*j* whose amplitude $a_j(t)$ denotes the evolution of its magnitude in response to the forcing. The problem with this approach is that the vertical structure of the modes is unbounded, a consequence of being normal mode solutions. In reality, the modes are excited transiently by the incident wavepacket, and so the vertical extent of the mode structure is limited by the time over which the mode is excited.

Instead we develop an approximate theory, focusing upon wavepacket-mode interactions 253 within the staircase, ignoring possible interactions above and below the staircase. We make 254 the assumption that the vertical scale of the incident wavepacket, σ_0 is large compared with 255 the vertical extent of the staircase, JL. Thus we model the interaction of the wavepacket 256 with the staircase as a forcing within the staircase whose amplitude grows and decays in 257 time as $a_0(t)$, and whose vertical structure within the staircase corresponds to that for 258 tunneling plane waves. The corresponding forcing streamfunction is (the real part of) $\psi_I =$ 250 $a_0(t)\hat{\psi}_0(z)\exp[i(kx-\omega_0 t)]$. For the incident Gaussian wavepacket of our numerical study 260 (see Sec. III), the forcing amplitude is given explicitly by 261

$$a_0(t) = A_0 \exp[-t^2/(2\tau_0^2)], \qquad (20)$$

in which $\tau_0 = \sigma_0/c_g$, and c_g is the magnitude of its vertical group velocity. As such, τ_0 is the time scale for growth and decay of the forcing withing the staircase. Here we have defined time so that a_0 is largest at t = 0.

We assume the time-scales for the evolution of a_0 and a_j are long compared to the timescales, $1/\omega_0$ and $1/|\omega_j|$, of the incident waves and modes, respectively, in which $|\omega_j|$ is the magnitude of the complex-valued frequency ω_j . Hence, from (19), the leading-order timeevolution equation for a_j and a_0 is

$$\sum_{j} \dot{a}_{j} (N^{2}/\omega_{j}) \hat{\psi}_{j} \exp[i(kx - \omega_{j}t)] = -\dot{a}_{0} (N^{2}/\omega_{0}) \hat{\psi}_{0} \exp[i(kx - \omega_{0}t)], \qquad (21)$$

in which the dots on a_j and a_0 denote time derivatives. In deriving (21) we have used the dispersion relation for the modes and the incident wave (assuming ω_0 is constant) as well as the vertical structure equation (3).

In previous studies examining forcing of mean flows by vertically bounded internal modes, 272 equations for the evolution of each vertical mode could be found using orthogonality of the 273 vertical modes with respect to the weight N^2 [23]. This methodology cannot be applied to ex-274 tract explicit equations for a_i from the sum in (21) because the modes, being unbounded, are 275 not orthogonal. Nonetheless, we expect modes will be excited to non-negligible amplitudes 276 only if the real part of ω_i is comparable to ω_0 , thus resulting in near-resonant excitation. 277 This leads us to estimate an approximate evolution for the amplitude of a near-resonant 278 mode with mode-number j: 279

$$\dot{a}_j \simeq -C_j \,\frac{\omega_j}{\omega_0} \dot{a}_0 \exp[-i(\omega_I - \omega_j)t].$$
(22)

Here we have defined the interaction coefficient, C_j , assuming that the vertical forcing of the mode is driven primarily by motion within the staircase:

$$C_{j} = \Big[\int_{-JL^{-}}^{0^{+}} \Re\{\hat{\psi}_{j}^{\star}\hat{\psi}_{0}\}N^{2} dz\Big] / \Big[\int_{-JL^{-}}^{0^{+}} |\hat{\psi}_{j}|^{2}N^{2} dz\Big],$$
(23)

in which \Re denotes taking the real part. The bounds on the integrals are set to include the density jumps at the top and bottom of the staircase. In evaluating the integrals, N^2 can be treated as proportional to a Dirac delta function, $\delta(z)$, with proportionality constant given by the density jump. Explicitly, $N^2(0) = (g'/2) \,\delta(0) = (N_0^2 L/2) \,\delta(0), N^2(-JL) =$ $(N_0^2 L/2) \,\delta(z + JL)$, and $N^2(-jL) = N_0^2 L \,\delta(z + jL)$ for $j = 1, \ldots J - 1$. Thus C_j can be expressed explicitly in terms of the known coefficients, A_j and B_j of the vertical structure functions of the mode and tunnelling waves (see Appendix A).

To solve (22), we specify an initial condition on the amplitude of the mode at a finite, but large (negative) time: $a_j(-t_0) = 0$ for some $t_0 \gg \tau_0$. Using (20) in (22), and integrating both sides in time from $-t_0$ to some time t gives

$$a_{j}(t) = -C_{j\frac{\omega_{j}}{\omega_{0}}}A_{0} \left[e^{-t^{2}/(2\tau_{0}^{2})}e^{\Sigma t} - e^{-t_{0}^{2}/(2\tau_{0}^{2})}e^{-\Sigma t_{0}} -\sqrt{\frac{\pi}{2}}\Sigma\tau_{0} e^{(\Sigma\tau_{0})^{2}/2} \left(\operatorname{erf}\left[\frac{1}{\sqrt{2}}(\frac{t}{\tau_{0}} - \Sigma\tau_{0})\right] - \operatorname{erf}\left[\frac{1}{\sqrt{2}}(\frac{t_{0}}{\tau_{0}} - \Sigma\tau_{0})\right] \right) \right].$$

$$(24)$$

Here we have defined $\Sigma = 1/\tau_j - i\Delta\omega$, in which $\tau_j = -1/\omega_{ji}$ is the (positive) e-folding decay time associated with the imaginary part of the frequency of mode-j, ω_{ji} , and $\Delta\omega \equiv \omega_0 - \omega_{jr}$ is the difference of the forcing frequency and the real part of the frequency of mode-j, ω_{jr} . The error function in (24) has a complex argument, which can be written explicitly in terms of its real and imaginary parts using

$$\operatorname{erf}(a+ib) = \operatorname{erf}(a) + i\frac{2}{\sqrt{\pi}}e^{-a^2} \int_0^b e^{2ias}e^{s^2} \, ds.$$
 (25)

²⁹⁷ In particular, the second term can be neglected if $|a| \gg |b|$.

We seek the amplitude of the mode when the forcing reaches its peak at t = 0. Assuming $t_0 \gg \tau_0$, we find

$$a_{j}(0) = -C_{j} \frac{\omega_{j}}{\omega_{0}} A_{0} \left[1 - \sqrt{\frac{\pi}{2}} \Sigma \tau_{0} e^{(\Sigma \tau_{0})^{2}/2} \operatorname{erfc}\left(\frac{\tau_{0}}{\sqrt{2}\tau_{j}}\right) + i\sqrt{2}\Sigma \tau_{0} e^{-i\Delta\omega\tau_{0}^{2}/\tau_{j}} e^{-(\Delta\omega\tau_{0})^{2}/2} \int_{0}^{\Delta\omega\tau_{0}/\sqrt{2}} e^{i\sqrt{2}\tau_{0}s/\tau_{j}} e^{s^{2}} ds \right].$$
(26)

³⁰⁰ Although this can be evaluated numerically, it is useful to consider two limits.

If $\tau_j \ll \tau_0$, the asymptotic approximation to erfc and the integral in (26) give the leading order expression

$$a_j(0) \simeq A_0 C_j \frac{\omega_j}{\omega_0} \left[\left(\frac{\tau_j}{\tau_0}\right)^2 - 2(1 - i\Delta\omega\,\tau_j) \left(1 - e^{-(\Delta\omega\tau_0)^2/2} e^{-i\Delta\omega\,\tau_0^2/\tau_j}\right) \right], \quad \tau_j \ll \tau_0.$$
(27)

Thus, even if the frequency of the incident wave is nearly resonant with the (real) frequency of the mode, the mode is not excited to large amplitude.

If $\tau_j \gg \tau_0$, (26) is given approximately by

$$a_j(0) \simeq A_0 C_j \frac{\omega_j}{\omega_0} \begin{cases} -i\sqrt{\frac{\pi}{2}} \Delta \omega \tau_0 e^{-(\Delta \omega \tau_0)^2/2}, & |\Delta \omega \tau_0/\sqrt{2}| \gg 1, \\ 1 - \sqrt{\frac{\pi}{2}} \left(\frac{\tau_0}{\tau_j} - i\Delta \omega \tau_0\right), & |\Delta \omega \tau_0/\sqrt{2}| \ll 1. \end{cases}$$
(28)

Thus, even if the mode decays slowly, it is not excited to large amplitude if the incident wave is not resonant with the mode. Only if the incident wave is nearly resonant with a slowly decaying mode ($|\Delta\omega \tau_0/\sqrt{2}| \ll 1$) is it excited to significant amplitude. This would be the case if the incident wave frequency is close to the frequency of the highest mode (j = J)near a transmission spike: $\omega_0 \simeq \omega_{Jr} \simeq \omega_c$. Thus, from (28), the streamfunction amplitude of the near-resonant mode is expected to evolve in time according to

$$a_J(t) \simeq A_0 C_J e^{-t/tau_J}.$$
(29)

Given a_J , we can estimate the vertially integrated energy per mass within the staircase of the excited mode. Generally, this is given by $\int N^2 \langle \xi^2 \rangle dz$, in which $\xi = (-k/\omega)\psi$ is the vertical displacement field and the angle brackets denote horizontally averaging over one wavelength [2]. The energy inside the staircase associated with the excited near-resonant mode is

$$E_J = \frac{1}{2} |a_J|^2 \frac{k^2}{|\omega_J|^2} \int_{-JL^-}^{0^+} |\hat{\psi}_J|^2 N^2 \, dz.$$
(30)

The energy associated with the incident Gaussian wavepacket before it reaches the staircase is

$$E_0 = \sqrt{\frac{\pi}{2}} (c_g \tau_0) A_0^2 \frac{k^2}{\omega_0^2} N_0^2.$$
(31)

Taking the ratio of (30) and (31) gives an approximate prediction for the relative decay of energy within the staircase if the incident wavepacket is near-resonant with a mode of the staircase near the transmission peak where $\omega_0 \simeq \omega_c$:

$$S^{\star}(t) \simeq \frac{E_J}{E_0} = \sqrt{\frac{2}{\pi}} \frac{1}{c_g \tau_0} \left[C_J^2 \int_{-JL^-}^{0^+} |\hat{\psi}_J|^2 N^2 \, dz, \right] e^{-t/\tau_e} \tag{32}$$

in which $\tau_e = \tau_J/2$ is the e-folding decay energy time-scale. This predicts that relatively less energy is initially absorbed by the staircase if the forcing duration, τ_0 , is greater.

Assuming the absorbed energy is retransmitted equally above and below the staircase over time, the transmission and reflecton coefficients respectively are crudely estimated to be

$$T^{\star} \simeq T_0 - S^{\star}(0)/2, \quad \text{and} \quad R^{\star} \simeq R_0 + S^{\star}(0)/2,$$
(33)

in which T_0 and R_0 are, respectively, the transmission and reflection coefficients predicted for incident plane waves.

329 III. NUMERICAL SIMULATIONS

We use a numerical code that solves the fully nonlinear two-dimensional, Boussinesq equations cast in terms of the spanwise vorticity, $\zeta \equiv \partial_z u - \partial_x w$, and buoyancy, b:

$$\frac{D\zeta}{Dt} = -\frac{\partial b}{\partial x} + \nu \mathcal{D}_{\zeta}, \qquad \frac{Db}{Dt} = -N^2 w + \kappa \mathcal{D}_b, \tag{34}$$

in which $D/D_t = \partial_t + \vec{u} \cdot \nabla$ is the material derivative, $\vec{u} = (u, w)$ is the velocity with 332 horizontal (x) and vertical (z) components u and w, respectively, and $\nabla = (\partial_x, \partial_z)$. The 333 fields are discretized vertically on an evenly spaced grid and are represented horizontally in 334 Fourier space. The effect of viscosity and diffusion is represented by the operator \mathcal{D} . This is 335 the Laplacian operator in horizontal Fourier space, $-k_n^2 + \partial_{zz}$, except that it operates only 336 upon horizontal wavenumbers, k_n , above a specified cut-off taken to be $k_{\star} = 32k$. In this 337 way diffusion acts to damp small-scale numerical noise, but does not act upon the waves 338 associated with the wavepacket, having horizontal wavenumber k, and the modes it excites. 339 The viscous and diffusion coefficients are taken to be $\nu = \kappa = 100000 N_0 k^{-2}$. At each time 340 step, the streamfunction is found through inversion of the Laplacian equation $\nabla^2 \psi = -\zeta$. 341 From this the velocity components are found by $u = -\partial_z \psi$ and $w = \partial_x \psi$. 342

In the idealized staircase used by our theory, the density jumps discontinuously at each step. So that N^2 is finite, but still representative of rapid density jumps, we define a background density profile, $\rho(\bar{z})$, similar to (1) but with continuously varying density that increases with depth across each step over a thickness scale, typically taken to be $\sigma_N = 0.01L$. For a staircase with J steps, the density profile is given explicitly by

$$\bar{\rho}(z) = \rho_0 - \frac{1}{2}\rho_0 \frac{N_0^2}{g} [z + \sigma_N \ln \cosh(z/\sigma_N)] + \frac{1}{2}\Delta\rho [1 - \tanh(z/\sigma_N)] + \sum_{j=1}^{J-1} \Delta\rho [1 - \tanh((z+jL)/\sigma_N)] + \frac{1}{2}\rho_0 \frac{N_0^2}{g} \Big[-z + \sigma_N \ln\left(\frac{\cosh((z+JL)/\sigma_N)}{\cosh(JL/\sigma_N)}\right) \Big] + \frac{1}{2}\Delta\rho \Big[1 - \tanh\left(\frac{z+JL}{\sigma_N}\right) \Big].$$
(35)

³⁴⁸ Using $g' = g\Delta\rho/\rho_0 = N_0^2 L$, the corresponding N^2 profile is given by

$$N^{2}(z)/N_{0}^{2} = \frac{1}{2} \Big[1 + \tanh(z/\sigma_{N}) + \frac{1}{2} \frac{L}{\sigma_{N}} \operatorname{sech}^{2}(z/\sigma_{N}) \Big] \\ + \sum_{j=1}^{J-1} \frac{1}{2} \frac{L}{\sigma_{N}} \operatorname{sech}^{2} \left((z+jL)/\sigma_{N} \right) \\ + \frac{1}{2} \Big[1 - \tanh\left((z+JL)/\sigma_{N} \right) + \frac{1}{2} \frac{L}{\sigma_{N}} \operatorname{sech}^{2} \left((z+jL)/\sigma_{N} \right) \Big]$$
(36)

These profiles are plotted for the case J = 3 in Fig 3.

³⁵⁰ Superimposed on the background stratification, the simulations were initialized with a ³⁵¹ horizontally periodic, vertically compact quasi-monochromatic wavepacket having a Gaus-



FIG. 3. Profiles used in numerical simulations of a) background density $\bar{\rho}(z)$ and b) background stratification $N^2(z)$, for J = 3. The red dots in b) indicate the vertical resolution of the numerical model.

sian amplitude envelope centered at $z = z_0$. In terms of the streamfunction the wavepacket is defined by,

$$\psi(x, z, t = 0) = A_0 \exp\left[-\frac{1}{2}\left(\frac{z - z_0}{\sigma_0}\right)^2\right] \cos(kx + m_0 z)$$
(37)

in which k and m_0 respectively, are the horizontal and peak vertical wavenumbers, A_0 is the 354 maximum streamfunction amplitude, and σ_0 is the vertical extent of the wavepacket. In most 355 simulations we set $\sigma_0 m_0 = 10$, but also explore cases with $\sigma_0 m_0 = 5$ and 20. Because $\sigma_0 m_0 \gg$ 356 1, the wavepacket is quasi-monochromatic with peak frequency $\omega_0 = N_0 k / (k^2 + m_0^2)^{1/2}$. The 357 initial wavepacket is centered at $z_0 = 10k^{-1} \gg \sigma_0$ so that the wavepacket has negligible 358 amplitude within the staircase at the start of the simulation. From the polarization relations 359 for monochromatic waves, the initial spanwise vorticity and buoyancy are specified in terms 360 of the stream function by $\zeta|_{t=0} = (k^2 + m_0^2) \psi|_{t=0}$ and $b|_{t=0} = N_0^2(k/\omega_0) \psi|_{t=0}$, 361

In our simulations there was no mean background flow. Nevertheless, we computed the Eulerian-induced mean flow, u_E , generated by the wavepacket and superimposed this on the background. Explicitly, the wave-induced mean flow is defined in terms of ζ and b by $u_E(z,t=0) = \langle \zeta b \rangle / N_0^2$ (e.g. see Sutherland [2]). The presence of the induced flow is included by adding $-du_E/dz$ to the background vorticity field. Because the waves are small amplitude, the induced mean flow has no influence upon the wave propagation. However, it is included to avoid what would emerge as a negative jet $-u_E(z, t = 0)$ at the initial location of the wavepacket and, consequently, would give rise to the unphysical presence of energy above the staircase.

The simulations were performed in a horizontally periodic domain with one horizontal 371 wavelength of the incident wavepacket spanning the horizontal extent. The vertical extent 372 needed to be sufficiently tall for the disturbance in the staircase to reach negligibly small 373 amplitude before the transmitted and reflected waves reached the top and bottom of the 374 domain, respectively. Thus we set $-H \leq z \leq H$, with H = 60L. In order to resolve the 375 spikes in N^2 , high vertical resolution was required with typical simulations having 2^{16} points 376 in the vertical, giving a vertical resolution of $\Delta z \simeq 0.0018L$. This resolution is indicated 377 by the red dots in Fig. 3b. The horizontal field was represented by a superposition of 64 378 Fourier modes. Simulations were advanced in time using a leapfrog scheme for advective 379 terms, with an Euler backstep taken every 20 steps. Each time step had a resolution of 380 $\Delta t = 0.05 N_0^{-1}$. Simulations performed with higher resolution and shorter time-steps show 381 that the measurements of relative energy above, below and within the staircase are accurate 382 to three-digits. 383

In all simulations the time scale was set so that $N_0 = 1$ and the length scale was set 384 so that k = 1. Nonetheless, the results are presented with these scales being explicitly 385 represented. We conducted a range of simulations with the number of steps in the staircase 386 ranging from J = 1 to 10. The relative vertical wavenumber of the incident wavepacket, 387 m_0/k , was 5 or 10, corresponding to $\omega_0/N_0 \simeq 0.2$ or 0.1, respectively. According to (13), 388 the predicted transition between weak and strong transmission with $kL \ll 1$ occurs for 389 $\omega_c \simeq kL/2$. To explore this transition, in simulations with $m_0/k = 5$, kL ranged from 0.2 390 to 0.55; in simulations with $m_0/k = 10$, kL ranged from 0.1 to 0.3. 391

We also conducted a range of simulations varying the initial wavepacket amplitude. In terms of the initial vertical displacement amplitude, $\mathcal{A}_{\xi 0} = -(k/\omega) A_0$, our simulations had amplitudes with $\mathcal{A}_{\xi 0}k$ ranging from 0.001 to 0.01. In this range there was no significant quantitative difference between simulation results in terms of transmission and reflection diagnostics. Hence, we report here only upon simulations with $\mathcal{A}_{\xi 0}k = 0.001$. The sensitivity of results to the interface thickness was examined by performing some simulations with half the interface thickness ($\sigma_N = 0.005L$) and double the vertical resolution. No significant ³⁹⁹ quantitative differences to our results were found.

The analysis of our simulations focused upon the evolution of energy over time above, within, and below the staircase. At each time, we calculated the total horizontally averaged, vertically integrated energy, E_{total} . This was partitioned into the energy above, within and below the staircase respectively by the integrals

$$E_r = \int_{z=3\sigma_N}^H (\text{KE} + \text{PE}) \, dz \tag{38}$$

$$E_s = \int_{z=-JL-3\sigma_N}^{3\sigma_N} (\text{KE} + \text{PE}) \, dz, \qquad (39)$$

$$E_t = \int_{z=-H}^{-JL-3\sigma_N} (\text{KE} + \text{PE}) \, dz \tag{40}$$

in which $\text{KE}(z,t) = (1/2) \langle u^2 + w^2 \rangle$ is the horizontally averaged kinetic energy per mass and PE $(z,t) = (1/2) \langle b^2 \rangle / N^2$ is the horizontally averaged available potential energy. Within the staircase $||b|| \to 0$ as $N \to 0$ such that PE $\to 0$. Hence, in calculating the integral of PE in (39), we do so only where N^2 exceeds a threshold of 0.001.

From the energy integrals, we compute the time-evolving transmission coefficient (T(t))and reflection coefficient (R(t)) as well as the relative energy in the staircase (S(t)):

$$T(t) = \frac{E_t}{E_{\text{total}}}, \quad R(t) = \frac{E_r}{E_{\text{total}}}, \quad S(t) = \frac{E_s}{E_{\text{total}}}.$$
(41)

The duration of the simulations varied primarily based on the vertical group velocity of the incident wavepacket and the number of steps, J, in the staircase. As we show, for larger J, energy remains trapped in the staircase for longer times, requiring longer simulations. In most simulations, the final time was set so that the relative energy within the staircase, S(t), fell below 0.001 after reaching its peak. In the simulation with J = 10, the waves reached the top and bottom of the domain before this threshold was reached. These simulations were terminated at time $6590N_0^{-1}$ when $S(t) \simeq 0.0065$.

We will show that energy persists for longer times in a staircase with a larger number of steps due to the excitation of modes with long e-folding decay times. To quantify this, we constructed a log-plot of the energy within staircase, $\ln(S(t))$ versus t, and found the slope of the best-fit line through over late times for which $S \leq 0.01$. The slope determined the e-folding energy decay time, τ_e , within the staircase, which could be compared with the predicted decay time, $2/\tau_j$, of each mode.

423 IV. RESULTS

We begin with a qualitative examination of wavepacket tunnelling in a simulation of an 424 initial wavepacket having $m_0 = 10k$ being incident upon a staircase with J = 5 steps. The 425 peak frequency of the incident wave is $\omega_0 \simeq 0.0995$. We examine the case with kL = 0.2, 426 which corresponds to waves near the transition between weak and strong transmission, 427 given by (14). This wavenumber is moderately larger than the predicted largest relative 428 wavenumber of the transmission spikes, which occurs at $kL \simeq 0.19$ (see Fig. 1a). We note 429 that, for kL = 0.2, the predicted transmission coefficient is $\simeq 0.5$ for J = 1, but is predicted 430 to be small for J = 5. 431

Snapshots of the wavepacket evolution at three times are shown in Fig. 4. The structure of the waves is represented here in terms of the horizontal velocity field normalized by the initial amplitude, $\mathcal{A}_{u0} = m_0 A_0$. Initially the wavepacket is centered at $z_0 = 10k^{-1}$. The width of the envelope, $10/m_0 = k^{-1}$, is much smaller than z_0 so that the signal of the initial wavepacket within that staircase is negligible.

The vertical group velocity of the wavepacket is $\simeq -N_0 k/m_0^2$. And so the estimated time for the center of the wavepacket to reach the top of the staircase (at z = 0) is $z_0 m_0^2/(kN_0) =$ $1000/N_0$. This is the time shown in Fig. 4b. At this time, the leading flank of the incident wavepacket has partially transmitted through the staircase, as evident from the pattern of downward propagating waves below $z = -JL = -k^{-1}$. Above the top of the staircase the disturbance field is a superposition of the incident trailing flank of the wavepacket and partially reflected upward propagating waves.

At $N_0 t = 2000$ (Fig. 4c), the transmitted waves below the staircase and the reflected waves above the staircase are broadly distributed in the vertical, but disturbances within the staircase are non-negligible. This simulation thus gives qualitative evidence for the excitation of natural modes of the staircase by the traversing incident wavepacket.

To illustrate the impact of the incident wave upon disturbances within the staircase, Fig. 5a shows a close-up view of the staircase region at time $N_0 t = 2000$, corresponding to Fig. 4c. Near-monochromatic waves are evident above and below the staircase by phase lines having approximately constant slope. In contrast, disturbances within the staircase have a standing wave pattern, evident both in the horizontal velocity field and isopycnal displacements. The latter are found in terms of the buoyancy field at the center of each



FIG. 4. From a simulation with $m_0 = 10k$, kL = 0.2 and J = 5, snapshots of horizontal velocity at times a) t = 0, b) $1000N_0^{-1}$ and c) $2000N_0^{-1}$. The colours in all three plots show the horizontal velocity normalized by the initial horizontal velocity amplitude \mathcal{A}_{u0} , with values indicated by the scale in a). The horizontal lines at z = 0 and z = -1 indicate the levels at the top and bottom of the staircase, respectively.

interface by computing $\xi = -b/N^2$. The isopycnal displacements exhibit an alternating varicose pattern associated with bulging and pinching contours. As our energy analysis below demonstrates, the disturbances within and near the staircase correspond to a trapped mode that emits internal waves above and below the staircase as the amplitude of disturbances with the staircase decay exponentially in time.

By contrast, in Fig. 5b we show a snapshot of the horizontal velocity field and isopycnal displacements from a simulation with J = 5 and kL = 0.2 but with $m_0 = 5k$. Because the vertical group velocity of the incident wavepacket is approximately 4 times larger than the



FIG. 5. Horizontal velocity field and isopycnal displacements at each density interface in simulations with J = 5, kL = 0.2 and a) $m_0 = 10k$ at time $t = 2000 N_0^{-1}$ and b) $m_0 = 5k$ at time $t = 500 N_0^{-1}$. The plot in a) corresponds to the snapshot shown in in Fig. 4c, but focused on the vertical region about the staircase situated between $-1 \le kz \le 0$. The dashed lines show the vertical displacement of isopycnals at the center of each interface (at $z = -jL = -0.2j k^{-1}$, $j = 0 \dots 5$). For clarity, the displacements have been magnified by a factor of 100 in a) and by a factor 20 in b).

wavepacket with $m_0 = 10k$, we show the snapshot at time $500N_0^{-1}$, which is one quarter 462 of the time of the snapshot shown in Fig. 5a. For this simulation, tunnelling theory for 463 plane waves predicts near-perfect transmission of the wavepacket across the staircase. This 464 is evident in the simulation which shows downward-sloping phase lines above and below 465 the staircase, corresponding to downward propagating waves. Although the phase lines are 466 vertical within each step, the phase shift across each interface corresponds to the expected 467 change for waves unimpeded by the staircase. In a simulation with $m_0 = 5k$ but kL = 0.4, 468 which is close to the transition wavenumber, we once again observe the standing wave pattern 469 of horizontal velocity and isopycnal displacements as in Fig. 5a (not shown). 470

During each simulation, we computed the energy above, below and within the staircase, as given by (41). Here we show the results for three simulations, all with $m_0/k = 10$ and kL = 0.2 but with different numbers of steps: J = 2, 5 and 10. The results are shown in Fig. 6. In all three cases, initially R = 1 and T = S = 0, corresponding to all the energy lying



FIG. 6. Time series of the evolution of transmitted energy, T (red line), reflected energy, R (black line), and energy within the staircase, S(t) (blue line) in simulations with a) J = 2, b) J = 5 and c) J = 10 steps. The insets in b) and c) shows a log-linear plot of S for times $t \ge 1000/N_0$. In all simulations $m_0 = 10k$ and Lk = 0.2.

well above the staircase. As the center of the wavepacket reaches the staircase (in all cases around time $\simeq 1000 N_0^{-1}$), the relative energy grows below and within the staircase while decreasing above. At late times the relative energy above and below the staircase plateau to near-constant values as the energy within the staircase decays to zero.

The late-time values of the relative energy below the staircase give the simulated trans-479 mission coefficient, which may be compared with the predicted transmission of incident 480 plane waves. This comparison is shown in Fig. 7 for a wide range of simulations, all hav-481 ing $m_0/k = 10$ and with kL spanning a range about the critical transmission wavenumber 482 at $k_c L \simeq 0.2$. The results of simulations for staircases having J = 1 and 2 steps are 483 shown in Fig. 7a. Particularly in the case with 1 step, the predicted transmission coefficient 484 corresponds well with the values measured in simulations. In the case of 2 steps, theory 485 moderately under-predicts the measured values for $0.18 \lesssim kL \lesssim 0.25$. In simulations with 486 more steps, the measured transmission versus kL is qualitatively different for the predicted 487 values about $k_c L = 0.2$ (Fig. 7b). The presence of more steps leads to a prediction of more 488 transmission spikes with the highest wavenumber spike having kL close to, but below, k_cL . 489 However, the measurements from simulations show a near monotonic decrease in T with 490 increasing kL. In particular, with J = 5 and kL = 0.19, theory predicts near-perfect trans-491



FIG. 7. Measured and predicted transmission as a function of kL in simulations with $m_0 = 10k$ and a) J = 1 and 2 steps and b) J = 3 and 5 steps, and c) with $m_0 = 5k$ and J = 3 and 5 steps. Dashed lines indicate the theoretical prediction for incident plane waves and symbols denote measurements from simulations, as indicated in the legends.

mission, whereas the measured transmission coefficient was 0.59. For the same number of steps but with kL = 0.20, theory predicts near-zero transmission, whereas the simulation measured a coefficient of 0.40. Similar behaviour is found in simulations with $m_0 = 5k$ (Fig. 7c) about the critical transmission wavenumber at $k_cL \simeq 0.4$.

A qualitative explanation for the lack of transmission spikes occurring in simulations can 496 be found through closer examination of the time-evolution of relative energy within the 497 staircase, S(t), shown in Fig. 6. In the case with two steps (Fig. 6a), the growth and decay 498 of energy within the staircase is almost symmetric about the peak, which occurs at time 499 $\simeq 1040 N_0^{-1}$. However, in the cases with J = 5 and 10 (Figs. 6b,c), the decay of S occurs 500 over a longer time than its initial growth. The insets in Figs. 6b,c) plot $\log_{10}(S)$ versus 501 time, revealing that the late time decay is nearly exponential and the decay is slower with 502 larger J. 503

⁵⁰⁴ By finding a best-fit line through the log plots over times when S falls below a threshold ⁵⁰⁵ of 0.01, we measure the exponential decay rate and, from this, get the e-folding energy decay ⁵⁰⁶ time-scale, τ_e . This is plotted in Fig. 8 for a range of simulations with J ranging from 1 to 10, ⁵⁰⁷ keeping $m_0 = 10k$ and kL = 0.2 fixed. In simulations with $J \ge 4$, τ_e increases rapidly with ⁵⁰⁸ increasing J. These measured values are compared with the predicted e-folding energy decay



FIG. 8. Effect of the number of steps J on the e-folding decay time of energy, τ_e , within the staircase at late times. Open pentagons represent measurements from simulations. The lines denote theoretical predictions based on the decay time, $1/(2\tau_j)$ of natural modes of the staircase for the highest mode (j = J, solid black line), second-highest mode (j = J - 1, blue dashed line) and the third-highest mode (j = J - 2, red dotted line). In all simulations $A_0 = 0.001 k^{-1}$ and $m_0 = 10 k$, with corresponding frequency $\omega_0 = 0.0995 N_0$.

time associated with natural modes of the staircase, given by $\tau_e = \tau_j/2$, in which $\tau_j = -1/\omega_{ji}$ where ω_{ji} is the imaginary part of the frequency of mode-*j* determined from the solution of the eigenvalue problem given by (16). The highest vertical mode has the lowest real and (magnitude of) imaginary frequency and so has the largest predicted e-folding decay time (see Fig. 2b,d). The predicted energy decay times of the highest modes correspond excellently with the measured values, clearly indicating that the incident wavepacket with *kL* near the critical transition excited the highest vertical mode.

Even after the incident wavepacket partially transmitted and reflected, energy remains 516 in this mode which then continuously transmits waves above and below the staircase as its 517 energy decays. Thus a transmission spike in a 5-step staircase does not occur near kL = 0.19518 because the incident wavepacket resonated near perfectly with the highest vertical mode of 519 the staircase, which then retransmitted half the absorbed energy as upward propagating 520 waves above the staircase. Likewise, though theory predicts weak transmission for kL =521 0.2, the measured transmission in simulations is large because half of the incident energy, 522 absorbed in near-resonance with the highest vertical mode, is retransmitted as downward 523



FIG. 9. As in Fig. 6 showing transmitted energy, T (red line), and energy within the staircase, S(t) (blue line), in simulations with J = 8, $m_0 = 10k$, Lk = 0.19 and with different initial wavepacket vertical extents, $\sigma_0 m_0$, as indicated in the legend. The inset shows a log-linear plot of S for times $t \ge 2000/N_0$. The black line indicates the exponential decay slope, $-1/\tau_e = -2/\tau_J$, predicted by theory.

⁵²⁴ propagating waves below the staircase.

⁵²⁵ By plotting the results in Fig. 8 on log-log axes and finding a best-fit line to data with ⁵²⁶ $J \ge 4$, we find that the relative energy decay time-scale increases with the number of steps ⁵²⁷ as

$$N_0 \tau_e = (2.09 \pm 0.02) J^3, \tag{42}$$

in which the measured power law exponent, accurate to 0.1%, is consistent with the prediction (18).

In all the simulation results above we fixed the incident wavepacket width so that $m_0\sigma_0 =$ 10. We also performed simulations examining the influence of different wave packet widths upon energy excitation within the staircase and energy transmission at late times. Figure 9 shows the results of three simulations of an wave packet incident upon a staircase with J = 8steps. In all cases, $m_0 = 10k$ and we set kL = 0.19, for which the incident wave frequency is close to the critical frequency ($\omega_0 \simeq \omega_c$) and the (real part of) the frequency (ω_J) of the highest mode of the staircase with wavenumber kL = 0.19.

As predicted by theory, the rate of energy decay within the staircase decreases exponentially as $S^* \propto \exp(-t/\tau_e)$, in which $\tau_e \simeq 1102N_0^{-1}$ is independent of σ_0 , and hence the ⁵³⁹ duration of forcing, $\tau_0 = \sigma_0/c_g$. Theory also predicts that the relative energy transmission ⁵⁴⁰ at late times should be larger if the τ_0 is greater, which is evident, at least qualitatively, in ⁵⁴¹ Fig. 9. However, the approximations leading to the prediction of T^* based on the "initial" ⁵⁴² relative energy of excitation of near-resonant modes the staircase, given by (32) and (33), ⁵⁴³ were found to be too crude to be quantitatively accurate.

544 V. CONCLUSIONS

We have performed simulations of a quasi-monochromatic wavepacket incident upon a 545 density staircase having a different number of steps, J, and relative step size, kL. In simu-546 lations with 1 step, the transmission coefficient from the theory for incident monochromatic 547 waves well-predicted the transmission measured in simulations. However, in simulations with 548 a larger number of steps, the predicted occurrence of transmission spikes near the critical 549 transition wavenumber, $k_c = 2\omega_0/(N_0L)$, was not evident. Instead the simulations showed 550 a near-monotonic decrease in transmission with increasing kL about k_cL . The discrepancy 551 between the theory for monochromatic incident waves and simulations is explained by the 552 near-resonant excitation of the highest vertical mode of the staircase which partially ex-553 tracts energy from the incident wavepacket and retransmits this energy above and below the 554 staircase as it exponentially decays in time. The measured e-folding decay time of energy 555 corresponded well with the predicted energy decay time for the highest vertical mode. 556

Due to computational cost, the simulations were necessarily restricted to the study of 557 hydrostatic internal waves uninfluenced by rotation. For example, with $m_0 = 10k$, $\omega_0/N_0 \simeq$ 558 0.1 which is much larger than f/N_0 , assuming a typical value of the Coriolis parameter 559 $f \simeq 0.01 N_0$. In simulations with higher m_0/k and lower ω_0/N_0 , the vertical group velocity of 560 the incident wavepacket would have been lower, requiring prohibitively long computational 561 times to simulate the interaction of the wavepacket with the staircase. Nonetheless, the 562 generic nature of our results suggests they can be extended to the inertia gravity wave 563 regime. 564

⁵⁶⁵ Our results indicate that transient effects associated with a wavepacket interacting with a ⁵⁶⁶ density staircase should be considered if the incident wavenumber is near the critical transi-⁵⁶⁷ tion value, k_c . Past theory has shown that k_c well approximates the transition wavenumber ⁵⁶⁸ even for finite Coriolis parameter f_0 provided $\omega_0 > f_0$ and $kL \ll 1$ [9]. The same study

showed that the critical transition wavenumber is relatively insensitive to having steps that 569 vary in size within the staircase about a mean value \overline{L} . With these considerations, we tenta-570 tively use observations of a density staircase in the Arctic ocean [13] to estimate conditions 571 under which incident waves are near the critical transition. In that study, 20 steps of a stair-572 case were observed between 240 and 290 meters depth, giving a mean step size of $\bar{L} \simeq 2.5 \,\mathrm{m}$. 573 The mean buoyancy frequency was observed to be $0.007 \,\mathrm{s}^{-1}$ and $f \simeq 1.4 \times 10^{-4} \,\mathrm{s}^{-1}$ at the 574 observed latitude around 78°N. For near-inertial incident waves ($\omega_0 \gtrsim f_0$), the critical tran-575 sition occurs for $k_c \simeq 0.016 \,\mathrm{m}^{-1}$, corresponding to a horizontal wavelength of $\simeq 400 \,\mathrm{m}$. It is 576 unlikely that natural processes would create inertia gravity waves with such small horizontal 577 scale. And so our study is more relevant to higher frequency waves that are not significantly 578 influenced by rotation. In particular, for incident waves with relative frequency $\omega_0/N_0 = 0.1$, 579 the critical horizontal wavelength would be $\simeq 80 \,\mathrm{m}$. Hence the possible near-resonant excita-580 tion of modes in the staircase would occur for internal waves that are excited by a relatively 581 horizontally localized disturbance near the surface, for example by the motion of wind-driven 582 ice floes in the marginal ice zone. Although this may seem restrictive, because the decay 583 time is longer for modes in staircases with more steps the impact of incident waves upon 584 the staircase would persist. For example, in a staircase with J = 20 steps, (18) predicts an 585 e-folding energy decay time of ~ 44 days. 586

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⁵⁹⁷ Appendix A: Application of interface conditions

From the general formulae for the vertical structure of disturbances in a density staircase with J steps, given by (4), the condition for continuity of the streamfunction across each interface gives the J + 1 equations

$$A_{0} + B_{0} = A_{1}e^{kL/2} + B_{1}e^{-kL/2},$$

$$A_{j}e^{-kL/2} + B_{j}e^{kL/2} = A_{j+1}e^{kL/2} + B_{j+1}e^{-kL/2}, \quad j = 1 \dots J - 1,$$

$$A_{J+1} + B_{J+1} = A_{J}e^{-kL/2} + B_{J}e^{kL/2}.$$
(A1)

The condition for continuous pressure requires continuity of $\hat{\psi}' - (g\bar{\rho}/\rho_0)(k^2/\omega^2)\hat{\psi}$. Applying this at each interface, and using (1) and (A1) gives the J + 1 equations

$$im[A_{0} - B_{0}] = k[A_{1}e^{kL/2} - B_{1}e^{-kL/2}] - \frac{1}{2}g'\frac{k^{2}}{\omega^{2}}[A_{1}e^{kL/2} + B_{1}e^{-kL/2}]$$

$$k[A_{j}e^{-kL/2} - B_{j}e^{kL/2}] = k[A_{j+1}e^{kL/2} - B_{j+1}e^{-kL/2}]$$

$$-g'\frac{k^{2}}{\omega^{2}}[A_{j+1}e^{kL/2} + B_{j+1}e^{-kL/2}], \quad j = 1...J - 1,$$

$$im[A_{J+1} - B_{J+1}] = k[A_{J}e^{kL/2} - B_{J}e^{-kL/2}] - \frac{1}{2}g'\frac{k^{2}}{\omega^{2}}[A_{J}e^{kL/2} + B_{J}e^{-kL/2}]$$
(A2)

603 in which $g' = g \Delta \rho / \rho_0 = N_0^2 L$.

These equations can be written in a simpler form by defining the nondimensional variables $\Delta \equiv e^{kL}$, $M \equiv m/k$ and $\Gamma = (1/2)g'k/\omega^2 = kL(M^2 + 1)/2$. Furthermore, the middle equations (with $j = 1 \dots J - 1$) of (A1) and (A2) are simplified for each j first by eliminating B_j on the right-hand side to give an equation for A_j , and then by eliminating A_j on the right-hand side to give an equation for B_j :

$$A_{j} = \Delta (1 - \Gamma) A_{j+1} - \Gamma B_{j+1} B_{j} = \Gamma A_{j+1} - \Delta^{-1} (1 + \Gamma) B_{j+1},$$
(A3)

⁶⁰⁹ Appendix B: Approximate dispersion relation for highest mode

Here we find an approximate analytic prediction for the frequency and decay rate of the highest mode in a density staircase, whose frequency is close to the critical transition given by (13), in which we assume $kL \ll 1$. Consequently $|\omega|/N_0 \ll 1$ and $|M| \simeq N_0/|\omega| \gg 1$. At the critical transition $\omega_c/N_0 = kL/2$. And so we expect $\tilde{m} \equiv mL$ (= MkL) $\simeq 2 - \epsilon$ with $|\epsilon| \ll 1$. Thus $\Gamma = kL(M^2 + 1)/2 \simeq M\tilde{m}/2$.

⁶¹⁵ The implicit relation for the dispersion relation for modes in a staircase is given generally

⁶¹⁶ by (16). The value of b_{-} in this equation is given by (12), which simplifies in the $kL \ll 1$ ⁶¹⁷ limit to $b_{-} \simeq -\Gamma$. Hence (16) can be written as

$$-\Gamma(a_{+}+a_{-})^{2}\Lambda_{-}/b_{0} + (a_{+}^{2}-a_{-}^{2})\Lambda_{+} \simeq 0.$$
(B1)

From the definition of a_{\pm} in (6), we get the approximate expressions

$$a_{+} + a_{-} \simeq 2 + i\tilde{m} - \tilde{m}^{2}/2, \quad a_{+} - a_{-} \simeq M(2i - \tilde{m}).$$
 (B2)

⁶¹⁹ Also using $\tilde{m} = 2 - \epsilon$, (B1) simplifies to

$$(1 - \epsilon/2)(2i + (2 - i)\epsilon - \epsilon^2/2)\Lambda_-/b_0 + (2 - 2i - \epsilon)\Lambda_+ \simeq 0.$$
 (B3)

To find approximate expressions for Λ_{\pm} , we use the definition of b_{+} in (12) with $kL \ll 1$ to get

$$b_{+} \simeq 1 - \tilde{m}^{2}/2 = -1 + 2\epsilon + O(|\epsilon|^{2}).$$
 (B4)

622 Hence, we find

$$b_0^2 \equiv b_+^2 - 1 \simeq -4\epsilon + O(|\epsilon|^2).$$
 (B5)

In the expressions for Λ_{\pm} , we perform a binomial expansion to write (assuming $J \ge 4$)

$$\lambda_{\pm}^{J-1} = b_{+}^{J-1} \pm \begin{pmatrix} J-1\\1 \end{pmatrix} b_{+}^{J-2}b_{0} + \begin{pmatrix} J-1\\2 \end{pmatrix} b_{+}^{J-3}b_{0}^{2} \pm \begin{pmatrix} J-1\\3 \end{pmatrix} b_{+}^{J-4}b_{0}^{3} + \dots$$
(B6)

624 Thus we have

$$\Lambda_{+} = b_{+}^{J-1} + (J-1)(J-2)b_{+}^{J-3}b_{0}^{2}/2 + \ldots \simeq (-1)^{J-1} \left[1 - 2(J-1)^{2}\epsilon\right] + O(|\epsilon|^{2}), \quad (B7)$$

625 and

$$\Lambda_{-}/b_{0} = (J-1)b_{+}^{J-2} + (J-1)(J-2)(J-3)b_{+}^{J-4}b_{0}^{2}/6 + \dots$$

$$\simeq (-1)^{J-1} \left[-(J-1) + (2/3)J(J-1)(J-2)\epsilon \right] + O(|\epsilon|^{2}).$$
(B8)

Putting these expressions in (B3) and keeping terms up to $O(|\epsilon|)$ gives

$$6(J+i) - [4J^3 + 12iJ^2 - (10+18i)J + (6+9i)]\epsilon \simeq 0.$$
 (B9)

From this we can solve for ϵ , explicitly finding its real and imaginary parts in terms of the number of steps, J. For $J \gg 1$ we find

$$\epsilon \simeq (3/2)J^{-2} \left[1 - (7/2)J^{-2} + O(J^{-3})\right] - 3iJ^{-3} \left[1 - (9/4)J^{-1} - (13/8)J^{-2} + O(J^{-3})\right].$$
(B10)

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