

Weak magnetic field changes over the Pacific due to high conductance in lowermost mantle

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1 **For the past few centuries, the temporal variation in the Earth’s magnetic field in the Pacific**
2 **region has been anomalously low. The reason for this is tied to large scale flows in the liquid**
3 **outer core near the core-mantle boundary, which are weaker under the Pacific and feature a**
4 **planetary scale gyre that is eccentric and broadly avoids this region. However, what regulates**
5 **this type of flow morphology is unknown. Here, we present results from a numerical model**
6 **of the dynamics in Earth’s core that includes electromagnetic coupling with a non-uniform**
7 **conducting layer at the base of the mantle. We show that when the conductance of this layer**
8 **is higher under the Pacific than elsewhere, the larger electromagnetic drag force weakens the**
9 **local core flows and deflects the flow of the planetary gyre away from the Pacific. The nature**
10 **of the lowermost mantle conductance remains unclear, but stratified core fluid trapped within**
11 **topographic undulations of the core-mantle boundary is a possible explanation.**

12 The Earth’s magnetic field is generated by electrical currents flowing within its conducting
13 iron core. These currents, in turn, are driven and maintained against decay by motions in the
14 fluid outer core, likely convective in nature.¹ Core flows produce changes in the magnetic field,
15 including those observed at the Earth’s surface, a temporal fluctuation which is referred to as
16 secular variation (SV).² Past observations can be used to reconstruct how the magnetic field and
17 its SV have changed with time.²⁻⁴ Fig. 1a shows the mean intensity of the radial component of
18 the SV at the core-mantle boundary (CMB) over the time period 1590-1990 from the model in
19 ref. (4). The SV is not uniformly distributed and is distinctly weaker under a broad region of the

20 Pacific ocean, a pattern that was first noticed in the 1930's.^{5,6} Satellite observations in the past few
21 decades have confirmed the low geomagnetic SV in the Pacific,⁷ thus alleviating a concern that
22 models based on earlier observations might include biases related to geographic coverage. Fig. 1b
23 shows the SV of the radial component of the field in 2015 from the model of ref. (8).

24 An electromagnetic (EM) screening effect, whereby a larger mantle conductance (the integral
25 of the electrical conductivity, σ , over a thickness Δ) above the CMB in the Pacific region filters a
26 greater part of the SV, was originally proposed as a possible explanation.^{9,10} However, the required
27 conductance (see Supplementary Information) is too high by two orders of magnitude than modern
28 estimates inferred from Earth's nutations,¹¹⁻¹³ length-of-day variations,¹⁴ and attenuation of Alfvén
29 waves,¹⁵ which collectively point to a globally averaged conductance in the range of $1 - 3 \times 10^8$
30 S. The strength of the radial magnetic field is lower in the Pacific (Supplementary Information,
31 Figure S3), but not sufficiently to explain the level of SV decrease, so the explanation must also
32 involve the geographic pattern of core flows.^{16,17} Flow maps at the CMB can be reconstructed
33 on the basis of the observed SV; Fig. 2 shows the time-averaged flow between 1940-2010 taken
34 from the model of ref. (18). The dominant structure is a westward, eccentric planetary gyre,^{7,18-22}
35 flowing in the equatorial and mid-latitude regions of the Atlantic hemisphere but deflected to polar
36 latitudes when entering the Pacific hemisphere.

37 A first-order explanation for the lower SV in the Pacific is then simply that the mean planetary
38 gyre, which features the fastest flows, broadly avoids this region.⁷ Flows are not altogether absent
39 in the Pacific, but tend to be weaker and more transitory. To give a quantitative measure of these
40 weaker flows, we define the Pacific region as lying within a spherical cap with a polar angle of
41 62° , centred on the equator at longitude 180°E . We have computed maps of the flow for each
42 year between 1940-2010 from the flow model of ref. (18) shown in Fig. 2. The mean root-
43 mean-square (r.m.s.) flow amplitude over the Pacific for this time period is $\mathcal{V}_p = 6.868$ km/yr,
44 whereas the mean r.m.s. global flow amplitude is $\mathcal{V} = 10.472$ km/yr, for a ratio between the two of
45 $\mathcal{R}_v = \mathcal{V}_p/\mathcal{V} = 0.656$. The minimum and maximum annual ratios over the time period covered by
46 the model are 0.597 and 0.744, respectively.

47 But why are core flows weaker in the Pacific and why is this region avoided by the gyre?
48 This present-day geometry may simply reflect a transient configuration maintained over a few

centuries by the turbulent convective dynamics of the core.²³ However, it may also be an imprint of a coupling between the core and a heterogeneous lowermost mantle.^{17,24} Thermal coupling can reproduce some features of the large scale flows,^{25–27} though their amplitudes are too small by a factor of 10. A gyre that resembles that of Fig. 2 results when a hemispherical pattern of inner core growth is further imposed,²⁸ but it is unclear whether this could be maintained since convection within the inner core is unlikely.²⁹ Here, we show that a non-uniform EM coupling, larger over the Pacific, can explain the core flow morphology.

EM coupling in a quasi-geostrophic model of the fluid core

To show this, we use a quasi-geostrophic model of magnetoconvection in the Earth’s core,³⁰ modified to include EM coupling (see Methods). The latter acts as a drag force slowing down core flows. Regions of higher mantle conductance should exert a stronger EM drag force, reducing core flow speeds and leading to a lower SV. EM coupling is parameterized in terms of a timescale τ_{em} which represents the characteristic timescale for a differentially moving core flow structure to fall back into co-rotation with the mantle. To give a typical measure of τ_{em} , a conductance of 10^8 S should attenuate unforced core flows in approximately 30 yr (ref. 31). Time in our numerical model is scaled by the Alfvén timescale τ_A , the time it takes for Alfvén waves to twice traverse the fluid core in the direction perpendicular to rotation. For Earth’s core, τ_A is approximately equal to 6 yr (ref. 32), so a uniform conductance of the order of 10^8 S corresponds to $\tau_{em} \approx 5 \cdot \tau_A$. To keep a similar ratio of EM attenuation to Alfvén timescales as in Earth’s core, we adopt $\tau_{em} = 5 \cdot \tau_A$ at all points of flow contact with the CMB, except within a spherical cap in the Pacific region (see Methods), where we use a smaller EM coupling timescale (which we denote by τ_{em}^p) to simulate the effect of a locally larger conductance. It is convenient to introduce a quantity $\mathcal{X} = \tau_{em}/\tau_{em}^p$ which represents the factor of increase of EM coupling strength in the Pacific region versus elsewhere on the CMB.

We have carried out a suite of numerical experiments using four different values of the Rayleigh number ($Ra = 2.5 \times 10^8$, 5×10^8 , 7.5×10^8 and 10^9) and two different values of the magnetic Prandtl number ($P_m = 0.1$ and 0.01) (see Methods for the definition of Ra and P_m .) For each combination of Ra and P_m , we have varied \mathcal{X} from 1 to 12. Our quasi-geostrophic model

77 is engineered to capture the decadal timescale flow dynamics in Earth’s core, so we concentrate
 78 our analysis on how a non-uniform EM coupling at the CMB affects the flow structures. (Addi-
 79 tional analysis of the SV is presented in the Supplementary Information.) Fig. 3a shows the axial
 80 vorticity and velocity for a numerical experiment with $Ra = 5 \times 10^8$, $P_m = 0.1$, and with τ_{em}^p
 81 set equal to τ_{em} ($\mathcal{X} = 1$). This represents a reference case where EM coupling is everywhere
 82 equal at the CMB and serves as a benchmark against which the effect of a larger EM coupling in
 83 the Pacific can be measured. To be precise, the axial vorticity map is a snapshot in time, but the
 84 velocity map is an average over a time-window of $11 \cdot \tau_A$, similar to that over which the flow map
 85 of Fig. 2 is time-averaged. Hence, we can directly compare the flow structure in our model with
 86 the flow map derived from the observed SV in Fig. 2. Although the mean circulation of our model
 87 is also westward, in contrast to the gyre structure of Fig. 2, the flow speed increases in a more
 88 monotonic manner with distance from the rotation axis. Since the Pacific region is concentrated
 89 on the equator, its r.m.s. flow is larger than the global average ($\mathcal{R}_v = 1.152$).

90 Fig. 3b-d show how the axial vorticity and time-averaged flow are modified when EM cou-
 91 pling in the Pacific is increased by a factor $\mathcal{X} = 3, 5$ and 10 . The vorticity maps highlight how
 92 individual convective columns are weakened by a stronger EM coupling. A similar pattern is ob-
 93 served on maps of the SV (Supplementary Information Figure S4). The flow maps show how the
 94 morphology of the large scale circulation is altered: the larger \mathcal{X} is, the more the mean westward
 95 flow in the Pacific hemisphere is squeezed towards the inner radial boundary in order to avoid
 96 the region of higher conductance. Though differences exist between the mean westward planetary
 97 gyre in our QG model and that derived from the observed SV, a larger EM coupling over the Pacific
 98 leads to an eccentric gyre which avoids the equatorial region of the Pacific, as is seen in Fig. 2.

99 The flow maps of Fig. 3 further illustrate that the r.m.s. flow amplitude in the Pacific (\mathcal{V}_p)
 100 gets smaller than the global average (\mathcal{V}) as the EM coupling strength in the Pacific is increased.
 101 Fig. 4 shows how the ratio $\mathcal{R}_v = \mathcal{V}_p/\mathcal{V}$ decreases as a function of \mathcal{X} for each of the 8 possible
 102 combinations of Ra and P_m . To match the ratio $\mathcal{R}_v = 0.656$ derived from the observed SV, the
 103 conductance of the lowermost mantle in the Pacific must be approximately a factor 6 to 9 larger
 104 than elsewhere. Since the Pacific cap occupies approximately a quarter of the surface area of the
 105 CMB, this translates into a conductance over the Pacific which is a factor of 2.7 to 3 larger than the
 106 global average. This factor is imprecise not only because of the range of \mathcal{R}_v values that result from

107 different choices of model parameters, but also because of the fluctuations about the mean value
108 for each suite of models. Pinning down the precise factor is further hampered by the fact that our
109 model represents a simplified version of core dynamics and the morphology of the mean planetary
110 gyre differs from that of Fig. 2.

111 **The nature of the lowermost mantle conductance**

112 The question that remains to be addressed is the source of the lowermost mantle conductance
113 and why it is larger over the Pacific. Inferences from Earth's diurnal nutations require a global
114 conductance of the order of $\sigma \cdot \Delta \approx 10^8$ S concentrated in a thin layer ($\Delta \approx 0.1 - 1$ km) of high
115 electrical conductivity ($\sigma \approx 10^5 - 10^6$ S m⁻¹) at the base of the mantle.¹¹⁻¹³ The most abundant
116 mantle mineral at CMB conditions is post-perovskite, but its electrical conductivity is $\sigma \sim 2 \times 10^2$
117 S m⁻¹ (ref. 33), which is too low. Several ideas for how the lowermost mantle may be enriched in
118 iron – and thus be more electrically conducting – have been proposed,³⁴⁻³⁸ but it remains unclear
119 whether a conductivity approaching that of the core is possible (see Supplementary Information).

120 An alternative explanation is that pockets of strongly stratified core fluid may be trapped by
121 local cavities in CMB topography, remaining broadly stationary with respect to the mainstream
122 core flows. Radial magnetic field lines would be strongly anchored in these fluid pockets, leading
123 to an efficient EM drag on flows underneath.³⁹ In terms of EM coupling, trapped fluid in CMB
124 cavities could then mimic a highly electrically conducting lower mantle, although this requires
125 further testing. The Pacific region may thus have a greater proportion of cavities, or deeper ones,
126 than elsewhere on the CMB.

127 **Longer timescale SV and geodynamic implications**

128 The observed SV over the past few decades is controlled dominantly by the action of core flows
129 on magnetic field structures. Over longer timescales, changes in the large scale magnetic field that
130 we see at Earth's surface should reflect instead a balance between dynamo action and magnetic
131 diffusion within the core. The upward diffusion of magnetic field structures to the top of the core

132 should be largely unaffected by the pattern of CMB conductance. Hence, the morphology of the
133 SV over millennial timescales and longer is likely to be less impacted by a non-uniform CMB
134 conductance than the decadal SV. Though this remains to be demonstrated, this would explain why
135 the millennial SV does not appear to be weaker in the Pacific region.^{40,41}

136 The westward flows over most of the CMB impart a westward EM torque on the mantle.¹⁴
137 Flows in the Pacific, though weaker, tend to be eastward. Hence, an additional consequence of
138 a stronger EM coupling in the Pacific is that this local eastward EM torque can cancel a signif-
139 icant portion of the westward torque acting on the rest of the CMB.⁴² This reduces the need for
140 an additional eastward torque on the mantle, necessary to ensure its long term angular momen-
141 tum balance.⁴³ This torque has been suggested to be from gravitational coupling with the inner
142 core,⁴⁴⁻⁴⁶ and a reduction of its amplitude relaxes the requirement for a low inner core viscosity.⁴⁷

143 Although we can build a prediction of the SV from our QG model (see Supplementary In-
144 formation), some dynamical feedbacks are absent. Hence, to further explore the consequences of
145 a non-uniform EM coupling, the next step is to adopt a more complete, three-dimensional model
146 of the core dynamics. Not only this will permit a better match of the observed gyre,²⁰⁻²² this will
147 also allow for a more direct comparison between the predicted and observed SV at both decadal
148 and millennial timescales. Our estimate of the 6 – 9 factor of conductance increase over the Pacific
149 may be modified as a result. Whether originating from mantle mineralogy or trapped fluid in CMB
150 cavities, the conductance at the CMB is most likely not uniform. Our results demonstrate the im-
151 print that this may have on core flows and the SV. Further investigating the effects of non-uniform
152 EM coupling on core dynamics can thus help constrain the structures, composition and evolution
153 of the lowermost mantle and the CMB region.

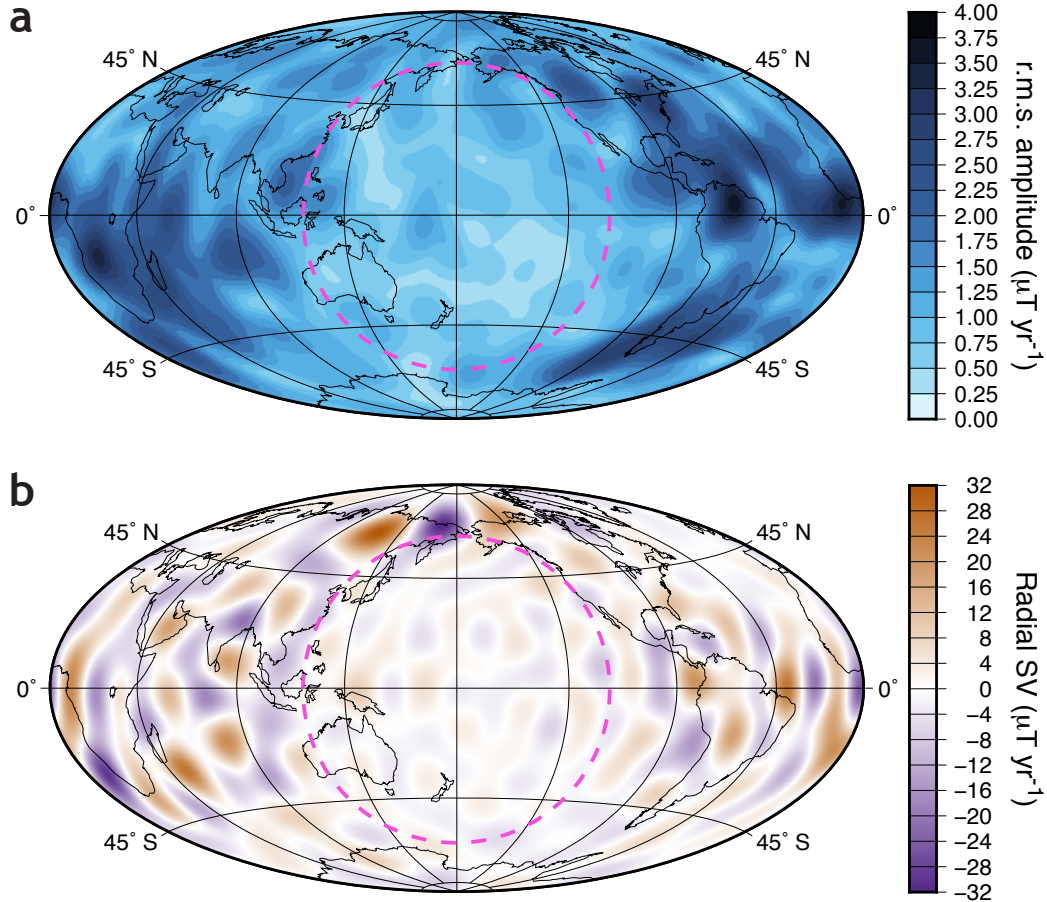


Figure 1: **The low geomagnetic secular variation in the Pacific.** **a**, The mean intensity of the radial component of the SV at the CMB, $|\dot{B}_r|$, over the time-period 1590 – 1990 from the *gufm* field model.⁴ The r.m.s. amplitude of $|\dot{B}_r|$ in the Pacific (pink dashed circle) is 796.32 nT/yr, the global average is 1332.86 nT/yr, for a ratio of 0.5975. **b**, The radial component of the SV at the CMB, \dot{B}_r , in 2015 from the *CHAOS-6* field model⁸ truncated at spherical harmonic degree 16. The r.m.s. amplitude of $|\dot{B}_r|$ over the Pacific (pink dashed circle) is 2034.13 nT/yr, the global average is 4401.09 nT/yr, for a ratio of 0.4622.

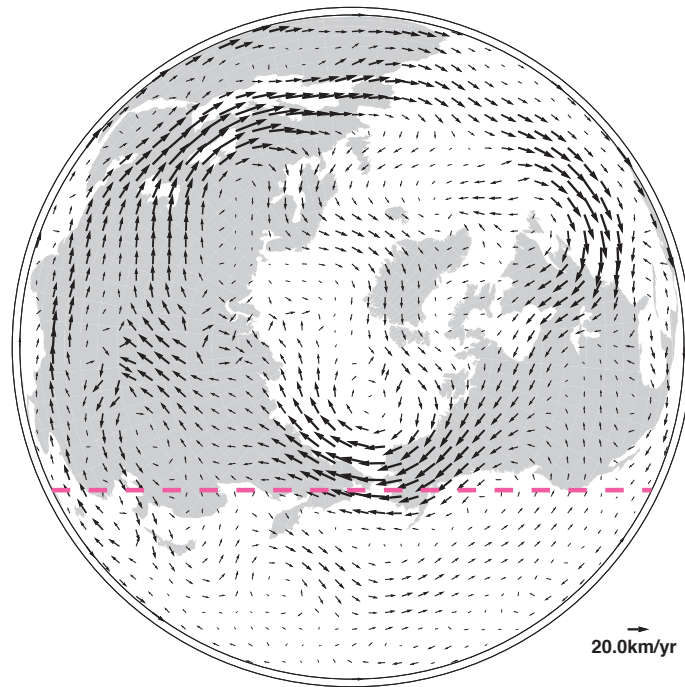


Figure 2: **The westward, eccentric planetary gyre in Earth's fluid core.** The time-averaged core flow circulation at the CMB over the period 1940-2010 projected onto the equatorial plane inside the core (from the flow model of ref. (18), truncated at spherical harmonic degree 14). The flow is assumed invariant in the direction of the rotation axis. Northern hemisphere continents, projected onto the CMB, are shown for geographic reference. The pink dashed line shows the boundary of our definition of the Pacific region.

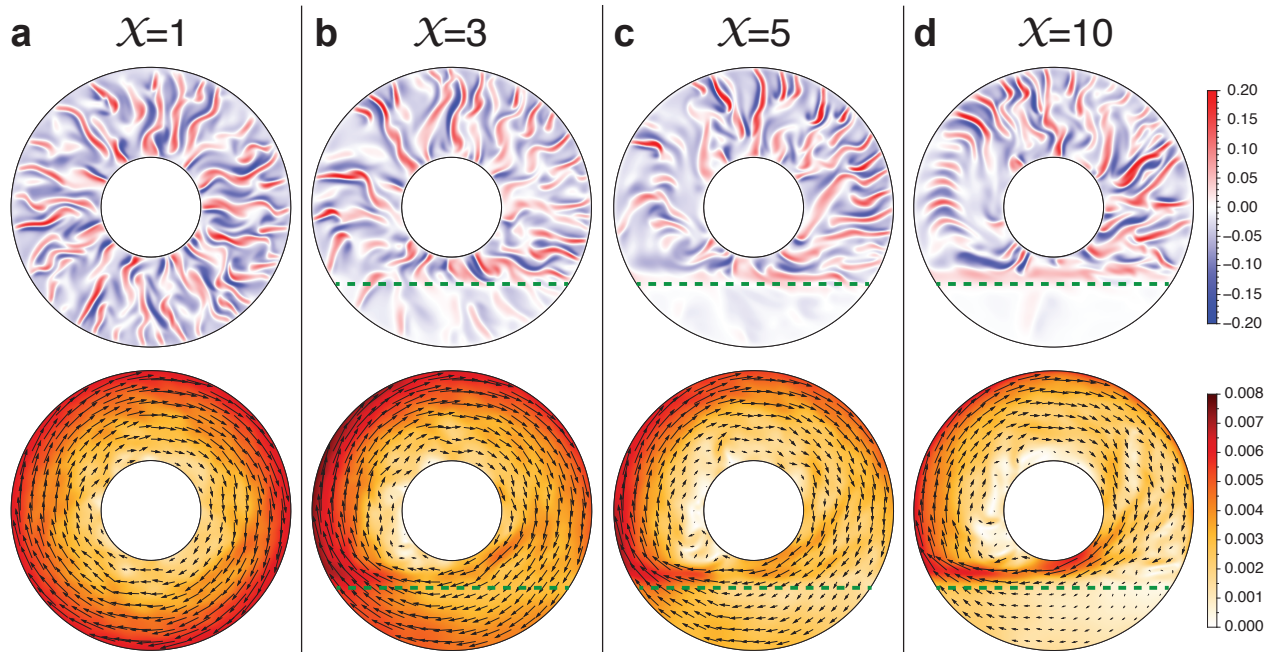


Figure 3: **Modification of core flows by a non-uniform EM drag at the CMB.** **a-d**, Snapshots of the axial vorticity (top row) and time-averaged flow maps (bottom row, colour scale indicates flow speed, arrows show direction) from our quasi-geostrophic model for $Ra = 5 \cdot 10^8$, $P_m = 0.1$ and different choices of \mathcal{X} . All plots are equatorial planforms. The Pacific region is in the bottom section of each planform, in the same location as in Fig. 2, and is delimited by a dashed green line in panels **b**, **c** and **d**. The colour scales on the right are common to all 4 panels.

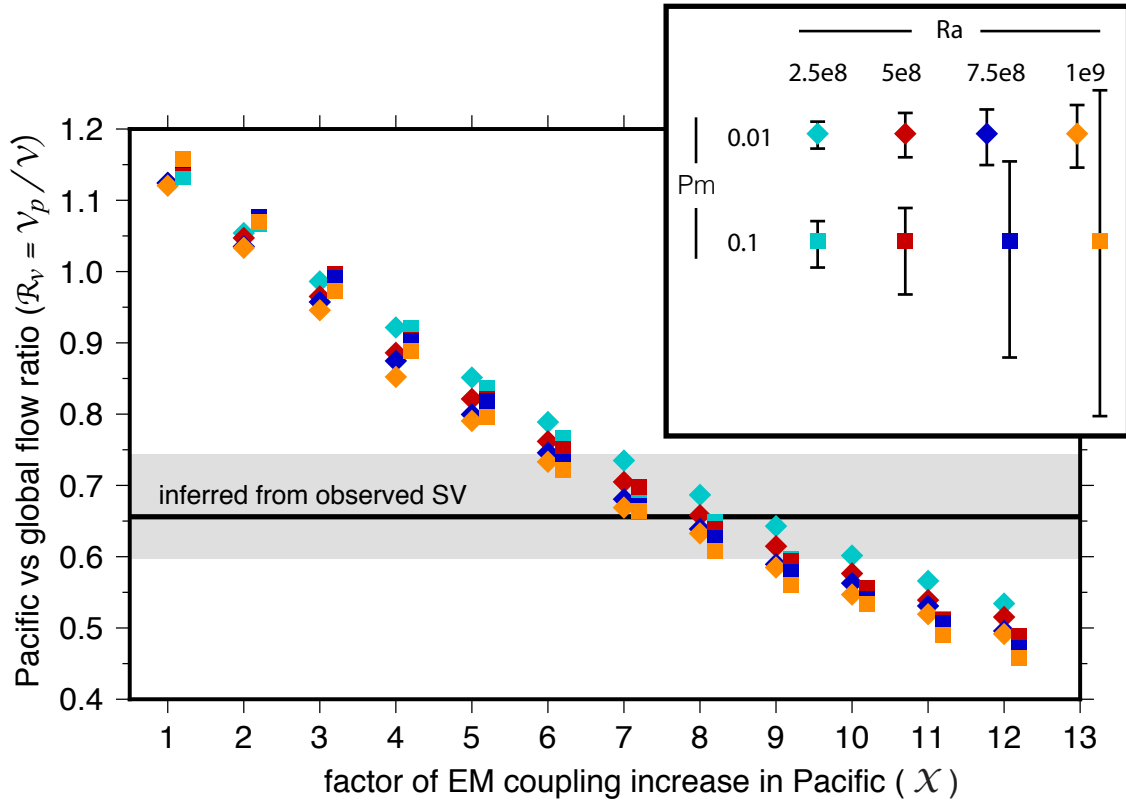


Figure 4: **Weak core flows from enhanced EM drag in the Pacific.** The ratio $\mathcal{R}_v = \mathcal{V}_p/\mathcal{V}$ of the Pacific (\mathcal{V}_p) versus its global (\mathcal{V}) r.m.s. flow speed as a function of \mathcal{X} for values of Ra and P_m shown in the inset. \mathcal{R}_v is computed by taking the mean over a time-window of $200 \cdot \tau_A$ sampled at intervals of $0.5 \cdot \tau_A$. Error bars (inset) show the range of temporal fluctuations. Results with $P_m = 0.1$ have been shifted by 0.2 in \mathcal{X} to ease visualization. The mean ratio $\mathcal{V}_p/\mathcal{V} = 0.656$ between 1940-2010 from the model of ref. (18) is shown by the black horizontal line, with the grey band delimiting the minimum (0.597) and maximum (0.744) annual ratio.

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265 **Author Contributions** M.D. designed the project and wrote the manuscript. The custom numerical codes
266 were designed and written by both M.D. and C.M. The numerical experiments were carried and analyzed
267 by both M.D. and C.M.

268 **Competing Interests** The authors declare that they have no competing financial interests.

269 **Methods**

270 **The QG magnetoconvection model**

271 To simulate the Earth’s fluid core dynamics, we use a quasi-geostrophic (QG) numerical model of
272 thermal convection^{48–50} to which we add a background magnetic field and an induction equation
273 to track the evolution of magnetic field perturbations. The background magnetic field represents
274 the field generated over long timescales by dynamo action. This field is imposed and assumed
275 steady: we conduct a magnetoconvection experiment. The model is presented in detail in an earlier
276 publication³⁰ and we give only an overview here, focusing on how we implement electromagnetic
277 (EM) coupling at the fluid-solid boundaries.

278 QG models exploit the dominance of the Coriolis acceleration in the force balance which
279 tends to make fluid motions invariant in the direction of the rotation vector. Only the horizontal
280 flow components (those perpendicular to the rotation vector) need to be evolved. The flow parallel
281 to the rotation axis contributes to vorticity generation and is not neglected: it is parameterized in
282 terms of the horizontal flow by ensuring conservation of mass and no penetration at the spheri-
283 cal boundaries. In effect, a QG model collapses a three-dimensional dynamical model within a
284 spherical shell to a two-dimensional model on the equatorial plane. Unlike the flow, the magnetic
285 field inside the core is three-dimensional and cannot be approximated by an equivalent QG model.
286 However, it is possible to capture the Lorentz force acting on the QG flows in terms of an effective
287 horizontal magnetic field axially averaged over fluid columns.³⁰ The magnetic field in our QG
288 model represents this effective field.

289 The geometry of the QG model is shown in Fig. 2 of ref. (30). We restrict the solution
290 domain to the region outside the tangent cylinder (TC, the cylinder tangent to the inner core equa-
291 tor). Cylindrical coordinates (s, ϕ, z) are assumed with the z -direction aligned with the rotation
292 axis. The domain boundaries are r_i (the radius of the TC) and r_c , the radius of the core-mantle
293 boundary (CMB). Length is scaled by r_c , time by the inverse of the angular rotational velocity Ω ,
294 temperature by the superadiabatic temperature difference ΔT between the inner and outer spheres,
295 and the magnetic field by $r_c \Omega \sqrt{\rho \mu}$, where ρ is the reference density of the fluid (assumed uniform)

296 and μ is the magnetic permeability of free space.

297 The horizontal velocity \mathbf{u}_H and magnetic field perturbation \mathbf{b}_H are expanded as

$$\mathbf{u}_H = \overline{u_\phi} \mathbf{e}_\phi + \frac{1}{L} \nabla \times (L\psi \mathbf{e}_z), \quad \mathbf{b}_H = \overline{b_\phi} \mathbf{e}_\phi + \frac{1}{L} \nabla \times (La \mathbf{e}_z), \quad (1)$$

298 where ψ and a are toroidal scalars, $L = \sqrt{1 - s^2}$ is the half-column height, and the overbar denotes
 299 an azimuthal average; $\overline{u_\phi}$ and $\overline{b_\phi}$ capture the axisymmetric azimuthal (zonal) flow and magnetic
 300 field, respectively. The components of $\mathbf{u}_H = u_s \mathbf{e}_s + u_\phi \mathbf{e}_\phi$ and the axial vorticity ω_z are defined as

$$u_s = \frac{1}{s} \frac{\partial \psi}{\partial \phi}, \quad u_\phi = \overline{u_\phi} - \left(\frac{\partial}{\partial s} + \beta \right) \psi, \quad (2a)$$

$$\omega_z = \left(s \frac{\partial}{\partial s} \frac{\overline{u_\phi}}{s} + 2 \frac{\overline{u_\phi}}{s} \right) - \nabla_H^2 \psi - \frac{1}{s} \frac{\partial}{\partial s} (s\beta\psi). \quad (2b)$$

301 Likewise, the components of $\mathbf{b}_H = b_s \mathbf{e}_s + b_\phi \mathbf{e}_\phi$ and the axial current j_z are defined as

$$b_s = \frac{1}{s} \frac{\partial a}{\partial \phi}, \quad b_\phi = \overline{b_\phi} - \left(\frac{\partial}{\partial s} + \beta \right) a, \quad (2c)$$

$$j_z = \left(s \frac{\partial}{\partial s} \frac{\overline{b_\phi}}{s} + 2 \frac{\overline{b_\phi}}{s} \right) - \nabla_H^2 a - \frac{1}{s} \frac{\partial}{\partial s} (s\beta a). \quad (2d)$$

302 Here, $\nabla_H^2 = \nabla_H \cdot \nabla_H$ indicates the horizontal (s, ϕ) components of the Laplacian operator, ∇_H
 303 the horizontal gradient, and the slope factor β is a measure of how L changes with s :

$$\beta = \frac{1}{L} \frac{\partial L}{\partial s} = -\frac{s}{L^2}. \quad (3)$$

304 The β -factor ensures conservation of mass and no penetration at the spherical outer shell bound-
 305 ary. The latter condition implies that spherically radial perturbations in the magnetic field should
 306 be weak compared to perturbations parallel to the boundary. Hence, the magnetic field perturba-
 307 tion should approximately obey a no-penetration condition at the spherical outer shell boundary,
 308 justifying a parametrization for \mathbf{b}_H of the same form as \mathbf{u}_H .

309 The model tracks the evolution of ψ , a , $\overline{u_\phi}$, $\overline{b_\phi}$ and temperature perturbations Θ through a
310 coupled system of equations that capture the evolution of the flow, magnetic field and temperature.
311 The inner and outer cylindrical (non-dimensional) radii are denoted by r_1 and r_2 , respectively. All
312 variables are assumed invariant in z . A steady, axially symmetric, cylindrically radial background
313 magnetic field B_{0s} is imposed; this is the only component of the background field which is dynam-
314 ically important in our model. B_{0s} represents the axially averaged r.m.s. strength of the s -directed
315 magnetic field B_s inside the core,

$$B_{0s} = \sqrt{\frac{1}{4\pi L} \int_{-L}^{+L} \int_0^{2\pi} (B_s)^2 d\phi dz}. \quad (4)$$

316 The system of equations that captures the dynamics is:

$$\frac{\partial \omega_z}{\partial t} + \left(u_s \frac{\partial}{\partial s} + \frac{u_\phi}{s} \frac{\partial}{\partial \phi} \right) \omega_z - (2 + \omega_z) \beta u_s = -Ra^* \frac{\partial \Theta}{\partial \phi} + E \nabla_H^2 \omega_z + F_L, \quad (5a)$$

$$\frac{\partial}{\partial t} \left(\frac{\overline{u_\phi}}{s} \right) + \frac{1}{s} \left(\frac{u_s}{s} \frac{\partial}{\partial s} s u_\phi \right) = \frac{E}{s^3 L} \frac{\partial}{\partial s} \left(s^3 L \frac{\partial}{\partial s} \left(\frac{\overline{u_\phi}}{s} \right) \right) + \Gamma_L, \quad (5b)$$

$$\frac{\partial a}{\partial t} = -u_\phi B_{0s} + (u_s b_\phi - u_\phi b_s) + \frac{E}{P_m} \left(\nabla_H^2 a + \frac{2\beta a}{s} \right), \quad (5c)$$

$$\frac{\partial}{\partial t} \left(\frac{\overline{b_\phi}}{s} \right) = B_{0s} \frac{\partial}{\partial s} \left(\frac{\overline{u_\phi}}{s} \right) + \frac{1}{sL} \frac{\partial}{\partial s} \left(L (\overline{u_\phi b_s} - \overline{u_s b_\phi}) \right) + \frac{E}{P_m} \frac{1}{s^3} \frac{\partial}{\partial s} \left(s^3 \frac{\partial}{\partial s} \left(\frac{\overline{b_\phi}}{s} \right) \right), \quad (5d)$$

$$\frac{\partial \Theta}{\partial t} + (\mathbf{u}_H \cdot \nabla_H) (T + \Theta) = \frac{E}{P_r} \nabla_H^2 \Theta, \quad (5e)$$

317 where T is the conducting temperature profile

$$T = \frac{r_2}{r_2 - r_1} \left(\frac{1}{L} \ln(1 + L) - 1 \right). \quad (6)$$

318 The non-dimensional parameters in our system are the modified Rayleigh number $Ra^* = E^2 Ra P_r^{-1}$,
319 the Ekman number $E = \nu (\Omega r_c^2)^{-1}$, the Prandtl number $P_r = \nu \kappa^{-1}$, the magnetic Prandtl number
320 $P_m = \nu \eta^{-1}$ and the Rayleigh number $Ra = \alpha g_0 \Delta T r_c^3 (\nu \kappa)^{-1}$. The parameters ν , α , g_0 , η and κ
321 are respectively the kinematic viscosity, thermal expansion coefficient, gravitational acceleration
322 at r_c , magnetic diffusivity and thermal diffusivity.

323 The z -component of the curl of the Lorentz force F_L and the Lorentz torque Γ_L in Eqs.
 324 (5a-5b) are defined as

$$F_L = \left((B_{0s} + b_s) \frac{\partial}{\partial s} + \frac{b_\phi}{s} \frac{\partial}{\partial \phi} \right) j_z + \mathcal{F}_{em}, \quad (7a)$$

$$\Gamma_L = \frac{1}{s^3} \frac{1}{L} \frac{\partial}{\partial s} \left(s^3 L B_{0s} \frac{\overline{b_\phi}}{s} \right) + \frac{1}{s} \left(\frac{\overline{b_s}}{s} \frac{\partial}{\partial s} s b_\phi \right) + \overline{\mathcal{G}}_{em}, \quad (7b)$$

325 where \mathcal{F}_{em} and $\overline{\mathcal{G}}_{em}$ are new additions to the model to capture EM coupling at the CMB. Their
 326 expressions are developed in the next section. They are

$$\mathcal{F}_{em} = -\frac{1}{L^2} \left[\frac{1}{s} \frac{\partial}{\partial s} (s \tau_{em}^{-1} u_\phi) - \frac{1}{s} \frac{\partial}{\partial \phi} (\tau_{em}^{-1} u_s) \right], \quad (8a)$$

$$\overline{\mathcal{G}}_{em} = -\frac{1}{s L^2} \overline{\tau_{em}^{-1} u_\phi}, \quad (8b)$$

327 where $\tau_{em}^{-1} = 1/\tau_{em}$ and τ_{em} is the characteristic attenuation timescale of a flow structure subject
 328 to EM coupling with the mantle, given by

$$\tau_{em} = \frac{E}{P_m} \frac{\sigma}{\sigma_m} \frac{1}{\Delta} \frac{1}{(B_r)^2}, \quad (9)$$

329 where σ and σ_m are the electrical conductivities of the core and lowermost mantle, respectively, Δ
 330 is the (non-dimensional) thickness of the conducting layer at the bottom of the mantle, and B_r is the
 331 (non-dimensional) r.m.s. radial magnetic field strength, assumed to be dominated by small length
 332 scales and taken as uniform over the CMB.^{12,13,51} τ_{em} is an input parameter of our model, specified
 333 as a function s and ϕ , so as to capture properly the timescale of EM attenuation in relation to the
 334 Alfvén timescale τ_A . In practice, the term that involves j_z in the definition of F_L is set to zero.
 335 The rationale for this is given in ref. (30). Hence, we keep only the part of the non-axisymmetric
 336 Lorentz force caused by EM coupling, and Eq. (7a) simplifies to $F_L = \mathcal{F}_{em}$.

337 At the cylindrical radial boundaries $s = r_{1,2}$ of the equatorial planform domain, we impose
 338 a fixed temperature condition ($\Theta = 0$), a free-slip condition on the flow

339 $\left(\psi = \frac{\partial}{\partial s} \left(\frac{1}{s} \frac{\partial \psi}{\partial s} + \frac{\beta \psi}{s} \right) = \frac{\partial}{\partial s} \frac{\overline{u_\phi}}{s} = 0 \right)$, and a vanishing non-axisymmetric magnetic potential ($a =$

340 0). The condition on the zonal magnetic field $\overline{b_\phi}$ is constructed by integrating the induction equa-
 341 tion over an infinitely small thickness across the radial cylindrical boundary, where $\overline{b_\phi}$ is further
 342 assumed to be continuous. This gives a condition relating the discontinuity in $\overline{u_\phi}$ to the disconti-
 343 nuity in the s -gradient of $\overline{b_\phi}$. The condition at $s = r_2$ is

$$\frac{E}{P_m} \left[\frac{\partial}{\partial s} \left(\frac{\overline{b_\phi}}{s} \right) + 2 \left(\frac{\overline{b_\phi}}{s^2} \right) \right] + (B_{0s})^2 \overline{\tau_{em}} \left(\frac{\overline{b_\phi}}{s} \right) = -B_{0s} \left(\frac{\overline{u_\phi}}{s} \right), \quad (10a)$$

344 where $\overline{\tau_{em}}$ is the axisymmetric part of Eq. (9) and where we have used $B_r = B_{0s}$. This condition is
 345 consistent with our formulation of EM coupling at the CMB, and is based on the assumption that
 346 the conductivity in the lowermost mantle is concentrated in a thin layer of thickness $\Delta \ll 1$ within
 347 which we can use the following approximation,

$$\frac{\partial}{\partial s} \left(\frac{\overline{b_\phi}}{s} \right) = -\frac{1}{\Delta} \left(\frac{\overline{b_\phi}}{s} \right). \quad (10b)$$

348 The condition at $s = r_1$ (TC) is

$$2 \frac{E}{P_m} \left[\frac{\partial}{\partial s} \left(\frac{\overline{b_\phi}}{s} \right) \right] = -B_{0s} \left[\left(\frac{\overline{u_\phi}}{s} \right) - \overline{\omega_{tc}} \right], \quad (10c)$$

349 where we have assumed equal values of P_m and a symmetric s -derivative of $\overline{b_\phi}$ on either side of
 350 the TC. $\overline{\omega_{tc}}$ is the angular velocity of the TC which is imposed to capture the time-average angular
 351 momentum balance of the inner core - fluid core - mantle system (see below).

352 Compared to a three-dimensional model self-generating a dynamo, an advantage of our QG
 353 model is that we capture correctly the ratio of convective velocities to the speed of propagation
 354 of Alfvén waves, a ratio known as the Alfvén number which is approximately equal to 0.01 in
 355 the Earth's core. This is especially important for modelling the decadal timescale dynamics,³⁰
 356 including the effects of EM drag on the flow. Flows in Earth's core that vary on 10-100 yr timescale
 357 are expected to be rigid,⁵² so our QG model is tailored to capture their dynamics and is a good
 358 analog for Earth.

359 Electromagnetic coupling

360 A differential tangential motion between the core and an electrically conducting lowermost mantle
 361 at the CMB shears the local radial magnetic field B_r . This creates a tangential magnetic field
 362 which, interacting with B_r , leads to a tangential EM stress⁵³ by the fluid core on the mantle (and
 363 vice-versa), a 'magnetic friction' which acts to slow down core flows.^{31,54}

364 Following Braginsky,⁵⁵ we assume that the (dimensional) electrical conductivity of the man-
 365 tle σ'_m is high within a layer of (dimensional) thickness Δ' just above the CMB. Δ' may vary
 366 geographically but it is assumed to be everywhere much thinner than the magnetic skin depth
 367 $\delta_m = \sqrt{2/\omega'\mu\sigma'_m}$, where ω' is the characteristic (dimensional) frequency of flow fluctuations. We
 368 calculate the magnetic perturbation in this layer and its contributions to the z -integrated equations
 369 for the vorticity (5a) and zonal flow (5b), captured respectively by the terms \mathcal{F}_{em} and $\bar{\mathcal{G}}_{em}$ in Eqs.
 370 (7a-7b). $\bar{\mathcal{G}}_{em}$ is given by

$$\bar{\mathcal{G}}_{em} = \frac{B_r \bar{b}_\phi^{(cmb)}}{sL^2}, \quad (11a)$$

371 where $\bar{b}_\phi^{(cmb)}$ is the axisymmetric azimuthal field perturbation induced by differential core-mantle
 372 motion. The superscript *cmb* emphasizes that it is distinct from \bar{b}_ϕ , the azimuthal field axially
 373 averaged over the whole fluid column. When assuming a uniform B_r , \mathcal{F}_{em} is given by

$$\mathcal{F}_{em} = \frac{B_r \dot{j}_z^{(cmb)}}{L^2} = \frac{1}{L^2} \left(\frac{1}{s} \frac{\partial}{\partial s} s B_r b_\phi^{(cmb)} - \frac{1}{s} \frac{\partial}{\partial \phi} B_r b_s^{(cmb)} \right), \quad (11b)$$

374 where $\dot{j}_z^{(cmb)}$ and $b_{s,\phi}^{(cmb)}$ are the non-axisymmetric axial current and s, ϕ magnetic field components
 375 at the CMB induced by differential core-mantle motion.

376 The (dimensional) magnetic field perturbation vector tangential to the spherical surface at
 377 the CMB is^{11,56}

$$\mathbf{b}_H^{(cmb)} = -\mu\sigma'_m B_r \Delta' \mathbf{u}_H^{(cmb)}. \quad (12a)$$

378 Expressed in non-dimensional form, and in terms of the QG flow components, this gives

$$\overline{b_\phi^{(cmb)}} = -\frac{P_m}{E} \frac{1}{\sigma} \overline{\sigma_m \Delta B_r u_\phi} = -\overline{\left(\frac{u_\phi}{B_r \tau_{em}} \right)}, \quad (12b)$$

$$b_{s,\phi}^{(cmb)} = -\frac{P_m}{E} \frac{\sigma_m}{\sigma} \Delta B_r u_{s,\phi} = -\frac{u_{s,\phi}}{B_r \tau_{em}}. \quad (12c)$$

379 Inserting these expressions into Eqs. (11a-11b) gives the expressions of \mathcal{F}_{em} and $\overline{\mathcal{G}}_{em}$ in Eqs. (8a-
 380 8b). Because of the symmetry about the equatorial plane that is built into the QG model, it is the
 381 averaged EM coupling between the two hemisphere that QG flows are sensitive to.

382 **Axial angular momentum balance**

383 The mean westward flow at the CMB observed in Fig. 2 of the main text leads to a mean westward
 384 EM torque on the mantle. An equal and opposite eastward torque is applied by the mantle on the
 385 fluid core. On a time average, the total torque on the fluid core must vanish, so a westward torque
 386 must be applied on the fluid core at the ICB. In the Earth's core, this is achieved by a thermal wind
 387 flow structure inside the TC which involves a mean eastward flow at the ICB.^{46,57,58} This flow
 388 exerts an eastward EM torque on the inner core, and thus a reversed westward torque on the fluid
 389 core.

390 The solution domain of our QG model is restricted to the region outside the TC. We must
 391 therefore substitute the westward torque on the fluid core at the ICB by an equivalent westward
 392 torque at the TC. The equation governing the total axial angular momentum of the fluid core in
 393 our system is obtained by multiplying Eq. (5b) by $s^3 L$ and integrating from $s = r_1$ to r_2 . With
 394 our choice of boundary conditions, the Reynolds stress term, the non-linear Lorentz torque and the
 395 viscous torque all vanish,³⁰ leaving

$$\int_{r_1}^{r_2} s^3 L \frac{\partial}{\partial t} \left(\frac{\overline{u_\phi}}{s} \right) ds = - \int_{r_1}^{r_2} \frac{s^2}{L} \overline{\tau_{em}^{-1} u_\phi} ds + \left[s^2 L B_{0s} \overline{b_\phi} \right]_{r_1}^{r_2}. \quad (13a)$$

396 Since $L \rightarrow 0$ as $s \rightarrow r_2$, the last term is dominated by the contribution at the TC ($s = r_1$). The
 397 steady state angular momentum balance is then

$$- \int_{r_1}^{r_2} \frac{s^2}{L} \overline{\tau_{em}^{-1} u_\phi} ds - \left[s^2 L B_{0s} \overline{b_\phi} \right]_{tc} = 0. \quad (13b)$$

398 The first term represents the mean torque that the mantle exerts on the fluid core by EM coupling.

399 The second term is the mean EM torque exerted on the fluid core at the TC.

400 Our QG model is designed such that, as is the case for Earth, a steady-state dominantly
 401 westward flow ($\overline{u_\phi} < 0$) is present in a large portion of the fluid core. In order to achieve this,
 402 the EM torque exerted by the TC must be negative, or westward. We prescribe this torque by
 403 assuming that the region inside the TC has the same electrical conductivity as the fluid core and is
 404 differentially rotating with angular velocity $\overline{\omega_{tc}}$. By shearing the B_{0s} magnetic field, this differential
 405 rotation leads to a cusp in $\overline{b_\phi}$ at the TC specified by the boundary condition of Eq. (10c). Writing
 406 $\partial \overline{b_\phi} / \partial s = -\overline{b_\phi} / \delta$, where δ is a characteristic length scale, $\overline{b_\phi}$ at the TC is

$$\overline{b_\phi}|_{tc} = 2\delta B_{0s} \frac{P_m}{E} \left(\overline{u_\phi}|_{tc} - r_1 \overline{\omega_{tc}} \right). \quad (13c)$$

407 Inserting this in the torque balance of Eq. (13b), the latter becomes

$$- \int_{r_1}^{r_2} \frac{s^2}{L} \overline{\tau_{em}^{-1} u_\phi} ds = 2\delta \frac{P_m}{E} \left[s^2 L B_{0s}^2 \right]_{tc} \left(\overline{u_\phi}|_{tc} - r_1 \overline{\omega_{tc}} \right). \quad (13d)$$

408 By imposing a westward rotation of the TC ($\overline{\omega_{tc}} < 0$), the net EM torque by the TC is westward.

409 The mean flow $\overline{u_\phi}$ must be then be generally westward such that the global EM torque by the
 410 mantle (left-hand side of Eq. 13d) is eastward and angular momentum equilibrium of the fluid
 411 core is achieved.

412 **Parameters, conductance model and numerical implementation**

413 The cylindrical radial boundaries of our domain of integration are $r_1 = 0.35$ and $r_2 = 0.98$. Limit-
 414 ing our domain to $r_2 = 0.98$ instead of $r_2 = 1$ is convenient, as it allows us to use a slightly coarser
 415 grid space and longer timesteps (since $\beta \rightarrow -\infty$ as $s \rightarrow 1$), but the solutions are otherwise not
 416 altered by this choice. All of our model calculations use the following common set of parameters:
 417 $E = 5 \cdot 10^{-6}$, $P_r = 1$ and $\overline{\omega_{tc}} = -0.005$. We have used four different choices of Rayleigh numbers

418 (2.5×10^8 , 5×10^8 , 7.5×10^8 and 10^9) and two different values of magnetic Prandtl numbers (0.1
419 and 0.01). In all our numerical experiments, B_{0s} varies with s and is specified by the function

$$B_{0s} = 0.15 \cdot \left[1 - \frac{4}{5} \cdot \exp \left(-10 \cdot (r_2 - s) \right) \right]. \quad (14)$$

420 The amplitude of B_{0s} sets the speed of Alfvén waves, and with the selected amplitude, the Alfvén
421 number for all the simulations shown in Fig. 4 is between 0.02 and 0.03, similar to that expected
422 in Earth’s core.³⁰ We note that choosing different forms of B_{0s} , while keeping the same amplitude,
423 does not substantially change the patterns of \mathbf{u}_H and \mathbf{b}_H in our model.

424 The projection of the boundary of an equatorial spherical cap onto the equatorial planform is
425 a linear segment. Using cartesian coordinates where $y = s \cdot \sin \phi$, we define the Pacific region to
426 be in the $y < 0$ quadrant. We build a smoothly varying function of the EM attenuation timescale
427 $\tau_{em}(y)$ as a function of y , reaching a minimum value τ_{em}^p in the Pacific cap, and a maximum value
428 of τ_{em} away from it. Defining $y_o (< 0)$ as the segment delimiting the Pacific cap, $\tau_{em}(y)$ is specified
429 by

$$\text{for } y \leq y_o: \quad \frac{1}{\tau_{em}(y)} = \frac{\mathcal{X}}{\tau_{em}}, \quad (15a)$$

$$\text{for } y > y_o: \quad \frac{1}{\tau_{em}(y)} = \frac{1}{\tau_{em}} \left(1 + (\mathcal{X} - 1) \left[\exp \left(-(\lambda \cdot (y - y_o))^\gamma \right) \right] \right), \quad (15b)$$

430 where $\mathcal{X} = \tau_{em}/\tau_{em}^p$ is the factor of increase of EM coupling strength in the Pacific cap. For all
431 model runs, we have used $y_o = -0.7$, $\lambda = 5$ and $\gamma = 4$.

432 The dimensional EM timescale of attenuation is approximately $\tau'_{em} = 30$ yr for a conduc-
433 tance of 10^8 S (ref. 31), or equivalent to $5 \cdot \tau'_A$ for an Alfvén timescale of $\tau'_A = 6$ yr (ref. 32).
434 In our model, the (non-dimensional) Alfvén time is given by $\tau_A = 2 \cdot (r_2 - r_1)/\langle B_{0s} \rangle$, where
435 $\langle B_{0s} \rangle$ is the mean B_{0s} between r_1 and r_2 , and it is approximately $\tau_A \approx 9$. Hence, by choosing
436 $\tau_{em} = 5 \cdot \tau_A = 45$, we ensure that the ratio of τ_{em}/τ_A in our model is the same as that in Earth’s
437 core. Within the Pacific cap, τ_{em} is smaller by a factor \mathcal{X} . We have used a range of \mathcal{X} from 1 to
438 12. For the largest \mathcal{X} value, given that the Pacific cap is approximately 25% of the surface of the
439 CMB, the globally averaged EM attenuation timescale is reduced by a factor 3.2, equivalent to a
440 global conductance of $3.2 \cdot 10^8$ S, which is still broadly compatible with observations.^{11, 14, 15}

441 The equations of our model are solved by a semi-spectral method, where variables are defined
442 at discretized radial points specified by a Chebychev grid and expanded in Fourier modes in the
443 azimuthal direction. For all model runs, we have used 301 radial points and 256 Fourier modes.
444 The resulting discrete equations are evolved using a combination of a Crank-Nicolson method for
445 the linear terms and a second-order Adams-Bashforth scheme for the non-linear terms, using fixed
446 time-steps of $dt = 0.0005$.

447 **Data Availability** The datasets generated as part of this study, together with the GMT scripts and data files
448 necessary to reproduce all figures are freely accessible on UAL Dataverse at
449 <https://doi.org/10.7939/DVN/TL8BP6>.

450 **Code Availability** All source codes used to generate the numerical simulations presented in this work are
451 freely accessible on UAL Dataverse at <https://doi.org/10.7939/DVN/TL8BP6>.

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