

# Songs with Lyrics, Chords and Video links by Paul Flaman ([my homepage](#))

Note: recordings of these songs are available on youtube. For an Introduction to these songs on youtube see: <https://www.youtube.com/watch?v=urBM2tjgYYc> The dates following the names of the songs composed by me below refer to the date of composition.

## Hail Mary (Spring 1974; words of the traditional prayer)

4/4 time; tempo about 120; Intro: C F G7 C

C F G7 C C F G7  
C  
LaDaDaDa DaDaDa LaDaDaDa Da LaDaDaDa DaDaDa  
LaDaDaDa Da

C F G7 C C F  
Hail Mary, full of grace, the Lord is with you, blessed are you among  
women  
G7 C  
and blessed is the fruit of your womb.

C F G7 C C F G7  
C  
LaDaDaDa DaDaDa LaDaDaDa Da LaDaDaDa DaDaDa  
LaDaDaDa Da

C F G7 C C F G7 C  
Jesus, Jesus, Jesus, Jesus

C F G7 C C F G7  
C  
LaDaDaDa DaDaDa LaDaDaDa Da LaDaDaDa DaDaDa  
LaDaDaDa Da

C F G7 C C F G7 C  
Holy Mary, Mother of God, pray for us sinners, now and at the hour of  
our death.

C F G7 C C F G7  
C  
LaDaDaDa DaDaDa LaDaDaDa Da LaDaDaDa DaDaDa  
LaDaDaDa Da

C F G7 C C F G7 C  
Amen, Amen, Amen, Amen

C F G7 C C F G7  
C  
LaDaDaDa DaDaDa LaDaDaDa Da LaDaDaDa DaDaDa  
LaDaDaDa Da

Video link: <https://www.youtube.com/watch?v=dCmqTy5S83o&t=17s>  
(Note: this and all but the last song below were composed in the 1970's when I was in my 20's. I have gotten out of singing and playing the guitar for quite a few years but recently have gotten back into it. I still am very rusty as one can see from these recordings done mostly in May and June of 2021. I hope to produce better recordings perhaps with the help of one or more people who are more gifted in music than I am. The videos will give you a sense of the melody and timing of the songs. If you have a good voice and more musical talent than me by all means record your rendition of one or more of these songs and let me know by email: pflaman@ualberta.ca).

## Come to the Waters (1 Feb. 1976)

$\frac{3}{4}$  time

(arpeggio) C Am F G7

Refrain: C Am F G7

Come, come, come to the waters.

C Am F G7 C C C

Come, come, come to the waters (of Life).<sup>1</sup>

C Em F G7

(Verse 1): Come and be still and rest in My love

C Em F G7 G7 G7

Come and drink of the waters of life.

(Note: the shorter verses 1 and 2, and 3 and 4 may be combined.)

(Verse 2): Come and sit at the feet of your Love.

Come, come, for I am your Lover.

(Verse 3): The will of My heart is for you to be one.

Come and live in union with Me.

(Verse 4): Listen, listen to My Word in silence.

Can you hear the song of My heart?

(Verse 5): Know your vocation, My children.

I call you to love as I love you.

See the poor about you, see your brother.

Will you care for me in your sister?

(Verse 6): Reach out and love, touch the hearts

of the wounded all about you.

Many are lonely and many are sad.

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<sup>1</sup> A friend Michael Martarana suggested adding the words “of life” to this verse.

Won't you invite them to share My Good News?

(Verse 7): Come and be still and rest in My Love,

C        Em    F        F    G7    G7 C C C

Come. Come, abide in Me forever.

Video links: <https://www.youtube.com/watch?v=MmHzbIx5LnI> (guitar)

<https://www.youtube.com/watch?v=QJ96ecSYehQ&t=106s>

(keyboard)

## Be Not Afraid (10 Mar. 1976)

(slow strum for each bar)

Dm C Bb A Dm C Dm C Am

(Christ/Bridegroom 1) Be not afraid little one of the calling of Love

(Bride 2) I am so afraid to come – to answer the call of your Love

(Bridegroom 3) I pledge my love to you – to always be true

(Bride 4) Oh how I want to come – to surrender myself to your call

(Bridegroom 5) Trust in me for I am gentle and lowly of heart

(Bride 6) Oh o o my love I surrender myself to you

(Together 7) Now we will sing forever of the joy of our Love

F E F E F G Am

(Bridegroom 1) I offer the gift of myself and my life to you

(Bride 2) Where will you take me, where will you lead me; How do I know?

(Bridegroom 3) Don't you know that I love you with an everlasting love

(Bride 4) I want to follow you – I want to come to you

(Bridegroom 5) Come and enjoy the sweet embrace of my eternal love

(Bride 6) Lead me into the courts of your love –take me forever

(Together) We are one now and always

F E F E F G Am

(Bridegroom 1) Will you share your life with me forever

(Bride 2) Will I be hurt, will I be left alone as before?

(Bridegroom 3) My promise to love is a holy love – a love that will outlast time.

(Bride 4) Will you help me to reject my fear – will you help me to abandon myself.

(Bridegroom 5) I will hold you and I will caress you until we are one.

(Bride 6) Now I am free, oh how I thank you that we are one.

(Together 7) Together we offer the gift of our Love to all of you ...

Video link: <https://www.youtube.com/watch?v=1P92NCgLLAA>



## **Sing a Song of Joy (11 Mar. 1976)**

GDC (fast strumming)

G D C G (repeated for every line)

Sing a song of joy to Jesus.

He's the Lord of Life and Joy.

Halleluiah. Halleluiah. (extra G bar after last line of each verse)

Praise Him for He is good.

Let your heart dance for joy.

Let your mind go and dream of heaven.

Praise the Lord of saints and angels.

I thank you Lord for little things, for birds that sing,

For the air we breathe every day,

And for giving us our daily bread;

For friends that smile and care for us.

I thank you Lord for Holy Mother Church.

I thank you for your blessed Mother.

Mary, how we love you. We thank you for the roses

That you send to us from Heaven.

All good things, O Jesus, are from your hand.

We love you and our Father.

In your Spirit we are one.

We will thank you Jesus for ever.

You are risen no longer to die.

Let your Spirit blow and fill us with your Love.

Sing your song of joy in our hearts.

Let our minds soar up to you.

Video link: <https://www.youtube.com/watch?v=sFigD9rNbOU>

## The Suffering Servant (Psalm 22)

(words from the NJB; 2 Apr. 1976)

Refrain: Dm (arpeggio) Gm Dm  
My God, my God, why have you forsaken me  
Dm Gm Dm  
Far from my prayer, from the words of my cry?

(Verse 1): F C F C F C Dm  
Oh my God, I cry by day and you answer not by night  
F C F C F C Dm  
Yet you are enthroned in the holy place O glory of Israel!  
F C F C  
Dm  
In you our fathers trusted, they trusted and you delivered  
them.

(Verse 2): But I am a worm, not a man, despised by the people.  
You have been my guide since I was first formed, my  
security  
At my mother's breast  
To you I was committed at birth  
From my mother's womb you are my God.

(Verse 3): Be not far from me, for I am in distress  
Be near, for I have no one to help me  
I am like water poured out; all my bones are racked  
My heart has become like wax melting away within my  
bosom.

(Verse 4): They have pierced my hands and my feet, I can count all my  
bones  
They divide my garments among them, and for my vesture  
they cast lots.  
But you, O Lord, be not far from me, hasten to aid me.



(Verse 5): You who fear the Lord, praise him, all of you revere him  
For he has not disdained the wretched man in his misery  
Nor did he turn his face away when he cried but he heard  
him.

(Verse 6): So by your gift will I utter praise in the vast assembly;  
The lowly shall eat their fill; they who seek the Lord shall  
praise him.

May your hearts be ever merry, for dominion is the Lord's.

(Verse 7) He rules the nations, before him shall bend all who go to dust  
And to him my soul shall live; let the coming generation be  
told of the Lord

That they may proclaim to a people yet to be born the justice  
he has shown.

Video link:

<https://www.youtube.com/watch?v=4XuEXHBUNgY&t=24s>

### **You Are the Way (20 Dec. 1976)**

(4/4 time with arpeggio with just 4 with each string being one beat)

AGAG            A            G    A            G    A            G  
A   EGAE

Refrain: You are the Way, You are the Truth, You give Life to us.

(after 1) You are the Way, You are the Truth, You give Life to us.

(after 2) He is the Way, He is the Truth, He'll give Life to you.

(after 3) For I am the Way, I am the Truth, I'll give Life to you.

(after 4) He is the Way, He is the Truth, He'll give Life to you.

(after 5 X 3) You are the Way, You are the Truth, You give Life to  
us.

E            G            A            E            E            G  
A   E

Verse 1 Deliver us from evil, set us free from our sin

Verse 2 The Virgin Mary said Yes to the Lord, God became man

Verse 3 Jesus walked among us Teaching: I am Life

Verse 4 On Good Friday He poured out His blood

Verse 5 He is Risen from the dead, He has gone to the Father,

(lower) D C A D C A  
Verse 1 Free us to love our brother, free us to love each other,  
Verse 2 In Bethlehem was born to her  
Verse 3 The one who comes to Me, one who believes in Me  
Verse 4 Laid down his Life in Love because of sin,  
Verse 5 Pouring out His Spirit on all of us

D C A A  
Verse 1 Free us to love you our God.  
Verse 2 Jesus Light to us.  
Verse 3 will no longer die.  
Verse 4 for you and me.  
Verse 5 who cry out to Him.

Video link: <https://www.youtube.com/watch?v=89lrNp3D4FA>

## The Splendor of God (12 Apr. 1977)

CFG7G7CAmCC

          C        F    G7 G7  C          Am  C  C  
Refrain:  I want to take you to the arms of the Father.  
          I want to show you the splendor of God.  
          I want to heal you of your broken dreams.  
          So come now,      I am calling you (repeat last time)

          C        F        C          F        C G7  C  C    C    G7  
C  C  
Why do you look for life where it can't be found, where it can't be  
found.  
Leave                  behind the past,      live today,      live today.  
Turn                  from sinful ways,      Turn to me,      Turn to me.  
I am the  God of  Life,                  Come to renew you, come to  
renew you.

          C        F  C  F    C        G7 C  C        G7  C  C  
No need to run and hide, for I am everywhere, I am everywhere.  
No need to pretend now,      for I see in your heart, I see in your heart.  
I see your secret thoughts,  laid bare before me, laid bare before me.  
But please do not forget that I am a God of Mercy, I am a God of mercy.

          C  F        C          F  C        G7        C  C        C  
G7  C  C  
I see how you're crying inside, I see the wounds of your soul, the  
wounds of your soul.  
Open your heart to me for      I am a  Healer,          I am a  
Healer.  
No need to be afraid for      I am a God of Love,      I am a  
God of love.  
No need to be alone now for      I love you,          I love  
you.

Video link: <https://www.youtube.com/watch?v=zpNfNCXtOhA&t=25s>

## I'm Just a Man (21 May 1977)

Intro E G A E E (arpeggio); verses higher and refrain lower.

E G A E

1. I'm just a man looking for bread

E G A E

To feed my poor family

E G A E

And there are millions like me

E G A E E G E G E

All over this world.

AAEEA A EE DDAA E E GEE

Refrain: Jesus, come to us to feed all who hunger.

E G A E (after last line of verse: E G E E)

2. I'm just a man so alone

Looking for a friend

And there are millions like me

All over this world.

AAEE AA EE DD AA EE GEE

Refrain: Jesus, come to us to be the friend of all.

E G A E (after last line of verse: E G E E)

3. I'm just a man so afraid

To give my life to follow You

And there are millions like me

All over this world.

AAEE AA EE DD AA EE GEE

Refrain: Jesus, come to us to take away our fear.

E G A E (after last line of verse: E G E E)

4. I'm just a man with plenty to spare

Who doesn't know how to share

And there are millions like me

All over this world.

AAEE AA EE DD AA EE GEE

Refrain: Jesus, come to us to show us how to give.

E                    G            A            E (after last line of verse: E  
G E E)

5. I'm just a            man looking for bread  
To feed my            poor family  
And there are millions like me  
All                    o            ver this world.

AAEE AA    EE    DD    AA    EE    GEE

Refrain: Jesus come to us to show us how to love.

E                    G            A            E

(End):            I'm just a    man looking for bread  
To feed my poor fam            ily...

Video link: <https://www.youtube.com/watch?v=JavT76XbOT8>

### **And I'll Sing (27 Jan. 1978)**

4/4 tempo 160 (sung sprightly, fairly quickly; guitar arpeggio, 1 string for each beat)

ADAE            A                    D            A            E

(Refrain: higher)            And I'll sing a song of joy to my Lord

A                    D            A    E E

And I'll love and I'll serve Him every day (repeat last time)

A            D            A                    E

(Verse 1: lower) Oh my soul praise the King of the great universe

A            D            A                    E E

Shout and raise your hands in eternal praise

A                    D                    A                    E

(verse 2) Live in            a spirit of            always giving thanks  
For the many blessings from His mighty hand. E

A            D                    A                    E

(verse 3) And I'll work for the glory of His name  
And I'll pray for the coming of His Kingdom. E

A D A E  
(verse 4) May the peace of Our Savior Jesus Christ  
Fill the hearts of people of good will. E

A D A E  
(verse 5) Blow your breath of love, O Holy Spirit  
Upon the children of Our heavenly Father. E

Video link: <https://www.youtube.com/watch?v=IezXtnBejOU>

## Our Father (5 June 2021) (See Mt 6:9-13 and Lk 11:2-4)

Chord introduction: AmAmGGEEE (4/4 quick strumming: 1 down, 2 down&up, 3 up, 4 down)

Chords: Am G E E

Melody: A(4) G G G E

Jesus taught us to pray:

Am G E E

E D B

Our Father

Am G E E

E D D B B

Who art in heaven

Am G E E

A A G G E

Hallowed be your name

Am G E E

A G G E

Your kingdom come

Am G E E

E D D B

Your will be done

Am G Am G E E

E E G G E E D B

On earth as it is in heaven.

Am G Am G E E

C(5) C C B B A A G E

Give us this day our daily bread

Am G Am G E E

A A G G G A A G E

And forgive us our trespasses

Am G Am Am G G E E

C C C B A A G G G E E

As we forgive those who trespass against us,

Am G Am G E E

A G G A A A G G E

And lead us not into temptation

Am G AmAm GG E E

E D D E E D B

But deliver us from e vil.

Am G Am Am GG AmAm GG EE

C(5) C B A A G G A A G E

For the kingdom, the power and the glo ry (this doxology at the end is found in some ancient texts)

Am G Am G E E AmGEE AmGEE AmGEEAm (guitar 3 slow downstrums to end)

C B A G E E A G E E D B (keyboard extra chords then hold Am)

Are yours, now and forever. A men. A men.

Video Link: <https://www.youtube.com/watch?v=HuxrAXG7UQ8&t=4s>  
(guitar)

[https://www.youtube.com/watch?v=A\\_0mvmovAzY&t=61s](https://www.youtube.com/watch?v=A_0mvmovAzY&t=61s)  
(keyboard)

<https://www.youtube.com/watch?v=nBO7BX-QHkE> (piano)

These versions need a lot of work yet. I like the rhythm with the guitar, but I like the melody with the keyboard better which follows the melody as written above. Both use the same chords. I hope to be able to put together a better version or versions of this song in the near future. The piano in person sounds much better than this cell phone recording (perhaps the cell phone was too close). As I said above, I hope to produce better recordings of these songs perhaps with the help of one or more people who are more gifted in music than I am. The videos will give you a sense of the melody and timing of the songs. If you have a good voice and more musical talent than me, by all means record your rendition of one or more of these songs and let me know by email: pflaman@ualberta.ca).



## **Immaculate Mary (traditional Lourdes song)**

This was a favorite song of my father. Video link:  
<https://www.youtube.com/watch?v=lh6PTDniBmg>