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## *Constant in the State of Change Called Life*

This week I was reminded that every time you start to settle into your life, something changes. Friends move away, get married or have babies and change forever how you relate to them and perceive yourself. This time, a friend is moving across the pond and I find myself a little sad. Don't get me wrong, I'm ecstatic for her, just melancholy for myself. No longer can I pop her a text or a Facebook message to meet for lunch or invite her to a volleyball game. Instead we will have to put more effort into our friendship. Just because your friend is moving to some place far away from you or into another phase of her

life doesn't mean that you are being left behind.

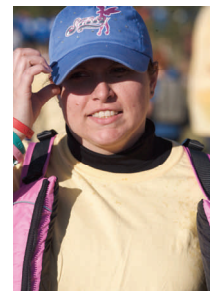
It's that little bit of work that will cement your friendship through the trials and tribulations of life.

I think this is the true meaning of friendship for life just as it is for Pi Phi for life. As an alum, you are no longer programmed into the Pi Beta Phi life. It takes a bit of effort on your part to remain involved and stay connected with the friendships you have formed during your collegiate years. You will even forge new friendships with those both younger and older than yourself. That is the true reward for that small

amount of time your contribute to staying in touch.

I hope you continue to live in the spirit of Pi Beta Phi, throughout your life, and be the richer for it.

Sarah French (1998)



Edmonton Alumnae Club  
Officers 2009-2010  
President: Sarah French  
(780) 453-1058  
salty\_pearl@shaw.ca

Vice President:  
Tricia Cunningham  
(403) 885-0265  
triciac77@hotmail.com

Treasurer: Krystal McLay  
(780) 920-3578  
krysmclay@hotmail.com

Secretary: Gina Schreiner  
(780) 986-8795  
ginaschreiner@hotmail.com

Membership:  
Samantha Oler  
(780) 994-9595  
oler.sam@gmail.com

ACRIC: Bethan Franklyn  
(780) 717-3284  
Bethan.franklyn@gmail.com

Philanthropy: Anna Romano  
(780) 298-3777  
aromano77@hotmail.com

Fundraising:  
Heather McLean  
(780) 989-2874  
hm042078@telus.net

## Founders' Day Celebration.

The Edmonton Alumnae Club would like to cordially invite you to the 2010 celebration of Pi Beta Phi's Founders' Day!  
Date: Saturday, May 1, 1 p.m.  
@ Avonmore Community Hall  
7902 - 73rd Ave.

This year we will be celebrating Founders' Day with a culinary twist. We'll be making fruit

shakes! If you have any great recipes feel free to bring them and share your secrets. We'd love to see alum such as yourself there to celebrate the founding of our beloved fraternity, Pi Beta Phi. As well we will welcome the new seniors to alum life. This year's graduating seniors are: Angela Shi,

Avicneet Jagpal, Chrisselle Aphin, Kayla Bilsborrow, Kayla McCarthy, Shannon Kinsella, Zoe Greer-de Kimpe.

To R.S.V.P., please contact Rebecca Akierman before Friday, April 16, 2010, at [rebecca.akierman@gmail.com](mailto:rebecca.akierman@gmail.com) or (780) 913-6030.

## Announcements

### Births:

Gina Schreiner (1996)  
gave birth to son Adam  
Boukhzer March 13, 2010

### Engagements:

Narmin Hassam (1994) &  
Craig Clark

Kristin McFarlane (2006)  
& Devin MacColl

Jennifer Barber (2004) &  
Sam Wingham

Suverina Grenier (2009)  
& Larissa Brandelli (2008)

Kim Sparks (2004) &  
Juan Medrano

### Weddings:

No weddings have taken  
place since the fall; how-  
ever, there are a host of

ladies tying the knot this  
summer.

Congratulations to all! If  
you have news you would  
like to share, please con-  
tact: Sarah French  
(780) 453-1058



Edmonton's newest Bach-  
elorette and Pi Phi alumna  
Yvonne Valdes (2003)

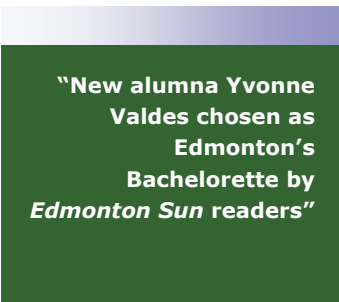
## Edmonton's Newest Bachelorette

Competing with 20 other  
ladies for speed dates with  
10 outstanding gentlemen  
and a trip to Las Vegas ...  
after one week of voting,  
Yvonne Valdes was voted  
into the top three most eligi-  
ble ladies in the city.  
March 16, 2010, she was  
then named Edmonton's

Bachelorette by the *Edmon-  
ton Sun* and The Bounce  
91.7. Yvonne will be speed  
dating the 10 most voted for  
gentlemen (by *Edmonton Sun*  
voters) as well as going on  
four dream dates before  
choosing one lucky man to  
accompany her on a trip to  
Las Vegas. Yvonne also

receives \$1,000 and a small  
shopping spree.

Congratulations, Yvonne!  
We all knew you would be  
chosen the moment we  
knew you had entered!  
Enjoy your dates and your  
trip!



## Come Have Fun With Us!

### April

April 29: Alice in Wonderland  
movie fundraiser: \$23 for  
adults, \$16 for children.  
R.S.V.P. and pay Margaret  
Kam (1999)  
Maggie.kam@gmail.com

Book Club hosted by Leanne  
Heuchert and Krista Searle:

Romance is in the air

Wine Tasting

### May

May 1, 1-3 p.m. Founders'  
Day: A Kitchen Experience

### June

Alumnae club meeting: come  
help us prepare for the upcom-

ing year and celebrate our suc-  
cess in 2009-2010.

Would you like to host or plan  
an event? Do you have great  
ideas for events?

Contact Sarah French @  
salty\_pearl@shaw.ca



Colleen Murray (1992), Janice  
Spence (1992), Sarah French  
(1998) and Marnie Lee (1997) at  
Fraternity Day of Service

## AAC Recruitment

We are currently looking for two to six wonderful Pi Phi women to help fill spots on Alberta Alpha's Alumnae Advisory Committee. AAC has changed a lot in the last few years as has our chapter. The objectives and duties of each position are more clearly defined by Headquarters, and we have an amazing regional support team, which includes our own Carly Giesbrecht (2000). AAC conducts the majority of

their duties via e-mail with the chapter, but they do attend a minimum of one chapter meeting and one joint meeting with the executive council each month. If you live in out of Edmonton, AAC does have a few positions that can accommodate long distances with minimal travel, such as adviser to the Vice President of Philanthropy. Advising would be done through e-mail and Skype and generally the chapter cal-

endar for the year is planned in January so you would have adequate notice if travel was needed. If you are interested, or would like more information, please contact Leanne Heuchert (1996) at [abalphaaac@pibetaphi.org](mailto:abalphaaac@pibetaphi.org).



*Carly Giesbrecht (2000)  
Collegiate Regional Chapter Ops/Adv. Specialist*

## Fraternity Day of Service

This year we partnered with John A. McDougall school and Big Brothers Big Sisters of Edmonton mentoring program to promote literacy in the community.

An entire grade one class performed a very energetic dance for us before we were matched with one child.

The teacher of the grade one class was forced to draw names from a hat to select those children who participated. Each child in the class was extremely excited at the chance to spend time with a mentor.

We decorated Easter-themed ornaments, read a book and completed a homework sheet.

Thanks to generous donations from our alumnae, we were able to provide a book for each child in the class to take home.

For more information on mentoring at John A. McDougall or any school in Edmonton, contact Lasina Ironstone at (780) 424-4121, ext 201.

**"Each child in the class was extremely excited at the chance to spend time with a mentor."**

## Member Survey

Each year the club attempts to hold events and meetings that interest our members. As well, we try and honor all the good work that alumnae are doing in their communities, for the chapter and in general. The only way to reach everyone is to invite you to participate in a yearly member survey. Using

this we are able to target what events you would like to see, when is it easiest for you to come to events, find volunteers and recognize all you do.

Please visit:

<http://www.surveymonkey.com/s/BCNDJIF>

Your opinion is important to us and we would love to hear from you.



*Colleen Murray (1992) & Janice Spence (1992) read to grade one students*

## Edmonton Alumnae Club

First Name:

Last Name:

Last Name @ Initiation:

Telephone:

E-mail:

Chapter & Year Initiated:

Please make cheques payable to  
"Edmonton Pi Beta Phi Alumnae Club"

**Thank you for your support of the  
Pi Beta Phi Edmonton Alumnae Club!**



*Dues? Again?!? Each year that you pay your dues (just \$45) you support not only our local alumnae club but a variety of Pi Beta Phi initiatives. International dues are \$25 and support international programming such as Holt House, Pi Beta Phi Foundation and Arrow in the Arctic. Paying your dues also guarantees that you receive four printed copies of The Arrow® during the year.*

*\$20 is put towards local programming such as newsletters, local philanthropies and the local chapter. Without your continuing support, our alum club would not exist.*

*Please forward all dues and donations along with the attached membership form to:  
Krystal McLay  
306 9619 174 Street  
Edmonton, Alberta  
T5T 6C6*

Would you like to further support the chapter and/or philanthropy?

Become an angel with Angel Dues. Levels include:

*Angel: \$5 Heavenly Angel: \$10 Guardian Angel: \$15 Archangel: \$20*

Donors will be recognized at Founders' Day for their generous spirit.

If so desired, please indicate where you would like your donation to be applied.

Donations and dues are not tax deductible.

## Financial Highlights

So far this year we have 25 dues contributing members which is 76% of our budget. We are required to have at least 25 members in the two years preceding convention order to obtain some funding for convention. We have also received \$25 in angel dues which is just 17% of our budget; last year ladies contributed \$128. We still need a really big fundraiser as we have \$175 still to go.

There are no major additional expenditures expected for the year; however, we are at a net loss to date of \$215.

The budget is created by the president and the treasurer based on expected revenues/expenses, the

prior year, and changes to the activities of our club.

I would like to send a special thanks to all those members who have contributed this year. Your contributions make it possible for us to send newsletters, assist the chapter, and ensure Edmonton (and the Alberta Alpha chapter) are represented at convention as well as host the many wonderful events throughout the year.

If you have any questions or would like information pertaining to the club's finances, please feel free to contact me at:

[krismclay@hotmail.com](mailto:krismclay@hotmail.com). To submit dues or donations please send your cheque to: Krystal McLay,

306 9619 174 Street, Edmonton, Alberta T5T 6C6.

When submitting your dues please include your name, telephone number, e-mail address, and year and chapter of initiation. If you would like to submit funds to be used for a special purpose such as supporting the Alberta Alpha chapter or to one of the many fabulous philanthropies, please indicate this with your cheque and we will ensure the funds are properly allocated. If you are only paying your international dues, please consider contributing them through our club. The number of members who pay their international dues through our club affects our ability to obtain funding and qualification for awards.

