



Silent Wonder Ted Harrison

Hello everyone and Belated Happy New Year!

How's your 2021 going so far? My Current Husband says that Sue's News has become "thin and used to be better." M.C.H. even went so far as to say it might as well be called Sue's Snooze!! He may have a point. Full transparency, that was not my initial response! But at this stage of the pandemic maybe it's OK to sneak in a bit more substance. I understand that the comic pages are an essential service and must be preserved so Keep Calm & Scroll On if you need the jokes right now!

Dr Esther Choo is a professor of emergency medicine. This is from her Op Ed in The Washington Post June, 2020. "In the last year of my residency training, I wasn't myself. I was exhausted but lay awake between shifts, unable to sleep. I went four days without eating. I lost 12 pounds in a month. I couldn't muster interest in much of anything, including my own wedding plans. In brief, I had an ordinary disease, which hit me at an ordinary time, in an ordinary way. So, I did what doctors with depression do: I hid it. I smiled through my shifts until I couldn't, then I would walk into the bathroom outside the trauma hallway, cry, wash my face and walk out smiling."

Full article [HERE](#)

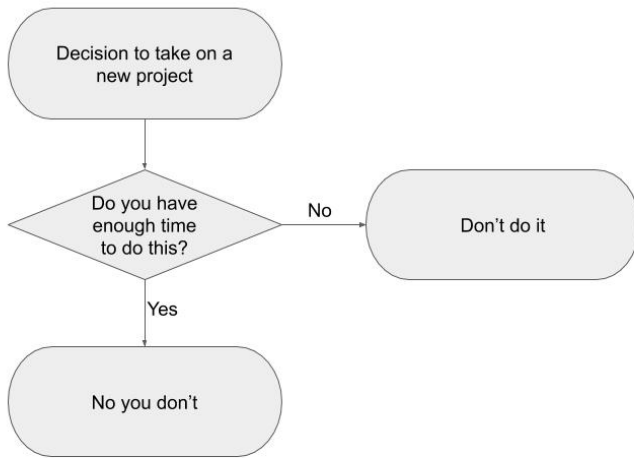


Steadfast Herd Kananginak Pootoogook

"AMA funding for our PFSP may not continue beyond March 31 2021. The government may also place the program under the direction of another organization, e.g., AHS. If either (or both) of these outcomes occur, there will be predictable and significant negative impacts that should concern us all."

The article includes my experiences of depression and accessing help from the PFSP. I was really surprised by the discomfort I felt seeing my story in print. I have renewed and deep respect for anyone who has shared their experiences around mental illness.. Full article in Alberta Doctors Digest [HERE](#)

When I Realise I'm Wasting  
Another Year Of My Life But This  
Time It's Not My Fault ...

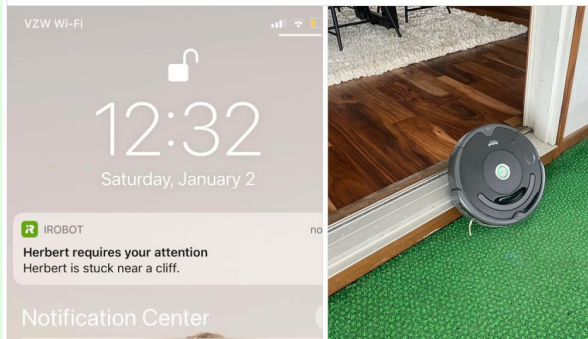


slate @PleaseBeGneiss · 4h  
crossing things off my to-do list. i didn't do them i just don't want them on my list anymore

written by @PleaseBeGneiss



Kyle @kylewendland · 1d  
Herbert the vacuum seems a little dramatic

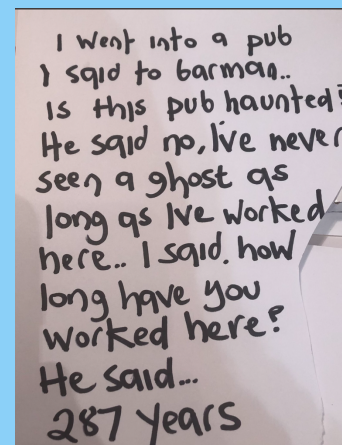
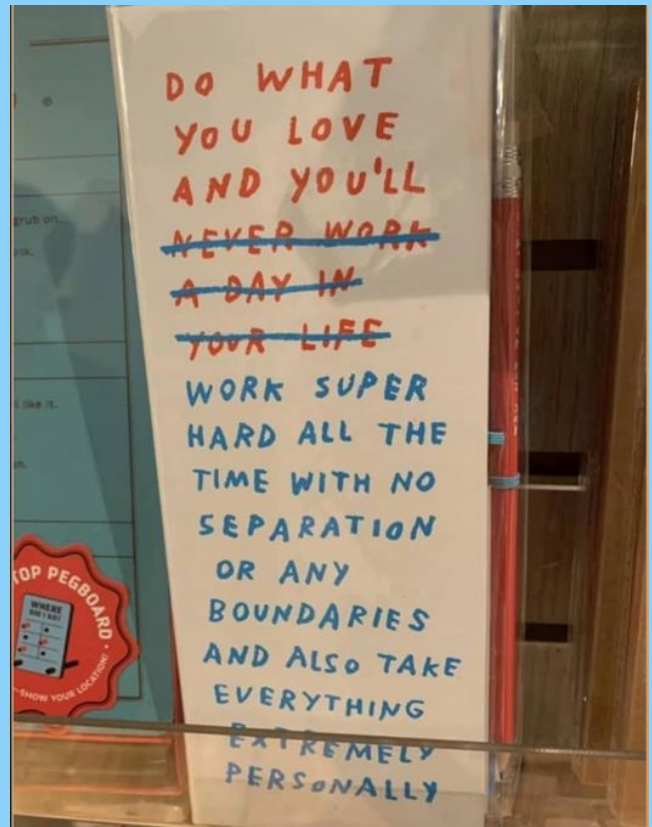


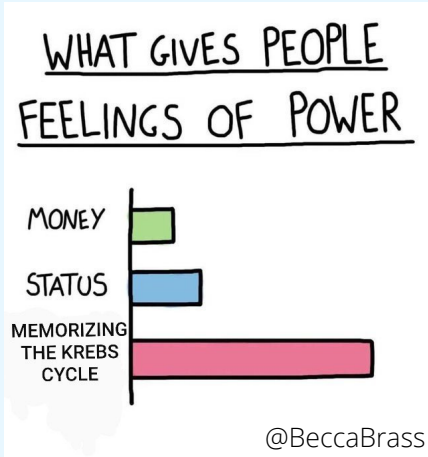
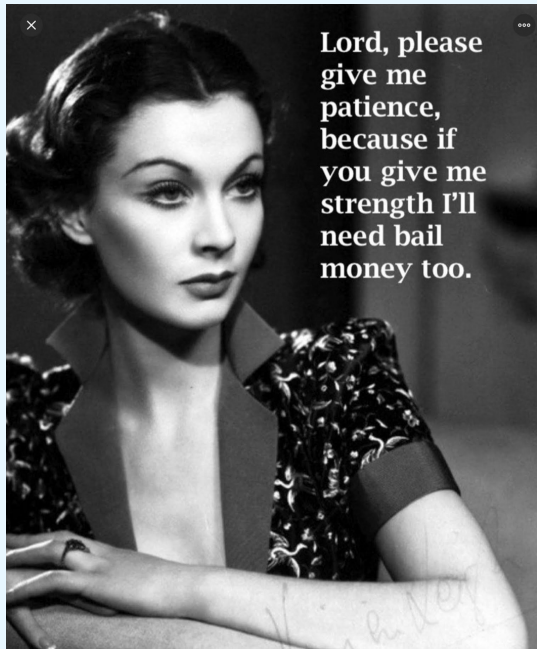


TO DO LIST

Brian Bilston

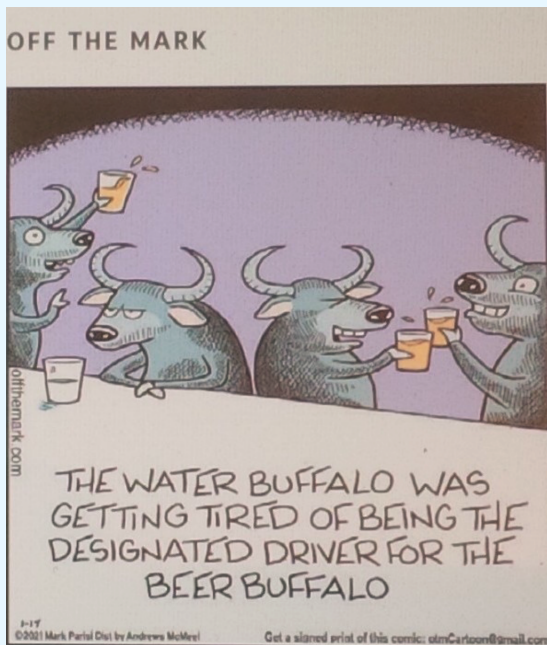
1. Delay with an urgent hesitation.
2. Be unwavering in vacillation.
3. Embrace the art of equivocation.
4. Read a book on procrastination.
  
5. Dilly-dally; dither; be dilatory.
6. Drink tea through the day continually.
7. Look up 'avoidance' in the dictionary.
8. Ignore all forms of worthwhile industry.
  
9. Break for lunch
  
10. Ponder the intrinsic nature of work.
11. Re-prioritise which tasks to shirk.
12. Allow three hours to hem and haw.
13. Lollygag; chew my jaw.
  
14. Stroke the cat; lose my pen.
15. Re-do tasks from one to ten
16. Lurch and flounder; loll and wallow.
17. Write To Do list for tomorrow.





So you know ants can't get Covid? They have little anty-bodies.

theredgc



Wife: "The car is not starting. Dashboard shows the sign of a person sitting on toilet."  
Husband: "What...?? Send me a picture."



@sharkawMD





Mountain Image #3 Doris McCarthy

**I am not a liberal snowflake.  
My feelings aren't fragile.  
My heart isn't bleeding.  
I am a badass believer in human rights.  
My toughness is in tenderness. My strength is in the service of others.  
There is nothing more fierce than formidable, unconditional love.  
There is not a thing more courageous than compassion.  
But if my belief in equity, goodness and love indeed makes me  
or people like me snowflakes, then you should know -  
Winter is coming.**

**Houston Kraft**



**Yellowknife Flurry Nathan Myhrvold**



Breakfast of the Birds Gabriele Münter

**Dr Rana Awdish** is a critical care physician and writer. The best selling memoir *In Shock* recounts her experiences as a patient on intensive care. In *The Examined Life Journal*, **The Aviary** is a moving, honest essay about birds, grief, marriage, and the stresses and frustrations of a physician during the pandemic.

" we had a patient who needed a ventilator, he wasn't very old, mid-sixties. Before going on the vent, he wanted to make sure he wasn't taking it from someone else, someone younger who had a better chance of survival... it made me so sad and no one gets it.

At a time when it seemed everyone needed me, I chose to be devoted to something that didn't need me at all. I chose birds."

Read the full essay via dropbox [HERE](#)



Winter Garden Victoria Crowe



Thanks so much for reading.  
Please feel free to share Sue's News  
with anyone who might enjoy it.

All good things, Sue

