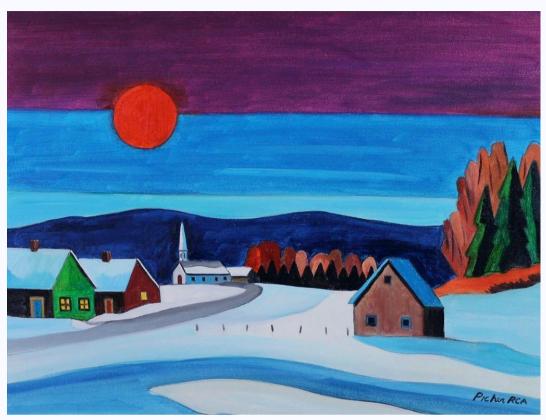
Sue's News Jan 2022



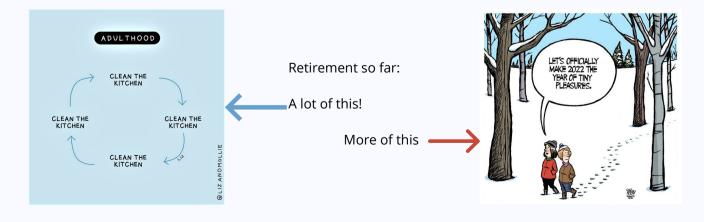
Coucher de soleil dans la Matapedia Claude Picher @CanadianPaintings

Hello everyone,

How are you?

What can I say except I wish you continued strength and support as you navigate work, kids, parents, school, winter, politics, social media and everything else in your life while the pandemic continues. It's a month since I retired and I'm a bit surprised at how easy and normal it feels. Retired colleagues said I would know when the time was right and that they didn't look back. That's my experience too.

Sue's News is the only "commitment" left from my professional life and I'm not sure how it fits going forward. I think I'll continue a newsletter of some kind, but it will change from this format. I'm grateful to the Dept. of Anesthesiology for hosting Sue's News on their website for the last few years. This will be the last issue archived <u>there</u>. My website is under construction courtesy of my son. TBA!







Holiday leftovers!

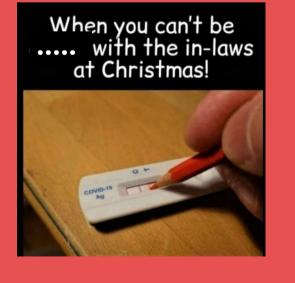
"Is it our turn not to come to you, or your turn not to come to us?"



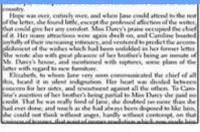


I went to get tested for Covid yesterday. The staff asked me if I had experienced a sudden lack of taste. I replied, "no I've been dressing like this for a while now."



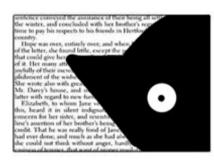






obtice conveyed the assistance of their being all settled in Landon for e winter, and concluded with fire brother's regret at not baving has ne to pay his respects to his firends in Hertfordshire before he left th d to the s

near to pay his respects to his friends in Herttonstrene per-country. Hope was nere, entirely never, and when Jame et al. of the letter, who found lithe, except the positional that coold give her any corridor. Miss Darvy's past of al. Her many attractions were again dwelf or, a sphilly of their increasing intrance, and ventored to pidoment of the winkers which had been molioided a structure of the winker which had been molioided the Darvy's house, and mentioned with apport. Mit, Darvy's house, and mentioned with apport, a litter with segard to new familian. Her heart was di-concern for her sidter, and recent ment against all the or line's ascertion of her hordber's being partial to Min. Dar-concern for her sidter, and recent ment against all the or line's ascertion of her hordber's being partial to Min. Da-cond, That he was neally fixed of Jare, she doubled no-had ever done, and runc's as she had always been dupon her could not thank without anget, hardly without com-mentance thanks of the sector and the sheat her had when the could near these here the structure and any been dupon here could not thank without anget. Instity without com-



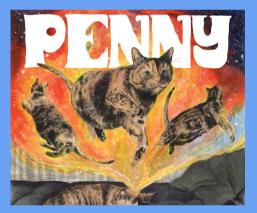






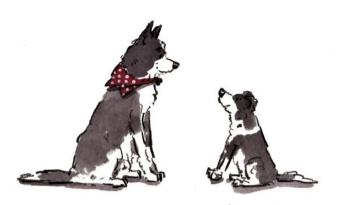


@1tometoday I am being a book



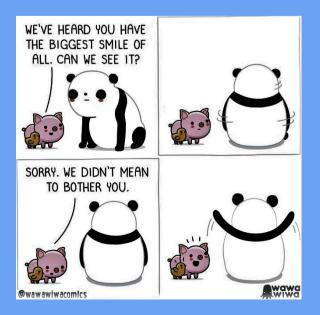
The philosophical and existential musings of a cat named Penny. Bought it for my sister Penny who's a cat person obviously! Has to get a copy for me the dog person it's BRILLIANT! HERE





Don't let them find out that we understand exactly what they are saying, we're Just ignoring them alor of the time.











'The warm winter' Olga Kvasha #WomensArt

Small Kindnesses

I've been thinking about the way, when you walk down a crowded aisle, people pull in their legs to let you by. Or how strangers still say "bless you" when someone sneezes, a leftover from the Bubonic plague. "Don't die," we are saying. And sometimes, when you spill lemons from your grocery bag, someone else will help you pick them up. Mostly, we don't want to harm each other. We want to be handed our cup of coffee hot, and to say thank you to the person handing it. To smile at them and for them to smile back. For the waitress to call us honey when she sets down the bowl of clam chowder, and for the driver in the red pick-up truck to let us pass. We have so little of each other, now. So far from tribe and fire. Only these brief moments of exchange. What if they are the true dwelling of the holy, these fleeting temples we make together when we say, "Here, have my seat," "Go ahead — you first," "I like your hat."

Danusha Laméris

Thank you to writing coach Asifa at fireflycreativewriting.com for sharing this poem.



Road Trip Playlist Jack Bishop

Our goal is not to prove our worth, but to show who we are,

so that the people who will thrive with us can find us. Fireflycreativewriting.com

Among my retirement cards there are two that stand out because they're from people who noticed and valued the parts of Sue-at-work that mattered most to me. Reading them made me cry because I felt truly seen.

Two weeks ago my mother died peacefully in England aged 88. As my sister and I put together her funeral we're thinking about what was important to mum and what other people appreciated most about her.

I firmly believe that a career is not a life, but I'm touched that "welcoming, inclusive and kind" are among the words chosen to describe both of us.

We're all just walking each other home. Ram Dass



I love Proper English Robins but have to say this Australian **PINK** robin is pretty amazing! Discovered on Twitter of course!

Thank you so much for reading, All good things and much love, Sue



Ravi Arora