

Sue's News & Views JULY 2019

Hello everyone,

Sue's News usually breaks for July and August so this is/was a short issue.

But I have a duty to issue this **Public Warning**.

If you want your life to stay the same - do not, I repeat **DO NOT** attend a Harvard CME course!

October 2005 **Harvard Mind/Body Medicine course**. Connect with people.

January 2006 2 weeks introductory **Hypnotherapy training, Santa Fe NM**.

Summer 2006 2 month sabbatical in Santa Fe.

Complete 350 hours training in hypnosis. Tim goes fishing!

Am never quite the same again - in a good way!

Introduced Guided Imagery program to reduce perioperative stress and anxiety at the Grey Nuns.

Used hypnotherapy to help residents in various specialties with anxiety around Royal College exams.

June 20 - 22 2019 **Harvard CME course, Writing, Publishing & Social Media for Health Care professionals**.

During which I lose: my umbrella (permanently), phone (temporarily), credit card (nearly) and question my sanity (daily). Connect with lots of people.

My new Shero is Dr Julie Silver, Course Director, Tiger Mother, researcher extraordinaire. Google her.

June 23 back in Edmonton vaguely considering gradual development of website, blog

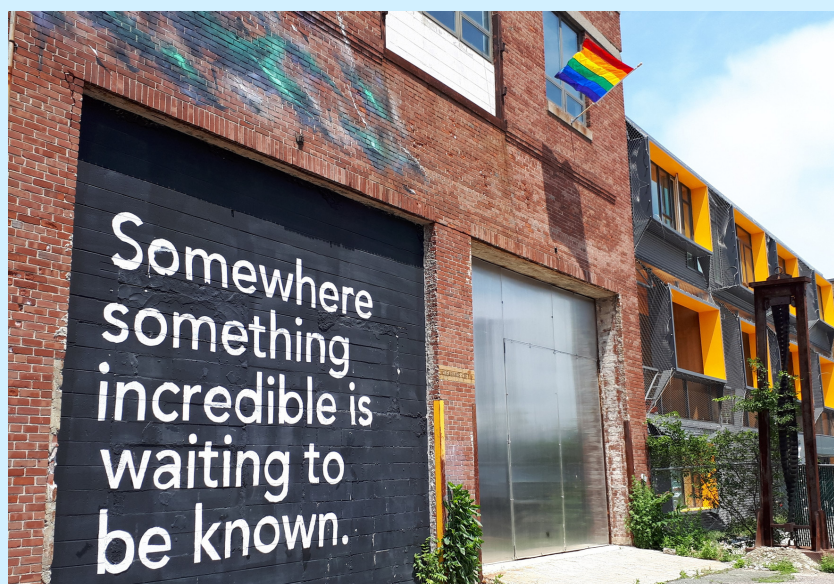
June 23 accept invitation to **record guest episode for Surgery 101 podcast Sept 2019**. [HERE](#)

Questioning my sanity hourly.

Suspect am never going to be quite the same again again!

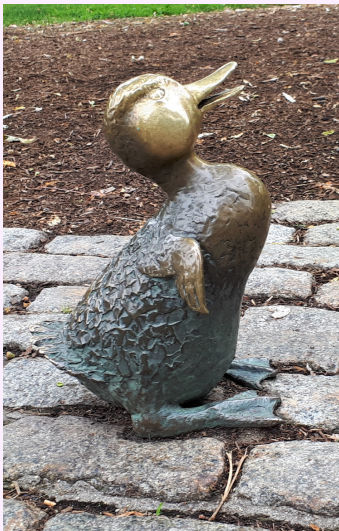
Fancy "drinking from a fire hydrant"? Next Harvard Writers Course is **APRIL 16 - 18 2020**

Details [HERE](#) You have been warned!



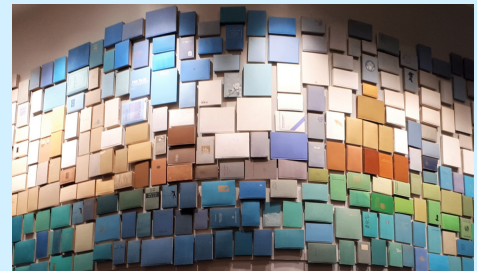


THIS SCULPTURE HAS BEEN
PLACED HERE AS A TRIBUTE TO
ROBERT McCLOSKEY
WHOSE STORY 'MAKE WAY FOR DUCKLINGS'
HAS MADE THE BOSTON PUBLIC GARDEN
FAMILIAR TO CHILDREN THROUGHOUT THE WORLD
1987





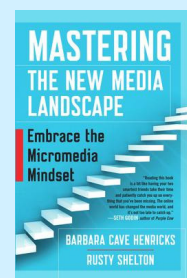
#HarvardWriters2019
 @JulieSilverMD
 juliesilverMD.com
 #HarvardWriters



"The more cognitively flexible you are the better you will do in publishing and in life."
Dr Julie Silver

"Everyone should meet Dr Julie Silver before they die.
 I am cognitively, emotionally and in every conceivable way - inflexible on this subject."
 Sue Reid

Rusty Shelton gave a brilliant & practical overview of social media and more.
 "Your brand is what Google says it is."
The magic is what happens off Twitter."
 His book is available in independent bookstores and You Know Where.



It's all about our shared humanity.
 What we are really doing is breaking down loneliness.
 Dr Schoenthaler

Dr Robin Schoenthaler was informative, funny and encouraging in her session on The Essay.
 A radiation oncologist at Massachusetts General Hospital her website is [HERE](#)

"Will he hold your purse" published in the Boston Globe [HERE](#)

Dr Schoenthaler won the 2019 Boston GrandSLAM competition with her story Occasional Magic.
Warning - account of grief and loss of child. 6 min video [HERE](#)

Your **SWEET SPOT** is where your
 Interests Skills & Opportunities intersect.
 Aim to spend 80% of your time there.
 Dr Julie Silver



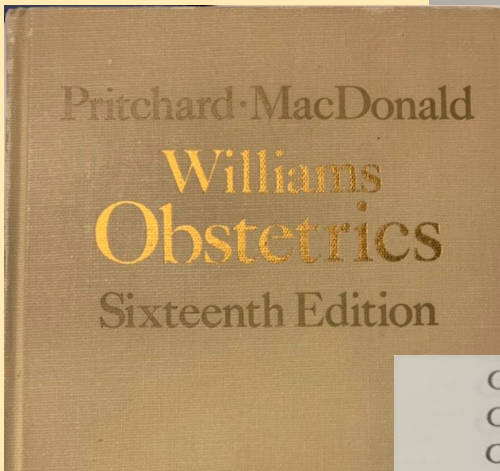
Dr Amitha Kalaichandran & I with Cannoli.
 My Sweet Spot for sure!
 I love Twitter but prefer IRL to URLs

So very sorry
FOR YOUR LOSS

My last day at work is the
28th July.

THINKING OF YOU
AT THIS DIFFICULT TIME.

Love,



Chadwick's sign, 270
Chamberlen forceps, 1063
Chancroid, 752
Chauvinism, male, voluminous amounts, 1-1102
Chemotherapy. *See* Antibiotics
 choriocarcinoma and, 570-71
 hydatidiform mole and, 565, 567-68
Chiari-Frommel syndrome, 921
Chicken pox (varicella), 765
Childbed fever. *See* Puerperal infection

Get around in **ENGLISH** Lesson Forty-four
How to Start a Conversation

Use this handy card whenever you want to start a conversation with a British person.* Just look them in the eye and say the conversation starter for your level. It's as easy as that!

Elementary
It's a nice day today, isn't it?

Intermediate
Bit of a cold wind today, isn't there?
Looks like we're in for some rain later.

Advanced
A trough of low pressure is sweeping down from south-east Iceland, bringing fog and frost to low-lying areas, with scattered thunderstorms in the west and a belt of rain, which may fall as sleet or snow over the Pennines, moving across the whole country by tomorrow lunchtime.

*Don't worry if you can't understand their reply — just keep smiling!

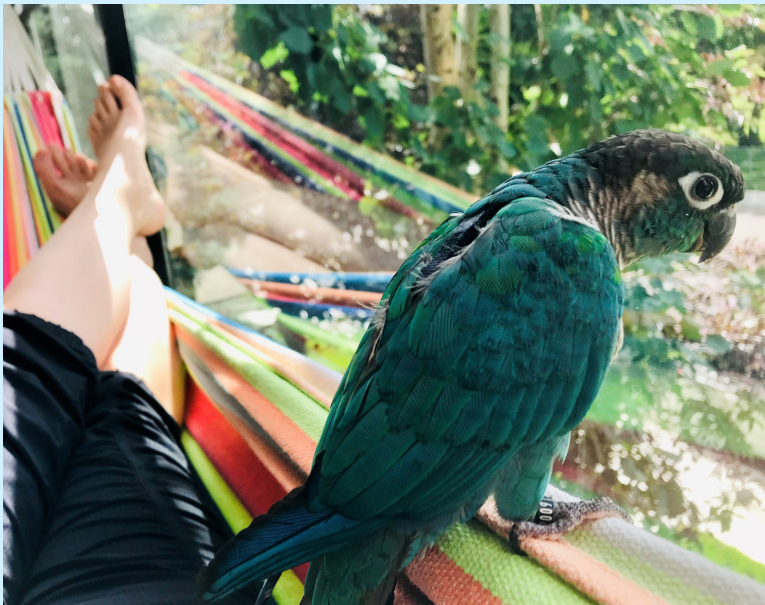
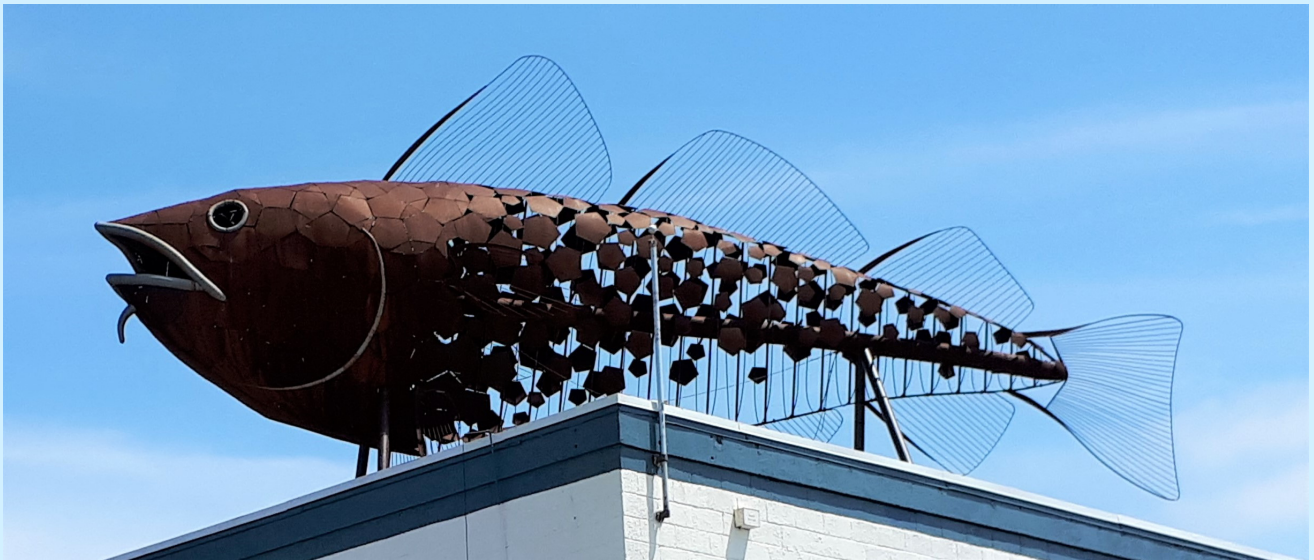
Tourists like you are ruining this place!

Yes, it is, isn't it?

THE PERFECT SUMMER HOLIDAY READ

COVER	BEGINNING	MIDDLE	END
LOOKS SERIOUS AND PROFOUND ENOUGH TO IMPRESS FELLOW HOLIDAYMAKERS.	THRILLING CHAPTERS THAT GRAB YOUR ATTENTION, EVEN ON A CROWDED FLIGHT.	SLOW AND ATMOSPHERIC. BEST READ IN THE SHADE, THROUGH A HAZE OF LUNCHTIME WINE.	NOTHING HAPPENS, SO YOU CAN LEAVE IT BEHIND WHEN YOU COME HOME.

TOM GAULD



To make a prairie it takes a clover and one bee,
One clover, and a bee.
And revery.
The revery alone will do,
If bees are few.

Emily Dickinson

Whether you plan to hang in a hammock like Cyril
or get out on the water like Archie or go fishing for
a Codfish in Boston -
my grandbird, granddog, human family and I
wish everyone a happy, healthy summer vacation.

Thank you so much for reading,

All good things,
Love from Sue

Back in September.

PS.
Remember
to check out
The Fringe!

