



Message from the Chair

and DZCDH -Clinical Affairs & Wellness



UNIVERSITY OF ALBERTA
FACULTY OF MEDICINE & DENTISTRY
Department of Anesthesiology & Pain Medicine



Announcement: New Director of Physician Wellness

Dear Colleagues,

We are very pleased to announce a new appointment in our department:

Dr Teresa Eliasson as the Director of Physician Wellness



Dr. Eliasson complete her undergraduate training and medical school in Edmonton. She initially completed her Family Medicine Residency at the Royal Alexandra Hospital. After her CCFP, she spent 4 years as a General Medical Officer and Flight Surgeon with DND. Subsequently, she joined her husband in northern Manitoba and worked as a family doctor there. She went to University of Manitoba to complete her anesthesia residency and pediatric anesthesia fellowship. After returning back to Edmonton, she worked at the Grey Nun's Hospital and the Stollery Hospital. She then committed all of her clinical practice to pediatric anesthesia at the Stollery Hospital. She founded the Office of StaffWellbeing in 2011 feeling that "physician health" needed more attention. In 2018 she joined the AMA's Physician and Family Support Program (PFSP) as an assessment physician working in an on call rotation with 12 other physician committed to supporting the health and wellness of Alberta physicians, residents, medical students and their families. She is presently working in collaboration with PFSP and CPSA on an informational package about Substance Use Disorders (SUD) in Physician. This is in effort to de-stigmatize the medical condition and encourage affected individual to seek treatment. She presently is sitting on CAS's - Diversity, Equity and Inclusion Committee. She was a member of the advisory committee to AMA's Healthy Working Environments project (www.albertadoctors.org/leaders-partners/healthy-working-environments). She is a member of CMA - Diversity, Equity and Inclusion Community of Interest. She is married and has no children. She enjoys their dogs, gardening, and spending time at the Shuswap.

In her new role, Dr Eliasson will be working closely with Dr Klassen to develop and implement a high ,quality physician wellness program. This will include the development of a formal program, promoting faculty and resident engagement and continuing faculty development.

Sincerely,

Dr Andrew Shaw
Department Chair
Anesthesiology & Pain Medicine

Dr Neil Klassen
DZCDH (Clinical Affairs & Wellness)
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