BACHELOR OF ARTS (BA)

PSYCHOLOGY

Psychology is the scientific study of the brain and behavior. Psychologists explore phenomena such as cognition, learning and behavior, emotion, language, memory, development, cognitive neuroscience, and sociocultural psychology, among many others.

WHAT CAN I DO WITH A PSYCHOLOGY DEGREE?

I COULD WORK IN AREAS SUCH AS:
- mental health, research and data analysis, academia, child and youth care, education, court and trial systems, human resources, community development, business, marketing and communications.

OR WORK IN:
- public sector, private sector, non-profit, research, marketing, advertising, or law.

TOP 5 REASONS TO STUDY PSYCHOLOGY

1. Choose from diverse courses to create your own unique path of study, based on areas of Psychology that intrigue and inspire you!

2. Gain hands-on research experience in Individual Research/Study Courses, done under the mentorship of faculty members, while completing degree requirements.

3. Attend events hosted by the Undergraduate Psychology Association (UPA), dedicated to providing a welcoming experience.

4. Add a Research Certificate in Psychology to your Arts degree by completing coursework in research methodology and data management.

5. Gain professional experience, make connections, and explore work options in a full-time, paid Arts Work Experience.

ENHANCE YOUR DEGREE

ADD A CERTIFICATE IN:

PARTICIPATE IN EXPERIENTIAL LEARNING:
- Arts Work Experience, Community Service-Learning, Study Abroad.

ENOFFERS COURSES IN...

- Cognitive neuroscience
- Cognitive psychology & memory
- Lifespan developmental psychology
- Social & cultural psychology
- Learning & behavioural psychology
- Clinical psychology
- Human factors
- Psychometrics & quantitative psychology
- Cognitive impairment & brain injury
- Leadership & organizational psychology

COURSE REQUIREMENTS FOR YOUR MAJOR

Complete your major requirements and test out different classes. Design your academic plan — you’re in control!

MAJOR COURSE REQUIREMENTS:
A major in psychology requires the completion of a minimum of 10 psychology courses, to a maximum of 16.
- PSYCO 104 - Basic Psychological Processes
- PSYCO 105 - Individual and Social Behavior
- STAT 151 - Intro to Applied Statistics I
- One of CMPUT, MATH, or STAT (not including STAT 141 or STAT 151)
- Two of PSYCO 223 - Lifespan Development, PSYCO 239 - Abnormal, or PSYCO 241 - Social
- Two of PSYCO 258 - Cognitive, PSYCO 275 - Brain and Behavior, or PSYCO 282 - Behavior Modification

300-level and 400-level courses will be from both Arts and Science.

To verify your Major and BA Common Requirements, check the University Calendar and speak to an advisor.

STUDENT SUPPORTS

These are services that enable you to pursue academic and personal success.
- Academic advising
- Student Ombuds
- Indigenous Student supports
- Academic support
- Health & Wellness
- Campus Food Bank
- Libraries
- International Student supports
- Accessibility Resources
- Financial Aid & Awards
- Professional & Career Development
- Mental Health Supports

WE ARE ALL TREATY PEOPLE

The University of Alberta respectfully acknowledges that we are situated on Treaty 6 territory, traditional lands of First Nations and Métis people.

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- TWITTER: Psych_UAlberta
Your University experience is about what happens inside and outside of the classroom. This map is a tool to help you complement your academics with hands-on learning outside of the classroom and take advantage of student activities. Each new step will help you explore your options, take measured risks, and inform your next step. Being informed and engaged leads to a richer journey throughout your degree and beyond!

**EARLY DEGREE**
Expand your career options, be proactive, and test possibilities. Join a student group.

- Get involved with one of the cultural clubs on campus or volunteer with University of Alberta International.
- Take a Community Service-Learning course.
- Learn more about Indigenous peoples, perspectives, and worldviews.
- Add research or creative activities to your degree with the Undergraduate Research Initiative, or apply into BA Honors.
- Discover the study abroad options through University of Alberta International.

**MID-DEGREE**
Take risks, try new things, ask for and offer help to people you know and people you meet.

- Use your academic resources, such as Centre for Writers, Financial Aid, tutors, Academic Success Centre, and Accessibility Resources.
- Discover the study abroad options through University of Alberta International.
- Test your career options: volunteer on or off campus, or get a summer or part-time job.

**LATE DEGREE**
Develop and revise your career story based on your values, interests, and what you learn.

- Ready to toss your cap in the air? Apply to graduate!
- Ask a professor to be an academic reference.
- Let the Career Centre support you in communicating your skills to prepare for your next step — graduate studies, professional programs, or employment.

- Get an inside look at professional life in the Job Shadow Week program.
- Participate in the World’s Challenge competition.

**LEGEND**
- **GLOBAL PERSPECTIVE**
- **GAIN EXPERIENCE**
- **SEEK OUT CONNECTIONS**
- **NAVIGATE COURSES**