



# Hello Neighbour!

## Talking About Cultural Diversity in Rural Alberta

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# Overall Goal: Intercultural Awareness

- Cultural diversity is acknowledged
- All Cultures are valued and treated with respect
- Individuals from all cultures are accorded an equal opportunity to participate in community life





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- **Education and Intercultural Dialogue**





# Encouraging Personal Reflection and Empathy

- Meeting People “where they are”
- Being sensitive to the realities of rural life
- **People need to feel heard before they can open their minds to other ideas**



# Encouraging Personal Reflection and Empathy

- 1: Your Family Story



# Encouraging Personal Reflection and Empathy

- 2: Exploring Stereotypes





# Encouraging Personal Reflection and Empathy

- 3. The Reality of Stereotypes
- An Introduction to **Unconscious Bias**:
- <https://www.youtube.com/watch?v=KCgIRGKAbfc>

# Final Thoughts

- 1. This is a first step....
- 2. Speaking for others....



# Additional Resources

- **Centre for Race and Culture:** <https://cfrac.com/>
  - Edmonton based group that publishes anti-racism tools and conducts very good educational workshops
- **Calgary Anti Racism Education, Alberta Civil Liberties Research Centre:** <http://www.aclrc.com/cared>
  - Excellent anti-racism information/training
- **Centre for Rural Affairs:** <https://www.cfra.org/rural-community-inclusion>
  - Nebraska-based group focused on building inclusion in rural communities in America
- **Canadian Race Relations Foundation:** “Methods for conducting a small group discussion,” [https://www.crrf-fcrr.ca/images/Our\\_Canada/CRRF\\_Tipsheet\\_Conducting\\_Small\\_Group\\_Discussions\\_1.pdf](https://www.crrf-fcrr.ca/images/Our_Canada/CRRF_Tipsheet_Conducting_Small_Group_Discussions_1.pdf)
- ***White Fragility: Why it’s so Hard for White People to Talk About Racism***, by Robin Diangelo. Beacon Press: 2018.
- “Research says there are ways to reduce racial bias. Calling people racist isn’t one of them,” by German Lopez: <https://www.vox.com/identities/2016/11/15/13595508/racism-research-study-trump>





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