WHO WE ARE

VISION
Inspiring and empowering exceptional life experiences through recreation, sport and wellness.

MISSION
Facilitate and deliver leading-edge programs, events, services and facilities for our communities.

VALUES AND PRINCIPLES

Leadership
Each employee has the responsibility to lead and makes daily decisions to live our values
To demonstrate leadership through our daily actions

Collaboration
Each employee makes valuable contributions to the success of Campus & Community Recreation
To strengthen our collective impact we share our passion, knowledge and time with other members of our community

Kaizen
Each employee seeks opportunities for continuous improvement in all aspects of work and self
To improve our current practices we use all resources available to us

Civility
Each employee has the responsibility to communicate and act in a respectful, non-judgmental manner
To facilitate relationships and common understanding among diverse people we seek to create an environment that is considerate and respectful

Inclusiveness
Each employee treats our various community members with grace and honor
To foster an open community we are welcoming to all
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The role of Campus & Community Recreation is to support our communities (students, staff, Faculty and community members) to explore and enhance their physical, mental, emotional and spiritual well-being through physical and social activity. We strongly believe in the power of recreational activities to support these needs.

Campus & Community Recreation offers programs and facilities aimed to meet the needs and interests of the broad range of communities that we serve. From group exercise to individualized personal training; from healthy living activities to physical assessments preparing for specific work environments; from recreational sports to elite sport training; and a range of ethnic and cultural dance, Campus & Community Recreation has the breadth and depth of activities to enhance the experiences of students, staff and community members alike.
NORTH CAMPUS

Campus & Community Recreation oversees the operation and programming of the primary sport and recreation facilities at the University of Alberta. With 37 sport facilities located on two campuses, we have facilities that rival any small city. North Campus facilities are also unique assets to the Edmonton community playing host to many large spectator events annually. Over the course of the year, almost 2 million people will visit the Van Vliet Complex. Our goal is to inspire each person to engage in an activity of their choice.
Located on North Campus, the Van Vliet Complex (VVC) is the hub of physical activity at University of Alberta. The complex houses a variety of major recreation and sport facilities and as a result is a centralized location for all student, staff and Faculty programs and services. Our most recent facility construction is the Physical Activity and Wellness (PAW) Centre. The facility features the Hanson Fitness & Lifestyle Centre, the Wilson Climbing Centre and the increasingly popular student gathering space, Social Street. The PAW Centre is a unique partnership with the University of Alberta Students’ Union and Graduate Students’ Association. This is truly a facility built by and for the community. Since the opening of the PAW Centre our students, staff, Faculty and community members have joined us in increasing numbers to enjoy our welcoming and inclusive environment.
**ARENA**

**Clare Drake Arena**
- Named after legendary Hockey Hall of Fame coach Clare Drake
- 2,600 spectator seats
- 2,622 hours of ice booked annually

**PROGRAMS**
- Over 80 Intramural men’s and women’s hockey teams
  - 1,312 unique participants
  - 379 games played
- Three (3) levels of ice skating programs including figure skating and hockey skills
- A variety of events and activities are hosted in Clare Drake arena including a wedding

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**AQUATICS**

**Aquatics Centre**
- Two (2) Pool Tanks (East and West)
- Six lane, 25 m t-shaped West pool
- Six lane, 25 yd shallow East pool
- Over 85,000 annual visits

**PROGRAMS**
- Lifesaving Society Learn to Swim, SwimAbilities, Adult and Lifesaving/Lifeguarding
- Recognized as one of six Provincial Training Centres by the Lifesaving Society of Alberta & NWT
- PADI Scuba, kayaking, shallow and deep water aquatic fitness classes and paddleboard yoga (NEW!)
- 31 hours/week of drop-in lane swim
- First Aid and CPR delivered to over 500 people annually

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“Along the way we’ve all made friendships that will last a lifetime. It’s been a great ride.”

**CHRIS**
- Over-35 Hockey League
CLIMBING

Wilson Climbing Centre
- 2,700 sq. ft. bouldering lounge
- 7,000 sq. ft. high wall loft
- 19 anchors for top roping
- 16 anchors for lead climbing
- Rappel tower
- 1,500 additional hand holds for route setting

PROGRAMS
- “Learn to” introduction to climbing
- 98 participants/semester in Junior Club
- 583 competitors in local and provincial competitive events
- “Girls only Climbing” – female participants, female coach motivated to provide a fun, supportive environment

PAVILION

Universiade Pavilion
- Built for the 1983 Universiade Games
- Affectionately called the “Butterdome”
- 5,500 spectator seats
- 64,000 sq. ft. of floor space
- 200 m track

PROGRAMS
- Track, tennis badminton, volleyball, soccer
- Multiple users can use the space at any time
- Capable of hosting local, provincial, national and international caliber events including Butterdome Craft Sale, Remembrance Day and National Gymnastics Championships

“Fantastic new facility, featuring a dedicated bouldering area as well as tonnes of long top-rope and lead climbing.”

FRANCOIS
- Wilson Climbing Centre User
OUTDOOR PROGRAMS

Outdoor recreation gives students an opportunity to explore Alberta through various trips and adventures. All trips are affordable, high-quality and inclusive programs and are offered throughout the year.

PROGRAMS
- Hiking, mountain biking, fishing, ski/snowboard nights, cross-country skiing, star-gazing, snowshoeing, outdoor skating, canoeing/kayaking
- Paired with City of Edmonton’s River Valley programs to offer diverse programs for all experience levels
- 400 unique participants annually

RESIDENCE PROGRAMS

The residence recreation program offers students living in any University of Alberta residence a variety of activities aimed to build a strong sense of community through participation in active recreational programming.

PROGRAMS
- Skating, Climbing, Kinball
- Friendly competition to determine the most active residence

“It was a program that included anyone and everyone as it made an effort to provide support and guidance to the teams and the individual!”

SHYLO – Soccer Player

“Fun, friendly and new adventures with every program!”

MARK – Outdoor Program participant
FITNESS

Campus & Community Recreation offers a diverse, integrated approach to physical activity programs and services. From physical assessment for personal or work purposes to group or individual programming, and from recreational movement activities to elite athlete training, we strive to offer the latest fitness trends in the industry while ensuring quality and care for our communities.
Hanson Fitness and Lifestyle Centre
- 27,000 sq. ft. of activity space
- 550,000 visits annually
- Unique equipment offerings include a 30 ft TRX A-Frame with 20 working stations and 6 heavy lifting platforms

PROGRAMS
- Over 125 group fitness programs offered per term, attracting over 5,000 unique participants annually
- Mind/Body, Functional Fitness, Spin, Zumba
- Nutrition services offered with a Registered Dietitian
- Individual or small group training

Fitness Leadership
- Partnered with Alberta Fitness Leadership Certification Association (AFLCA)
- Full spectrum of leadership course designations offered including core components of exercise theory and group exercise fundamentals
- Workshops and seminars to support continuing education credits with AFLCA and CSEP organizations

ALL 20 OF OUR TREADMILLS have covered enough distance to get to the moon and back

Sport Health Assessment Centre
- Personal and athlete assessments
- Clients include professional sports teams, recreational teams and individuals interested in health improvement

Work Physiology Testing
- Leader in firefighter testing
- Tests are conducted for a variety of fire departments across northern Alberta

“Friendly environment. Good for making friends and learning new things, having fun.”
BITA – Electrical and Computer Engineering Student
INTRAMURALS

Intramural sports are leagues run by students for students, staff, Faculty and community members. Intramurals are an opportunity to play with friends – old and new – in an environment that celebrates teamwork, mutual respect and – most of all – fun!

PROGRAMS

- 19 sports, 37 leagues, 16 tournaments annually
- 1,129 teams participating
- 4,116 games played
- 5,914 unique participants
GYMS AND STUDIOS

Facilities
- Two large gymnasiums
- Three studios with multi-purpose floors
- Three studios with hardwood floors, including Dorothy Harris Dance Studio
- One spin studio
- One rowing studio
- 12 Squash/Raquetball courts

Dance
- 24 dance disciplines
- Over 40 dance classes offered on a weekly basis
- Hip Hop, Belly Dance, Salsa, Street Jazz
- Classes available for beginner to advanced dancer

Martial Arts
- 10 martial arts disciplines
- Over 29 martial arts classes offered on a weekly basis
- Brazilian Jiu Jitsu, Karate, Judo, Kickboxing

Sport Skills
- Classes focus on learning the skills of a new sport
- Activities include ice skating, squash, and fencing

“I found the classes perfect for learning effective tools for self-defense, improving fitness and athleticism and meeting great people.”
ZAHEEN – Martial Arts

“I look forward to her class each week and will continue to go for as long as it’s offered!”
LEAH – Ballet Barre

“I look forward to her class each week and will continue to go for as long as it’s offered!”
LEAH – Ballet Barre
Club Sports are student-led initiatives, bringing together students with similar interests and passion. Student leadership opportunities are enhanced and supported with dedicated training and oversight, allowing student clubs to offer unique recreational opportunities under the guidance of professional staff.

- 24 student-led clubs in sports and activities
- Student governed with support of Campus & Community Recreation staff
- Over 2,300 students involved in Club Sports
- Dedicated training in club governance and leadership

22 EVENTS OR COMPETITIONS HOSTED BY CLUB SPORTS

**CLUB SPORTS**
- Badminton
- Bollywood
- Cheer
- Climbing
- Contemporary Dance
- Dance Team
- Fencing
- Figure Skating
- Lacrosse
- Outdoors
- Paddling
- Power Lifting
- Quidditch
- Rowing
- Rugby
- Scuba
- Squash
- Swim
- Synchro
- Table Tennis
- Tae Kwon Do
- Triathlon
- Ultimate
- Water Polo

“I love the club! It’s a great escape away from work and school and the members are wonderful.”

**STUDENT**
- Fencing Club
“My favourite club memory this year was meeting all my best friends and putting together a kick-ass, professional dance show. I’m so proud of what we were able to put together!”

STUDENT – MOD/Contemporary Dance Club

TOTAL OF 2300 CLUB SPORT ATHLETES ACROSS 24 DIFFERENT CLUB SPORTS
1.6 MILLION visitors through the Physical Activity and Wellness Centre in a year.

25,000 drop in visits annually to the Wilson Climbing Centre.

OVER 750 Tennis Memberships.

37 SPORT AND PHYSICAL ACTIVITY FACILITIES.

4.22 NHL SIZED ICE SURFACES fit on the floor of the Pavilion.

OVER 2 MILLION VISITORS to Saville Community Sports Centre annually.
94,246:39 HOURS: MINUTES OF FACILITY BOOKINGS IN THE VAN VLIET COMPLEX

29,187 YOGA MATS ROLLED OUT

$10,000,000 IN EQUIPMENT INVENTORY

800,000 SQ. FT. OF ALL FACILITIES OVER NORTH AND SOUTH CAMPUSES

$250,000,000 WORTH OF SPORT AND RECREATION FACILITY SPACE

1,000 WEEKLY KICKBOXING PARTICIPANTS

OVER 1,200 WEEKLY CURLERS THROUGHOUT THE SEASON

13,488 KM RIDDEN IN SPIN

550,000 VISITORS ANNUALLY TO THE HANSON FITNESS AND LIFESTYLE CENTRE

$250,000,000 WORTH OF SPORT AND RECREATION FACILITY SPACE
“It was a multipurpose program that got the student body engaged with each other and engaged in healthy living. Its focus went beyond physical health but also looked at aspects of emotional and mental health.”

BRIA – LiveWell Participant
LiveWell is a student-oriented program that focuses on students’ physical and social wellness in an effort to support overall health. Our programs are intended to break down barriers to physical and social wellness and engage students in a variety of activities.

- Over 3,000 student participants
- 1,823 unique participants
- 182 courses offered
- Largest event of the year: “Really, Really Ridiculously Big Paint Night” with 500 students, staff and Faculty registered
- 1,275 respondents to the annual survey
- 97% of survey participants value a campus program focused on improving social wellbeing
- 99% of survey participants value a campus program focused on improving physical wellbeing

“Really, Really Ridiculously Big Paint Night
1100 paint brushes, 443 canvases and 28L of paint

“I am very thankful to have these programs at the UofA for my 4 years here. It has brought me continued joy and ways of stress relief!”

NICOLE
LiveWell Participant

“The fact that you provided an opportunity to meet people that was easy and affordable. It really helps boost mental health, inclusion, and emotional health when you provide such opportunities.”

– LiveWell Participant
SOUTH CAMPUS

Campus & Community Recreation operates and programs a unique pod of facilities located on South Campus at the University of Alberta. These facilities – Foote Field and Saville Community Sports Centre – are large scale, world-class spaces covering over 500,000 sq. ft. of indoor and outdoor sporting experiences. Programming offered on South Campus has a unique community flavor, adding to the distinct experience.
FOOTE FIELD

Foote Field is a multi-use sport training and competition facility, designed for football, track and field and soccer. Built as a legacy of the 2001 World Championships in Athletics and named after University of Alberta sprinter Eldon Foote, the facility hosts regional, provincial, national and international competitions in addition to grassroots community programming.

Artificial Turf
- CFL Sized football field
- Line markings for football and soccer
- Four lane, 140 m warm-up runway with long jump pit
- Eight (8) locker rooms, multipurpose and lounge areas
- 3,500 seating capacity

Track and Field
- International standard, eight (8) lane, 400 m poured surface track
- Pole vault area
- High jump area
- Four (4) long/triple jump pits
- Throwing areas for javelin, shot put, hammer and discus
- 1,500 seating capacity
- Host of the 2016 Canadian Track and Field Championships and Olympic Qualifier

Dome
- Air-inflated structure over artificial turf and warmup runway
- Curtains separate the field from the track and allow the field to be used in ¼ sections
- Dome covers the entire CFL sized football field (182 yds x 70 yds)
- Seasonal inflation: December – April
SAVILLE COMMUNITY SPORTS CENTRE

Saville Community Sports Centre is a state-of-the-art recreation facility that provides programming and services for sport enthusiasts of all levels, from recreational athletes to Olympic champions.

**Fitness Centre**
- 3,000 sq. ft. and access to an indoor 200 m walking track
- Individual and small group training
- Yoga, Bootcamp, Zumba

**High Performance Training and Research Centre**
- 9,000 sq. ft. training and research environment for high performance sport
- Supports developing athletes through to Varsity and Olympic champions

“We feel very fortunate with the personal trainer assigned to us. She is the best!”

BOB AND BETTY – Saville Personal Training Clients
SAVILLE COMMUNITY SPORTS CENTRE

Curling Rink
- 10 sheets of curling ice
- Designated a Curling Canada National Training Centre
- Over 1,200 curler visits weekly

PROGRAMS
- 14 Adult leagues,
- Youth programs for ages 9-21
- Advanced and beginner adult programs
- Stick league and Doubles league

Tennis Centre
- Eight (8) indoor and 9 outdoor tennis courts
- Designated Tennis Canada National Tennis Development Centre
- 750 community tennis members
- 18,263 visits annually

PROGRAMS
- Over 1,100 unique adult and junior participants take part in instructional programming annually
- Over 600 unique adults and juniors take part in summer camps
- 25 events hosted annually from local to international levels
- Over 250 singles or doubles league participants annually
- Opportunities for athlete, coach and administrator development
- Coaching certification courses and coaching symposiums hosted annually

“Saville has amazing staff as well, every one of them is friendly, helpful and they were trained to answer all the questions you need about the facilities.”
BiYu – Tennis Member
SAVILLE COMMUNITY SPORTS CENTRE – GO SPORTS

Saville Community Sports Centre – GO Sports is a unique partnership between GO Community Centre (GCC) and the University of Alberta. The facility serves the basketball, gymnastics and volleyball communities with outstanding facilities and programs aimed specifically at community users.

- 12 premiere FIBA-size basketball courts
- Up to 25 hardwood volleyball courts
- 30,000 sq. ft. gymnastics centre
- Programming offered by 3 community partners in core sports of basketball, gymnastics and volleyball

LARGEST HARDWOOD INSTALLATION IN NORTH AMERICA

$42 million CONSTRUCTION COST
STUDENT INVOLVEMENT

Campus & Community Recreation is more than just a source of activity and event opportunities, it is also a strong proponent of student leadership and development. Opportunities include committees, sport club executive positions and employment. Students gain skills such as communication, teamwork, leadership, planning and organization while contributing to the overall experience of other students on campus.

Committees

- Recreation Advisory Committee provides feedback and advice on programs and events of interest to students.
- Campus Recreation Enhancement Fund Committee is responsible for allocating dedicated funds to support student recreation initiatives.
- Physical Activity and Wellness Strategic Operating Committee is an advisory committee responsible for assessing operational impacts related to the PAW Centre.

Employment

- Over 250 student employment positions
- Over 200,000 hours of student employment annually

Training

- Courses for Group Fitness Certification are offered year round and are a great way for students to become involved as leaders on campus as well as a great starting point as a fitness professional
- Other opportunities for students interested in working in the fitness industry are with academic coursework and certification as a personal trainer with either Canadian Society of Exercise Physiology (CSEP) or AFLCA

"Campus & Community Recreation was instrumental to my professional and personal growth as an undergraduate student. I gained many transferable and valuable skills that will help me as I transition from being a student to a professional."

REBECCA – Recreation Facilitator/Committee Chair

“Being surrounded by individuals that motivate, challenge and inspire me, has changed my life to grow in various ways – not simply in my career trajectory as a Public Health Practitioner, but as an individual as a whole. Overall, my experience with CCR has been incredible – memories to last a lifetime!"

CERINA – Learn-to-Skate Instructor/Fitness Instructor
SERVICES

Our service staff team members are customer-centric and focused on creating exceptional experiences for all of those who visit our facilities or participate in our programs and events. These staff members are the faces you see at customer service, the voices you interact with in the facility bookings unit and the people who take the extra step to make sure the facilities are prepared to perfection for your program or event.

Memberships, Registrations, Bookings and Community Events

- 6,673 paid members
- Community memberships are available for all facilities
- Customer Service Centre process 25,327 registrations for programs in CCR such as Intramurals, fitness drop-in, LiveWell and Instructional Recreation
- Recreation Management Software System is used to process $10,000,000 per year in financial transactions
- Experienced event facilitators ensure no detail is left out of your booking experience
- Examples of facilitated events:
  - Student Orientation/President’s Address
  - Butterdome Craft Sale (25+ years)
  - Running Room Games
  - East Indian Folk Festival
  - Remembrance Day Ceremony
  - Canadian Athletics Championship and Olympic Qualifier
  - Pan American Junior Athletics Championship
  - FIBA Americas Olympic Qualifier (Basketball)

“Sweet and Short... We would like to make this place as permanent place for annual festival.”

ASHTOK – East India Folk Festival
FUNDING

Campus & Community Recreation receives dedicated funding from University of Alberta students through the Athletic and Recreation fee. In addition, CCR receives funds and services to support access to facilities by staff and Faculty of the University. Finally, the unit is also responsible for raising funds through program registrations, memberships and facility rentals. Funds raised in each of these areas are circulated back to support our many efforts to maintain and improve our facilities to create exceptional experiences.

PARTNERSHIPS

Partnerships have become increasingly more important in our efforts to serve the broad needs of our communities. Over the years, strengthening relationships and building partnerships has allowed the reach and impact of Campus & Community Recreation to extend well beyond what could be expected on our own.

Our partnerships are varied and include:

- GO Venture Agreement is a partnership between the University of Alberta and the GO Community Centre (GCC). The Venture Agreement brings together three community partners representing basketball, volleyball and gymnastics in a state-of-the-art facility focused on developing athletes in these core sports from recreational to Olympic champions.
- Residence Services at the University of Alberta provides housing accommodation for students. The visions of Residence Services and Campus & Community Recreation are closely linked. Our common goals include developing a community of physically and socially healthy students. Base Camp (introduction to campus) and residence programming are collaborative projects that support our goals.
- The City of Edmonton and Campus & Community Recreation have entered into agreements to support the community use of University facilities. As an example, Foote Field, a legacy facility from the 2001 World Championships in Athletics is owned and operated by the University of Alberta and welcomes participants through a Community Use Agreement.

These are three of the many examples of partnerships and collaborations that support our vision of “inspiring and empowering exceptional life experiences through recreation, sport and wellness”.

NOTE: University of Alberta also provides Building maintenance, Utilities and Cleaning Services which are not included in the information above.