

# UALBERTA VS MacEwan BIKE CHALLENGE

BIKE TIME: \_\_\_\_\_

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Email: \_\_\_\_\_





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**The Challenge is on! October 22-29, 2018**

Track your spin time at the Hanson Fitness and Lifestyle Centre desk, the Sport Performance Centre, Saville Fitness Centre and in the spin studio! The school with the longer cumulative participant spin time (in minutes) wins! Any and all spinning time during this week counts towards this Bike Challenge. Each time you take a spin on one of our bikes, track your time! [UAB.CA/RECREATION](http://UAB.CA/RECREATION)