Resiliency means bouncing back
Resiliency is the ability to adapt to change and challenges through internal strengths and strong support networks.

“We are resilient, all of us.”
- Facilitator

The program has positive effects on children’s self-esteem, drug resistance, external family support, and planning & decision making.

Since 2013 over 700 kids have attended Metis Settlements Life Skills Journey Summer programs.

On average, facilitators complete 54 training hours before leading camp.

Transportation by bus, snacks & lunch provided.

- 68 kids 7 facilitators 153 facebook likes
- 52 kids 5 facilitators 103 facebook likes
- 136 kids 13 facilitators 180 facebook likes
- 147 kids 17 facilitators 284 facebook likes
- 180 kids 23 facilitators 343 facebook likes
- 185 kids 27 facilitators 502 facebook likes
- 183 kids 30 facilitators 612 facebook likes
- 119 kids 6 facilitators 703 facebook likes

Program Impact Report 2021

Since 2013 over 700 kids have attended Metis Settlements Life Skills Journey Summer programs.

On average, facilitators complete 54 training hours before leading camp.

Transportation by bus, snacks & lunch provided.

- 68 kids 7 facilitators 153 facebook likes
- 52 kids 5 facilitators 103 facebook likes
- 136 kids 13 facilitators 180 facebook likes
- 147 kids 17 facilitators 284 facebook likes
- 180 kids 23 facilitators 343 facebook likes
- 185 kids 27 facilitators 502 facebook likes
- 183 kids 30 facilitators 612 facebook likes
- 119 kids 6 facilitators 703 facebook likes

www.metislifeskills.com