Life Skills Journey day camps were held in the summer 2014 at Buffalo Lake for youth aged 7-10. The purpose of this program is to help campers build skills so they can succeed in their lives. Youth participate in activities related to community, grief and loss, spirituality, alcohol awareness, and self-esteem. Life Skills Journey is focused on helping develop resiliency among kids. Resiliency is all about how well you can adapt to changes and challenges through internal strengths as well as a strong support network. This report shows positive changes in our campers!
THE JOURNEY

- Community Needs Assessment 2010-2011
- Programme Development 2011-2012
- Piloted 7-10 at Buffalo Lake July 2013
- Piloted 7-10 at Kikino Aug 2013
- Implemented 7-10 & 11-14 at BLMS with Kikino July 2014
- Implement 7-10 & 11-14 at BLMS with Kikino & FLMS 2015
- Final Evaluation March 2016

HOW CAMP RUNS

CAMP DAYS

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36 kids attended at least one day of camp. 26 were from BLMS and 10 came from Kikino.

100% All of the kids were provided transportation to and from camp everyday!

The highest number of campers we had attend on one day was 29!

Participants Said:

- “I’m really good at being a good friend”
- “I made crafts!”
- “The kids want to come back next year”
- “I liked life skills camp because I made a lot of new friends”
- “My favourite thing was playing”
- “They’re learning while they have some fun”
- “I learned to eat nice, eat healthy, eat slowly”
- “I learned not to smoke when you’re an adult”
- “It’s a great camp, kids love it!”

JULY 2014

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14 15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30 31 1

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