

# Teledermatology: Canadian Dermatologists' Practice Patterns, Perceived Challenges and Future Recommendations



Sidra Sarfaraz MSc<sup>1</sup>, Tarek Turk MD<sup>2</sup>, Luvneet Verma MD<sup>2</sup>, Marlene Dytoc MD, FRCPC<sup>2</sup>

<sup>1</sup>Faculty of Medicine, Dalhousie University, Halifax, Nova Scotia, Canada <sup>2</sup>Division of Dermatology, Department of Medicine, University of Alberta, Edmonton, Alberta, Canada

# Background

- Teledermatology utilization increased significantly during the COVID-19 pandemic
- While many advantages of teledermatology have been reported, there is a lack of evidence-based, goldstandard guidelines for assessment and management through teledermatology, particularly for chronic dermatologic conditions
- Objective of this study was to conduct a survey of Canadian dermatologists and dermatology resident physicians with the goal of understanding the current practice patterns, advantages, and challenges of teledermatology, including for atopic dermatitis (AD)

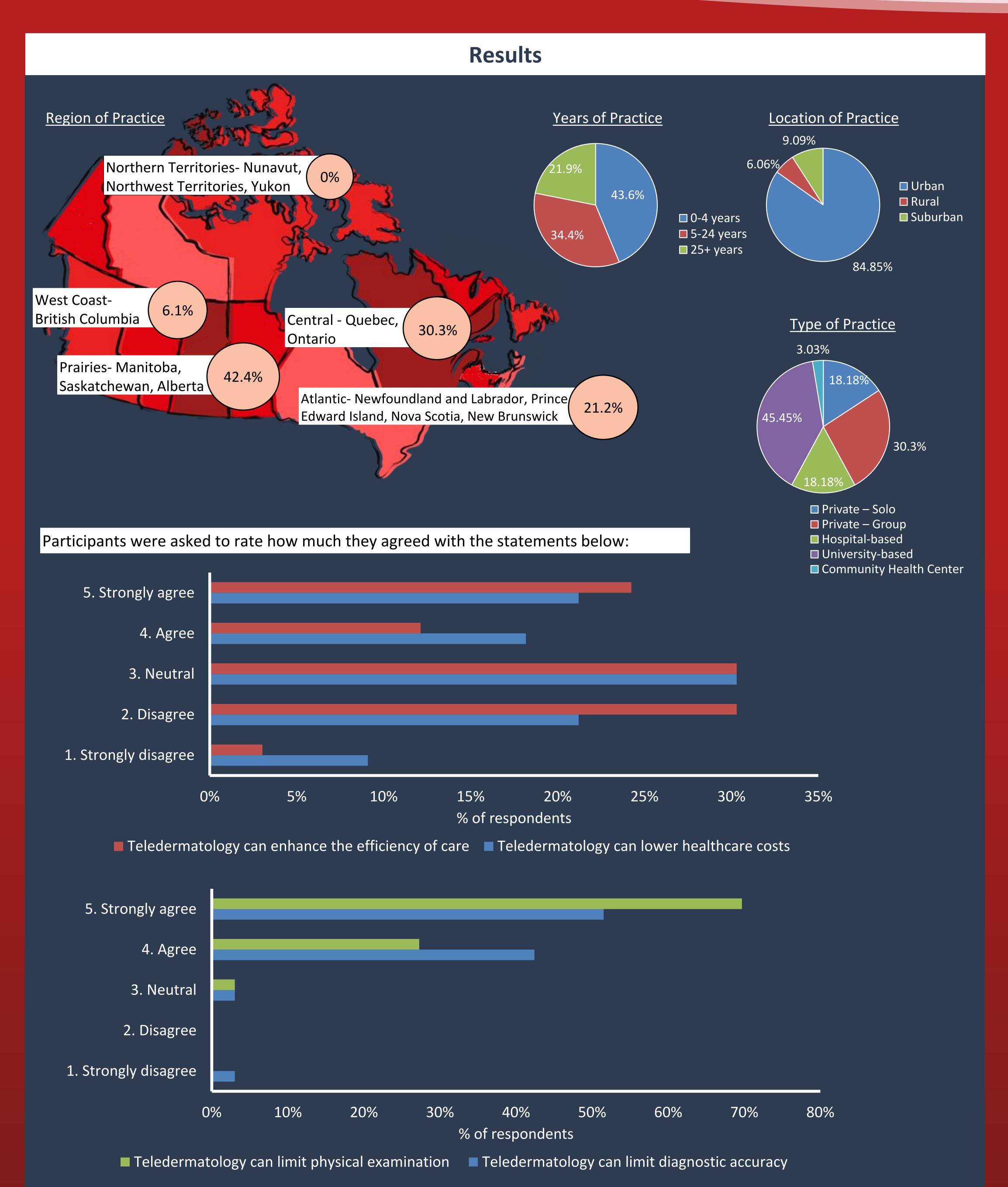
# Methodology

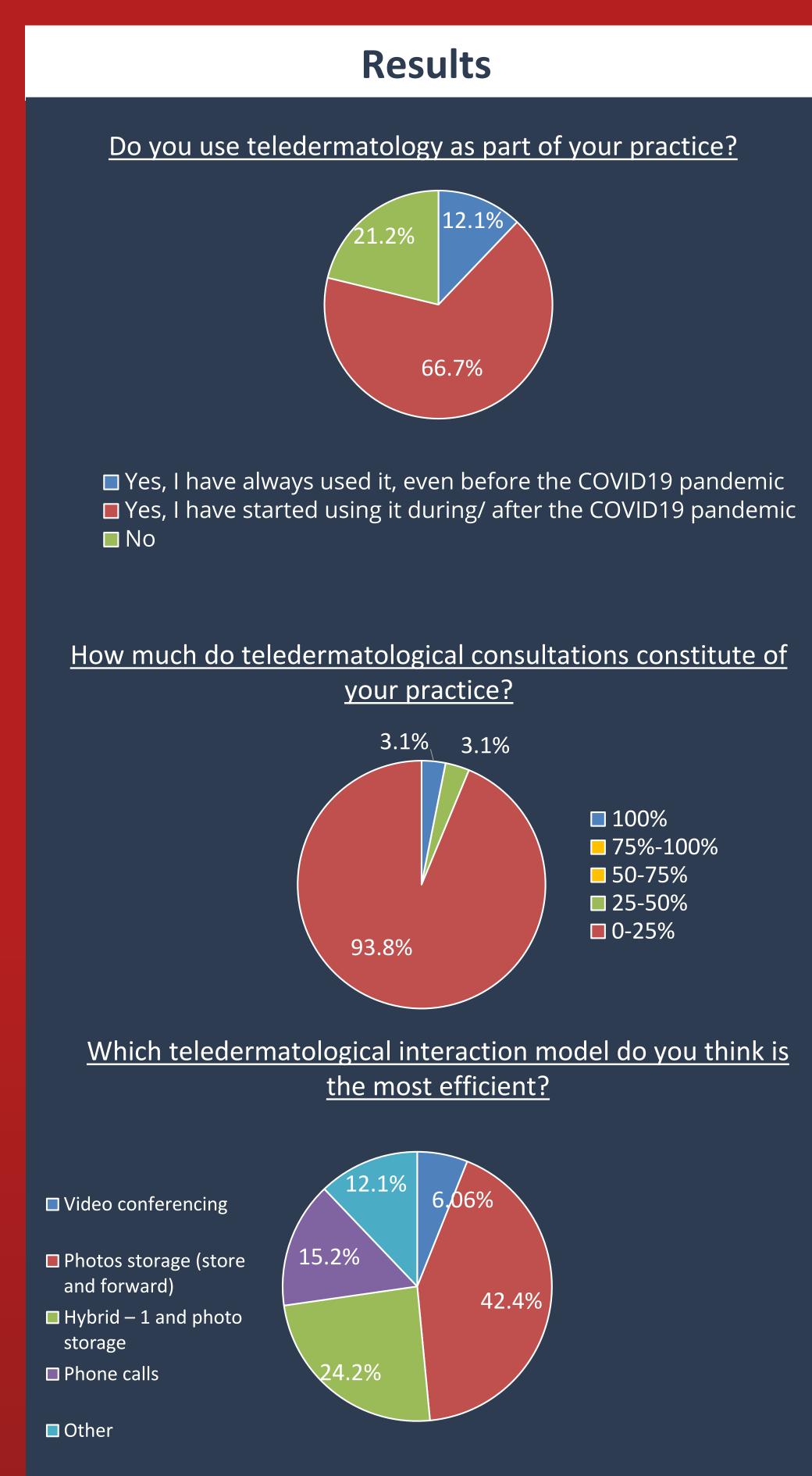
- A 42-question survey was distributed to Dermatologists and Dermatology residents across Canada in English and French
- Questions were asked on:
  - Participants' general characteristics and practice patterns; opinions regarding challenges of teledermatology, and teledermatology education and training; attitudes on research; suggestions for improvement
- Descriptive statistics consisted of counts and percentages out of the total number of responses for each question
- Medians were calculated for Likert scale answers
- Thematic analysis was conducted for answers to openended questions
- The study design was approved by the University of Alberta Research Ethics Board (Pro00115599)

## Results

**Table 1.** General demographics of survey respondents. Total n of respondents: 33

Characteristic	N (%)	
Gender		
Female	18 (56.3)	
Male	14 (43.8)	
Other	0	
Prefer not to say	0	
Age (Mean: 44.2, SD: 1	4.30)	
26-49	20 (66.7)	
50-69	8 (26.7)	
70-91	2 (6.7)	
Title		
Resident	9 (27.3)	
Fellow	1 (3.0)	
Staff Physician	22 (66.7)	





## Conclusions

- Most respondents started using teledermatology during the COVID-19 pandemic
- Respondents mainly used and preferred store-andforward technology
- Respondents were overall neutral when considering whether teledermatology enhances efficiency of care and lowers healthcare costs
- Some advantages of teledermatology were reported to be improved healthcare access and health equity, while challenges were related to diagnostic accuracy and inability to perform physical exams
- Our results may be used to enhance future research and clinical applications of teledermatology