

	Monday July 4	Tuesday July 5	Wednesday July 6	Thursday July 7	Friday July 8	Monday July 11	Tuesday July 12	Wednesday July 13
AM – 9:00	<ul style="list-style-type: none"> <li>-Meet</li> <li>-Learn new Song, Create a Cree prayer, smudge</li> <li>-Creation story with Dorothy Thunder</li> <li>-Read eagle book by Bernie Makokis</li> </ul>	<ul style="list-style-type: none"> <li>- Song and prayer</li> <li>-Depart by School bus @ 10:00 am to Sweat with Bernie and Gloria Makokis</li> <li>-Will need towel, Long night gown to sweat in, sunscreen, bug spray.</li> <li>-Susan will work with girls who aren't participating in Sweat</li> </ul>	<ul style="list-style-type: none"> <li>- Song, prayer, smudge</li> <li>Claudine Louis, PhD</li> <li>-Iskwesis program</li> <li>True Colors</li> </ul>	<ul style="list-style-type: none"> <li>-Song, prayer, smudge</li> <li>-Claudine Louis, PhD</li> <li>iskwesis program</li> </ul>	<ul style="list-style-type: none"> <li>- Bus departs at 9:15 am to Cooking Lake</li> <li>Song, prayer, smudge</li> <li>Cooking Lake /</li> <li>-Sage picking / offerings of berries and tobacco to the land.</li> <li><b>-Bring Running Shoes</b>, cool clothing to work out in. Sun Screen, bug spray, hat</li> </ul>	<ul style="list-style-type: none"> <li>-Song, prayer, smudge</li> <li>-Darlene's teachings</li> <li>Cree lullaby</li> <li>Moss bags</li> <li>Weesakychak</li> <li>-Syllabics name plaques</li> </ul>	<ul style="list-style-type: none"> <li>Bus departs at 9:15 am –</li> <li>Song, prayer, smudge</li> <li>-Misty's Indigenous Fitness (1 hour)</li> <li>-Kinsmen park – swimming, spray park, soccer badminton-</li> <li>Bring Bathing suit, towel, <b>running shoes</b>, work out clothes</li> </ul>	<ul style="list-style-type: none"> <li>-Song, prayer, smudge</li> <li>-Susan – Papaschase Cree</li> <li>-Complete our Youtube Video</li> </ul>
Lunch	CILLDI lunch (Sandwiches)	Feast – Soup and Bannock	Chili	-TBA	Bbq – Camp fire Bannock	TBA	Bbq – hotdogs Bus to return to U – 12:30	Subway (donated by AIIC)
PM – 1:00	Ribbon Skirt Design – Pearleen Game with numbers in Cree	Elder Margaret – will work with girls who aren't participating in Sweat- hand games Bus departs @2pm	Art with Elder Margaret	Art with Elder Margaret	Misty's Indigenous fitness at cooking lake(1 hour)	Maureen Belanger Cree Drama	Maureen Belanger Cree Drama	Maureen Belanger Cree Drama
	<ul style="list-style-type: none"> <li>-Circle teachings</li> <li>--Traditional Swing</li> <li>-Begin about making a Youtube video with Misty</li> </ul>	<ul style="list-style-type: none"> <li>-Circle Teachings</li> <li>Traditional Swing</li> <li>-youtube video</li> </ul>	<ul style="list-style-type: none"> <li>-Circle</li> <li>-Traditional Swing</li> <li>- youtube video</li> </ul>	<ul style="list-style-type: none"> <li>-Circle</li> <li>-Traditional Swing</li> <li>-youtube video</li> </ul>	<ul style="list-style-type: none"> <li>Bus departs @ 2:30, arriving at campus by 3:45</li> </ul>	Circle / Swing/ you tube video	Circle / Swing / you tube video	<ul style="list-style-type: none"> <li>Circle / Swing / you tube video</li> <li>-6:00 pm CILLDI BANQUET – YIWCL</li> <li>Perform their Cree Drama and Song – parent Free (additional family, \$40 per person)</li> </ul>