

# **CanMEDS Rotation Objectives – Psychiatry**

## **RCPS Emergency Medicine Residency Program**

### **Department of Emergency Medicine**

#### **University of Alberta**

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*\*While all objectives may not be accomplished in a single rotation, the aim is for the resident to actively seek learning opportunities to fulfill these objectives while on a particular rotation. Many of these objectives will overlap with other rotations. By the end of the residency program, all objectives should be covered.*

### **Medical Expert**

The learner should:

- Develop assessment skills of the psychiatric patient
- Develop the ability to perform the mental status examination
- Develop appropriate differential diagnoses in the psychiatric patient
- Develop an understanding of pharmacology and toxicology of psychiatric medications
- Develop the ability to effectively handle difficult Axis II (personality disordered) patients
- Develop an understanding of the principles of chemical and physical restraints
- Develop knowledge specific to emergency psychiatry:
  - Suicide risk
  - Homicide risk
  - The violent patient
  - Acute psychosis
  - Organic vs. functional illness
  - Substance intoxication and withdrawal

### **Communicator**

The learner should develop communication skills to:

- Communicate effectively with patients and families
- Keep accurate and efficient records

### **Collaborator**

The learner should strive to:

- Recognize the roles of and interact effectively with other physicians and health care workers

### **Leader**

The learner should strive to:

- Develop an understanding of the principles of certification under the Mental Health Act
- Recognize the indications for psychiatric consultation and admission
- Recognize the hospital and community resources available to the psychiatric patients
- Recognize issues of the safety and security of the medical team
- Develop understanding of the indications for chemical and physical restraints

- Develop team leadership skills

## **Health Advocate**

The learner should strive to:

- Understand when and how to advocate appropriate on behalf of patients
- Understand the determinants of health and their impact on patients

## **Scholar**

The learner should develop:

- Proficiency in critical appraisal of the literature, as applicable
- The ability to apply current literature into daily practice

## **Professional**

The learner should:

- Demonstrate integrity and honesty
- Demonstrate compassion and respect in all patient encounters
- Learn and apply ethical principles appropriately
- Be aware of personal limitations and seek assistance when appropriate