

# CanMEDS Rotation Objectives – Sexually Transmitted Infections Elective

## RCPS Emergency Medicine Residency Program

### Department of Emergency Medicine

### University of Alberta

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*\*While all objectives may not be accomplished in a single rotation, the aim is for the resident to actively seek learning opportunities to fulfill these objectives while on a particular rotation. Many of these objectives will overlap with other rotations. By the end of the residency program, all objectives should be covered.*

## Medical Expert

The learner should:

- Recognize systemic presentations that may be associated with sexually transmitted infections (ie rash, arthritis, conjunctivitis)
- Recognize specific sexually transmitted infections:
  - Cervicitis
  - Urethritis
  - Genital/anal warts
  - Genital herpes
- Develop understanding of common presentations of sexually transmitted infections
- Develop understanding of the risk factors associated with sexually transmitted infections and appropriate screening measures
- Understand different treatment regimes, including common side effects and relapse potential
  - Understand the modifications necessary in treating sexually transmitted infections in pregnancy
- Understand potential complications of sexually transmitted infections and their management
- Develop skills in diagnosing and assessing sexually transmitted infections:
  - Speculum exam
  - Bimanual exam
  - Obtaining vaginal, urethral and rectal swabs for testing

## Communicator

The learner should develop communication skills to:

- Communicate effectively with patients and families
- Provide patient teaching regarding sexually transmitted infection treatment, safer sex practices, and family planning
- Keep accurate and efficient records

## Collaborator

The learner should strive to:

- Recognize the roles of and interact effectively with other physicians and health care workers
- Make appropriate referrals as part of management of chronic infections

## **Leader**

The learner should strive to:

- Develop awareness of appropriate use of health care resources
- Develop team leadership skills

## **Health Advocate**

The learner should strive to:

- Understand when and how to advocate appropriate on behalf of patients
- Understand the determinants of health and their impact on patients
- Understand the importance of diagnosis and contact tracing as a public health measure

## **Scholar**

The learner should develop:

- Awareness of current literature as it applies to sexually transmitted infections
- The ability to apply current literature into daily practice

## **Professional**

The learner should:

- Demonstrate integrity and honesty
- Demonstrate compassion and respect in all patient encounters
- Demonstrate sensitivity and confidentiality
- Learn and apply ethical principles appropriately
- Be aware of personal limitations and seek assistance when appropriate