



OUR IMPACTS

The Wellness Fund promotes sustainable, healthy school communities across the province by providing facilitated support and grants to schools and jurisdictions. This approach enhances health and wellness among school-aged children and youth using a Comprehensive school health (CSH) framework.

Comprehensive school health supports improvements in students' educational outcomes while addressing school health in a planned, integrated and holistic way.

Tell the From Me (TTFM) data indicates that adopting a Comprehensive school health framework shows positive impacts on school climate in Wellness Fund projects. TTFM is a powerful evaluation instrument that uses student perception data to provide a unique school narrative and to inform school practice.



BULLYING

Actively-funded schools and post-funded schools have about 24% and 10%, respectively, less number of students who are subjected to being bullied relative to pre-funded schools.



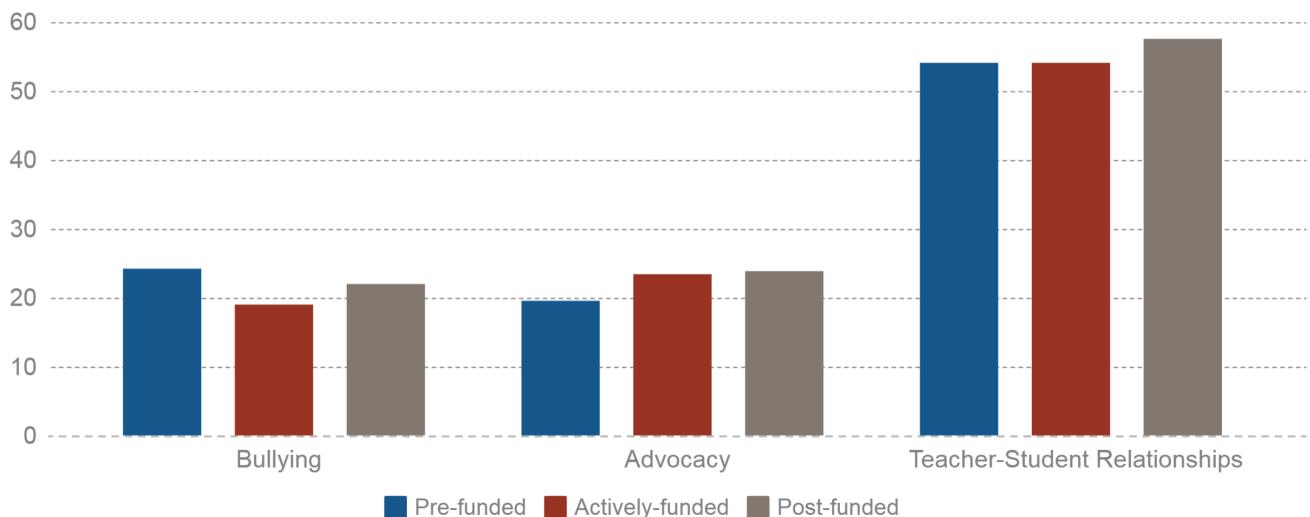
ADVOCACY

Students in actively-funded schools and in post-funded schools have rated advocacy at school 18% and 20% higher, respectively, relative to students in pre-funded schools.



TEACHER-STUDENT RELATIONSHIPS

Students in post-funded schools have rated teacher-student relationships 6% higher relative to pre-funded schools.





POSITIVE SENSE OF BELONGING

Students in post-funded schools have a higher positive sense of belonging (6%) relative to pre-funded schools.



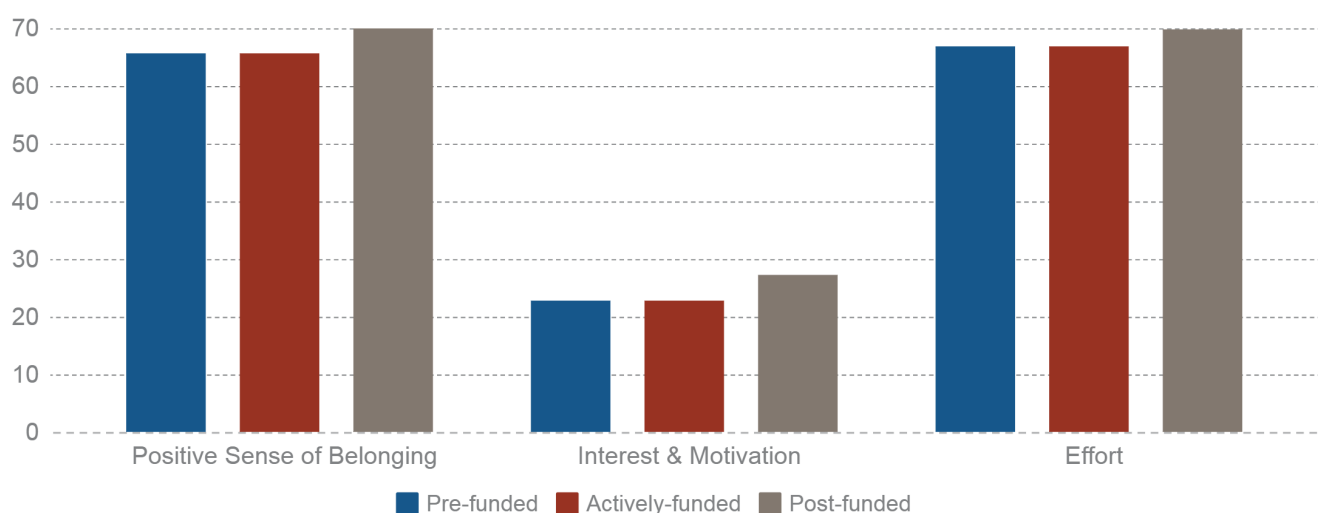
INTEREST AND MOTIVATION

The percentage of students who are interested and motivated in education is 18% higher in post-funded schools relative to pre-funded schools.



EFFORT

The percentage of students who are trying hard to succeed in education (effort) is 2% and 4% higher in actively-funded and post-funded schools, respectively, relative to pre-funded schools.



Cultures of wellness within school communities take a long time to create, and even longer to become sustainable.

In order for schools to embed wellness into the fabric of the whole school community, a shared vision of the positive impacts wellness has on students' well-being and their academic aspirations must be recognized and established.

The improvements indicated in the data highlight the positive effects Wellness Fund initiatives have towards supporting positive school communities across Alberta.



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