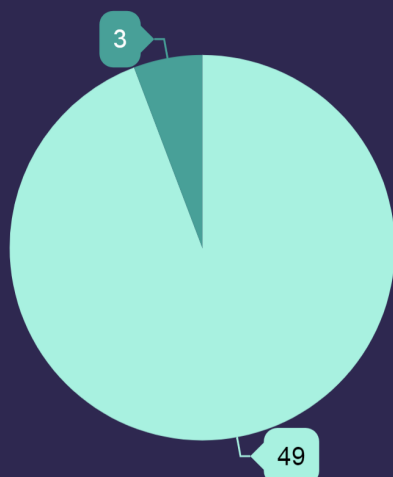


Reporting Sustainable Practices

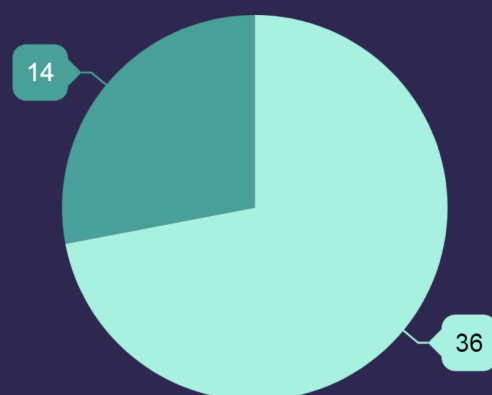
Projects are reporting that one of the best ways to ensure the sustainability of a healthy school community is to take a jurisdictional approach to creating a culture of wellness. The data below reflects jurisdictional reporting in 2017:

Is wellness included in your district three-year plan?



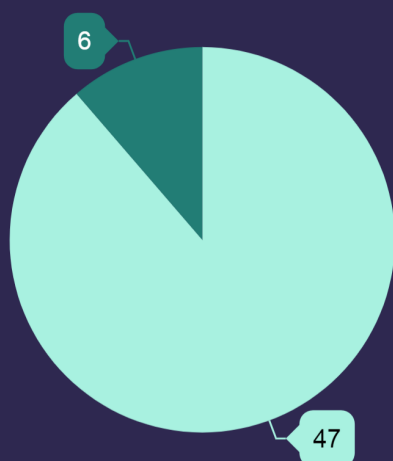
■ Yes (94.23%) ■ No (5.77%)

Is wellness included on the jurisdictional website?



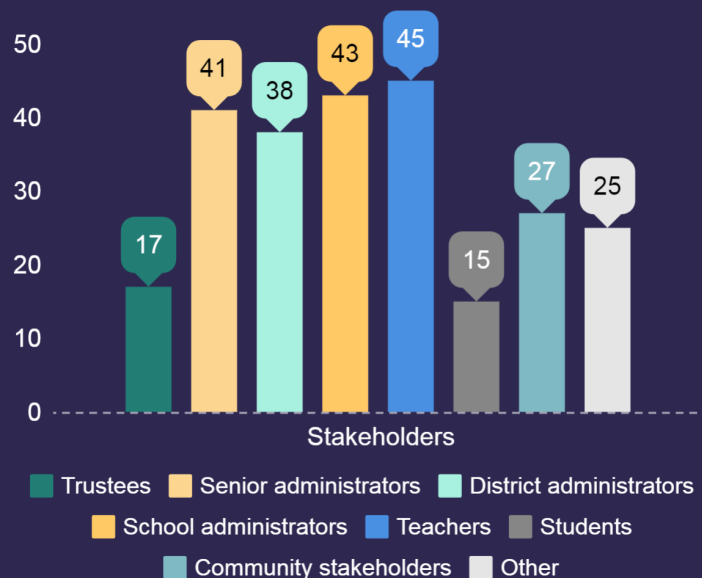
■ Yes (72%) ■ No (28%)

Does your district have a district wellness committee?



■ Yes (88.68%) ■ No (11.32%)

Composition of wellness committees:

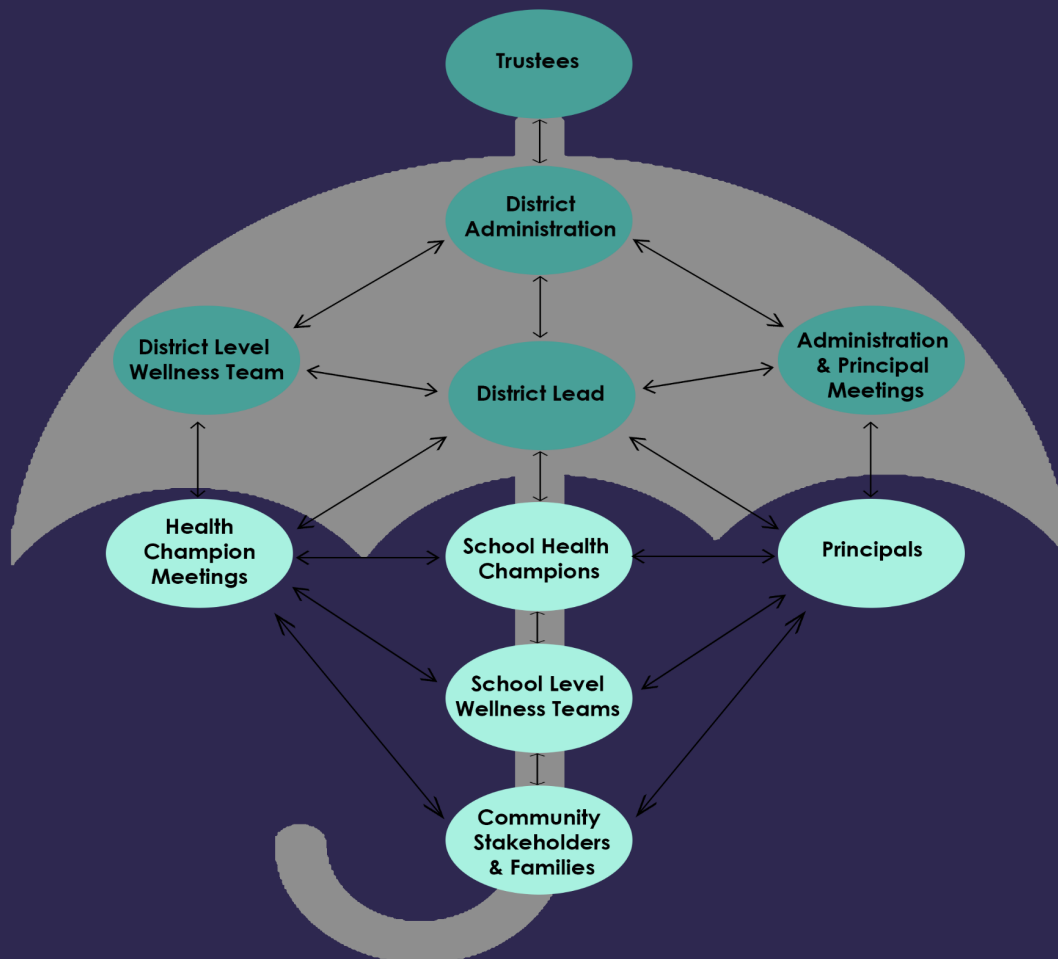


Fostering Sustainable Practices

Advancing Comprehensive School Health

By implementing an "umbrella" strategy, the district takes a holistic approach while supporting individual schools to address self-identified needs.

This approach supports the premise that principals, teachers, staff, students, community stakeholders and families all play a role in infusing wellness through the curriculum and into the culture of the school community.



Points to Consider

- Make wellness part of the jurisdictional strategic plan
- Ensure the district lead has support at the administrative level
- Use data and research to support direction and buy-in
- Ensure wellness is on the agenda for staff meetings at all levels
- Focus on changing culture and practice rather than making wellness an add-on
- Everyone has a responsibility for wellness