

## MEMBERSHIP RENEWAL FORM

You will be receiving an email with the Membership Renewal Form for 2023 attached. We thank you for your continued involvement with the Association of Retired Academic Staff and we look forward to receiving your form!

## BOOK CLUB

The next meeting of the Book Club will be held on **Wednesday, November 16<sup>th</sup> at 2pm** in Room 1-46 of University Terrace (8303-112 Street). The book to be discussed is *The Women of Troy* (2021) by Pat Barker. The discussion will be led by Richard Young.

Members may participate either in-person or online. If you wish to participate online, please contact Vivien Bosley at [vbosley@ualberta.ca](mailto:vbosley@ualberta.ca) for Zoom instructions ahead of time. If you wish to join the group, please contact Vivien as well.

## LUNCH WITH...

The next Lunch With... event will be held in the Papaschase Room at the University Club starting at **11:30am on Wednesday, November 23rd**.

The speaker will be Dr. Vivian Mushahwar who is the Canada Research Chair in Functional Restoration at the University. She is a specialist in, amongst other things, helping to restore functions of individuals with spinal cord injuries. The title of her talk and a summary of its content will appear in next week's Newsletter.

## **CHRISTMAS BRUNCH**

Christmas is just right around the corner, which means our annual Christmas Brunch is coming soon! It will be held on **Saturday, December 17<sup>th</sup> at 11:45am** in the Saskatchewan Room of The University Club UofA.

Remember to save the date! More information to come.

## **ARTICLES THAT MAY BE OF INTEREST**

LINKS to **Fred Fletcher's article** in CURAC's *Academic for Life* column in ***University Affairs online Magazine*** (Oct.27/22): ***Entering the next chapter: The value of university retiree associations***: Members benefit from social and intellectual engagement as well as important information to guide a successful retirement.

EN: <https://www.universityaffairs.ca/career-advice/academic-for-life/new-academic-for-life-test/>

FR: <https://www.affairesuniversitaires.ca/conseils-carriere/universitaire-a-vie/new-academic-for-life-fr-test/>

## **OFFICE ASSISTANT**

David will be in the office from 1-4pm every Monday.

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Luncheon will consist of soup and sandwich plus dessert squares at a cost of \$28. Parking is free from 11:30 am to 1:30 pm for University Club members whose plates have been registered with the Club; paid parking is available, with the machine just inside the Club front door. The luncheon will start at

11:30 am and the speaker will start her presentation at 12:15 pm. If you plan to attend, please notify us at [emirhse@ualberta.ca](mailto:emirhse@ualberta.ca)

Please feel free to invite your friends.

### **DINING OUT**

A new reservation is on the books at Cafe Amore Bistro for **6:30pm on Thursday, November 24<sup>th</sup>**. This is an Italian restaurant at 10807-106 Ave. NW. For information regarding their menu, you can check out their website at [cafeamorebistro.ca](http://cafeamorebistro.ca). It is an accessible restaurant with parking.

Please let Peggy know at [ma23@ualberta.ca](mailto:ma23@ualberta.ca) if you plan to come by supper time on Monday, November 21<sup>st</sup> so she can confirm our number on Monday evening.

### **CHRISTMAS BRUNCH**

Our annual Christmas Brunch is a month away! It will be held on **Saturday, December 17<sup>th</sup> at 10:45am** in the Saskatchewan Room of The University Club UofA.

The cost for the brunch is \$40.00 per person. Guests are invited! If you wish to attend, please inform us at [emirhse@ualberta.ca](mailto:emirhse@ualberta.ca) and make payment **before December 12th**.

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### **MESSAGE FROM CURAC ABOUT TRAVEL DEALS**

Members of CURAC/ARUCC Retiree Associations are eligible for a 20% discount and more on a wide range of Collette Tours.

Over the years of working with Collette, we have noted that some Retiree Associations have organized member groups to tour together with very positive results. While individuals and couples can take advantage of the sale, the group option is worth consideration.

In these uncertain times, Collette's Travel Protection Plan, which offers a full money-back refund if a traveler needs to cancel (up to 24 hours before departure), is reassuring.

For further information, contact Fred Fletcher at [ffletch@yorku.ca](mailto:ffletch@yorku.ca)

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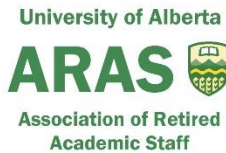
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# Weekly BULLETIN

November 21, 2022

ASSOCIATION OF RETIRED ACADEMIC  
STAFF: UNIVERSITY OF ALBERTA

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Please feel free to invite your friends.

## DINING OUT

This event has signed up the maximum number of people the restaurant can accommodate so this is just a reminder for those who have signed up that the event takes place this **Thursday November 24<sup>th</sup> at 6:30pm**.

## **CURRENT AFFAIRS SALON**

The next meeting of the Current Affairs Salon will take place on **Thursday, December 8th at 2:00pm MDT via Zoom**. The topic will be homelessness and how to address the problem. The meeting will be via Zoom, the coordinates being:

<https://us02web.zoom.us/j/84256439376>

If the system asks for a passcode enter 488023  
The meeting ID is 84256439376 if needed

## **BOOK CLUB**

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As it's the season of giving, we will also be collecting donations for the university's Campus Food Bank (the oldest food bank on a university campus in Canada!) They are busier than ever before, so we encourage those attending to bring in a little something to help end food insecurity at the UofA.

You may learn more about the Campus Food Bank by [clicking here](#).

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### **CURAC's Later Life Learning**

Invitation from McGill's MAUT-RAC\* to free Zoom session on **Tuesday, Dec 13, 2022 @ 1:00 pm ET: CARE-GIVING FROM THE PERSPECTIVE OF SOCIAL WORK**

by Professors Pam Orzeck and Zeldá Freitas,  
School of Social Work, McGill University

Registration: send email by Dec 12th, 2022, to: [racmaut21@gmail.com](mailto:racmaut21@gmail.com)

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