

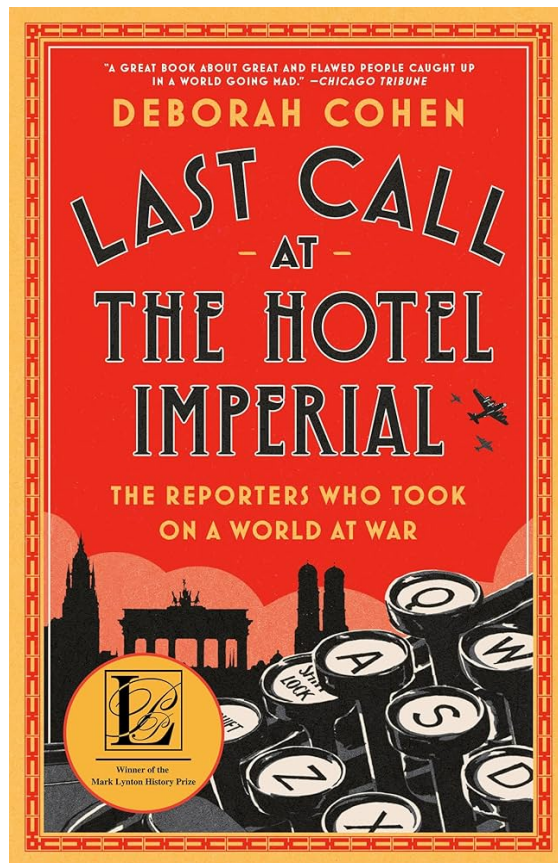
ARAS Weekly Newsletter

Association of Retired Academic Staff



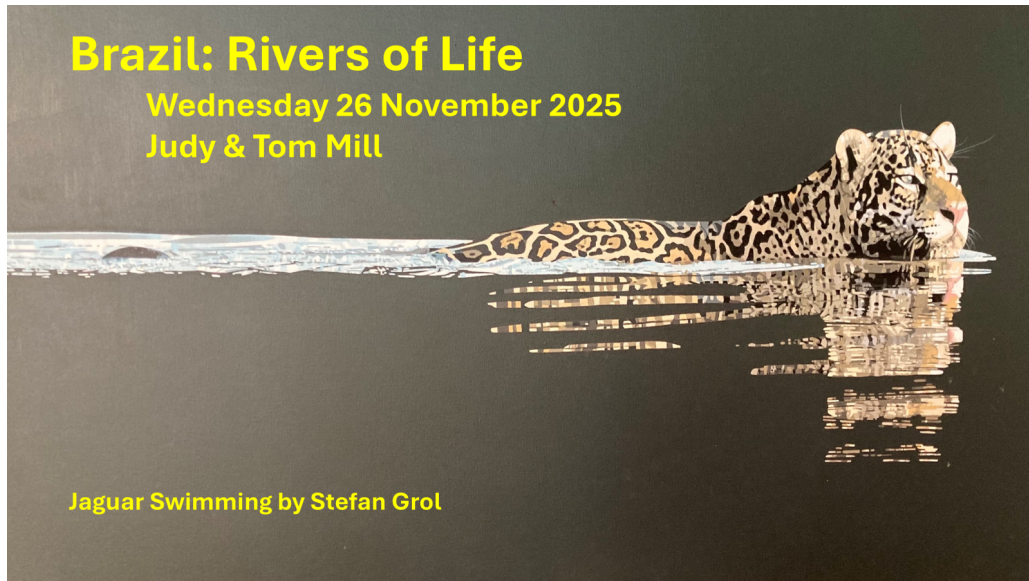
November 12th, 2025

BOOK CLUB



The next meeting of the Book Club takes place on **Wednesday, November 19th** at 2:30 pm in Room 1-46 of University Terrace (8303 112 Street). The discussion of *Last Call at the Hotel Imperial* by Deborah Cohen will be led by Rob Normey. Members may participate either in-person or online. Beverley O'Brien (bo1@ualberta.ca) will send a Zoom link beforehand for those wishing to join virtually. If you wish to join the group, please contact Vivien Bosley at vbosley@ualberta.ca . Please note that University Terrace is locked but there will be someone to meet you at the door when you arrive.

TRAVEL GROUP



The next meeting of the Travel Group will be on **Wednesday, November 26th** at 2.00 pm. Judy and Tom Mill will speak on "Brazil: Rivers of Life". The room will be the ARAS Conference room, 6th floor of University Terrace Building. If you plan to attend please contact us at emirhse@ualberta.ca

DINING OUT



Our dinner reservation for November has been made at Homefire Grill for 6:30 pm on **Thursday, November 27**. The restaurant is located at 18210 100 Ave. There is ample, free parking right in front of the restaurant. If you plan to come please let Peggy know by **Tuesday, November 25**. Peggy hopes to see you there.

CURAC

Webinars of Interest:

POPULAR MUSIC OF THE 1970'S (by instructor Steven Baur)
which is a 6 week session regarding a range of music types and
how music reflected (and reshaped) history, culture, and
technology

----Fridays, **October 10 to November 14, 2025**

----10am to 12 noon, Atlantic Daylight time –which is 9am to 11am
Eastern Daylight Time

----Membership Required: Learn more and REGISTER at:

www.theSCANS.org

One Health: What are the risks of transmission of diseases from
animal to human. What strategies are being used. How big of a risk
is H5 Bird Flu?

November 19, 2025

2pm-3:30pm MT

Speaker: Herman Barkema

Professor, Faculty of Veterinary Medicine

Professor, Department of Community Health Sciences, Cumming
School of Medicine

United Nations University Chair in Infectious Diseases in a
Changing Climate

[Join the session here](#)

Meeting ID: 982 1249 8606

Passcode: 228056

CURAC's /ARUCC's series "Retiree Association Conversations"(Recording)

The recording of the October 16th Zoom presentation about CURAC Affinity partners is now available:

[Watch the Recording here](#)

The passcode for the recording: !1\$6qq9&

The presentation itself starts at the 10:10 mark. (Chatter before then...)

CURAC/ ARUCC event provided by two Affinity Partners

[Collette Black Friday 2025 News Update](#)

Date and Time: **Nov 17th, 2025** 11:00 AM Mountain Time (Canada)

[CURAC Black Friday Show - Click Here to Register!](#)

AFTER YOU REGISTER: 1. Look for this message on your screen: "You have successfully registered. Please check your email for a confirmation message." 2. Check your email inbox: You will receive a confirmation email at the address you used to register. This email will include easy instructions on how to join the webinar.

Technology for seniors: How older adults can benefit from digital tools

From staying in touch with loved ones to boosting brain health, accessing information, supporting wellness, and enjoying entertainment, technology offers many benefits for older adults. With a few simple tips—like starting small, asking for help, and

practicing online safety—seniors can confidently embrace the digital world.

<https://www.mcmasteroptimalaging.org/hitting-the-headlines/detail/hitting-the-headlines/2025/09/17/technology-for-seniors--how-older-adults-can-benefit-from-digital-tools>

CURAC discount on trip to Spain April 11-28, 2026

This discounted trip is available to ARAS members because they are members of CURAC, even though it was arranged by another CURAC member, the University of Waterloo Retirees Association (UWRA). The trip operator is Trip Merchant, one of CURAC's affinity marketing partners.

The trip is attractive for several reasons: its April timing, good mix of excursions and unscheduled days, comfort in fully furnished apartments, Costa del Sol location, cost, optional six-day extension, and more.

[Details here](#), including how to register on the Trip Merchant/CURAC portal. (The portal itself is worth a look; Trip Merchant offers many interesting travel adventures.)

Humanities and Social Sciences

Big Thinking Summit 2026: Inflection Point

June 9 to 11, Edmonton Convention Centre, Edmonton, Alberta

The Federation's Big Thinking Summit: Inflection Point will bring the humanities and social sciences (HSS) to the forefront. Together, we must draw on historical, linguistic, cultural, and practice-based perspectives to open new possibilities for a Canada at the crossroads. Questions of legitimacy — who produces knowledge, whose voices are amplified, and how authority is recognized — are pressing to the fore. As public trust in postsecondary institutions is tested, shifts in cross-sector partnerships must reshape how research connects with policy and community priorities. Innovations in teaching, inquiry, and knowledge sharing must redefine scholarship and how it circulates across all of society.

Calling on academics, community partners, and policymakers from across Canada to forge new collaborations and tackle these critical questions at the Big Thinking Summit: Inflection Point.

[Register](#)

DATES TO REMEMBER

Christmas Brunch: Monday December 15th at 11.00 am

OFFICE ASSISTANT

Damdini will be in the office Wednesday from 2-5 pm.

If you wish to unsubscribe from our mailing list, please reply to emirhse@ualberta.ca with "UNSUBSCRIBE" in the subject line. Thank you!