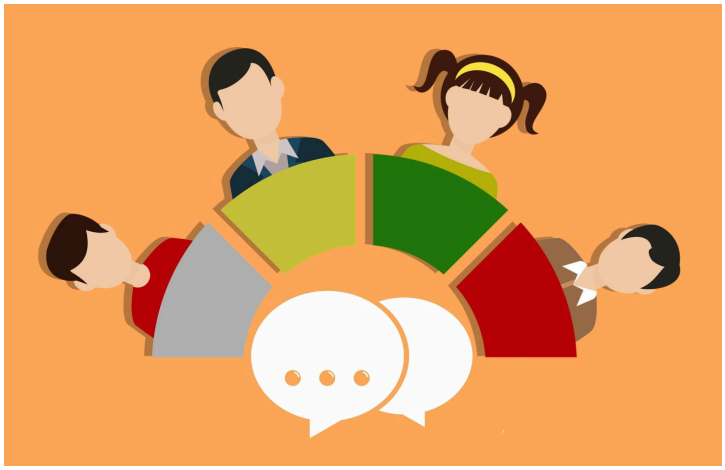
ARAS Weekly Newsletter

Association of Retired Academic Staff

October 16th, 2026

ANNUAL GENERAL MEETING

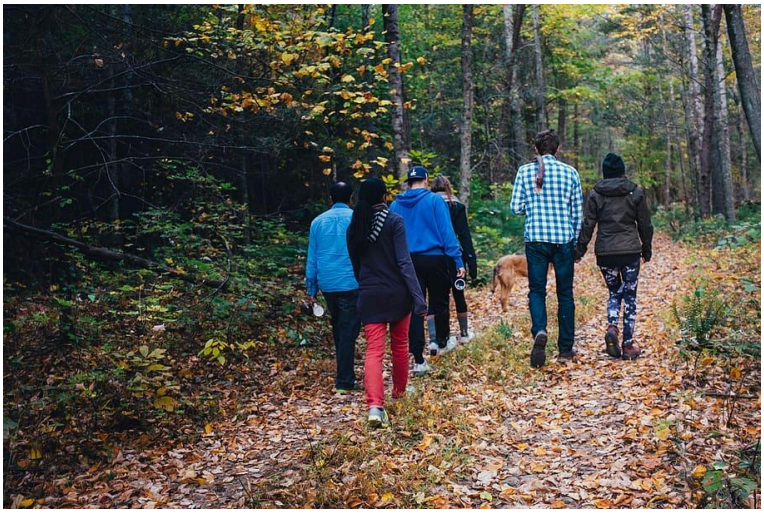


The Annual General Meeting of ARAS is planned for **Wednesday October 28th** at **1.00 pm** via Zoom. Please put the date on your calendar. This is an opportunity to keep informed of ARAS activities

and plans for the future. We need you to attend so that **we can have a quorum** and conduct business.

Details will follow in future Newsletters.

WALKING GROUP

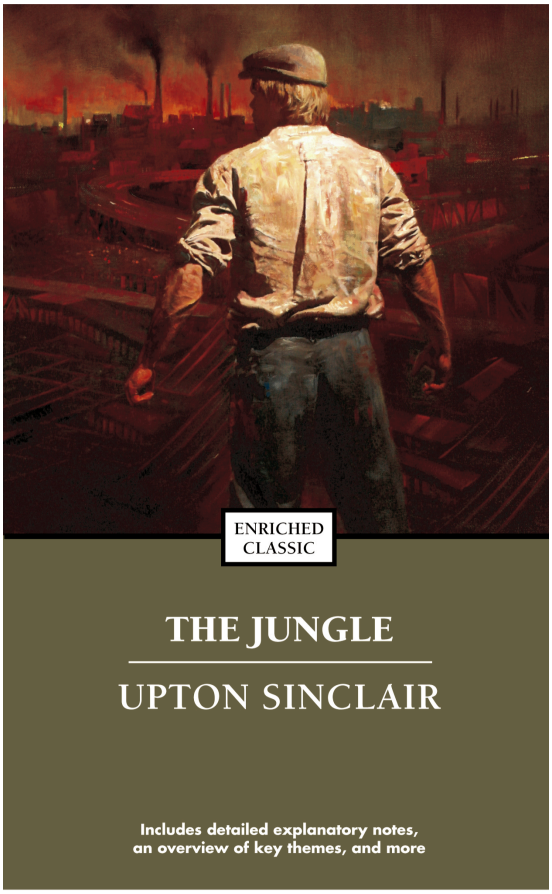


The walking group had 9 walkers for the inaugural walk on October 13. Walks are weekly on Tuesday afternoons at 1:30. Differing levels of fitness are accommodated and the walkers will decide on the pace.The next walk is on **October 20**. It will be at Whitemud

Nature Reserve (see below). Walkers will meet at the ski hill/campground parking lot. Take the turn-off from 122/119 Street just south of the Whitemud Freeway on Rainbow Valley Road. Everyone is welcome. If you would like more information, please contact Ken Roy or Linda Ogilvie (kroy@ualberta.ca or linda.ogilvie@ualberta.ca)

Whitemud Ravine Nature Reserve - North of Whitemud Drive

BOOK CLUB



The next meeting of the Book Club takes place on **Wednesday, October 21st** at 2:30 pm in Room 1-46 of University Terrace (8303 112 Street). The discussion of *Jungle* by *Upton Sinclair*, will be led by Janet Smith. Members may participate either in-person or online. Beverley O'Brien (bo1@ualberta.ca) will send a Zoom link

beforehand for those wishing to join virtually. If you wish to join the group, please contact Vivien Bosley at vbosey@ualberta.ca . Please note that University Terrace is locked but there will be someone to meet you at the door when you arrive.

TRAVEL GROUP



The first presentation of this year will be on **Thursday, October 22**. Olive Yonge will give a talk on Cuba, which is particularly of interest at this time. The time of the talk will be 2:30 PM. The presentation will be done via zoom.We are looking for members who are able to

present a talk on a trip, recent or not so recent, to an interesting destination. We would like the talk to be 35 to 45 minutes in length. They are normally presented on the afternoon (usually at 2:30) of the fourth Thursday of each month. If you are able to do so, please contact Olive Yonge at olive.yonge@ualberta.ca so that you will be sure to receive the zoom link.

DINING OUT



For our October gathering Peggy has booked Happy and Olive on **Tuesday October 27** (please note the change in the day) at 6:30 pm. The restaurant is located at 9640 142 St.NW. We have enjoyed this restaurant in the past and Peggy hopes we will do so this time as well. Parking is free and in the lot right in front. Please let Peggy know if you plan to come by **Sunday, October 25** at peggyallegretto@gmail.com

CURRENT AFFAIRS SALON



The next Current Affairs Salon (CAS) will be in-person and will take place on **Thursday, November 5** from 2.00 - 3:30 pm in Room 6-30 University Terrace. The topic will be: "The Alberta Referendum: what's next?" Please note that University Terrace is locked but there will be someone to meet you at the door when you arrive. A link to preparatory materials will be provided in a subsequent newsletter.

CURAC

(College and University Retiree Associations of Canada)

Discounts for CURAC Members,

As a member of the CURAC, our members can take advantage of the offers negotiated with their affinity partners. These services include discounts on insurance (car, home, travel, and extended health insurance) , health (eye glasses, hearing aids), and travel (guided tours, cruises, solo travel, etc.).

In addition to affinity sponsors providing financial support for the annual national conferences, when you purchase services from most of them, both CURAC and MURA receive small commissions.

View complete information about these savings available to you!

Topic of Interest

Here is some information about ‘local’ book festivals this fall to our ARAS members.

Edmonton – non-fiction Litfest, **Oct 14-18**:

https://litfestalberta.org/events/

St Albert - STARFest (St. Albert Readers Festival) **Oct 16-29**,

https://www.starfest.ca/

Calgary - Wordfest, **Oct. 13-18, 2026**,

https://wordfest.com/festival/imaginairium/

Please note that if you are planning to park under the University Terrace building you may now need the HONK app.

OFFICE ASSISTANT

Damdini will be in the office Mondays from 2-5 pm.

If you wish to unsubscribe from our mailing list, please reply to emirhse@ualberta.ca with "UNSUBSCRIBE" in the subject line. Thank you!