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LET'S TALK HEALTH

Smart Sun Safety

Summer is here, and that means more time outdoors and more time in the sun. But how much sun is too much - and what can you actually do to protect your skin?

DR. MARLENE DYTOC
Professor
Department of Medicine

FREE PUBLIC WEBINAR

Join a dermatologist for a practical, easy-to-understand conversation about sun safety for adults. Learn how UV exposure affects your skin, how to choose and use sunscreen, and simple ways to build sun protection into your every day summer activities.

We'll also tackle common sun-safety myths, talk about skin cancer prevention, and discuss what changes to your skin are worth paying attention to. Whether you're heading to the lake, gardening in the backyard, playing a round of golf, or simply enjoying a sunny day, you'll leave with practical tips to help keep your skin protected all summer long.

Come with your sun-safety questions and get ready for a summer of smarter skin protection.

WEDNESDAY, JUNE 9, 2027

6 - 7 p.m.

For more information, visit uab.ca/dom.