

Foundation Course in Occupational Medicine – Part A
British Columbia, *Alberta, Saskatchewan, Manitoba
2026-2027 Schedule (Thursday)

Date	Time	Tutor	Activity	Learning Method	Time Allocated
September 17, 2026	7:00-8:00 pm MDT	Stephen Tsekrekos Marthinus Strydom	Foundation Course Introduction Location: Zoom	-	-
September 18-October 21	-	-	Module 1: The Framework for Occupational Health in British Columbia/Alberta and Canada	Independent Learning	10 hours
October 22	7:00-9:00 pm MDT	Stephen Tsekrekos Marthinus Strydom	Tutorial Module 1 Location: Zoom	Structured discussion of course material	2 hours
October 23-November 18	-	-	Module 2: Occupational Disease – DECM 1	Independent Learning	10 hours
November 19	7:00-9:00 pm MDT	Stephen Tsekrekos Marthinus Strydom	Tutorial Module 2 Location: Zoom	Structured discussion of course material	2 hours
November 20-December 9	-	-	Module 3: Occupational Disease – DECM2	Independent Learning	10 hours
December 10	7:00-9:00 pm MDT	Stephen Tsekrekos Marthinus Strydom	Tutorial Module 3 Location: Zoom	Structured discussion of course material	2 hours
December 11-January 13	-	-	Module 4: Assessing Fitness for Work	Independent Learning	10 hours
January 14, 2027	7:00-9:00 pm MDT	Stephen Tsekrekos Marthinus Strydom	Tutorial Module 4 Location: Zoom	Structured discussion of course material	2 hours
January 15-February 3	-	-	Module 5: Return to Work Planning	Independent Learning	10 hours
February 4	7:00-9:00 pm MDT	Stephen Tsekrekos Marthinus Strydom	Tutorial Module 5 Location: Zoom	Structured discussion of course material	2 hours
February 5-March 3	-	-	Module 6: Mental Health and Work	Independent Learning	10 hours
February 9 (Tuesday)	9:00am-1:00pm MDT	Stephen Tsekrekos Sebastian Straube Chris Martin Amit Kumar	Workshop 1 (Part 1)– Recognizing and Managing Occupational Illness – TBD Location: Zoom	Structured discussion of course material	3.5 hours
February 11 (Thursday)	9:00am-1:00pm MDT	Stephen Tsekrekos Sebastian Straube Chris Martin Amit Kumar	Workshop 1 (Part 2)– Recognizing and Managing Occupational Illness – Case Presentations Location: Zoom	Structured discussion of course material	3.5 hours
March 4	7:00-9:00 pm MDT	Stephen Tsekrekos	Tutorial Module 6 Location: Zoom	Structured discussion of course material	2 hours

March 5-April 7	-	-	Module 7: Communication and Advocacy	Independent Learning	10 hours
April 8	7:00-9:00 pm MDT	Stephen Tsekrekos Marthinus Strydom	Tutorial Module 7 Location: Zoom	Structured discussion of course material	2 hours
April 9-May 5	-	-	Module 8: Occupational Health Problems in Community Practice	Independent Learning	10 hours
May 6	7:00-9:00 pm MDT	Stephen Tsekrekos Marthinus Strydom	Tutorial Module 8 Location: Zoom	Structured discussion of course material	2 hours
May 18 (Tuesday)	9:00am-1:00pm MDT	Stephen Tsekrekos Sebastian Straube Chris Martin Amit Kumar	Workshop 2 (Part 1)- Fitness for Work and Disability – TBD Location: Zoom	Structured discussion of course material	3.5 hours
May 20 (Thursday)	9:00am-1:00pm MDT	Stephen Tsekrekos Sebastian Straube Chris Martin Amit Kumar	Workshop 2 (Part 2)- Fitness for Work and Disability - Case Presentations Location: Zoom	Structured discussion of course material	3.5 hours
June 3	7:00-8:00 pm MDT	Stephen Tsekrekos Marthinus Strydom	Modules 1-3 Location: Zoom	Reinforcement of Learning Activities	1 hour
June 17	7:00-8:00 pm MDT	Stephen Tsekrekos Marthinus Strydom	Modules 4-8 Location: Zoom	Reinforcement of Learning Activities	1 hour

*indicates lead province