

Program – Faculty Research Day March 20, 2026

10 a.m. Posters in VVC Social Street:

Graduate

Myriam Filion *mHealth to Increase Exercise in Breast Cancer Survivors: Baseline Characteristics of a Pragmatic Randomized Controlled Trial*

WeiQi Ruan *Translation and cross-cultural adaptation of the Get Active Questionnaire for Postpartum (GAQ-PP) into Mandarin*

Amy Alex *Weight stigma experiences of prenatal and postpartum South Asian women: A scoping review*

Chuanyi Foo *The effect of electronic cigarette use on pulmonary diffusing capacity during exercise*

Madelyn Curle *Building a partnership to understand a school community's experiences of connecting with the outdoors and nature*

Ben MacKenzie *Within-heartbeat pulmonary sympathoinhibition is dependent on heartbeat phase*

Jonah Rivette *Transcutaneous spinal cord stimulation stimulates more than the spinal cord*

Jimena Lopez Lamas *Body mapping: A creative method for kinesiology researchers*

Undergraduate

Danny Kalra *Muscular Fat in Type 1 Diabetes vs Healthy Controls: Data from a Randomized Control Trial and Meta-Analysis*

Ahmad Tayem *Psychological Predictors of Ultra-Endurance Dropout*

Erin Higa *Psychological adaptations to a long-term ultra-endurance training protocol"*

Syed Hasan *Observational Analysis of the BE-FIT Hospital Mobility App's User Metrics to Assess Patient Engagement*

Jayson Plenos *The meanings of leisure and mental health among diverse university students: A step towards a mobile app-based leisure education (ABLE) intervention*

Daniel Tiwana *A Comparison of Immersion Rewarming Methods for Frostbite*

Bronwen Hicks *Digital exercise interventions for solid organ transplant patients: a systematic review*

Ema Ivkovic *The impact of different flooring surfaces on performance and fatigue when performing dragging tasks.*

Ella Mydan *Digital Modelling of the Scoliotic Spine*

Lina El Sayed *Exploring Weight Stigma Education in Health-Related Undergraduate Programs*

Lab tables

Dr. PearlAnn Reichwein

Dr. Kelvin Jones

Dr. Margo Adam

11.00 a.m. Dance by Initial 6 on the mezzanine

11.30 a.m. Keynote lecture in VVC 3-205: Dr. Howie Harshaw

Keeping the *outdoors* in *Outdoor Recreation*: The importance of securing and maintaining natural settings

12.30 p.m. Lunch in VVC 3-205

1.30 p.m. Oral presentations in VVC 3-205:

Graduate

1.30pm **Emma Bacchus** *"Affecting" Anxiety Symptomology: The Time-Varying Moderating Effect of Physical Activity Behaviour on Anxiety Symptom Dynamics*

1.45pm **Kole Lundstrom** *The Role of Interpretation Programming in Indigenous Peoples' Experiences in Protected Areas*

2.00pm **Brooke Hebert** *Summarizing the experiences of individuals who have obesity or larger bodies seeking fertility care: A scoping review*

2.15pm **Kristi Skebo** *Letting Bodies 'Speak' for Themselves: Creating a Unique Approach to Coach Studies Research*

2.30pm **Sara Sereda** *An Exploration of Self-Promotion Strategies of Open Styles Choreography Dancers on Instagram*

2.45 p.m. Break

Postdoctoral scholars

3.00pm **SangHyun Hwang** *Between Overcoming and Deceptive Olympics: Re-reading the 1988 Seoul Paralympics*

3.30pm **Ricardo Martins** *The Effect of Acute Resistance Exercise Load on Working Memory and Inhibitory Performance: An fNIRS Approach*