



## **21<sup>st</sup> Annual Family Medicine Research Day**

**Friday, June 7, 2024**

**8:00 - 8:30 am Morning Refreshments**

**8:30 - 8:40 am Welcome - Drs. Pedram Laghaei Farimani & Larissa Lautner**

**Welcome from the Department Chair - Dr. Christina Korownyk**

**Opening Remarks - Dr. Ginetta Salvalaggio, Co-Director of Research**

**8:40 - 9:00 am Three-Minute Rapid Fire Research Presentations**

- Completely Plant-Based Diets That Meet Energy Requirements for Resistance Training Can Supply Enough Protein and Leucine to Maximize Hypertrophy and Strength in Male Bodybuilders: A Modeling Study - *Dr. Cassandra Warbeck*
- The Viability of Virtual Decision-Making Capacity Assessments (MDCA) - Opening New Doors to Preventative and Proactive Healthcare for the Elderly - *Ms. Eileen Tang*
- Enhancement of Generalism and EDI Curricula in Undergraduate Medical Education: A Worked Model - *Ms. Kayla Bailey*
- Exploring the Attitudes of Physicians Towards Provision of Medical Assistance in Dying for Dementia, Psychiatric Illness and Mature Minors: A Scoping Review - *Dr. Irma Kritzing*

**Plenary Guest Speaker Introduction - Ms. Olga Szafran, Associate Director of Research**

**9:00 - 9:45 am Plenary Address: "The Health Sector on the Frontlines of the Climate Crisis"- Dr. Sherilee Harper, Professor, School of Public Health; Canada Research Chair in Climate Change & Health**

**9:45 - 10:15 am Three-Minute Rapid Fire Research Presentations**

- Puff, Puff? Pass - *Dr. Brittany Calibaba*
- An Aspirin a Day Keeps Pre-eclampsia Away: QI Work-in-Progress - *Drs. Jordan Stariha & Jeenan Kaiser*
- Patient and Family Experiences of Adverse Events in Pregnancy in Canada From a Multicultural Perspective - *Dr. Della Wang*
- Intolerance Upon Statin Rechallenge: A Systematic Review and Meta-analysis of Randomized Controlled Trials - *Ms. Elisa Molstad*
- The Pragmatic Trials Collaborative - *Dr. Roni Kraut*
- Emerging Health Needs of People Who Use Drugs in Central Edmonton - *Dr. Ginetta Salvalaggio*

**10:15 - 10:30 am Break**

**10:30 - 11:45 am Ten-Minute Research Presentations**

- Improving Primary Prevention and Screening for Cancer and Chronic Disease: Actionable Recommendations for Primary Care - *Dr. Donna Manca*
- Assessing Trauma-Informed Practice in Geriatric Care Provision: A Survey of Interdisciplinary Teams at the Glenrose Rehabilitation Hospital - *Dr. Smitha Yaltho*
- Improving Coding Practices for Alternative Level of Care (ALC) in Hospital Family Medicine Units - *Dr. Banafsheh Manafian*
- Culturally-Appropriate End-of-life-Care Considerations for Physicians and Other Formal Care providers - *Dr. Jean Triscott*
- Frozen Shoulder: How Effective is Ultrasound Guided Hydrodilatation of the Glenohumeral Point and Immediate Physical Therapy (SHIP) in Terms of Pain, Function and Shoulder Range of Motion Compared to Usual Care (SHUC): A Double Blinded Randomized Clinical Trial Pilot - *Dr. Terry De Freitas*

**11:45 - 12:30 pm Lunch**

**12:30 - 1:15 pm Panel Presentation** (*Dr. Andrea Gruneir, Moderator*) - **“Quality Improvement: Primary Care Learning Health System”** Panel Members: *Dr. Stephanie Montesanti*, Associate Professor & Canada Research Chair in Health System Integration, School of Public Health; *Ms. Cheryl Berezan*, Quality Coordinator, Grey Nuns Family Medicine Centre; *Ms. Kelly Parker*, Director of Clinical Operations, Edmonton O-day’min Primary Care Network.

**1:15 - 2:15 pm Ten-Minute Research Presentations**

- An Introduction to Planetary Health - Incorporating Planetary Health and Sustainability in Post-Graduate Medical Training - *Dr. Andréa Brabant*
- From Kitchen to Clinic: Implementing a Novel Preclerkship Culinary Medicine Elective at UAlberta - *Ms. Lauren Wong & Mr. Ashraf Aborawi*
- Supporting Indigenous Health and Wellness: Adapting the Change Health Community Program - *Dr. Amanda Radil*
- Clinic-Based Longitudinal Care in Alberta: A Current Census - *Dr. Samantha Horvey*

**2:15 - 2:30 pm Break**

**2:30 - 3:10 pm Three-Minute Rapid Fire Research Presentations**

- Decreasing Administrative Burden in Family Physicians Through the Implementation of an Ambient AI Scribe - *Dr. Amira Aissiou*
- Uses of Personalized Physician Feedback Reports to Assist in Quality Improvement, Research and Inform Practice: The Northern Alberta Primary Care Research Network (NAPCRen) - *Ms. Heidi Cheung*
- Resident-Driven Agenda Setting to Prioritize Visit Concern for Primary Care Visits at the Grey Nuns Family Medicine Clinic (GNFMC) in Efforts to Reduce Clinic Running Behind and Nursing Overtime Use - *Drs. Syed Hussain, Banafsheh Manafian, Sandra Andrawais*
- OECD Patient-Reported Indicators Survey (PaRIS) in Canada: Results From the National Study - *Ms. Charlotte Jensen*
- A Scoping Review of Teaching Methods for and Assessment of Physical Examination of the Ear, Nose, Throat, and Neck - *Dr. Peter Tian*
- Comprehensive Osteoarthritis Management Education and Treatment (COMET) Virtual Session: Evaluation of Patient Satisfaction and Self-Management of Osteoarthritis (OA) - *Ms. Roshani Puri*
- Development and Delivery of a Workshop on Physical Examination of the Ear, Nose, Throat, and Neck - *Dr. Caitlin Finley*
- Exploring Iron Deficiency in Alberta: Following up on Clinical Observations - *Dr. Doug Klein*

**3:10 - 3:15 pm Closing Remarks** - *Dr. Andrea Gruneir, Co-Director of Research*

**3:15 - 3:35 pm Resident Award Presentations** - *Drs. Samantha Horvey & Michelle Morros*

**3:35 - 4:30 pm Research Day Reception** - Join us for appetizers and dessert to celebrate our research achievements!

*Thank you to our sponsors!*

