



College of Health Sciences: School of Public Health*
Program Route: Bachelor of Health Sciences Route Course Selection Form

Directions: Complete the following form by selecting your Fall and Winter Term courses for your program route. Once completed, submit the form to typrec@ualberta.ca. Course enrollment and changes will be completed by the FPH TYP Associate Director I or the okiskinohamâkew (educator) Associate Director II.

Student Name	
Date	

Required Courses	Units	Term
WRS 101 Exploring Writing	3	Fall Term
TAKWA (fall) 101	1.5	
HLTH 100 - Your Future in Health: Pathways and Possibilities	3	
Select one course from the following course options: • BIOL 107 - Introduction to Cell Biology • NURS 140 - Anatomy • NUTR 100 - Nutrition and Well-being • HE ED 120 - Introduction to the Biological Aspects of Fitness to Health	3	

PIPON (winter) 102	3	Winter Term
HLTH 101 - Fundamentals of Health Research	1.5	
Health or Open Elective or Concentration course : _____	3	
Select one of: • CHEM 101 - Introductory University Chemistry I • NURS 150 - Physiology	3	

*pending final committee approval November 2026