

Faculty of Kinesiology, Sport and Recreation
Program Route: Bachelor of Arts in Recreation, Sport, and Tourism (BARST) Route Course Selection Form

Directions: Complete the following form by selecting your Fall and Winter Term courses for your program route. Once completed, submit the form to typrec@ualberta.ca. Course enrollment and changes will be completed by the FPH TYP Associate Director I or the okiskinoamâkew (educator) Associate Director II.

Student Name	
Date	

Required Courses	Units	Term
WRS 101 Exploring Writing	3	Fall Term
TAKWA (fall) 101	1.5	
Humanities, Social Sciences, or Fine Arts/Languages Option *: _____	3	
RLS 100 Life, Leisure, and the Pursuit of Happiness	3	

ENGL 125 Indigenous Literatures	3	Winter Term
PIPON (winter) 102	1.5	
Humanities, Social Sciences, or Fine Arts/Languages Option : _____	3	
Select one course from the following course options:	3	
○ KRLS 104 Introduction to Sociology of Sport and Leisure in Canadian Society ○ KRLS 105 Introduction to the Management of Sport, Physical Activity and Recreation Programs		

Note: *Common Humanities, Social Sciences, or Fine Arts/Language course options include:

- [DANCE 200 The Spectrum of Dance in Society](#)
- [DRAMA 149 Theatre Making for Everyone](#)
- [FS 100 Introduction to Film Study](#)
- [MUSIC 103 Introduction to Popular Music](#)
- [NS 110 Historical Perspectives in Indigenous Studies](#)
- [NS 111 Contemporary Perspectives in Indigenous Studies](#)
- [NS 152 Introductory Cree](#)
- ANTHR 1XX. See the UA catalogue for a list of [Anthropology 100-level courses](#)
- [SOC 100 Introductory Sociology](#)
- [PSYCH 104 Basic Psychological Processes](#)
- [PSYCH 105 Individual and Social Behavior](#)
- HIST 1XX. See the UA catalogue for a list of [History 100-level courses](#)
- Women's and Gender Studies (WGS) 1XX. See the UA catalogue for a list of [WGS 100-level courses](#).
- KRLS 104 is based on availability