

**GLEN SATHER SPORTS MEDICINE CLINIC
PHYSICIAN SERVICES RELAUNCH**

On May 3, 2020, Dr. Deena Hinshaw released CMOH Order 16-2020 which amends CMOH Order 07-2020 authorizing the restarting of some health care services. The College of Physicians and Surgeons of Alberta (CPSA) has published a reopening practice advice to the profession on May 5, 2020.

The sport and exercise medicine (SEM) physicians at the Glen Sather Sport Medicine Clinic (GSSMC) will continue offering **virtual care for our patients as the primary form of treatment.**

In addition, over the next number of weeks we are offering **in-clinic appointments** for those who require it in keeping with the proposed CPSA guidelines:

- Does the patient feel the benefit of the therapy exceeds the risk of leaving the home?
- Is the benefit to the individual patient worth the risk of them having leave their home? Special consideration must be given to high risk patients.
- Could scarce resources like acute care need to be accessed if the procedure does not go as planned? How will this be coordinated?
- Will the care provided prevent the need for a patient to access acute care in the foreseeable future?
- Would a group of peers support the decision that the care is urgent?

For the most part, in order to ensure it is safe for you to come into the clinic a virtual appointment may occur first. During this appointment, you and your physician can discuss the risks versus benefits of an in-person visit.

We understand that you will have questions so please contact the clinic at 780-407-5160 and, if you have clinical questions, we can arrange for a call or video appointment with a physician.

Lastly, to our staff and our patients, thank you for your tremendous support during these challenging times! We encourage everyone to continue physical distancing and practicing hand hygiene. Together, we can flatten the curve and beat this virus. We hope you are all staying active and healthy!