

John Dossetor
Health Ethics
Centre



**JOHN DOSSETOR
HEALTH ETHICS CENTRE**

**2022-
2023
SERIES**

HEALTH ETHICS SEMINAR

“SOMEONE WILL COMMIT SUICIDE” Qualitative Exploration of Strategies to Mitigate Moral Distress Among Pediatric Critical Care Nurses



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**Thursday, 13 April 2023
12:00 - 13:00 MDT**

WEBINAR Presentation via Zoom application

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Pediatric critical care units are highly specialized environments where a healthcare team provides life-sustaining treatment to extremely sick children. The pressure healthcare professionals experience when working in this environment can contribute to high levels of moral distress. There is limited evidence outlining effective strategies to minimize the negative effects of the phenomenon among nurses. Therefore, the aim of this study is to identify intervention attributes that pediatric critical care unit nurses with moral distress histories deem important to develop a moral distress intervention.

Our results show that additional supports are needed to help nurses navigate the difficult aspects of their work. Identifying what pediatric critical care nurses need as an intervention to minimize their moral distress is necessary to develop effective strategies to reduce the negative effect of this phenomenon. Further research is required to evaluate the effectiveness of the intervention.

More information: please call 780-492-6676, e-mail dossetor.centre@ualberta.ca or visit [Dossetor Centre website](#)

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