



Bachelor of Arts in Recreation, Sport, and Tourism (BARST)

PROGRAM DETAILS

The Bachelor of Arts in Recreation, Sport, and Tourism is a liberal arts degree that allows students to include coursework from across the university while focusing on the application of recreation and sport in society. Students can create a diversified degree program that aligns with their individual interests through the completion of the general BARST program.

REQUIRED ALBERTA HIGH SCHOOL COURSES (OR EQUIVALENT)

- English Language Arts 30-1

One of the following courses:

- Mathematics 31
- Physics 30
- Mathematics 30-2*
- Chemistry 30
- Biology 30
- Computing Science ADV(CTS-5Cr)
- Science 30
- Mathematics 30-1

*Only one of Mathematics 30-1 or Mathematics 30-2 can be used for admission.

One of the following subjects:

- Humanities
- Languages other than English
- Physical Education
- Math/Sciences

One of the following subjects:

- Fine Arts
- Humanities
- Languages other than English

One of the following subjects

- Humanities
- Languages other than English
- Math/Sciences



ADDITIONAL REQUIREMENTS

Because the U of A wants you to succeed, our admissions policy ensures that all students, regardless of citizenship, have the language skills they need to understand, participate and learn in our classes. The primary language of instruction in our classes, with the exception of those at the Faculté Saint-Jean, is English. For more information on the [English Language Proficiency policy](#) refer to the *U of A Calendar*. Information on writing [ELP examinations](#) is also available.

COMPETITIVE AVERAGES

The following admission-average ranges reflect the past three admission cycles. [Admission is competitive](#). Meeting these requirements does not guarantee admission.

High School Applicants: Low to high 70s.

The AGPA range reflects transfer admissibility from the previous admission cycle. AGPAs change annually and within each admission cycle.

Post Secondary Applicants: 2.5 and above.

CAREER OPPORTUNITIES IN BARST

There are various career opportunities for graduates of the Bachelor of Arts in Recreation, Sport, and Tourism program. This can include but is not limited to roles such as a Parks and Recreation Manager, Event Coordinator, Sports Administrator, Recreation Facility Operator, Special Events and Festival Manager, Athletics Director/Manager and Arts & Culture Development Officer.

Graduates of this program have launched exciting careers with well-known organizations such as Parks Canada, the Vancouver Canucks, and Volleyball Canada, just to name a few. Many students have also successfully turned field experiences into permanent roles. [In 2023](#), two graduates were able to do just that. Sumiyyah Dhanani secured a remote position with a marketing agency in Newfoundland and Labrador where she interned as an undergrad, while Alyssa Ermineskin transitioned her 14-week practicum into a full-time recreation assistant role in Saddle Lake after graduation. With hands-on experience and real-world connections, BARST can open doors to amazing opportunities.



INDIGENOUS STUDENTS

At the U of A, we are committed to encouraging Indigenous students in their work towards a degree. Indigenous students have been under-represented in higher education in Canada, thus our policy is aimed at increasing opportunity, with the goal of our Aboriginal student population being representative of the public we serve. For more information on [Admission of Indigenous](#) Applicants refer to the U of A Calendar.

Indigenous students can also enter the Bachelor of Arts in Recreation, Sport, and Tourism program through the U of A's [Transition Year Program \(TYP\)](#).

TRANSFER STUDENTS

General Transfer:

Students interested in transferring to the BARST program would [apply](#) as a transfer applicant, and be assessed on two main factors:

1. Presenting the 5 required high school courses. To view our high school requirements, please visit the undergraduate admissions in our calendar
2. AGPA calculation of minimum of 2.0* based on a minimum of the most recently completed 24 units. If students do not have 24 units that are transferable to the U of A, they may be assessed on a combination of their high school and transferable post-secondary course grades.

*a [higher GPA](#) may be needed to be considered competitive.

To better understand if previous coursework is transferable, students can use the UAlberta [Transfer Credit Search Tool](#) and/or the [Alberta Transfer Search Tool](#) if their post secondary coursework was taken in Alberta.

MATURE STUDENTS

- To be considered for admission as a [non-matriculated applicant](#), students must be 21 years of age or older by the first day of classes of the term in which admission is sought.
- Students will be considered for the BARST and BKin degrees only.
- Students must present a minimum average of 70% or equivalent based on the following subject requirements, please note that having the minimum average does not guarantee admission to the program.

Subject Requirements for the Bachelor of Kinesiology Program:

- English Language Arts 30-1
- [Subject from Group A or C](#) (Biology 30 recommended)



Other Requirements

An interview with the Associate Dean or designate may be required.

CERTIFICATE OPPORTUNITIES

With an embedded undergraduate certificate, students can tailor their education to match their passions and career aspirations. It is a focused credential made up of 4-6 courses (12-18 units) that students can seamlessly integrate into their degree program. Embedded certificates provide the opportunity to broaden understanding and promote innovation through interdisciplinary thinking. They are intended to recognize a student's achievement in a particular area of focus not readily apparent on a student's degree or transcript.

An embedded certificate implies that the requirements of the certificate can be met during the completion of a student's degree program. There are no additional fees assessed for courses taken towards an embedded certificate other than those that would normally apply to those courses. Once the certificate requirements have been met, students will receive their embedded certificate upon graduation from their degree program.

No more than half of the course requirements for one certificate may overlap with the requirements of another certificate. Normally, a student may receive no more than two embedded certificates in one degree program.

Faculty of Kinesiology, Sport, and Recreation Certificate:

[Certificate in Indigenous Sport and Recreation](#)

Other University of Alberta Certificates:

Students have an opportunity to pursue certificates from other University of Alberta faculties. To learn more about Embedded Certificates and those offered outside of your program, refer to the [University of Alberta Embedded Undergraduate Certificates webpage](#).

Recommended for Kinesiology, Sport + Recreation (KSR) Students

These include KSR courses as part of their certificate requirements:

- [Certificate in Community Engagement and Service Learning](#)
- [Certificate in Global Citizenship](#)
- [Certificate in International Learning](#)
- [Certificate in Sustainability](#)
- [Certificate in Innovation and Entrepreneurship](#)



IN FIELD LEARNING

An important element of KSR undergraduate programs is the required completion of [In Field Learning](#) (with the exception of the BKin/BEd combined degree program). This element of KSR undergraduate programming provides students with a real world connection of theory into practice. This includes career exploration, understanding of professional certifying standards, and experiencing diverse and multicultural work-integrated opportunities.

The [following list](#) of In Field Learning courses present experiences that complement program knowledge, previous work and volunteer history, as well as learning objectives.

TRANSCRIPTS + DOCUMENTS

In order for your application to be considered complete, your final official transcripts must be received by the U of A, along with any other required documents, by the document deadline. Please see the [Transcripts + Documents webpage](#) for further information on how to submit your transcripts + documents.

REGISTRATION 101

How to register in U of A courses:

1. [Accept your offer](#) and pay your tuition deposit.
2. Find your enrollment date in [Bear Tracks](#).
3. Register for a [Registration 101](#) workshop.
 - o [KSR Registration 101 modules](#)
 - o [Program Guides](#)
4. Enroll in your courses.

You can begin registering in courses on or after your enrollment appointment date, which can be found in Bear Tracks under *Manage Classes > My Enrollment Date*. You will need to [accept your admission offer](#) and pay the tuition deposit before you can register in courses.

IMPORTANT DATES

Applications Open: October 1, 2025

Applications Close: March 1, 2026

Guaranteed Housing Deadline: April 30, 2026

Outstanding Documents Deadline (Transfer): June 15, 2026

Outstanding Documents Deadline (High School): August 1, 2026

FAQ

Frequently asked questions can be found below:

- [Admission FAQs](#)
- [General FAQs](#)



CONTACT

KSR Recruitment Team (For Prospective Students):

Email: ksr.recruiting@ualberta.ca

Advising: uab.ca/advising

Faculty of KSR (For Current Students):

Email: ksradvisors@ualberta.ca

Advising: [Current Student Advising](#)