



Bachelor of Science in Kinesiology (BSc Kin)

PROGRAM DETAILS

The Bachelor of Science in Kinesiology degree is a specialized science degree with a specific focus in studying human movement as it relates to the enhancement of human performance, health promotion, and prevention and management of chronic disease.

REQUIRED ALBERTA HIGH SCHOOL COURSES (OR EQUIVALENT)

- English Language Arts 30-1
- Mathematics 30-1
- Chemistry 30
- Physics 30

One of the following subjects:

- Physical Education
Biology 30

ADDITIONAL REQUIREMENTS

Because the U of A wants you to succeed, our admissions policy ensures that all students, regardless of citizenship, have the language skills they need to understand, participate and learn in our classes. The primary language of instruction in our classes, with the exception of those at the Faculté Saint-Jean, is English. For more information on the [English Language Proficiency policy](#) refer to the *U of A Calendar*. Information on writing [ELP examinations](#) is also available.

COMPETITIVE AVERAGES

The following admission-average ranges reflect the past three admission cycles. [Admission is competitive](#). Meeting these requirements does not guarantee admission.

High School Applicants:

- Low to high 80s

The AGPA range reflects transfer admissibility from the previous admission cycle. AGPAs change annually and within each admission cycle.

Post Secondary Applicants:

- 3.2 and above



CAREER OPPORTUNITIES IN KINESIOLOGY

Career opportunities for graduates of the Bachelor of Science in Kinesiology program include: Kinesiologist, Exercise Therapist, Certified Exercise Physiologist and Rehabilitation Specialist. Graduates also have an excellent foundation for advanced study in health fields such as Medicine, Physical Therapy and Chiropractics.

INDIGENOUS STUDENTS

At the U of A, we are committed to encouraging Indigenous students in their work towards a degree. Indigenous students have been under-represented in higher education in Canada, thus our policy is aimed at increasing opportunity, with the goal of our Aboriginal student population being representative of the public we serve. For more information on [Admission of Indigenous](#) Applicants refer to the U of A Calendar.

TRANSFER STUDENTS

General Transfer:

Students interested in transferring to the Bachelor of Science in Kinesiology program would [apply](#) as a transfer applicant, and be assessed on two main factors:

1. Presenting the 5 required high school courses. To view our high school requirements, please visit the undergraduate admissions in our calendar
2. AGPA calculation of minimum of 2.0* based on a minimum of the most recently complete 24 units. If students do not have 24 units that are transferable to the U of A, they may be assessed on a combination of their high school and transferable post-secondary course grades.

*A [higher GPA](#) may be needed to be considered competitive.

To better understand if previous coursework is transferable, students can use the UAlberta [Transfer Credit Search Tool](#) and or the [Alberta Transfer Search Tool](#) if their post secondary coursework was taken in Alberta.

MATURE STUDENTS

The BSc Kin program does not offer a pathway specifically for mature students. Those interested will need to meet the five high school course requirements. The only programs in the Faculty of KSR that have specific mature student requirements are the BKin and BARST programs.



IN FIELD LEARNING

An important element of KSR undergraduate programs is the required completion of [In Field Learning](#) (with the exception of the BKin/BEd combined degree program). This element of KSR undergraduate programming helps students connect classroom theory to real-world practice. This includes career exploration, understanding of professional certifying standards, and experiencing diverse and multicultural work-integrated opportunities.

The [following list](#) of In Field Learning courses present experiences that complement program knowledge, previous work and volunteer history, as well as learning objectives.

CERTIFICATE OPPORTUNITIES

With an embedded undergraduate certificate, students can tailor their education to match their passions and career aspirations. It is a focused credential made up of 4-6 courses (12-18 units) that students can seamlessly integrate into their degree program. Embedded certificates provide the opportunity to broaden understanding and promote innovation through interdisciplinary thinking. They are intended to recognize a student's achievement in a particular area of focus not readily apparent on a student's degree or transcript.

Embedded certificates imply that the requirements can be met during the completion of a student's degree program. There are no additional fees assessed for courses taken towards an embedded certificate other than those that would normally apply to those courses. Once the certificate requirements have been met, students will receive their embedded certificate upon graduation from their degree program.

No more than half of the course requirements for one certificate may overlap with the requirements of another certificate. Normally, a student may receive no more than two embedded certificates in one degree program.

Faculty of Kinesiology, Sport, and Recreation Certificate:

[Certificate in Indigenous Sport and Recreation](#)

Other University of Alberta Certificates:

Students have an opportunity to pursue certificates from other University of Alberta faculties. To learn more about Embedded Certificates and those offered outside of your program, refer to the [University of Alberta Embedded Undergraduate Certificates webpage](#).



Recommended for Kinesiology, Sport + Recreation (KSR) Students

These include KSR courses as part of their certificate requirements:

- [Certificate in Community Engagement and Service Learning](#)
- [Certificate in Global Citizenship](#)
- [Certificate in International Learning](#)
- [Certificate in Sustainability](#)
- [Certificate in Innovation and Entrepreneurship](#)

TRANSCRIPTS + DOCUMENTS

In order for your application to be considered complete, your final official transcripts must be received by the U of A, along with any other required documents, by the document deadline.

Please see the [Transcripts + Documents webpage](#) for further information on how to submit your transcripts + documents.

REGISTRATION 101

How to register in U of A courses:

1. [Accept your offer](#) and pay your tuition deposit.
2. Find your enrollment date in [Bear Tracks](#).
3. Register for a [Registration 101](#) workshop.
 - [KSR Registration 101 modules](#)
 - [Program Guides](#)
4. Enroll in your courses.

You can begin registering in courses on or after your enrollment appointment date, which can be found in Bear Tracks under *Manage Classes > My Enrollment Date*. You will need to [accept your admission offer](#) and pay the tuition deposit before you can register in courses.

IMPORTANT DATES

Applications Open: October 1, 2025

Applications Close: March 1, 2026

Guaranteed Housing Deadline: April 30, 2026

Outstanding Documents Deadline (Transfer): June 15, 2026

Outstanding Documents Deadline (High School): August 1, 2026

FAQ

Frequently asked questions can be found below:

- [Admission FAQs](#)
- [General FAQs](#)



CONTACT

KSR Recruitment Team (For Prospective Students):

Email: ksr.recruiting@ualberta.ca

Advising: uab.ca/advising

Faculty of KSR (For Current Students):

Email: ksradvisors@ualberta.ca

Advising: [Current Student Advising](#)