

INT D 207 - Section 800 - Spring 2026 – Inspired to Lead: Skills You Need

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The only way for us to contact you is via your @ualberta.ca email. Make sure to read your University email every day.

Important Dates

First Day of Class	May 4, 2026
Add/Drop Date	May 7, 2026
50% Tuition Withdrawal Date	May 19, 2026
Withdrawal Date*	June 8, 2026
Last Day of Class	June 10, 2026
Final Exam/Assessment Date	N/A

*Withdrawal from the course with “W” does not affect your GPA for the term and for your degree.

An “F” in a course results in a zero weight for that course in your GPA.

Course Details

To keep up with the deliverables in this course you need a solid schedule and plan. Due to the size of the class there is very little flexibility to help students out with late or missing work. It is your responsibility to keep up with the work. Spring courses are more than double the pace of a regular semester as there is no reading week and the exam period is two days.

Technology for Remote Learning

This online course requires the student to have a reliable webcam, speakers, and microphone, all of which are found in most current laptop computers. Students will also need a reliable internet connection. **The Course Professor requires that students attending the online synchronous seminars have their camera on and microphone working and available.** To accurately credit earned seminar attendance, students are required to use their name as shown in their official University of Alberta registration on Beartracks and their University of Alberta email address to register for seminars. Your name and email will be used to verify seminar attendance. Having the camera on and working properly, the participant’s entire face clearly visible, microphone working and available, and correct name/email registered is required for full participation marks. If students feel this requires clarification, the student should email the Course Professor. Seminar remote connection links are available on the course Learning Management System.

Course Modality

This is an online bichronous course. The course is primarily asynchronous, with course content delivered

through and available on Canvas, the course Learning Management System. Course modules open on Canvas according to the course schedule. They are meant to be studied in that order. There are five online synchronous seminars in this course that students are required to attend. Modules and their associated assignment must be completed and submitted by their due dates. Please familiarize yourself with course requirements and due dates by closely following the course calendar provided in this syllabus. This is not a “work at your own pace” style of course.

Calendar Description

Students will learn about practical skills that are important to be successful in leadership across various organizational settings and situations. Reflection and self-development are key components of the course. Open to all students. No prerequisites. It is recommended that students have completed at least 30 units of course weight towards their degree prior to registering in this course.

Prerequisite: INT D 101 or approved equivalent (see uab.ca/cils).

General Description

This course is designed to provide students with the practical skills needed to lead successfully in a variety of roles and situations across all disciplines. Throughout the duration of the course, students will learn core principles of leadership and exercise critical leadership skills including self-awareness, communication, strategic planning, and team building. Students will contemplate how they intend to show up as a leader, from reflecting on their own values/traits to considering their presence and intended impact within diverse organizational settings, teams, and situations. This course enables students to apply leadership skills to multi-disciplinary, real-world scenarios. Students emerge from the course prepared with well-developed leadership values and an adaptable skillset to lead confidently and effectively in a variety of contexts.

Student Perspectives on Teaching Survey (SPOT)

Please complete your online course evaluation when the link is released to you. Your time to provide evaluation and comments are appreciated and important in designing and revising the course.

Traditional Territorial Acknowledgement

The University of Alberta respectfully acknowledges that we are located on Treaty 6 territory, a traditional gathering place for diverse Indigenous peoples including the Cree, Blackfoot, Métis, Nakota Sioux, Iroquois, Dene, Ojibway/Saulteaux/Anishinaabe, Inuit, and many others whose histories, languages, and cultures continue to influence our vibrant community.

Learning Outcomes

By the conclusion of this course, students will have developed the following course specific skills and knowledge:

- Demonstrate self-awareness with respect to leadership
- Recognize the importance of empathy, compassion and diversity in modern day leadership thought
- Develop communication strategies tailored to situation and audience
- Demonstrate team building skills and strategies
- Recognize the need for global and cultural intelligence
- Develop an understanding of different leadership expectations in different fields
- Demonstrate an understanding of your strengths and weaknesses as a leader and an appreciation of your lens when confronting a challenge in your field

Required Text

There is no required text for this course. All course material is available through Canvas or the UofA Library.

Assessment and Schedule

Grading

Grade points reflect judgments of student achievement performance in a class. The instructors mark in terms of raw scores, rank student work in order of merit, and assign an appropriate grade to each piece of student work. In this course there are no absolute levels of percentage marks that will result in a particular letter grade.

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See: [Grading System Explained | Office of the Registrar](#)

Letter grades obtained by undergraduate students correspond to the following grade point values at the University of Alberta.

Descriptor	Letter Grade	Grade Point Value
Excellent	A+	4.0
	A	
	A-	3.7
Good	B+	3.3
	B	3.0
	B-	2.7
Satisfactory	C+	2.3
	C	2.0
	C-	1.7
Poor	D+	1.3
	D	1.0
Failure	F	0.0

Course Content and Assignments

Assessment	Value	Instances	Total
Quizzes Available on Canvas, quizzes are open book with 12 questions, and students have two hours to complete the quiz.	7% each	Best 5 of 6 Quizzes	35%
Seminar Attendance and Participation To earn full marks: Complete attendance survey	1% each	Best 4 of 5 Seminars	4%

• Be on time (a few minutes before the seminar is scheduled to start) and paying full and undivided attention throughout the seminar • Camera on/entire face clearly visible • Microphone working • BearTracks name and UAlberta email registered for seminar <u>Note 1:</u> Students that are more than 10 minutes late to a seminar will not be admitted as this is disruptive to the TAs and other students. <u>Note 2:</u> Missed Seminar Participation may not be made up at the end of the term. <u>Note 3:</u> Crucially, if you sign on to a seminar with a non-UofA email or non-BearTracks name the TAs will not be able to credit your participation which will result in zeros for not only participation, but also mean that the associated Kritik Seminar Assignment, even if completed, will not count.			
Kritik Seminar Assignments	6% each	Best 4 of 5 Seminar Assignments	24%
Group Video Project 5% for the full explanation of your group's leader skills topic 32% for the video	37%	1	37%
Total			100%

Grading is conducted by Teaching Assistants (TAs). Please note: All grade disputes and regrade requests must be made to intd207@ualberta.ca within 1 week of the grade being released for that element. Managed by the Course Instructor, the regrade assigned may be higher, lower, or stay the same as the original grade given by the TA. Grade disputes about the Group Video Project must be signed by all group members.

Module	Description
Module 1: Know Yourself and Leading with Authenticity	Themes of self-reflection, core values, and self-awareness allows students to explore their own beliefs and values, and how they translate to leadership.
Module 1.5: Ethically Leading and Leading Ethics	This module equips students with knowledge of ethical leadership, setting a foundation for ethical leadership, and the application of ethical leadership in different disciplines.

Module 2: Connecting with Others – Communication and Influence	Skills for effective communication, from active listening to presenting and storytelling, are explored.
Module 3: Building Effective Teams	Students examine the characteristics of effective teams and consider how team formation occurs. This module offers skills on how to inspire and manage teams.
Module 4: Yourself in the World	This module equips students with a global mindset and explores culture and cultural differences in the applicable context of entrepreneurship.
Module 5: Leading Change	Change is inevitable and this module explores how to perpetuate, plan for, and navigate change.

Assignment Details

All assignments are mandatory and will contribute to final course grades.

1. Quizzes – Best 5 quizzes (from 6) worth 7% each – totaling 35% of the student’s final grade.

All quizzes are multiple-choice, open book, with 12 questions. Choose the best answer from those provided. Quizzes are intended to be finished in 50 minutes but have a maximum of 2 hours to complete. Quizzes automatically close after 2 hours or at midnight of the due date, whichever comes first. Quiz content is not cumulative. A maximum of 1 attempt is allowed for each quiz. Once the quiz has been opened on Canvas, do not close the tab or exit out of the quiz before you have finished completing it. Doing so will be considered your final quiz submission. Be sure to complete the quiz with enough time before the due date, in an area with a stable Wi-Fi connection, and on a reliable device. Quiz question answers will not be provided in order to protect the integrity of questions in subsequent offerings of the course.

2. Seminar Attendance and Participation – Best 4 seminars (from 5) with participation worth 1% each – totaling 4% of the student’s final grade.

The live, synchronous, online seminar sessions are conducted via Zoom. The Course Instructor (when attending a seminar), Students, and Teaching Assistants are required to be on time, which is a few minutes before the seminar, have their cameras on and microphones available throughout the seminar. Students who have their camera on with face fully and clearly visible, their microphone working and available, their correct BearTracks name displayed, completed the seminar participation survey, and paying full and undivided attention throughout the seminar will earn 1% per Seminar.

This is an online course and students are responsible for reliable electronics and a stable internet connection. Use your phone if your laptop is not working. Attendance is required to unlock the associated written seminar assignment. A student who does not attend a seminar session (or whose participation is not recorded due to a non-UofA email being used or a non-BearTracks name being used) will not be able to complete the associated seminar assignment. Seminar attendance is required once per seminar week - this means that for each seminar there will be two opportunities to take that seminar. Students only have to attend Seminar 1, for example, once. We encourage students to choose a seminar time that they can regularly attend. Our objective is to create a sense of community and engagement with the students who pick that time and that they see each other over the course of the term.

3. Kritik Seminar Assignments – Best 4 assignments (from 5) worth 6% each – totaling 24% of the student's final grade.

Following each seminar a written assignment will be made available on Kritik. A student who does not attend a seminar session (or whose participation is not recorded due to a non-UofA email being used or a non-BearTracks name being used) will not be able to complete the associated seminar assignment. Seminar assignments will provide an activity for which the knowledge and skills learned from the module can be applied. Specific details of each seminar assignment will be available on Kritik as well as at the end of each respective module. Because seminar attendance and assignments are central to this course it is imperative that students make sure to attend one offering of each seminar and complete the associated seminar assignment.

Kritik Seminar Assignments will be completed using the [Kritik](https://www.kritik.io/) platform (<https://www.kritik.io/>). These Kritik assignments work well when they are taken seriously and students provide quality feedback that is supportive and developmental to their fellow students. Students will be invited to register for the Kritik platform via their UAlberta emails. You must register for the Kritik platform prior to the first Kritik assignment opening. These assignments are collaborative in nature and involve students giving and receiving anonymous feedback to and from peers. Each Kritik assignment has the three components of Creation, Evaluation, and Feedback. During the Creation phase, students will address the assignment prompt by writing several paragraphs totalling between 360 and 440 words, including the title. For the Evaluation phase, students will assess the creations of 3 or 4 peers according to the rubric available in Kritik. Students will grade peers on content, depth, writing clarity/mechanics, and word count. Students who miss submitting their Creation may still participate in the Evaluation phase and doing so will “lock in” their completion of that seminar assignment. Finally, in the Feedback phase, students will express how the evaluations received from peers helped them to understand the grade received from those peers. The Kritik platform has an integrated “AI generated content” checker. Submissions flagged by this checker will be reviewed. See the “Academic Integrity” section of this syllabus for further details.

4. Group Video Project – 5% for leader skills topic and 33% for video – totaling 37% of the student's final grade.

Details of the group video project will be provided either in the final module or by a separate document provided to students. Groups consist of 3 or 4 members and are to be self-formed. Those not in a group by the due date will be placed in a group constructed by the Course Instructor. Once in a group you must stay with that group.

The 5% grade for the leader skills topic is your chance to demonstrate that your team has a solid idea and plan for the video. Examples given in the Final Project Instructions are not models for what your proposal should be, instead they are examples of the kind of situations that a team might use as their situation. The Project Topic is graded by the Course Instructor and Teaching Assistants.

Your Group's task is to create a video on your selected topic with a length of 3 minutes per member. Each member does not have to speak for exactly 3 minutes, yet each member should have a significant speaking role in the presentation. Your Group will upload your video to YouTube and then upload that link to Canvas. Each group member must show their ONE card to the camera before the video project. Timing for grading will start after this, when the Group begins their presentation. Only

those in the video will receive the group mark. We need to see and hear you throughout the video. This is not a slide show or an animation. The intent of this video is to allow you the chance to work together with your classmates and jointly create your video project. You may be all together on zoom and record that. It is not acceptable that each member create an individual video and then edit these together into a presentation. Evaluation will be done by the course TA in the first instance, stopping their view at the number of members times the 3 minutes mark. There will be a rubric used and provided to you. The Course Instructor may set aside a smaller proportion of the total assignments for review by the Course Professor.

*Should a Project fail to adhere to the requirements listed above, that your ONE card be clearly shown, that we are able to see and hear you throughout the video, that the project is not a slide show or an animation, or that project members have created individual video that have been edited together into a presentation, then the first violation of the requirements above will mean the Project mark will be credited at **80% of the achieved grade**. For example, if you achieve a score of 90% on the Project assignment, your final recorded grade will be 72% (90 times 0.8). A second violation of the requirements above will result in a credit value of 70% of the achieved grade. A third violation of the requirements above will result in a credit value of 60% of the achieved grade. A fourth violation of the requirements above will result in a credit value of 50% of the achieved grade.*

INT D 207 Spring Term 2026 Schedule				
Monday	Tuesday	Wednesday	Thursday	Friday
May 4	May 5	May 6	May 7	May 8
Module 1 and Module 1.5 Spring Term Classes Begin	Attend one Seminar each week from the two Seminar sessions offered	Seminar 1 11:00a.m. to 12:20p.m.	Seminar 1 11:00a.m. to 12:20p.m. Spring Term Add/Drop due by 11:59 p.m.	
May 11	May 12	May 13	May 14	May 15
Module 2 Kritik Assignment 1 Creation Due Quiz 1 Quiz 1.5		Seminar 2 11:00a.m. to 12:20p.m. Kritik Assignment 1 Evaluation Due	Seminar 2 11:00a.m. to 12:20p.m.	Quiz 2 Kritik Assignment 1 Feedback Due Final Project Team Formation Due Date
May 18	May 19	May 20	May 21	May 22
	Module 3	Seminar 3	Seminar 3	Quiz 3

INT D 207 Spring Term 2026 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Victoria Day Holiday University of Alberta is closed	Kritik Assignment 2 Creation Due Final Project Teams Formed by Instructor Spring term refund deadline	11:00a.m. to 12:20p.m.	11:00a.m. to 12:20p.m. Kritik Assignment 2 Evaluation Due	
May 25	May 26	May 27	May 28	May 29
Module 4 Kritik Assignment 3 Creation Due Kritik Assignment 2 Feedback Due Final Project Topic Due		Seminar 4 11:00a.m. to 12:20p.m. Kritik Assignment 3 Evaluation Due	Seminar 4 11:00a.m. to 12:20p.m.	Quiz 4 Kritik Assignment 3 Feedback Due
June 1	June 2	June 3	June 4	June 5
Module 5 Kritik Assignment 4 Creation Due		Seminar 5 11:00a.m. to 12:20p.m. Kritik Assignment 4 Evaluation Due	Seminar 5 11:00a.m. to 12:20p.m.	Quiz 5 Kritik Assignment 4 Feedback Due
June 8	June 9	June 10	June 11	June 12
Kritik Assignment 5 Creation Due Withdraw with "W" last day		Kritik Assignment 5 Evaluation Due Final Project Due Last Day of Spring Term Classes	Spring session exam period	Kritik Assignment 5 Feedback Due Spring session exam period

Notes: All due date times are 11:59 p.m. Edmonton time. Aim for a few minutes earlier as clocks might be off a bit or you might have trouble with your wifi. Complete all assignments prior to the required due date and time as failure to do so will harm your course performance.

Incomplete Course Components

Makeups for incomplete course components may be given at the end of the term at the sole discretion of the Course Instructor in order to allow a partial supplement for missed work. Email intd207@ualberta.ca to request makeups. The maximum grade allowed in each case is 80% of that component's value. Missed Seminar Participation may not be made up at the end of the term.

Other Important Information

Policies

Policies regarding course outlines can be found in the Academic Regulations, Evaluation Procedures and Grading section of the University of Alberta Calendar:

[Evaluation Procedures and Grading System | University of Alberta](#)
[Academic Integrity | University of Alberta](#)

The University of Alberta is committed to the highest standards of academic integrity and honesty. Students are expected to make themselves familiar with these standards to uphold the policies of the University in this respect. Students must be familiar with, and abide by, the Code of Student Behaviour (available under 'Policies, Standards and Codes of Behaviour' on the University of Alberta Website):

[Code of Student Behaviour | University Governance](#)

This includes avoiding any behaviour which could result in suspicions of cheating, plagiarism, misrepresentation of facts and/or participation in an offense. Academic dishonesty is a serious offense and can result in suspension or expulsion from the university.

The University of Alberta has created a new Student Academic Integrity Policy (see below). The sentiment of this policy is that academic integrity issues are opportunities for education and support, with discipline as a secondary alternative. The purpose of writing assignments in INT D 207 is to provide opportunities for thought and writing about leadership. To benefit, students need to do this for themselves. It is the process that is important. If a student were to short-circuit the process then they are losing their educational opportunity and paying for something that they are not receiving.

The Student Academic Integrity Policy that took effect in Fall 2024 follows. "The value and integrity of University of Alberta academic credentials, as well as research and other scholarly and professional activities, rests on academic integrity and the fundamental values of honesty, trust, fairness, respect, responsibility and courage in every aspect of academic and scholarly activities. The university is defined by tradition as a community of people dedicated to the advancement of knowledge, and as a place where there is freedom to teach, engage in research, create, learn, study, speak, associate, write and publish. In addition to these freedoms, the enduring value of university life, the degrees and other credentials the university confers, and the university's reputation for academic and scholarly excellence depend upon trusted teaching and research relationships and, therefore, upon the honesty and integrity of those engaged in academic and scholarly activities. People with diverse interests and cultures from all over the world and from all walks of life are part of the University of Alberta community and learning environment. The university is a shared space for diverse scholarship, research, and learning

communities. The university's faculty, staff, and students live, work, explore, teach, and learn alongside each other; those differences are part of the backbone of the institution that gives it strength and supports its central mission. What each individual does affects the other members of our community and everyone must be accountable for their actions. This policy describes academic supports that enable students to achieve academic success in alignment with the principles of academic integrity. In addition, this policy provides alternatives to a disciplinary response where students take responsibility for their academic misconduct and hold themselves accountable to the community by participating in non-disciplinary accountability options. Where non-disciplinary accountability options are not appropriate, this policy provides a disciplinary complaint process.”

University Policy on Recording

Audio or video recording, digital or otherwise, of lectures, labs, seminars or any other teaching environment by students is allowed only with the prior written consent of the instructor or as a part of an approved accommodation plan. Student or instructor content, digital or otherwise, created and/or used within the context of the course is to be used solely for personal study, and is not to be used or distributed for any other purpose without prior written consent from the content author(s).

Generative AI

In this course, our primary focus is to cultivate an equitable, inclusive, and accessible learning community that emphasizes individual critical thinking and problem-solving skills. To ensure a fair and consistent learning experience for all students, the use of advanced AI tools is strictly prohibited for all academic (written/coding/creative/etc.) work, assignments, and assessments in this course. While genAI tools are not appropriate to be used to write assignments or complete assignments, students may use genAI as a resource in these specific instances:

- to provide a summary of an article or course material which you then use as input for your own thinking, but not to use as a quote or to paraphrase
- to provide feedback on your own reflection from a class module or seminar
- to mentor you in your own Kritik work – for this purpose see the Wharton Prompt Library at <https://www.moreusefulthings.com/prompts>

While genAI may be used to assist in these instances, it should not be a substitute for critical thinking, analysis, and writing. Any information or ideas obtained from genAI must be properly cited in accordance with citation and referencing guidelines. GenAI should not be used to plagiarize or cheat on assignments or tests. The use of genAI in any instances other than those listed above will be considered a violation of academic integrity in this course. If you are unsure whether or not genAI is permitted during specific instances or assignments of the course, please discuss with the Course Instructor.

Any inappropriate use of AI tools in your academic work may result in academic penalties and be considered an act of cheating and a violation as outlined in the relevant sections of University of Alberta (September 2024) [Student Academic Integrity Policy](#).

Course Syllabus

This course syllabus is the primary document for the INT D 207 course and takes precedence over any other documents provided on the course Learning Management System, in handouts, or emails. This syllabus will be finalized at the start of the first class.



Leading with Purpose.