

MASS SCHEDULE

St. Joseph's Chapel

Saturday 4:30 pm
Sunday 9:30 am, 11:00 am
7:00 pm Student Mass

Daily Mass (St. Kateri Chapel)

MW 12:10 pm
TR 12:30 pm
No daily mass on purely civic
holidays like Victoria Day.

RECONCILIATION

St. Joseph's Chapel

Tuesday 11:30 am – 12:15 pm
Saturday 3:30 pm – 4:15 pm
And by appointment

CHILDREN'S LITURGY

St. Joseph's Chapel

During the 9:30 mass

CHAPEL COLLECTION

2026
Mar 08 \$2298

2025
Mar 09 \$1427

Thank you for your generosity

EASTER BELLS

There is an old custom, Fr. Warren tells me, of parishioners bringing bells from home to ring at the gloria on Holy Thursday and the Easter Vigil. Let's try and bring it back! If you own bells, especially ones with a joyful noise, please make plans to bring them on these days of the Easter Triduum.

FEAST OF ST. JOSEPH

The faculty will be taking the lead in celebrating the College's patron feast this Thursday. Come see them in their academic finery! The mass in the main chapel will be at 4:30 pm on March 19, and there will be a reception in the boardroom following mass.

LENTEN PENITENTIAL SERVICE

The Lenten Penitential Service will be on the evening of Friday, March 20, at 7:00 PM. As is our custom, it will be during the exposition and adoration of the Blessed Sacrament.

SIGNING UP FOR MINISTRIES

For some reason [this link](#) only allows you to view the google sheet. I'm told that the QR code works, though, or you can email Fr. Warren at wrschmid@ualberta.ca

We especially need volunteers for Holy Thursday.



LOCATION CHANGE: SCRIPTURE AND TRADITION LECTURE

Dr. Lorne Zelyck's lecture on the Reception of the New Testament in Early Christianity will be in the main chapel, since the boardroom will be closed for renovations.

4:00-5:30 pm, Friday, March 27. Please use the QR code to register for Zoom.



Chaplain

Fr. Jim Stenberg, CSB

780. 492. 4683

jim.stenberg@ualberta.ca

Visit us online

StJosephsCollege.ca

HOLY WEEK SCHEDULE

Holy Week begins with Palm Sunday (March 28/29). Later in the week is the Triduum of Holy Thursday, Good Friday and Easter Sunday (April 4-5). The times of services on these days are as follows.

New: rehearsal day and time.

Tuesday: Rehearsal 6:30 – 8:00 pm

Holy Thursday: 7:00 pm

Good Friday: 2:00 pm and 4:00 pm

Easter Vigil: 9:00 pm (reveillon/potluck to follow)

Easter Sunday: 9:30 and 11:00 am

Information will be emailed to volunteers who sign up via the google form.

GOOD FRIDAY FASTING & ABSTINENCE

Good Friday is a day of fast and abstinence. It is when we observe the presence of Christ in the tomb: "The days will come when the bridegroom will be taken away from them, and then they will fast." (Matt. 9:15)

Abstinence means not to eat meat: Catholics aged 14 and up are bound by this rule. Fasting applies to those between 18 and 59 (but see below). The usual approach to fasting is to limit what you eat and drink to one regular meal and two smaller meals (that together do not equal the regular meal in size). Catholics typically avoid any sweets or treats, like dessert or alcohol, and don't snack between these meals.

Exceptions: Some people have medical conditions that make fasting dangerous, or they may be pregnant. If this is the case for you, look for another way to fulfill the spirit of fasting while still taking care of your body. You could fast from desserts and rich food or choose to eat simple meals that day.

Some people extend the observance of fasting and abstinence to Holy Saturday, until after the Easter Vigil. This is encouraged and praiseworthy. But it is also fine to have normal meals on Saturday. A meal right after midnight is maybe a little too legalistic.

SJC SPRING CELEBRATION BREAKFAST

SJC 's annual spring fundraising breakfast will be held on Saturday, April 18, 2026 from 9am to 1pm at the University Club, University of Alberta, 11435 Saskatchewan Drive.

Tickets are now on sale on SJC's [web page](#). Follow the link or type StJosephsCollege.ca into your favorite browser.

AT A GLANCE...

Thursday: Alcoholics Anonymous
7:00 pm in boardroom.

For information on Catholic Student Association activities (like Adoration, Bible Study, or Rosary), please email uofacsa@ualberta.ca

Campus Ministry can be contacted at cmsjc@ualberta.ca

Interested in the Lighthouse Group? Contact them at stjoeslighthouse@gmail.com

For Knights of Columbus membership inquiries contact jared.prins@kofc7599.org

Fr. Warren Schmidt CSB is at wrschmid@ualberta.ca

To donate online, go to <https://www.ualberta.ca/st-josephs/giving/index.html>

For pre-authorized giving, email sjcpay@ualberta.ca

To check out the website, type the following in your browser: ualberta.ca/stjosephs

Instagram: @sjcuofa
Facebook: St. Joseph's College - University of Alberta

BAPTISM

Contact the SJC Chaplain at least 2 months prior to date of Baptism.

MARRIAGE

Contact the SJC Chaplain at least 1 year prior to date of Marriage.

SACRAMENTS

For other sacraments, please contact the SJC Chaplain.