

MASS SCHEDULE

St. Joseph's Chapel

Saturday 4:30 pm

Sunday 9:30 am, 11:00 am

7:00 pm Student Mass

(not during Christmas break)

Daily Mass (St. Kateri Chapel)

MW 12:10 pm

TR 12:30 pm

No daily mass on purely civic holidays like Family Day.

RECONCILIATION

St. Joseph's Chapel

Tuesday 11:30 am – 12:15 pm

Saturday 3:30 pm – 4:15 pm

And by appointment

CHILDREN'S LITURGY

St. Joseph's Chapel

During the 9:30 mass

CHAPEL COLLECTION

2025

Dec 07 \$1598

PAD \$4580

2024

Dec 08 \$1623

PAD \$4305

Your generosity is appreciated

CHRISTMAS REVEILLON

You are invited to a Christmas Reveillon (potluck) following the 9:00 pm Christmas Eve Mass. We request that you bring a sweet or savoury item to share with everyone.

CHRISTMAS SCHEDULE

7:00 pm and 9:00 pm on Christmas Eve (carols at 8:30 pm)

10:00 am on Christmas Morning

7:00 pm on New Year's Eve

12:00 noon on New Year's Day

CATHOLIC SOCIAL ETHICS: AN ANTIDOTE TO IDEOLOGY

In January St. Joseph's College Chapel Lighthouse Ministry Team will begin their Winter 2026 Faith Formation Study. All episodes will be on Zoom:

Jan 12: Rosary Prayer, 7 pm

Jan 19 to Mar 9 (except Family Day): Episode viewing and discussion.

Mondays, at 7 pm.

Cost: Free

Please let us know you're coming by registering [here](#) or with the QR code.

Dr. Matthew Petrusek from the Word on Fire Institute contrasts various ideologies with Catholic social ethics, demonstrating how only a Catholic worldview can shape our society into one where both the individual and the community flourish.



CHAPEL HEATING UPDATE

SJC parishioners are used to the chapel being bitterly cold in the winter. This winter, however, the windows have been covered with transparent plastic sheeting and some space heaters have been introduced. It is positively toasty! Thanks to maintenance for their hard work!

Chaplain

Fr. Jim Stenberg, CSB

780. 492. 4683

jim.stenberg@ualberta.ca

Visit us online

StJosephsCollege.ca

CHRISTMAS PAUSE FOR COFFEE SOCIAL AND CHILDREN'S LITURGY

There will be no coffee social or Children's Liturgy on Dec. 28 or Jan 04.

COLLEGE HOURS

St. Joseph's College will close on December 22 at noon, and will reopen for brunch on January 04. The chapel will be accessible using the west doors.

DONATION ENVELOPES

Some boxes of envelopes are awaiting pickup on the table by the Wall of History, near the coat rack. If you wish to use envelopes, email sjcpay@ualberta and Elsie will set something up for you.

You can request boxes of envelopes during the year; we ask that you pick up your boxes by asking the priest before or after mass. They will be waiting for you in the sacristy within a week.

POSTURE AT MASS

On December 4, Fr. Warren gave a talk on when we sit, stand and kneel at mass, and something of the symbolism and history of these postures during liturgy. Not everyone was able to attend the talk, and it occurs to me that some people might be trying to behave correctly at mass, but are overshooting the mark during the Eucharistic prayer. So here is a brief summary of when you should (and shouldn't kneel):

Kneeling is the norm from after the Sanctus ("Holy, Holy, Holy...") to the Memorial Acclamation ("Let us proclaim the mystery of faith..."). Then one stands. The norm is to bow at the waist at the consecration (when the priest kneels). You remain standing from this point onward.

You are free to receive communion on the hand or on the tongue, and can kneel at this time if you wish. Try not to lick or bite anyone's hand, or be a tripping hazard to others. You may also kneel when praying after communion.

Kneeling is not required if there are no kneelers (which most of our pews lack), or if you have bad knees or something.

None of this is intended to divide the congregation in any way. It is just that if someone is trying to behave correctly, they should know what that is. Norms will vary in other countries, but these are the norms for Canada.

AT A GLANCE...

Thursday: Alcoholics Anonymous
7:00 pm in boardroom.

For information on Catholic Student Association activities (like Adoration, Bible Study, or Rosary), please email uofacsa@ualberta.ca

Campus Ministry can be contacted at cmsjc@ualberta.ca

Interested in the Lighthouse Group? Contact them at stjoeslighthouse@gmail.com

As of Sept 11, St. Joseph's College chapel no longer has a FORMED subscription.

To donate online, go to <https://www.ualberta.ca/st-josephs/giving/index.html>

For pre-authorized giving, email sjcpay@ualberta.ca

To check out the website, type the following in your browser: ualberta.ca/stjosephs

Twitter: @sjcuofa
Facebook: SJC UofA

BAPTISM

Contact the SJC Chaplain at least 2 months prior to date of Baptism.

MARRIAGE

Contact the SJC Chaplain at least 1 year prior to date of Marriage.

SACRAMENTS

For other sacraments, please contact the SJC Chaplain.