

SJC Diploma in Liberal Arts

Diploma Course Descriptions

Explore the courses that make up the 2-year Diploma Program.

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Note: Based on enrollment, SJC may choose to pair a Diploma course (such as option courses) with the equivalent U of A option course, in which case SJC Diploma students may be in SJC classrooms alongside U of A students.

REQUIRED COURSES

CHRTC 100: The Bible: An Introduction

The history and theology of the Old Testament and New Testament.

DRAMA 201: Dramatic Texts in Performance

An embodied encounter with great works of dramatic literature, exploring scenes through text analysis and performance.

ECON 101: Introduction to Microeconomics

How markets and governments determine which products are produced, how income is distributed in the Canadian economy, with analysis of ethical dimensions of economic activity.

ENGL 111: University Writing and Research

Introduction to academic communication: reading, researching, and reflecting; writing, speaking, and listening.

ENGL 112: Introduction to Literature

Introduction to the study of literature, with an emphasis on critical reading and writing.

FREN 101: Introductory French I

An intensive basic course in spoken and written French for students who have no knowledge of French: comprehension, speaking, reading, and writing.

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REQUIRED COURSES (CONT.)

FREN 102: Introductory French II

An intensive basic course in spoken and written French that is a sequel to FREN 101: comprehension, speaking, reading, and writing. *Prerequisite: FREN 101 or equivalent

HIST 101: The Premodern World

World history from 3500 BCE through to 1500 CE.

HIST 102: The Modern World

World history since 1500 CE.

INT D 299: Integrative Seminar¹

Reflection on and analysis of the liberal arts, personal discernment, and the common good, through integration of Diploma coursework.

NS 200: Indigenous | Canada: Looking Forward/Looking Back²

For students from faculties outside the Faculty of Native Studies with an interest in acquiring a basic familiarity with Indigenous/non-Indigenous relationships, particularly in the lands now called Alberta and Canada. Consists of a survey of historical and contemporary relationships between Indigenous peoples and newcomers, with the aim of expanding the understandings held by many Canadians about these relationships.

PHIL 101: The Human Person: Philosophical Issues

Personal identity, interpersonal relationships, sex and gender, freedom and immortality in historical and contemporary contexts.

PHIL 102: The Art of Living Well: Meaning and the Good Life

Philosophies of the good life. Topics may include integrated wellness, attentiveness, objects of devotion, and community in historical and contemporary contexts.

SOC 201: Social Problems and the Human Condition

An examination of historical and contemporary social structures; how they are both shaped by and shape human lives.

¹ Restricted to students with second-year standing in the Diploma in Liberal Arts.

² This course is provided through the Faculty of Native Studies at the University of Alberta. It is a pre-approved transfer credit that counts toward your Diploma in Liberal Arts.

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SCIENCE OPTION COURSES

Diploma students will register in 2 of the 3 following courses.

ASTRO 101: Exploring the Universe

Explores our Sun, the other stars, the Milky Way and other galaxies, and the most distant objects we can observe; how the Universe began and evolved over time and the possibility of life beyond Earth.

EAS 101: Planet Earth

Introduction to the origin and evolution of the Earth and the solar system. Introduction to plate tectonics and the rock cycle. Evolution of life, biogeography, and global climate in the context of geologic time.

SCI 101: Foundations of Science

Introduction to the culture, practice, and ways of thinking in science. This course will (a) emphasize the importance of the scientific approach to understanding and explaining the world, and (b) promote the discovery of the science student's role within the world. Students will engage in active and discovery-based learning. Through lectures, guided activities, and academic and real-world projects, students will gain skills and strategies of broad use in the areas of critical thinking, creative problem solving, and information literacy.

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CHRTC 100-LEVEL COURSES

Students will register in 1 of the 2 following courses. Both 100-level CHRTC courses will be available each Winter term for Diploma Students.

CHRTC 101: Catholicism: An Introduction

Catholic Christianity - its history, institutions, rituals and theology.

CHRTC 103: Introduction to the Roads to Happiness

A practical theological approach to happiness utilizing practices which critically engage psychological and spiritual wisdom.

CHRTC 200-LEVEL COURSES

Diploma students will register in 1 of the following courses. Availability will vary as not all courses are offered each term.

CHRTC 203: Topics in the Catholic Tradition

Various interdisciplinary topics related to the Catholic tradition. Course may be repeated if subject matter is different.

CHRTC 220: Sport and Religion

An overview of the relationship between sport and religion, primarily from a Christian perspective. Topics may include the history of religion in sport, sport as a religion, play as a religious and sporting action, prayer in sport, ethics of competition, and social justice in sport.

CHRTC 221: Indigenous Spiritual Traditions and Christianity

An exploration of cross-cultural issues focusing on Indigenous spiritual traditions and Christianity in Canada.

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CHRTC 200-LEVEL COURSES (CONT.)

CHRTC 241: Catholicism and Pop Culture

The relationship between Catholicism and pop culture using both historical and contemporary examples. Use by Catholics of media as print, film, video, TV, music and the internet; Catholic assessments of consumer culture and the mass media.

CHRTC 242: The Writings of C.S. Lewis

An exploration of the 20th century Christian writer C.S. Lewis, focusing on his articulation of faith and reason in representative works such as *The Screwtape Letters*, *The Chronicles of Narnia*, and *Mere Christianity*.

CHRTC 250: The Theological Education of the Catholic Teacher

The components that make up the education of the Catholic teacher. Issues include credal statements, the moral and social teachings of the Church, liturgical practices, a general theology and theory of Catholic education.

CHRTC 264: Foundations of Christianity

What is Christianity? An introduction to the major dimensions of Christianity, such as revelation, faith, Scripture, God, Jesus as Lord and Saviour, with reflection on them in light of contemporary human experience.

CHRTC 266: Jesus in the New Testament

An examination of the historical Jesus and Christology through a study of the four Gospels, Paul, and later New Testament writers.

CHRTC 267: The New Testament Letters

A theological and scriptural exploration of the central themes of the New Testament letters and their contemporary relevance.

CHRTC 272: Catholic Moral Thought

Major themes in Catholic moral reflection with application to contemporary issues. The meaning of morality and Christian conversion: the role of experience, the Bible, the Church, moral norms, the development of conscience, and personal responsibility.

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CHRTC 200-LEVEL COURSES (CONT.)

CHRTC 292: Christian Spirituality

Developing an understanding of the role of prayer, leisure, and work within a Christian lifestyle in the light of Scripture, Christian tradition, current theological reflection, and personal differences.

UNIVERSITY TRANSFER OPTIONS

The Diploma curriculum includes space for two university transfer option courses. These can include any level and topic of U of A course for which the student is eligible (including courses taught by SJC Faculty at the U of A). Explore potential University of Alberta Transfer Options using the U of A [Course Catalogue](#).