

ST. STEPHEN'S COLLEGE GRADUATE CAPSTONE PROJECTS

Graduate Name	Program	Grad	Capstone Project Title
Achtemichuk, Maria	MPS-C	2023	Cultivating Wellness: Mindfulness-Based Retreats for Educators
Ambler, Faye	MPS-C	2017	A Village Can Heal a Child: An Educational Workshop for Caregivers and Supporters of Sexually Victimized Children
Anderson, Lynn	MPS-C	2017	A Pathway to Guide Your Journey: Transitions Leading to Spiritual Growth
Antoniuk, Erin	MPS-C	2024	Architectural Mindscapes: Bridging the Gap Between Design and Neurobiology
Ashmore, Lindsey	MPS-AT	2018	Integrating Creative Arts Therapies within Headstart Early Learning: A Proposal
Atwood, Oksana	MPS-C	2022	Postcards from the Pandemic: A Life Review Tool to Explore COVID-19 Experiences
Bonham, Rebecca	MPS-C	2023	Wandering Home: An Experiential Group Therapy Project to Support the Spiritually Homeless
Campbell, Donald	MPS-C	2018	Engaging High-Risk Youth: A Staff Development Guidebook for Relationship-Based Youth Work Practice
Cao, Bo	MPS-C	2022	Fostering Qin (親) in Parent-Child Relationships: Creating a Parenting Workshop for Parents in the Chinese Community
Cardenas Topete, Aurora	MPS-AT	2025	What About Me?: A Mental Health Resource for Caregivers of People Living with Dementia
Chaba, Sheila	MPS-C	2018	Mitigating Psychological Distress with Self-Compassion: Psychoeducation for Living with Chronic Pain Syndrome
Chagnon, Crystal	MPS-AT	2025	Exploring a Psycho-Spiritual Approach to Healing Chronic Illness: A Creative Journal for Emotional and Spiritual Nourishment
Chan, Wing Yan (Vivian)	MPS-AT	2025	UNPACK-MAN: Bridging Trauma and Resilience through Creativity - An Integrative Art Therapy Manual for Supporting Adolescents Through Bullying
Chapman, Sandra	MPS-AT	2024	Creating, Connecting, Healing: Spiritually-Integrated Group Art Therapy for Bereavement Grief
Chilton, Amy	MPS-AT	2017	Mama Bare: Creating an Art Therapy Manual for use with New Mothers
Cleese, Suzanne	MPS-AT	2018	Reframing One's Life Story Following Epic Loss An Art Therapy Approach to Supporting the Younger Adult
Cochrane, Jacalyn	MPS-C	2019	Culture Shock to Culture Smart: Building and Serving Community Through Addiction Treatment
Danilec, Cathy	MPS-AT	2017	The Art Therapy Research and Resource Network: Applying My Educational Experiences to Gather the Science Behind Art Therapy
Davis, Angela	MPS-C	2020	Cultivating Ethical Personhood: An Experiential Webinar and Workshop
Devries, Michaela	MPS-AT	2020	Art Therapy in Pediatric End of Life Care: A Manual for Health Care Professionals
Dewan-Gado, Marie	MPS-C	2018	A Touch of G.R.A.C.E: Promoting Developmental Care in the NICU
Diminutto, Samantha	MPS-AT	2020	Shadows: A Video Game Concept and Game Guide for Therapeutic Use
Dolphin, Miranda	MPS-C	2024	Fat Free: Dismantling Fatphobia in Future Healthcare Practitioners One Workshop at a Time
Drew, James	MPS-C	2023	Learning to Stand on Uncertain Ground
Eaton, Elizabeth	MPS-C	2019	Psychotherapist' Competence with Transgender and Gender Nonconforming People Integrating Intersectionality
Epp, Jennifer	MPS-C	2019	Riding the Waves of joy and sorrow: Journeying with parents through Neurodevelopmental Disability
Feehan, Kaeli	MPS-AT	2022	Seeking Assent from Children: Using a Picture Book as a Psycho-Educational Tool in Art Therapy
Fisher-Canham, Joni	MAPPC-C	2018	Implications for Therapists Working with Complex Trauma: A Practice Resource for Long-Term Psychotherapy
Fitzpatrick, Deni	MPS-C	2025	Constructing a Mosaic: The Spiritual and Sexual Integration Process of LGBTQIA+ Christians from Conservative Faith Traditions
Foley, Rebecca Pearl	MPS-C	2022	Understanding How Attachment Orientation affects Military Couples during Deployment: A Workshop to aid in Communication and Relationship Satisfaction

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Friesen, Jaymie	MPS-C	2025	Small Steps of Trust: A Holistic Approach to OCD Treatment
Gheysen, Stacey	MPS-C	2020	Chanting for Resilience, Chanting for Compassion: A Guidebook for Counselling Therapists
Hardy, Lisa	MPS-AT	2017	Dyad Art Therapy for Multigenerational Trauma with a Focus on Attachment
Hartman, Nova	MPS-AT	2025	Nurturing the Self Through Leisure: A Postpartum Depression Protection Workshop Series for Women in Edmonton, Alberta
Hegel, Jody	MPS-C	2023	Towards the Inner Self: A Dance and Movement Process for Inner Self Attunement
Heung, Pui Ying	MAPPC-AT	2017	Moving from Diagnosis to Creative Intervention: A Manual for Art Therapy Practice with Children on the Autistic Spectrum
Horn, Cheryl	MPS-AT	2020	Drawing Out Our Stories: A Guidebook for Facilitating Arts-Based Life Review Therapy Groups with Elderly Adults
Janovsky, Cassandra	MPS-C	2024	Easing the Existential Threat: A Workshop for Practitioners in Counselling People Living with Early-Stage Dementia
Jongeleen, Annemarieke	MPS-AT	2020	'In My Body' Mapping the Lived Experience with Eating Issues: An Embodied-Relational Art Psychotherapy Model
Jurgenliemk, Jessica	MPS-C	2025	Integration of Music Therapy and Psychotherapy by Dually-Trained Professionals
Kerekes Rinn, Jessica	MPS-AT	2019	(NOT AVAILABLE TO THE PUBLIC) A toolkit for engaging rural indigenous communities in communities in art therapy: A Canadian prairie perspective in program planning an implementation
Kilborn, Joslyn	MPS-C	2024	Counselling as Care of the Soul: A Return to Psychotherapy's Etymological Roots
Klappstein, Pamela	MPS-C	2017	Self-Discovery Through Writing Poetry
Klok, Ronald	MPS-C	2019	Ancient Spiritual Practices and Modern-Day Mental Health: A Compendium Connecting Past to Present and Present to Past
Knight, Teresa	MPS-AT	2018	Cultivating Collective Efficacy: Our Stories of Coming Home to Self, Spirit, and Our Creative Roots
Korchinski, Jennifer	MPS-AT	2024	Make Your Mark, Get Set, Go. An art therapy guidebook for children with trauma
Lo, Carly	MPS-AT	2025	'Dungeons & Dragons' in Therapy for Young Adolescents with Anxiety
Maclean, Britnie	MPS-C	2022	Holding Space for Healing: Group Therapy Manual for Clients who have Experienced Intimate Partner Violence
Mallett, Julia	MPS-C	2025	Dream Thinking and Adaptive Leadership
Mapstone, Tianna	MPS-C	2021	Building Bridges and Growing Wings: An Art Psychotherapy Group for Women who have Experienced Intimate Partner Violence
Mcdaniel, Breanne	MPS-AT	2024	Bridges of Connection: Art Therapy Based Grief Groups That Utilize Cultural Resources
McKeever, Jennifer	MPS-C	2024	Embracing Change: A Guidebook for Integrating Transformational Experiences
Meyer, Mary	MPS-AT	2020	Fostering Children's Connections to Nature: Integrating Outdoor Experiences & Art Therapy
Mouhamoud, Ubah	MPS-C	2018	Working with Muslims: A Multicultural Competency Training Workshop for Mental Health Professionals
Moyls, Anne	MPS-C	2024	Psychotherapist, Know Thyself: A Spiritually-informed, Self-study Guide through Embodiment
Norton, Mary	MPS-AT	2019	Facilitating Reflective Inquiry through the Open Studio Process Workshops with Art Therapist in Community-Based Practices
Notiar, Ayesha	MPS-C	2024	The Art of Becoming: Weaving Narratives Through Self Awareness
Oko, Julia	MPS-C	2018	Healing Non-Marital Breakup Wounds: A Complicated Grief Group for Young Adults

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Paschen, Jillian	MPS-AT	2022	Art Hives: Enhancing Community Resilience, Social Justice, and Spiritual Wellbeing through Creative Process Experiences
Potter, Jessica	MPS-AT	2024	Beyond the Margins: A Mindfulness Journey for Youth in Comics
Powell, Kristen	MPS-AT	2024	Brushing Off Stress: Mindfulness-Based Art Therapy for Adolescents in Schools
Robertson-Davis, Tammy	MPS-AT	2019	Using the Trans theoretical Model to Foster Parent Collaboration in Art Therapy
Robinson, Theresa	MPS-C	2022	Fostering a Therapeutic Experience of Awe
Roloff, Lavonne	MPS-C	2018	Taking the Next Step: Transition from Practitioner to Supervisor in Home Visitation
Rozema, Teresa	MPS-AT	2025	From Care to Capability: Strengthening Youth Transitions Through Accessible Support
Saner-Harvey, Jennifer	MPS-C	2025	Bridging: Nurturing Healing through Inviting Emergent Metaphor in Psychotherapy
Sartore, Glenda	MPS-C	2020	Creating a Patient Intensive Care Unit Journal to Mitigate Posttraumatic Stress Disorder
Schmidt, Emily	MPS-AT	2025	Nature As Self-Care: A Mental Health Manual to Bridging the Relationship Between Therapeutic Client and Nature
Shandro, Megan	MPS-C	2021	A.C.O.R.N. PROJECT - A Project Supporting Children Navigating Ambiguous Childhood Loss & Disenfranchised Grief
Spyker, Susan	MPS-AT	2019	Reimagining Relationship for TBI Recovery: Eco-Art Therapy Retreat As Medicine for the Caring Romantic Partner
Stolte, Elizabeth	MPS-C	2019	Increasing Awareness of Spirituality in Psychotherapy: An Educational Experiential and Reflective Workshop
Stretch, Crystal	MPS-AT	2022	Altering Grief and Death Using Altered Books to Explore Countertransference: A Guide for Counselling Therapists
Taylor, Kim	MPS-C	2017	Release-Recharge-Reconnect Mentoring for Resilience at Work in Secondary Traumatic Stress: 12 Lunch and Learn Sessions
Thiessen, Roger	MPS-C	2018	Deep Listening as the Foundation for Trauma-Informed Practice: Creating a Two-Day Workshop for Counselling Students
Tsoi, Tsz Wai (Robyn)	MPS-AT	2020	Reading with Children: A Storybook Guide for Art Therapists
Van der Worp, Tina	MPS-C	2018	Finding Peace, Building Connection: A Mindfulness Based Bereavement Group Model for Healing Grief
Wardlow, Grant	MPS-C	2017	Men, Masculinity, and Depression: Implications for Therapists Working with Men
Watson, Deborah	MPS-AT	2017	AMPLify: Artful, Mindful, Playful Possibilities for Loose Parts in Therapy
Weaver, Amanda	MPS-C	2025	Educating Clinicians on the Spiritual and Transpersonal Effect of Meditation
Wirth, Victoria	MPS-AT	2018	Exploring Creative Space: Advocating for the Unique Contributions of Art Therapists for Mental, Emotional and Spiritual Wellness
Zhang, Fan	MPS-AT	2020	Building Resilience: Soaring Eagles Project for Left-Behind Children (LBC) in China

Degrees:

MAPPC-C	Master of Arts in Pastoral Psychology and Counselling (Counselling)
MAPPC-AT	Master of Arts in Pastoral Psychology and Counselling (Art Therapy)
MPS-C	Master of Psychotherapy and Spirituality (Counselling)
MPS-AT	Master of Psychotherapy and Spirituality (Art Therapy)