

MPS / MPS-AT Counselling Practicum Evaluation

Instructions

This form is used to evaluate the student counsellor's competencies based on the work they have completed under your supervision. There are **27 questions** organized into **5 core competency areas** aligned with entry-to-practice expectations.

The **Clinical Supervisor and Student Counsellor must complete this form together**, engaging in a reflective conversation about the student's strengths, areas for development, and a plan for the remainder of the practicum.

Once completed and signed by both parties, the form must be submitted to the Clinical Director at St. Stephen's College for final approval. The student counsellor is responsible for submitting the signed form via email to the Clinical Director, **with both the Clinical Supervisor and Tammy Chizen CC'd**.

This evaluation serves two purposes:

- A **self-reflective tool** for student counsellors.
- An **evaluative tool** for clinical supervisors to determine whether the student has met practicum requirements.

If the student counsellor and clinical supervisor hold differing views on any part of the evaluation, they are encouraged to discuss the discrepancies and co-create a plan to address them. If an agreement cannot be reached, the Clinical Director must be contacted for further guidance.

If the student receives a CONDITIONAL PASS, the Clinical Supervisor must notify the Clinical Director immediately. A formal **Remediation Plan** will be developed and issued to the student.

If the student receives a FAIL, the Clinical Director must also be contacted immediately to determine next steps.

Rating Scale

- **Limited (1 point):** The student counsellor has not demonstrated sufficient competency in this area and requires substantial improvement. The Clinical Director will be notified to develop a support plan.
- **Conditional (2 points):** The student counsellor has shown partial proficiency but needs further instruction or experience to meet expectations.
- **Competent (3 points):** The student counsellor has met the expected level of proficiency for this competency.
- **Exceptional (4 points):** The student counsellor has demonstrated a high level of skill and proficiency in this area.
- **Not Applicable (N/A):** The student counsellor did not engage with this competency area, or there is insufficient information to evaluate it.

Student Name:				
Supervisor Name:				
Practicum Site:				
Dates of evaluated practice:	Start Date:		End Date:	
☐ MID-POINT ☐ FINAL				

Competency 1.1- Integrate a theory of human psychological functioning.					
i. Integrate knowledge of human development across the lifespan. ii. Integrate knowledge of contextual and systemic factors that facilitate or impair human functioning. iii. Integrate knowledge of the psychological significance of spiritual, moral, social, emotional, cognitive, behavioural, sexual, gender, and biological development.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 1.2- Work within a framework based upon established psychotherapeutic theory.					
i. Integrate the theory or theories upon which the counsellor's practice is based. ii. Integrate knowledge of how human problems develop, from the viewpoint of the counsellor's theoretical orientation. iii. Identify circumstances where therapy is contraindicated. iv. Recognize the benefits, limitations, and contraindications of differing psychotherapeutic approaches. v. Establish a therapeutic relationship informed by the theoretical framework. vi. Integrate a theory of change consistent with the counsellor's theoretical orientation. vii. Integrate knowledge of the impact of trauma on psychological functioning. Art Therapy Only viii. Articulate the relationship between art therapy and counselling therapy. ix. Integrate Expressive Therapies Continuum (ETC) into therapeutic work. x. Able to relate art therapy theories to interventions used in session to overall treatment plan and therapeutic goals.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 1.3- Integrate knowledge of comparative psychotherapy relevant to practice.					
i. Integrate knowledge of key concepts common to all psychotherapy practice. ii. Recognize the range of psychotherapy practiced within the province in which the student counsellor practices. iii. Integrate knowledge of psychopathology. iv. Recognize the major diagnostic categories in current use. v. Recognize the major classes of psychoactive drugs and their effects.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 1.4- Integrate awareness of self in relation to professional role.					
i. Integrate knowledge of the impact of the counsellor's self on the therapeutic process. ii. Recognize how the counsellor's values and attitudes, both in and out of awareness, may impact diverse clients. iii. Recognize the cognitive, emotional and behavioural patterns of the counsellor that may influence therapeutic relationship. iv. Recognize instances where the counsellor's life experiences may enhance or compromise therapeutic effectiveness. Art Therapy Only v. Recognize limitations in proficiency with art materials as they relate to oneself.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 1.5- Integrate knowledge of human and cultural diversity.					
i. Integrate knowledge of human diversity. ii. Recognize how oppression, power and social injustice may affect the client and also the therapeutic process. iii. Adapt the counsellor's approach when working with culturally diverse clients. iv. Recognize barriers that may affect access to therapeutic services. v. Identify culturally-relevant resources. Art Therapy Only vi. Demonstrate cultural humility in art-making practices by being sensitive to the diversity of clients' experiences and the cultural significance of materials. vii. Show awareness of the importance of avoiding cultural appropriation or dismissal. viii. Exhibit the ability to adapt treatment approaches in a way that honours the client's cultural context and material preferences.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 2.1- Use effective professional communication.					
i. Use clear and concise written communication. ii. Use clear and concise oral communication. iii. Use clear and concise electronic communication. iv. Communicate in a manner appropriate to the recipient. v. Use effective listening skills. vi. Differentiate fact from opinion. vii. Recognize and respond appropriately to non-verbal communication.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 2.2- Maintain effective relationships.					
i. Show respect to others. ii. Maintain appropriate professional boundaries. iii. Recognize and address conflict in a constructive manner. iv. Demonstrate personal and professional integrity.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 2.3- Contribute to a collaborative and productive atmosphere.					
i. Create and sustain working relationships with other professionals encountered in practice. ii. Create and sustain working relationships with colleagues of diverse socio- cultural identities. iii. Initiate interprofessional collaborative practice.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 3.1- Comply with legal and professional obligations.					
i. Comply with applicable federal and provincial legislation, as well as relevant professional standards for mental health professionals. ii. Address organizational policies and practices that are inconsistent with legislation and professional standards. iii. Comply with relevant municipal and local bylaws related to private practice.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 3.2- Apply an ethical decision making process.					
i. Recognize ethical issues encountered in practice. ii. Resolve ethical dilemmas in a manner consistent with legislation and professional standards. iii. Accept responsibility for course of action taken.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 3.3- Maintain self-care and level of health necessary for responsible therapy.					
i. Maintain personal physical, psychological, cognitive and emotional fitness to practice. ii. Build and use a personal and professional support network. iii. Maintain personal hygiene and appropriate professional presentation.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 3.4- Evaluate and enhance professional practice.					
i. Undertake critical self-reflection. ii. Solicit client feedback throughout the therapeutic process. iii. Plan and implement methods to assess effectiveness of interventions. iv. Obtain feedback from peers and supervisors to assist in practice review. v. Identify strengths as a counsellor, and areas for development. vi. Set goals for improvement. vii. Modify practice to enhance effectiveness. viii. Participate in relevant professional development activities. ix. Maintain awareness of resources and sources of support relevant to practice.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 3.5- Obtain clinical supervision or consultation.					
i. Initiate clinical supervision or consultation when appropriate or required. ii. Articulate parameters of supervision or consultation. iii. Protect client privacy and confidentiality, making disclosure only where permitted or required. iv. Initiate a legal consultation when necessary. Art Therapy Only v. Regularly brings client imagery to clinical supervision sessions. vi. Engages in art-making for personal reflection and sharing in supervision sessions.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 3.6- Provide education and training consistent with the counsellor's practice.					
i. Recognize when to provide education and training to clients and others. ii. Recognize counsellor's limits of professional expertise as a trainer / educator. iii. Plan and implement effective instructional activities. Art Therapy Only iv. Advocates for the art therapy profession through workplace training and discussions with other therapists.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 3.7- Maintain client records.					
i. Comply with applicable requirements of the association or regulatory body in the student's jurisdiction, as well as relevant professional standards for mental health professionals. Art Therapy Only ii. Demonstrate knowledge of safe, private, and confidential storage of artwork and digital art files. iii. Demonstrate knowledge of appropriate documentation and record keeping for physical and digital artwork.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 3.8- Assist client with needs for advocacy and support.					
i. Identify when advocacy or third-party support may be of value to the client, and advise client accordingly. ii. Support client to overcome barriers.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 3.9- Provide reports to third parties.					
i. Prepare clear, concise, accurate and timely reports for third parties, appropriate to the needs of the recipient. ii. Recognize ethical and legal implications when preparing third-party reports.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 3.10- Establish business practices relevant to professional role.					
i. Comply with the requirements of the professional association or regulatory body in the student's jurisdiction, as well as adhere to relevant professional standards for mental health professionals. ii. Explain limitations of service availability.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 4.1- Orient client to counsellor's practice.					
i. Describe counsellor's education, qualifications and role. ii. Differentiate the role of the counsellor in relation to other health professionals. iii. Explain the responsibilities of the client and the counsellor in a therapeutic relationship. iv. Explain the advantages and disadvantages of participating in psychotherapy. v. Explain client rights to privacy and confidentiality, and the limitations imposed upon it by law. vi. Explain relevant rules and policies. vii. Respond to client questions. viii. Explain and obtain informed consent in accordance with legal requirements.					
Art Therapy Only ix. Effectively communicate the usefulness and role of art therapy.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 4.2- Establish and maintain core conditions for therapy.					
i. Employ empathy, respect, and authenticity. ii. Establish rapport. iii. Demonstrate awareness of the impact of the client's context on the therapeutic process. iv. Demonstrate sensitivity to the setting in which therapy takes place. v. Assume non-judgmental stance. vi. Explain theoretical concepts in terms the client can understand. vii. Foster client autonomy. viii. Maintain appropriate therapeutic boundaries. ix. Define clear boundaries of response to client's requests or demands. x. Take all reasonable measures to safeguard physical and emotional safety of client during clinical work. xi. Employ effective skills in observation of self, the client and the therapeutic process. xii. Demonstrate dependability. Art Therapy Only xiii. Provide a safe and functional environment conducive to the offering of art therapy services. xiv. Affirms that clients do not need to be artists to benefit from art therapy. xv. Ensures art materials are safe and appropriate for the client's age and developmental level. xvi. Explains the process and considerations for sharing artwork outside the therapy room.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 4.3- Ensure safe and effective use of self in the therapeutic relationship.					
i. Demonstrate awareness of the impact of the counsellor's subjective context on the therapeutic process. ii. Recognize the impact of power dynamics within the therapeutic relationship. iii. Protect client from imposition of the counsellor's personal issues. iv. Employ effective and congruent verbal and non-verbal communication. v. Use self-disclosure appropriately.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 4.4- Conduct an appropriate risk assessment.					
i. Assess for specific risks as indicated. ii. Develop safety plans with clients at risk. iii. Refer to specific professional services where appropriate. iv. Report to authorities as required by law. v. Follow up to monitor risk over time.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 4.5- Structure and facilitate the therapeutic process.					
i. Communicate in a manner appropriate to client's developmental level and socio- cultural identity. ii. Identify and respond appropriately to client's strengths, vulnerabilities, resilience, and resources. iii. Respond non-reactively to anger, hostility and criticism from the client. iv. Respond professionally to expressions of inappropriate attachment from the client. v. Anticipate and respond appropriately to the expression of intense emotions and help the client to understanding and management. vi. Recognize a variety of assessment approaches. vii. Formulate an assessment. viii. Develop individualized goals and objectives with the client. ix. Formulate a direction for treatment or therapy. x. Practice therapy that is within counsellor's level of skill, knowledge, and judgement. xi. Focus and guide sessions. xii. Engage client according to their demonstrated level of commitment to therapy. xiii. Facilitate client exploration of issues and patterns of behaviour. xiv. Support client to explore a range of emotions. xv. Employ a variety of helping strategies. xvi. Ensure timeliness of interventions. xvii. Recognize the significance of both action and inaction. - xviii. Identify contextual influences. xix. Review therapeutic process and progress with client periodically, and make appropriate adjustments. xx. Recognize when to discontinue or conclude therapy.					
Art Therapy Only xxi. Facilitates meaningful client reflection about artwork created in the session.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					

Clinical Supervisor Comments:

Competency 4.6- Refer client.

- i. Develop and maintain a referral network.
- ii. Identify situations in which referral or specialized treatment may benefit the client, or be required.
- iii. Refer client, where indicated, in a reasonable time.

	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 4.7- Conduct an effective closure process.					
i. Prepare client in a timely manner for the ending of a course of therapy. ii. Outline follow-up options, support systems and resources.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 5.1- Remain current with professional literature.					
i. Read current professional literature relevant to practice area. ii. Access information from a variety of current sources. iii. Analyze information critically. iv. Determine the applicability of information to particular clinical situations. v. Apply knowledge gathered to enhance practice. vi. Remain current with developments in foundational areas.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

Competency 5.2- Use research findings to inform clinical practice.					
i. Integrate knowledge of research methods and practices. ii. Determine the applicability of research findings to particular clinical situations. iii. Analyze research findings critically. iv. Apply knowledge gathered to enhance practice.					
	Limited	Conditional	Competent	Exceptional	N/A
Student Counsellor Rating:					
Student Counsellor Comments:					
Clinical Supervisor Rating:					
Clinical Supervisor Comments:					

OVERALL STUDENT COUNSELLOR SELF-REFLECTION COMMENTS:

OVERALL CLINICAL SUPERVISOR COMMENTS:

SUPERVISOR'S OVERALL RATING OF STUDENT COUNSELLOR:

- ☐ PASS
- ☐ CONDITIONAL PASS
- ☐ FAIL

Student Counsellor Signature

Date

Clinical Supervisor Signature

Date

SSC Clinical Director Signature

Date