

# **AIMFREE ACCESSIBILITY SUMMARY REPORT**

**People in Motion. More Places. More Often.**

August 2015

## Fitness Centre Accessibility Audit Summary Report

Report Prepared by:

The Steadward Centre for Personal & Physical Achievement

The facility accessibility audit was completed as part of a project titled:

**People in Motion. More Places. More Often.**

This report was supported by:

**Human Rights, Education and Multiculturalism Fund**  
The Steadward Centre for Personal & Physical Achievement  
Faculty of Physical Education and Recreation, University of Alberta



Accessibility audits were completed in community fitness centres around the City of Edmonton and municipalities in the Greater Edmonton. The AIMFREE (Accessibility Instruments Measuring Fitness and Recreation Environments – Professional Version Assessment Tool) survey was used to audit the following facilities:

- Commonwealth
- Grand Trunk
- Hardisty
- Jasper Place
- Kinsmen
- Londonderry
- MWRC
- O’Leary
- Peter Hemmingway
- Terwillegar
- Castledowns YMCA
- Don Wheaton YMCA
- Jamie Platz YMCA
- William Lutsky YMCA
- Ardrossan
- Glen Allen
- Millenium Place
- Central Lions
- University of Alberta (Fitness and Lifestyle Centre)
- Glenrose
- Leduc
- Saville
- Servus place
- Trans Alta Tri Leisure Centre

**Overall, the average accessibility rating for all facilities was 23.1%**

| <b>Overall Average Accessibility:</b>   |             |
|---|-------------|
| YMCA’s  | 14.8        |
| City of Edmonton  | 22.6        |
| Other Facilities (including all municipalities, University of Alberta, Glenrose Rehabilitation Hospital, Central Lions) | 32.0        |
| <b>OVERALL RATING</b>   | <b>23.1</b> |

Please see below, figures 1 and 2 outlining averages of barriers found in community fitness facilities and most common barriers found specific to City of Edmonton, YMCA, and other facilities. Higher scores indicate higher degrees of accessibility.

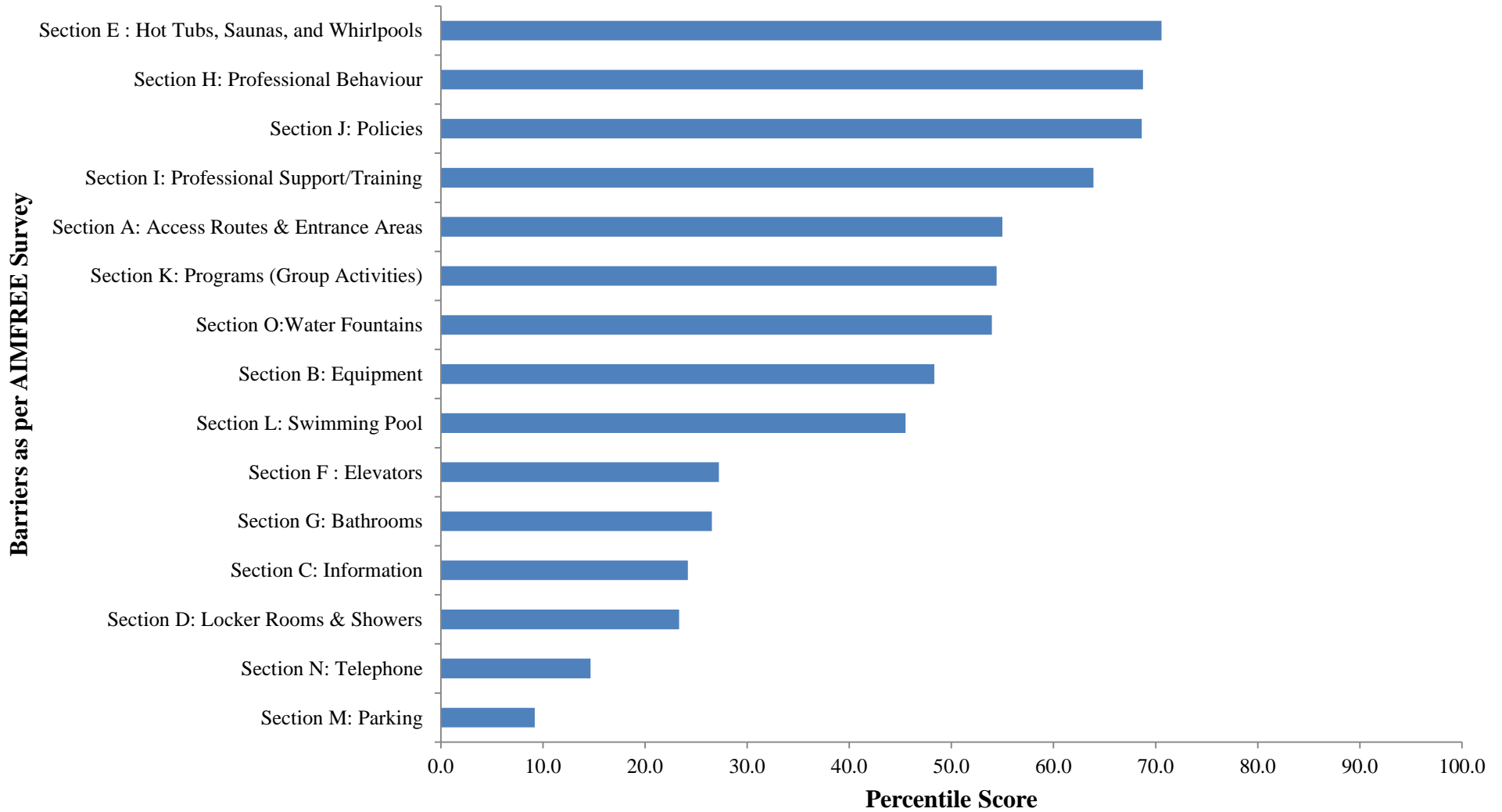


Figure 1. Barriers to accessibility in community fitness facilities based on averages of facilities in Edmonton and surrounding areas assessed with the AIMFREE survey tool. Higher scores indicate higher degrees of accessibility.

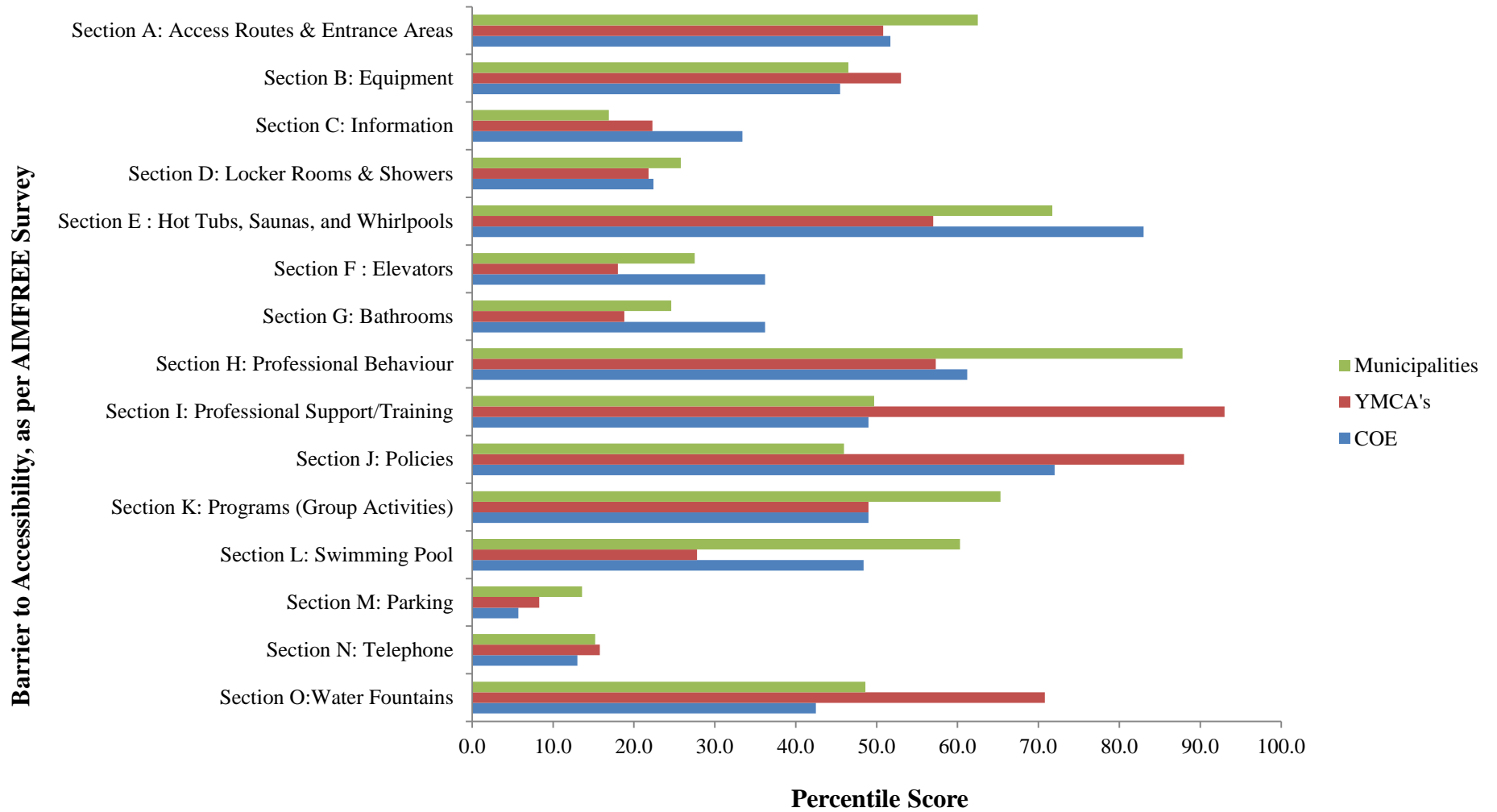


Figure 2. Most common accessibility barriers based on averages of community fitness facilities in Edmonton and surrounding area. Higher scores indicate higher degrees of accessibility.

Thank you to the Human Rights, Education and Multiculturalism Fund for your generous support  
on this project

Thank you to all twenty – five fitness, recreation and rehabilitation centres who agreed to be a  
part of this project aimed to increase access to physical activity for individuals living with  
disability in our communities

