Fem+ Program

The Fem+ Engineering Mentorship Program is 7-months and is for high school students who are women, feminine-presenting or identifying, and non-binary, that are interested in exploring all the possibilities within engineering (or are unsure, or considering several programs)!

- Be mentored by a current student in the engineering program
- Attend group info sessions and social events
- Meet others interested in engineering
- Find out if engineering is a program and career you’d like to explore
**Program Overview**

**Mentorship:**
- You and your mentor communicate monthly (or more) - Messaging, video calls, or in-person - whichever way works best for you both
- Mentors are engineering students to talk about your questions, career decisions, share their experiences, and advise with you
- Discussion boards for Q&A with all of the mentors and fellow high school students in the program

**Info Sessions:**
- Real-World Application of Engineering (Work Experience, Co-op Program, Research & More!)
- Being a Member of an Underrepresented Group in Engineering
- Academic and Mental Health Resources
- Areas of Engineering
- Application to University Help Session

**Social Events:**
- Online Pictionary
- Jackbox Games
- Tie Dye Event
- Sharpie Mug Art
- Zoom Yoga
- Paint & Draw Night
- Trivia Night

"I valued being able to talk to my mentor, ask questions, and learn about their experiences." - Grade 12 Mentee

**Apply Now**

If you have any questions, send us an email at femprog@ualberta.ca.
Applications are open until September 30th, 2022