### 4-STREAM ZERO WASTE SYSTEM

#### RECYCLABLES

**PLASTICS 🚫🚫🚫🚫**
- Clean plastic film - shopping bags, trash bags (any colour), zipper food bags, clean cling wrap/bubble wrap
- Plastic containers - bleach, ketchup, soy sauce, mustard, margarine and yogurt, hand sanitizer, hand and cleaning soap, windshield washer fluid, plastic clamshells, etc.
- DVD cases
- Shampoo/conditioner bottles (and similar personal care products)
- Ice cream pails (remove metal handle)
- Windshield washer containers
- Plastic pens, mechanical pencils (remove metal parts)

**BEVERAGE CONTAINERS**
- Juice, water, pop bottles
- Juice and pop cans
- Tetra paks (juice boxes)
- Milk jugs or cartons
- Other glass, plastic or can beverage containers

**GLASS/LIGHT METAL**
- Pickle jars, balsamic vinegar and olive oil bottles, etc.
- Window glass, windshields and picture frame glass
- Clean, non-hazardous lab glassware
- Aluminum (foil, pie plates, food containers and picture frames)
- Steel/tins (soup cans, etc.)
- Paper clips, staples and wire coat hangers
- Empty non-hazardous aerosol cans
  - **CAPS MUST BE REMOVED**
  - **ITEMS MUST BE EMPTIED AND RINSED**

**NO plastics (other than the bag), coffee/pop cups or gum**

#### ORGANICS

**FOOD**
- Dairy and eggshells
- Meat scraps, bones and fat
- Coffee grounds and tea bags
- Fruit and vegetable scraps
- Cooking oils and grease
- Soup stocks
- Grains, nuts, flour, etc.

**PAPER & OTHER**
- Paper/cardboard food containers
- Wet or soiled cardboard/paper
- Paper towel/facial tissue/napkins
- Parchment/waxed paper/paper sub wrappers
- Receipts
- Coffee filters
- Wood stir sticks/chopsticks

**NO plastics (other than the bag), coffee/pop cups or gum**

#### MIXED PAPER

- Paper - ledger, printer, fax, copy (white, coloured, glossy)
- File folders and invoices
- Enveloped, magazines, catalogues and books
- Newspapers and inserts
- Shredded paper (must be bagged)
- Cards, non-foiled gift wrap, paper bags and egg cartons
- Cardboard boxes (flattened)
- Wax cardboard
- Cereal and food boxes (flattened, remove and recycle plastic liner)
- Post-it notes/posters
- Phone books or directories

**CARDBOARD MUST BE FLATTENED**

**LANDFILL**
- Plastic 🚫🚫🚫 or 🚫 (Styrofoam, plastic coffee/pop cup lids, straws, CDs, K-cups, etc.
- Coffee cups (unless BPI certified compostable)
- Chip bags, granola bar wrappers
- Ceramics, crystal, or heat-resistant glass (ie. Pyrex)
- Waste containing mixed material
- Latex gloves
- Foam-based packing materials
- Unclean recyclables
- Clear plastic CD cases (DVD cases are recyclable)
- CDs/DVDs
- Rubber
- Tape
- Chewing gum
- Microfiche

**NO paper towel/facial tissue/napkins**

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*UAB.CA/ZERO*
# 6-Stream Recycling System

Note: This system is being phased out over time as we move to a 4-stream system

## ORGANICS
### FOOD
- Dairy and eggshells
- Meat scraps, bones and fat
- Coffee grounds and tea bags
- Fruit and vegetable scraps
- Cooking oils and grease
- Soup stocks
- Grains, nuts, flour, etc.

## PAPER/Cardboard
- Paper/cardboard food containers
- Wet or soiled cardboard/paper
- Paper towel/facial tissue/napkins
- Parchment/waxed paper/paper sub wrappers
- Receipts
- Coffee filters
- Wood stir sticks/chopsticks

## PLASTICS
- Clean plastic film - shopping bags, trash bags (any colour), zipper food bags, clean cling wrap/bubble wrap
- Plastic containers – bleach, ketchup, soy sauce, mustard, margarine and yogurt, hand sanitizer, hand and cleaning soap, windshield washer fluid, plastic clamshells, etc.
- DVD cases
- Shampoo/conditioner bottles (and similar personal care products)
- Ice cream pails (remove metal handle)
- Vitamin bottles
- Windshield washer containers
- Plastic pens, mechanical pencils (remove metal parts)

## BEVERAGE CONTAINERS
- Juice, water, pop bottles
- Juice and pop cans
- Tetra paks (juice boxes)
- Milk jugs or cartons
- Other glass, plastic or can beverage containers
- **CAPS MUST BE REMOVED**
- **ITEMS MUST BE EMDPTED**

## GLASS & LIGHT METALS
- Pickle jars, balsamic vinegar and olive oil bottles, etc.
- Window glass, windshields and picture frame glass
- Clean, non-hazardous lab glassware
- Aluminum (foil, pie plates, food containers and picture frames)
- Steel/tins (soup cans, etc.)
- Paper clips, staples and wire coat hangers
- Empty non-hazardous aerosol cans
- **ITEMS MUST BE EMPTIED AND RINSED**

## LANDFILL
- Plastic **or** (Styrofoam, plastic coffee/pop cup lids, straws, CDs, K-cups, etc.
- Coffee cups (unless BPI certified compostable)
- Chip bags, granola bar wrappers
- Ceramics, crystal, or heat resistant glass (ie. Pyrex)
- Waste containing mixed material
- Latex gloves
- Foam-based packing materials
- Unclean recyclables
- Clear plastic CD cases (DVD cases are recyclable)
- CDs/DVDs
- Rubber
- Tape
- Chewing gum
- Microfiche

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