

Summer Camp Dates

Gift Lake

Ages 7-10: July 17-28 Ages 11-14: June 26-30, July 10-14

Ages 7-10 & 11-14 July 24-28, Aug 3-4, Aug 8-10

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Ages 7-10: Aug 14-18, Aug 21-25 Ages 11-14: July 31-Aug 4, Aug 8-11 Elizabeth

> Ages 7-10: July 18-22, 25-29 Ages 11-14: July 31-Aug 4, Aug 8-11

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Facilitator Training

+82 hrs

average hours each facilitator takes before leading camp

The program had positive effects on children's self-esteem drug resistance, external family support, and planning & decision making

We are resilient, all of us

- Facilitator

Resiliency means bouncing back

Resiliency is the ability to adapt to change and challenges through internal strengths and strong support networks



