Hello Friends!
It’s still summer as I write this. I’m in Montreal, enjoying some time with my beautiful grandsons. As we’ve been able to travel more freely and confidently, I hope you have also been able to visit family & friends this summer. It feels like ‘we’re back’. It feels so good, doesn’t it?

So, it’s time to be planning for our (hopefully post-pandemic) year ahead.
We start the academic year with a new name and new Bylaws, and the return of the September Wine & Cheese!

For the past 89 years you’ve known us as the Faculty Women’s Club (the FWC). At our Annual General Meeting (AGM) in May we officially adopted our new name: the University of Alberta Women’s Club (UAWC). The new name reflects new and enlarged membership criteria. Our purpose remains the same: we are a social club, a place for meeting and making friends through a variety of activities and social events.

Our AGM was well attended, with participation in person and on-line. These types of hybrid meetings are rarely without a few glitches, but tech-savvy members Donna Gorday and Christine Brown kept their cool and the business got done. Many thanks to Donna and Christine! The meeting featured a very informative and entertaining presentation by Dr. Katia Tonkin, on the subject of Medical Cannabis. Katia is a Professor Emeritus and a UAWC member. The AGM saw our new Bylaws adopted. Also at the AGM, the Board of Directors welcomed incoming Vice-President Marilyn Wiens. I moved from Vice-President to the President position, and Donna Gorday became our Past President. The other members of the Board remain the same. The complete list of Board members is included in this Newsletter and is on our website. Thank you to all the members for your time & talents. There continues to be vacancy in Programs and in Publicity. Please let me or someone else know if either of these positions is interesting to you. No job is too onerous if the responsibilities are shared!

I want to thank Marilyn for allowing her name to stand as VP. This is a special commitment to three years of service to our Club. After the year as VP, Marilyn will automatically become the President and then continues as Past President. There can be a steep learning curve, but I know Marilyn will manage beautifully.

I also really want to thank Donna, our current Past President. Many of you know that Donna joined the Board as VP, and then Covid started, and then she was asked to be both VP and President kinda at the same time. Her administrative background informed her handling of various Board issues and she remained calm and flexible throughout the constraints of the pandemic. Her technical expertise was often called upon to resolve Zoom issues and/or Google issues. Donna has kept us together. I know I will be able to count on her as we work together this coming year.
PRESIDENT’S MESSAGE cont’d

After a two-year pandemic hiatus, we will once again be kicking off the academic year with our Wine & Cheese! Come join us at the University Club, Tuesday September 20 4pm-6pm, for some socializing and to find out about the variety of interest groups that will be operating this year.

We look forward to meeting you!
Karen
Karen Doucet,
UAWC President 2022-2023

MEET YOUR NEW EXECUTIVE FOR 2022-23

President: Karen Doucet
Vice-President: Marilyn Wiens
Past President & Historian: Donna Gorday
Secretary: Lorraine Hinch
Treasurer: Lorraine Deydey
Membership: Pat Petersen
Program Director (Chair): Vacant
Program Committee Members: Vacant
Newsletter Editor: Marilyn Steier
Publicity: Vacant
Members Directory Editor: Tricia Unsworth
Website Editor: Christine Brown

UPCOMING EVENTS

Membership Wine & Cheese, Sept 20, 2022
Coffee Morning -- Feb 8, 2023
Spring Luncheon -- March 29, 2023
Annual General Meeting -- May 3, 2023
Membership Wine & Cheese -- Sept 19, 2023

Nothing in Life is Impossible as long as you take that first step
INTEREST GROUPS: Marilyn Wiens UAWC Vice-President

Summer is quickly passing and what an exciting summer it seems after two years of Covid quiet! The gears of the University of Alberta Women’s Club are grinding back into action with Conveners waking up from their forced semi-retirement and we are looking forward to a gathering in September to renew our various groups and to add new members. The articles in this issue of the newsletter will describe groups currently meeting and we are hopeful that other groups such as the ‘Play Reading, Lunching out, Tennis, International Movies, ‘Fun & (Board) games, Cookbook Club and Bridge Clubs. Perhaps some of our creative members will have something new in mind. Marilyn Wiens.

A full list and descriptions of groups and activities can be found on our Interest Groups on our website:

MALL WALKERS

No News as we continue to be on hiatus. We will have a table at the Wine and Cheese to maintain and update the roster of future interested members. We plan to meet the 2nd & 4th Wednesday of the month, 10:30 am at the Southgate Food Court.

CONVENERS: Kay Quon, Laura Steadward, Gillain Rostoker

MURDER READING CIRCLE

The sleuths of the Mystery Circle are honing their investigative skills for another year of intrigue. There are a couple of empty spaces in the Circle. Books will be chosen in September with the Circle starting in October or November. Book suggestions are welcome. If you wish to join the Circle, please contact Jean Frost at Jean_frost@yahoo.com

DRAWING TOGETHER

For the last three of our monthly Drawing meetings, we have gathered in person at the home of one of our members. Although we had remained in contact throughout the pandemic by sharing our drawings via email, we really appreciate that we can now meet in each other’s homes. We now have the opportunity to discuss our drawings as we sip our coffee and enjoy some delicious baking.

We meet on the 4th Tuesday of every month, with the exception of December. We are always happy to have new members.

Convener: Margot Wanke

Nothing is IMPOSSIBLE.
The word itself says I’M POSSIBLE

Audrey Hepburn
**INTEREST GROUPS:** Marilyn Wiens UAWC Vice-President

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**WALKING GROUP**

Although we had to cancel several walks in December and January due to inclement weather, we have not had to cancel any walks since then. We enjoy all our walks, but we especially enjoy whenever we manage to walk on a trail that is new to all of us.

We meet on Thursday mornings at 10:00 o’clock at one of our trails. We welcome new members.

**Conveners:** Margot Wanke & Linda Weiner

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**KNITTING**

The knitting group is on a hiatus over the summer and will resume meetings in the fall. We have been meeting online for 2 years now and are hopeful that we can have in-person meetings this fall. We are an active group of 14 members that meet the first Monday of each month in member’s homes from October to May. Members vary in skill level and are very cordial with helping one another with projects. A few examples of member’s projects follow.

**Convener:** Linda Capjack

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**GOLF**

Summer is the time for the golf group to get out and be active. This season we decided to try something a bit different by playing at a variety of courses in and around Edmonton. If this sounds like something that you would like to try, give us a call. Some experience is needed.

**Conveners:** Bonnie Austen 780-439-2612 Donna Gorday 780-868-1499
AFTERNOON BOOK GROUP

With the welcome arrival of spring and summer, we were all delighted to be able to resume face-face meetings outdoors. Our annual pot luck and book exchange took place on June 23rd on Bev's patio with the backdrop of her stunning garden. We finalized our book list and schedule for 2022-23, choosing the following books for the coming year:

- The Rose Code by Kate Quinn
- A Town Called Solace by Mary Lawson
- The Baroness by Hannah Rothschild
- The Strange in the Lifeboat by Mitch Albon
- The Black House by Peter May
- Finding the Mother Tree by Suzanne Simard
- Two Solitudes by Hugh McLeanan
- Something from the Over: Reinventing Dinner in the 1950s America by Laura Shapiro
- The Lincoln Highway by Amor Towles

As long as the weather holds, we will continue to meet outdoors on a member's patio on the fourth afternoon of each month. We'll revisit our meeting plans in the fall, and depending on the pandemic situation, may or may not resume the option to meet by Zoom during the winter months.

This is a vibrant group of women and our meetings are always full of lively discussion. We have room for two or three new members in the fall, so if you would like to join us, please contact the conveners. You will find a very warm welcome with us.

**Conveners:** Christine Forth & Jeanette Fedorak
INTEREST GROUPS: Marilyn Wiens UAWC  Vice-President

FRENCH CONVERSATION GROUP

The French Conversation Group has a possibility of restarting if there is enough interest. In the past Wednesday afternoons from 1:30 - 3:30 pm has been the meeting day/time. Location and frequency - open for discussion.

University Club (if allowed)? Members' homes? Zoom? or? Once, twice, per month, or?

Past format: Chatting about whatever came to mind while exchanging information and news (hopefully in French). Each member taking turns reading and translating parts of articles from the Quebec magazine L'Actualité. Occasionally getting together over lunch. The idea was to make it fun and challenging and to encourage each other while attempting to stretch our vocabulary and becoming more comfortable with the French language.

Convener: Sarah Nyland

WALKERS WITH WAGGERS—MARILYN GAA 780-432-7660

Every Monday at 10:00 am, walkers with their "waggers" converge at Terwilligar Park for a brisk off leash walk. We are consistent, with few weather cancellations, enjoying the natural landscape and riverscape while engaging in amusing and interesting conversations. You are welcome to join us, with or without a dog, provided you are happy to see dogs off leash enjoying their fellowship and freedom. Phone Marilyn so that we can watch for the arrival of a new friend.

CREATIVE WRITING GROUP—MARILYN GAA 780-432-7660

The Creative Writing Group has stood the test of time, (12 years), as a supportive and productive way to share and improve our written stories, essays, poems and novels. We meet on the first Tuesday of each month, at 12:30, first for personal conversation and bag lunches, and then at 1:00 for serious discussion and critiques of our written submissions. We enjoy meeting in members' homes but meet over zoom if circumstances require. New members are welcome. Ambitious plans are afoot for the publication of our second anthology of members' work in the fall of 2022. Watch for the invitation to our launch party.
INTEREST GROUPS: Marilyn Wiens UAWC Vice-President

COUPLES WHO COOK GROUP

Once again we had a year that saw us somewhat still trapped behind the looking glass trying to find/reach/discover/establish our new reality. I sincerely believe we are slowly getting there – fingers crossed – but there’s no doubt that flexibility remains a key to helping us meet every new curve.

Couples Who Cook had a limited – but enjoyable – year. We had a virtual Comfort Casserole Night with 14 participants where we all chose recipes from a Bon Appetit list (56 Casserole Recipes We Constantly Crave | Bon Appétit (bonappetit.com) and then split into different Zoom chat rooms to socialize and talk about our creations. Personally speaking, our chicken pot pie was a keeper (and a welcome leftover dinner for at least couple of meals). We also held a Cinco de Mayo Fiesta – hosted in Pat and Nils’ beautiful backgarden. Delicious dishes were contributed by all, not to mention different versions of refreshing Sangria! It’s amazing to say this, but in September we begin our 15th year as a relaxed, fun and friendly group whose spouses, partners, family members and/or friends also like to join in the cooking. Where has time gone? And all those great dinners?

We are excited to see what this new year will bring! And I know I say this repeatedly but please remember – everyone is welcome in CWC – there’s no pressure – if you can make it to lots of dinners – great – if you can only make it to one (or sometimes none!) – that’s also great – we always have a place for you at the CWC table – so don’t be shy. Please send me an email or give me a call – we would love to hear from you – and we want to hear your great ideas for this 15th year of fun, different and delicious CWC dinners!

Convener: Peggi Ferguson-Pell

Meets: Normally between six and eight Saturday evenings during the year in members’ homes – or virtually if necessary – whatever makes you comfortable!

We are a relaxed and friendly group whose spouses, partners, family members and/or friends like to join in the cooking. We have a different dinner theme/celebration for each of the evenings. I am very much looking forward to meeting everyone – especially NEW friends – in person at the Wine & Cheese event in September – but if you can’t make it – please don’t hesitate to call or email me. We are always excited to hear your great ideas/themes for our next delectable dinner!

Everything tastes better when we cook together!
INTEREST GROUPS: Marilyn Wiens UAWC Vice-President

READING CIRCLE

The reading Circle is a relaxed, informal type of book club. We meet once a year in either September or October and members bring their suggestions for books which the group might like to read during the year. Over a cup of tea/coffee and some snacks the group discusses which books the majority would like to put on the short list. The convener then works with the short list and purchases the books to be circulated during the year.

The books are then distributed to the group, the cost being shared between the members. At the end of each month, the books are passed on so that by the following September everyone has had a chance to read all the books. We read a wide variety of genres including fiction, biography, history and the odd mystery.

This is a lovely way to have a different book delivered to your door each month and sometimes a chance for a short visit while passing on the book. At the September meeting we draw for the books from the previous year so each member gets a book to keep. A wonderful value of many books for the price of one.

Convener: Orla Ryan

University of Alberta Women’s Club Bylaws were revised on May 2, 2022. This document describes how the club is organized and run. For further information on the club check out the University of Alberta Women’s Club website.

CONGRATULATIONS, you have just read our first Newsletter under the title of University of Alberta Women’s Club (UAWC Companion). This Newsletter will be posted on the front page of the University of Alberta Women’s Club website under Current Newsletter.