

2023-24 FAMILY MEDICINE INTEGRATED LEARNING OPTIONS

- The structure of the Family Medicine Residency Program allows for residents to integrate additional learning opportunities alongside their main residency program. Residents record and evaluate the clinical and academic experiences of these additional learning opportunities longitudinally alongside their regular rotations.
- Residents who are deemed to be meeting the objectives of their integration can choose to swap the rotation associated with the integration for up to 4 extra weeks of elective time in their PGY2 year (PGY1 if integrating PCHT), or they can enhance their learning by taking the usual rotation anyway.
- There are opportunities while on various rotations to complete integration requirements; however, **the rotation's mandatory objectives must be completed first** before integration requirements can be worked on so as to avoid "double dipping."
- Aside from attending the mandatory orientation session for an integration (if applicable), residents cannot miss FM block time, FM clinic days, or rotation days to complete integration requirements – if required, residents should be prepared to work on their integration during days off, evenings, and weekends.
- Integrating an option is completely voluntary; there is no penalty for choosing **not** to integrate during residency, as it is not for everyone. The spirit of integration is to enhance learning and foster/promote interest in that area of focus for the resident's future practice plans.

WHAT TO EXPECT

Integrations are completely self-directed. Residents taking on an integration should be highly motivated and organized. Residents will be expected to schedule their own clinical, on-call, and academic activities, though they can ask for assistance from the Integrated Curriculum Coordinator or their site admin to locate resources when needed.

2023-24 INTEGRATED OPTIONS AVAILABLE

Psychiatry, Care of the Elderly, and Primary Care Hospital Team (PCHT is not available to residents who are located at the MIS, MUHC, or NE). Palliative Care is not being offered this year.

ELIGIBILITY

The resident will have a Faculty Advisor, or access to a preceptor, who has a focus in the area of integration they are interested in. Residents based out of LW and KEC who wish to apply for a PCHT integration will need to work with their site admin to find a preceptor who does PCHT work.

The resident must remain in good standing throughout their integration; progress is reviewed every 6 weeks. Failure to show demonstrated commitment to completing the integration may result in being asked to withdraw from the integration (and a possible program extension if the withdrawal occurs in the PGY2 year).

COMPLETION TIMELINES

PCHT integrations can be completed during PGY1 FM block time only. The resident's site admin will schedule their integrated PCHT weeks as a part of their block time schedule.

Psychiatry and Care of the Elderly integrations must be at least 40% completed by the April of the resident's PGY1 year, and fully completed by September/end of Block 3* of their PGY2 year (*dates are subject to change if the resident is off-cycle). The rationale for this is that a large part of the PGY2 year is dedicated to exam preparation and transition to practice. This also provides the Department time to find alternative experiences if the resident's integration cannot be successfully completed by the end of Block 3*.

In April of their PGY1 year, the resident is expected to set up a meeting with their Faculty Advisor to discuss the status of their integration (i.e. how much has been completed thus far, what are any barriers to completion, how they anticipate completing the rest of their integration requirements).

The resident is to Email fmic@ualberta.ca after the discussion with their Faculty Advisor advising what percentage of their integration is completed. If it is over 40%, no further information is required. If it is under 40%, the resident must provide as much information as possible regarding their plan for completion by the end of Block 3*. The resident's plan will then be reviewed by the Department, who will have the final decision on if the resident will continue.

APPLICATION PROCESS

Email your completed application to fmic@ualberta.ca. Applying does not automatically guarantee acceptance; the resident will be notified within 2 weeks of the application deadline if their application was successful, and next steps if applicable.

QUESTIONS?

Call (780-492-2401) or Email the Integrated Curriculum Coordinator, Kat Pederson, at fmic@ualberta.ca.

INTEGRATED LEARNING OPTIONS - SIDE-BY-SIDE BREAKDOWN

COMPLETION REQUIREMENT	INTEGRATED PCHT	INTEGRATED CARE OF THE ELDERLY	INTEGRATED PSYCHIATRY
<i>When</i>	PGY1 blocktime	PGY1 and PGY2 year	PGY1 and PGY2 year
<i>Integration Due</i>	7 days after FM block time finishes	By end of September of the PGY2 year (*subject to change if resident is off cycle)	By end of September of the PGY2 year (*subject to change if resident is off cycle)
<i>Meets Learning Objectives Of</i>	PGY1 PCHT rotation	PGY2 Geriatrics rotation	PGY2 Psychiatry rotation
<i>Successful Completion Results in Choice Of</i>	4 weeks of additional elective time in PGY1 year	4 weeks of additional elective time in PGY2 year	4 weeks of additional elective time in PGY2 year
<i>Additional Info</i>	Residents must actively participate in admitting patients, attending rounds, attending team consultations, discharge management, following up on sick patients, and other duties as assigned by their preceptor.	This integration can be completed in conjunction with other rotations, provided the rotation expectations of the other rotations are met <u>first</u> .	Must attend an orientation session at the MIS before can do any ER or community call. Can see patients of any population. Must complete Shared Care and Longitudinal Care req during FM block time. Call cannot be combined with any other rotations.
<i>Longitudinal Requirements</i>	Complete 4 weeks x 6-7 days/week on a PCHT ward during FM block time. See the same patients for follow-up when possible.	Follow at least 6 elderly patients in a LTC facility under the supervision of a FM physician over the entire PGY1 year.	Follow and be the secondary resource physician for 6 patients with primary mental health concerns during FM block time.
<i>Call Requirements</i>	Complete four 12-hr call shifts (1 call shift per week) during each PCHT week to meet the objectives of after-hours care.	There is no call completion requirement for this integration.	Complete seven 24-hr psychiatry call shifts - Five in the ER (MIS or RAH) and two in the community. Residents should try to complete this requirement during their FM block time if possible.

<i>Outpatient Clinic</i>	Not applicable to this integration.	Follow and be the secondary resource physician for at least 4 ambulatory patients.	Complete 10 half days of psychiatric outpatient clinics under the supervision of a consulting psychiatrist.
<i>ER/Crisis Patients</i>	Not applicable to this integration.	Admit, assess, and manage a minimum of 4 acutely ill elderly inpatients. Can complete this during other rotations after meeting all of that rotation's requirements <i>first</i> : IM, ER, CCU, PCHT, FM.	Assess and manage 6 mental health ER/crisis patients.
<i>Shared Care</i>	Not applicable to this integration.	Complete 10 half days of activities such as Geriatric Assessment Clinic, Home Care, CHOICE Program, etc.	Spend 6 half days with an in-patient or outpatient mental health worker, OR psychiatry shared care at your core FM site (1 patient per block during block time).
<i>Academic Requirements</i>	Not applicable to this integration.	Complete 4 half days of pre-approved educational activities encompassing all of the following topics: Dementia, delirium, failure to thrive, falls, and polypharmacy.	Complete 4 half days of pre-approved educational activities.
<i>Mandatory Reflection (To be completed as the final requirement)</i>	Write a one-page reflection answering the question: <i>"What did this PCHT Integration mean to you and your future career as a Family Physician?"</i>	Write a one-page reflection answering the question: <i>"What did this Care of the Elderly Integration mean to you and your future career as a Family Physician?"</i>	Write a one-page reflection answering the question: <i>"What did this Psychiatry Integration mean to you and your future career as a Family Physician?"</i>
<i>Professionalism</i>	Reply to all integration correspondence within 72h (unless on leave), regularly update tracker, be punctual for all integration activities, and be professional and respectful in all interactions.	Reply to all integration correspondence within 72h (unless on leave), regularly update tracker, be punctual for all integration activities, and be professional and respectful in all interactions.	Reply to all integration correspondence within 72h (unless on leave), regularly update tracker, be punctual for all integration activities, and professional and be respectful in all interactions.

2023-24 INTEGRATED LEARNING OPTIONS APPLICATION

Please submit ONE application PER integrated learning option. It is strongly recommended residents apply for only **one** integrated option. Applications for more than one option will be considered on a case by case basis.

Applications must be submitted at the start of the resident's PGY1 year. Application deadline:

Psychiatry and Care of the Elderly – End of Block 1 (Jul 30)

PCHT if FM block time starts between blocks 1 and 6 – End of Block 1 (Jul 30)

PCHT if FM block time starts Block 7 or later – End of Block 5 (Nov 19)

If an extension is needed to submit your application, Email fmic@ualberta.ca before the application deadline. Extension requests after the deadline will not be considered.

Please Type or Print Legibly:

Resident Name

Resident Home Site

Resident Email

Faculty Advisor

Resident Pager Number

Other Major Preceptor (if applicable)

Resident Cell Number

Name of Site Admin

Integrated Learning Option being applied for (Check ONE only – use a new form if applying for multiple integrations):

- Psychiatry
- PCHT
- Care of the Elderly

1. Have you fully read the application and what is expected to complete the integration you are applying for? Write YES in the space below.

2. Outside of a mandatory orientation session (if applicable to your integration choice), do you understand you cannot miss FM clinic, block time, or rotation time to complete this integration, and that there are requirements you are going to have to do on your own time (i.e. evenings, weekends, days off) in order to complete the integration? Write I UNDERSTAND in the space below.

3. Do you acknowledge that you are expected to set up a meeting with your Faculty Advisor in April of your PGY1 year to review your progress (application to Psychiatry and Care of the Elderly integrations only), and if you have not completed at least 40% of the integration by that time you may be asked to withdraw? Write YES in the space below.

4. Do you have any prior experience in your selected integrated option?

- Yes
 No

If you answered YES, please briefly describe your past experience(s).

5. Please explain why you would like to pursue this integrated option. The spirit of integration is to enhance learning and hopefully foster/promote interest in that area of focus for your future practice plans, and NOT to solely gain extra elective time.

6. Given the questions you have answered above, please outline your general completion plan for meeting the requirements and objectives associated with your selected integrated option, and why you feel this plan will be successful. PCHT integrations can be completed during FM block time only. Psychiatry and Care of the Elderly integrations must be 40% completed by April of your PGY1 year, and the entire integration completed by September of your PGY2 year (*unless you are off-cycle).

Resident Signature

Date

Faculty Advisor #1 Signature

Date

Other Major Preceptor Signature (if applicable)

Date

*** An Email from your Faculty Advisor and/or Other Major Preceptor to the Integrated Curriculum Coordinator at fmic@ualberta.ca briefly stating their approval of your integrated option can be substituted for their physical signature on this form.*

DO NOT FILL OUT – FOR PD OFFICE USE ONLY

This application has been:

- Approved
- Denied

Reason if DENIED: _____

Michelle P. Morros, MD, CCFP, FCFP
Residency Program Director,
Family Medicine Associate Professor
Department of Family Medicine Residency Program

Date