



## 20<sup>th</sup> Annual Family Medicine Research Day

Friday, June 9, 2023

8:30 – 9:00 am **Morning Refreshments**

9:00 – 9:15 am **Welcome** – Drs. Agnieszka Zurek, Hajir Adl, Resident Research Representative

**Welcome from the Department Chair** - Dr. Christina Korownyk, Interim Chair

**Opening Remarks** – Dr. Ginetta Salvalaggio, Co-Director of Research

9:15 – 10:00 am **Plenary Address: “Research as an Intervention: Lessons From the First Decade of a Career Focused Upstream.” Dr. Andrew Pinto, MD, MSc, CCFP, FRCPC, Associate Professor, Department of Community & Family Medicine, University of Toronto**

10:00 – 10:30 am **Three-Minute Rapid Fire Research Presentations**

- The BETTER Program: An Innovative Evidence-Based Approach to Support Healthier Behaviours That Reduce the Likelihood of Cancers and Other Chronic Diseases – *Dr. Donna Manca*
- Metabolic Rehab in Primary Care: Evaluating the CHANGE Protocol in Treating Metabolic syndrome – *Dr. Doug Klein*
- Metabolic Rehab in Primary Care: Exploring Physical Activity Changes – *Dr. Doug Klein*
- The Real-World Effect of Physical Activity Promotion Interventions by Primary Care Physicians to Improve Clinically Relevant Indicators: A Systematic Review and Meta-Analysis – *Dr. Cliff Lindeman*
- Physician’s Guide to Lubricants Used During Sexual Activity – *Ms. Ryleigh Vanderschee*
- Examination of Intrapartum Obstetrical Care in Alberta: A Secondary Data Analysis and Lessons Learned – *Dr. Helen Cai*

10:30 – 11:00 am **Break**

11:00 – 11:45 am **Three-Minute Rapid Fire Research Presentations**

- An Interdisciplinary Telehealth Referral Pathway to Improve Outcomes among Canadian Older Adults with Liver Cirrhosis – *Dr. Frances Carr*
- Development, Implementation and Evaluation of a Primary Care Pathway for Uncomplicated Obstructive Sleep Apnea – *Dr. Shaelynn Zouboules*
- BNP Ordering Patterns North of 60 – *Dr. Christine Miller*
- Transcriptomic Response of Bioengineered Human Cartilage to Parabolic Flight Microgravity is Sex-Dependent – *Dr. Amira Aissiou*
- Physician Wellbeing in the Digital Era: Considerations for Successful Implementation of Virtual Care – *Dr. Oksana Babenko*
- Building a Better System to Support Family Caregivers: Co-designing Health Workforce Education – *Dr. Jasneet Parmar*
- Exploring the Challenges to Lifelong Learning for Canadian Family Physicians in Late Career Stages: A Scoping Review – *Dr. Irma Kritzing*
- Patient Perspectives on Same-Day, After-Hours Care Within a Medical Home - *Dr. Martin Tieu*
- The Organization for Economic Co-operation and Development (OECD) Patient Reported Indicators Survey (PaRIS) in Alberta – *Dr. Cliff Lindeman*

11:45 – 12:45 pm	<b>Lunch</b>
12:45 – 1:45 pm	<b>Panel Presentation – “Research on the Front Lines”</b> – Drs. Scott Garrison, Denise Campbell-Scherer, Jessica Kirkwood
1:45 – 2:20 pm	<b>Three-Minute Rapid Fire Research Presentations</b> <ul style="list-style-type: none"> <li>• Examining Differences in FieldNotes Completed by Continuous Versus Episodic Supervisors – Dr. Ann Lee</li> <li>• Examining the Impact of Increased Exposure to Family Medicine in the Reproductive Medicine and Urology UME Course – Dr. Raveena Dhaliwal</li> <li>• Examining the Training Experiences and Practice Patterns of Graduates of Enhanced Skills Programs: Part 2 – Interviews – Dr. Lori Sacrey</li> <li>• Building Bridges: How Harm Reduction Outreach Teams Foster Community Connections With People Who Use Drugs in Urban Business Districts – Mr. Riley Hammond</li> <li>• Building Community Capacity to Address the COVID-19 Social Pandemic: Documenting the Experience of ACE-PHC Teams – Dr. Ginetta Salvalaggio</li> <li>• Swap Your Inhalers! Reducing Carbon Footprint When Prescribing Inhalers – Dr. Liane Kang</li> <li>• Good for the Planet and Good for our Clinics: Tools for Reducing Waste in Medical Settings – Ms. Sophie Thornton</li> </ul>
2:20 – 2:30 pm	<b>Closing Remarks</b> – Dr. Andrea Gruneir, Co-Director of Research
2:30 – 4:30 pm	<b>Research Day Reception</b> – Join us for appetizers and dessert to celebrate our research achievements!

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