

# Poster Design Tips — Quick Reference

## Know your audience

### Ask yourself:

- Who is my audience?
- What do they already know?
- What should they know after they've visited my poster?
- How will I convey the “take-home” messages of my poster?

## Poster = icebreaker



- Keep text to a minimum — let your visuals tell the story.
- Think of your poster as a way to start a conversation about your research, or as an outline for your oral explanation — don't make the poster do all the work!

## Design considerations

### Design around your message

- Allocate space according to what's most important

### Think visually

- If you can, use graphics instead of text
- When using text, make it easy to read:

Long paragraphs of text are hard to read, especially at a distance. Your audience will quickly lose interest in your poster and move on. Remember, a poster is not a “mini-paper.” It's up to you to decide what essential information needs to be included, and to present it in a way that your audience will understand.

- Bullets are more concise & easy to read
- Break up your text with plenty of white space
- Ensure your text is large enough to read at a distance
- Use simple fonts

### Use high-quality images

- Avoid stretching or distorting images
- Images should not be pixilated or fuzzy when printed at full size (use a minimum resolution of 150dpi at full size)

## Colour

### More isn't always better

- Stick to a few colours that complement one another
- For printed media, light backgrounds and dark text work best
- Avoid using primary colours together—they can be hard to read
- Use contrasting colours to enhance readability
- Colours on screen may not translate exactly in print
- Be careful with gradients & transparencies: not all large-format printers support them.

## Need more help?

[www.uab.ca/uri](http://www.uab.ca/uri)

[uri@ualberta.ca](mailto:uri@ualberta.ca)



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# Poster Design — additional resources

## Design Ideas and Examples

Flickr poster sessions: <http://www.flickr.com/groups/postersessions/pool/>

Better Posters blog: <http://betterposters.blogspot.ca/>

Eposters.net: <https://www.eposters.net/>

F1000 Poster database: <https://f1000research.com/browse/posters>

## Poster Templates

Colin Purrington's Poster templates (also has great poster design tips!) : <http://colinpurrington.com/tips/poster-design>

Mike Morrison's #BetterPoster template (and video): <https://www.youtube.com/watch?v=1RwJbhkCA58&feature=youtu.be>

U of A Visual Identity Toolkit: <https://www.ualberta.ca/toolkit/downloads/templates/posterpresentations> (also has U of A logos, etc.)

## Creative Commons (or Similarly Licensed) Images

U of A Copyright Office Tip Sheets on Image Use: <https://www.ualberta.ca/copyright/student-staff-guide/using-images>

Creative Commons: <http://search.creativecommons.org/>

Morguefile: <http://www.morguefile.com/>

Flickr Commons: <http://www.flickr.com/search/?w=commons&q=&m=text>

Open Clip Art Library: <http://openclipart.org/>

## Other resources:

URI Poster Resolution Tip Sheet: [https://drive.google.com/file/d/0B8ySx\\_ReZQLccmZEMG5CY1IET3BqY1ZrSmFZWnVwcEFfbndZ/view](https://drive.google.com/file/d/0B8ySx_ReZQLccmZEMG5CY1IET3BqY1ZrSmFZWnVwcEFfbndZ/view)

Image Size Calculator: <https://www.pixelcalculator.com/index.php?lang=en>

GFCLearnFree (Fundamentals of Graphic Design video series): <https://www.youtube.com/playlist?list=PLpQQipWcxwt9U7qgyYkvNH3Mp8XHXCMMQ>

## Large-Format Printing

SUBPrint: <http://www.su.ualberta.ca/businesses/subprint/printing/>

Campus Print & Design Solutions: <https://print.ualberta.ca/> (also has free templates available for download)

### Recommended minimum font sizes for large-format posters:

- **Title** — at least 60pt bold
- **Headings** — at least 36pt bold
- **Main text** — at least 32pt
- **References/Captions** — at least 28pt

\*Note, these are guidelines only. A good rule of thumb is that the text should be legible at a distance of 3ft (1 meter) from the poster.