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Instructions for PDF/A creation:

If possible and applicable, **do not use the Mac versions of Word/Adobe, use PC/Windows versions.** Recent versions of Mac Word software do not have a save as PDF/A option.

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If you are using Microsoft Word, convert your document to PDF/A using the following steps:

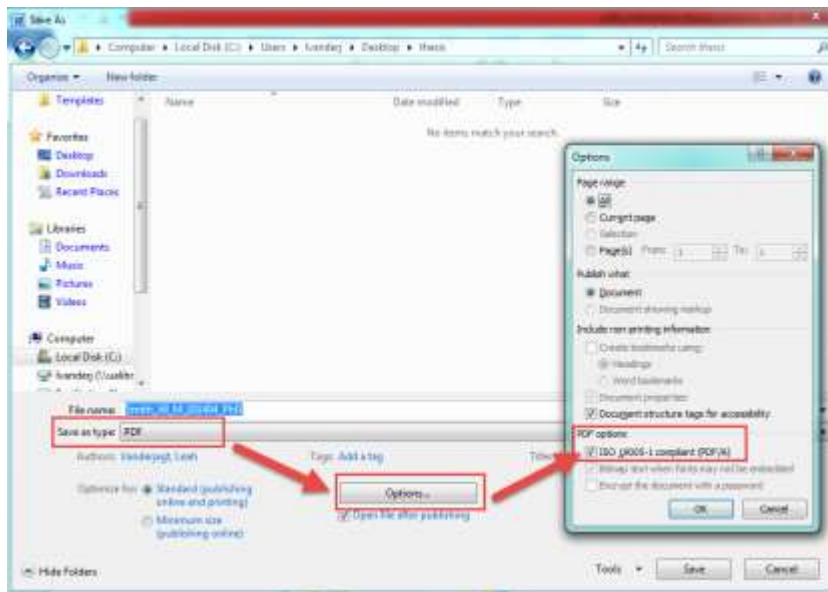
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Tips:

- Enter the year and month your thesis was submitted to FGSR
- Enter the abbreviation for your degree. Examples: MA, MSc, PhD
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- Under Save as Type: select **PDF**
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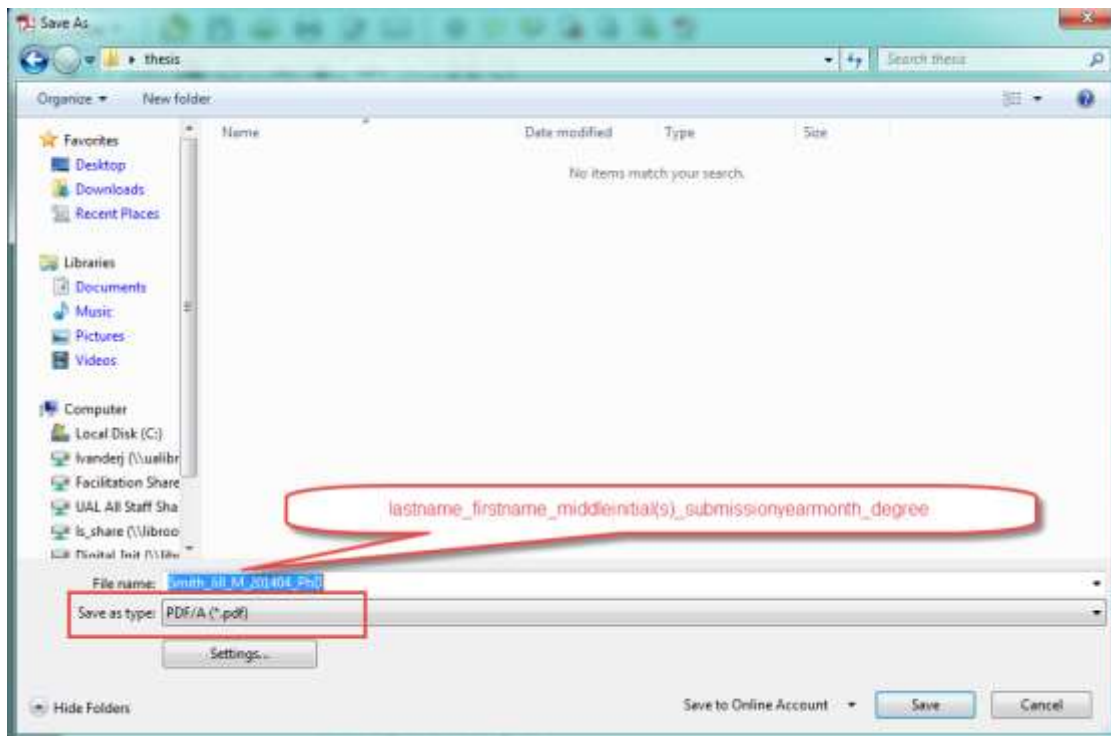


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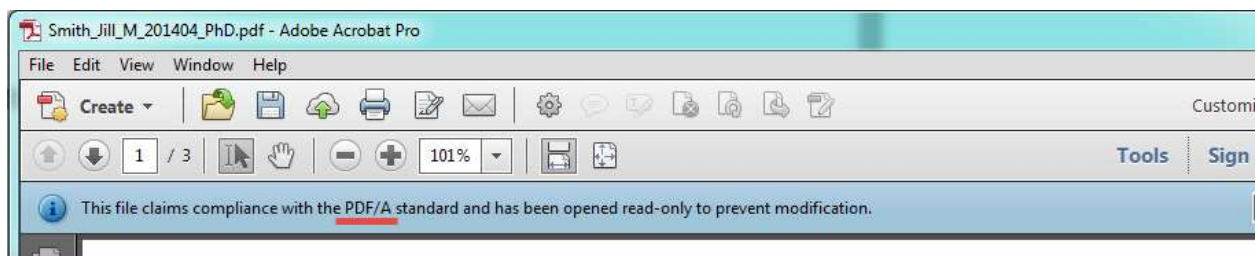
B. Adobe Acrobat X Pro or Adobe XI Pro

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- Select **"Save As"**
- Name your file using the instructions above.
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C. **LaTeX users:**

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