Finding a healthy life balance is intensely important for student-athletes and a challenge that we all face. Thanks to the immense support and financial assistance from our community, the challenge is much more surmountable for student-athletes like myself. The Women Fore Pandas scholarship has allowed us Pandas to fearlessly pursue our academic and athletic goals at full force. I will be forever grateful for all of the support and opportunities that surely would not have been achievable otherwise.

As a second-year Faculty of Business student, I fully appreciate the support from the community and alumni in creating and sustaining this scholarship. It has been instrumental in fostering both my academic and athletic journey. Balancing an academic workload with the schedule of a student-athlete can be very demanding, but has rewarded me in return by enhancing my university experience as well as my personal growth. The Women Fore Pandas Scholarship has lessened the financial burden for me and has allowed more time to focus on my academic and athletic pursuits, and for that I am truly grateful.

Fun Facts
- Of the 199 Panda student-athletes, 12 are working on their undergraduate degrees in Agriculture, Life & Environmental Sciences, 34 in Arts, 12 in Business, 15 in Education, eight in Engineering, six in Faculté Saint-Jean, five in Native Studies, eight in Graduate Studies and Research, five in Medicine and Dentistry, five in nursing, two in open studies, one in Pharmacy, 60 in Kinesiology, Sport, and Recreation, and 26 in Science.
- Varsity Pandas teams have been proudly representing the University of Alberta, the province of Alberta, and the city of Edmonton for over 100 years. Panda teams have won a combined 65 Canada West Championships, 23 Western Canadian/Regional Championships, 36 U SPORTS Championships, and two national championships (tennis).
- The University of Alberta has also developed a reputation as not only a leader athletically, but also academically. The U of A has produced the most Academic All-Canadians (AAC) in Canada, with 2,750 Golden Bears and Pandas being named an AAC since 1990. A total of 85 Pandas student-athletes earned Academic All-Canadian status in 2016-17, which set a new University of Alberta record. These exceptional student-athletes achieved an academic average equivalent to 80% or higher in their full-time studies, while competing and training full time with their varsity program.