Just ask Alexa:
You can now manage your benefits by voice

Yours may be one of the one-third of Canadian households\(^1\) with smart speakers that deliver voice services like Alexa\(^2\). That puts your benefits even closer.

**Voice commands make it easy to manage benefits**
As well as seeing balances for your Health Spending Account (HSA) and Personal Spending Account (PSA), if applicable, you can now get recent claim status reminders and more.

**Submit a claim**
- For massage, chiropractic, physiotherapy and psychologist services.
- Have Alexa ask you about the basic information we need for the claim and enter it for you.

**Claims status**
- Check medical and dental claims for the past 30 days.
- See whether it’s under review or complete.
- Check the payment amount.

**Provider search**
- Find doctors, dentists, paramedical practitioners, including virtual care providers.
- Get location, ratings and cost ranges via a text message.
- Request or book an appointment.

**Reminders**
- Receive coverage end dates.
- Get a reminder when you’re eligible for your next dental exam.

**Coverage details**
- Check balances, deductibles, limits and percentage covered for yourself and your family members.
- See when you’re eligible for your next visit.

**Investment performance**
- Available if you have a Sun Life workplace savings plan.
- See investment account updates.
- Check rates of return.

**You can use your Alexa device, Alexa mobile app or the my Sun Life Mobile app to connect**
Open the Sun Life skill by saying, “Alexa, open Sun Life” or you can start by saying: “Alexa, ask Sun Life to find me a psychologist who offers virtual visits.”
“Alexa, ask Sun Life to schedule an appointment with my favourite chiropractor.”
“Alexa, ask Sun Life to find me the highest rated massage therapist.”
When you link your account on my Sun Life Mobile, you don’t have to sign in a second time.

**You can find all the information you need to connect with Alexa at sunlife.ca.**

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